

# Kay's Kitchen

By Kay Fisher



Just because school has started and we feel the summer is winding down is no reason to stop enjoying the pleasures of having an outdoor cookout.

If you are tired of the usual hamburger and hot dogs try this Barbecued Chuck Roast. It can be cooked while you sit around and enjoy your family and friends.

**BARBECUED CHUCK ROAST**  
1 1/2 cups salad oil  
1/4 cup soy sauce  
2 tablespoons Worcestershire sauce  
2 tablespoons mustard  
2 tablespoons salt  
1 tablespoon pepper  
1 cup dry red wine  
1/2 cup lemon juice  
2 tablespoons finely chopped parsley  
4 to 5 pound chuck roast

Combine first nine ingredients to make a marinade. Place roast in shallow pan and pour marinade over it. Marinate at least four hours turning occasionally and longer if possible. I start early in the morning of the cookout as scheduled for late afternoon. It is the marinating of the roast that tenderizes it as well as adding flavor. You may also want to apply the sauce with a commercial tenderizer, following directions, before pouring on the mar-

inade if you are not sure about the meat. I confess, I am somewhat confused with all the new grading of beef. Don't want to get started on that so back to our roasts.

When ready to cook remove roast from marinade and place on grill; cook over hot coals about an hour, basting with marinade and turning several times. Let everyone take a turn at basting.

Go with the roast, potatoes and onions.

**ROASTED POTATOES AND ONIONS**  
Peel baking potatoes. Cut in slices one-inch thick. Brush with butter and sprinkle with salt. Re-assemble the potatoes with one-inch slices of onion between the slices of potatoes on a double thickness of aluminum foil. Drench the top with butter. Sprinkle salt and pepper. Seal in foil and roast on coals about 45 minutes. You then, marinate add pepper, salt, butter and oil, butI would allow 10 to 15 minutes.

Remove pot from fire but leave oven on. It will keep for at least an hour or more, as though it had just been cooked.

## Mrs. George Dale hosts shower for Mrs. Pugh

Mrs. George Dale entertained Saturday afternoon, Aug. 28 at her home in the country with a miscellaneous shower in honor of her cousin, Mrs. David Pugh of Morehead. Mrs. Pugh, the former Emily Griffith, and a recent bride, is the granddaughter of Mrs. Hicel Ashby of Carlisle.

Guests who played, the gifts were presented by Miss Laura Sheppard, daughter of Dr. and Mrs. J. H. Sheppard and family. Mrs. Pugh and family were accompanied by the bride and Miss Cary Griffith of Brooksville, who also graciously assisted at the serving table. The color scheme was pink and white.

Refreshments were served by Mrs. Donald Dean Evans, Scott county, aunt of the bride; and Mrs. Jack Sheppard, Georgetown, cousin of the bride. Their guests were Mrs. Gladys Duncan, Miss Lois Hill, Mr. and Mrs. Bobby Duncan, Margaret and Joy, Carlisle, Mr. and Mrs. Pearl Cordy, Daviess, Mr. and Mrs. Jim Reed and Timmy, and Mrs. David Russell and Millie, Lexington.



They entertained the following guests for picnic: Mrs. James Cassidy, David and Mrs. Jones, the granddaughters of Kenneth Jones of Lyons, Ohio who have been recent guests of Mr. and Mrs. Walter Kendall remains a patient at St. Joseph Hospital in Lexington where she is scheduled for major surgery on Tuesday.

Abby Anderson of Nicholas county spent the television in a drawing held recently by the Ladies Auxiliary of the Millersburg Volunteer Fire Department. Mr. and Mrs. Everett Cord entertained with a family dinner Sunday at their home in Lexington. Their guests were Mrs. Gladys Duncan, Miss Lois Hill, Mr. and Mrs. Bobby Duncan, Margaret and Joy, Carlisle, Mr. and Mrs. Pearl Cordy, Daviess, Mr. and Mrs. Jim Reed and Timmy, and Mrs. David Russell and Millie, Lexington.

## Birthday dinner given Sunday

Mrs. Arthur Kerns celebrated her birthday Sunday, Sept. 12 with a surprise dinner given by her family and friends at her home in Moorefield. Those attending were: Mr. and Mrs. Henry Rickles, Nicholas county; Mr. and Mrs. Henry Rickles, Russellville, Ohio; Mr. and Mrs. Luke Hogue, Mayfield, Ohio; Mr. and Mrs. Mary Malinda Evans, Jeff, Hickory, Jiminy, Linda and Mrs. Fred Evans, David and Mike; Mr. and Mrs. Tommy Risen and Ken, Mr. and Mrs. Larry Burke and Sam, all of Lexington.

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## Few vacancies still exist

There are still a few vacancies for the afternoon session of the Carlisle Kindergarten, reports Mrs. Bill Guthrie, teacher. Linda Story, secretary; Justine Gulley, cards; Janice Miner, treasurer; Mary Hester, historian;

The Midlandtrail Affiliates met Monday night, Sept. 13 at Lee's Beauty Salon. Officers were first elected for the coming year. They are: Diana Jackson, president; Janette Krown, second vice president; Joann Bangardner, third vice president; Linda Story, secretary; Justine Gulley, cards; Janice Miner, treasurer; Mary Hester, historian;

## Kindergarten parents meeting set for Monday

Monday, Sept. 27 at 7:30 p.m. at the library basement there will be a parents meeting for the morning session of the Carlisle Kindergarten.

## Couple celebrate 25th anniversary

Mr. and Mrs. Gaylord Hunt were honored at a surprise anniversary party at their home Sunday, Sept. 12 by their daughters, Miss Carla Hunt and Miss Marsha Hunt of Carlisle, and Mrs. Ray Curtis of Dayton, Ohio.

## Colcord Winery corks first barrel

After months of preparation and planning, the Colcord Winery corked the first barrel of its wine Aug. 16. Pleasant and Third streets in Paris, was the center of activity. Several township people were on hand for the "historic event" as it was termed by Ben Howard, manager of the Colcord Winery on Cato Ridge Road in Bourbon county.

## Births

Mr. and Mrs. Arnold Eugene Sibert of Carlisle announce the birth of a daughter at Nicholas County Hospital on Sunday, Sept. 3, 1978. She weighed eight pounds, 10 ounces and was born only four days at 70 degrees F.

## Marie Chapter

Marie Chapter will hold its regular monthly meeting Monday, Sept. 20 at 7 p.m. at the Masonic Temple. After the election of officers refreshments will be served.

## Fall Registration

Mr. and Mrs. Lloyd William Anderson of Carlisle announce the adoption of a son, James Lloyd. He is 18 months old.

## G.S. volunteers have area meet

All Carlisle Girl Scout volunteers (aged 14 years and up) are invited to attend the area meeting on Wednesday, Sept. 20, 8:30 a.m. at the Cynthiana Baptist Church.

445 N. Broadway  
Tues., Sept. 28th  
4:30 to 7:30  
For information  
Call 289-5153  
Ages 4 and Up

## Farm and Home

County extension agents Monte Conrad, Sharon Alexander, Mrs. Margie Wilson

As the youngsters of our county are becoming settled in school, 4-H clubs are organizing. There is a great deal of growth from the Nicholas County 4-H program. Growth in club membership and project membership will cause growing pains and the only medication is leadership from adults who wish to share their skills with youngsters. Help our program grow by injecting your help into 4-H.

Activities: The poster display and contest will be held during October. Posters 14 x 22 will be due Oct. 21. Let's encourage ourselves to enter. Let's encourage ourselves to enter to a poster related to 4-H youngsters to do in the contest.

Mr. and Mrs. H.C. McLachlan of Winters Park, Fla. spent the past two weeks in Lexington. Their guests were Mrs. Gladys Duncan, Miss Lois Hill, Mr. and Mrs. Bobby Duncan, Margaret and Joy, Carlisle, Mr. and Mrs. Pearl Cordy, Daviess, Mr. and Mrs. Jim Reed and Timmy, and Mrs. David Russell and Millie, Lexington.

## Marriage Forthcoming

Mrs. Callie Frederick of Carlisle, and Clay Stover of Bryansville, announce the forthcoming marriage of their daughter, Libby Ann Stover to Keith Jenkins, son of Mr. and Mrs. Donald Jenkins of Carlisle.

## Millersburg P.T.A. schedules meet

The Millersburg Elementary School P.T.A. will have their first meeting of the school year on Monday, Sept. 20 at 7:30 p.m. at the school.

## Kentucky Eskimos can share \$962.5

FRANKFORT—If you are at least one-quarter Alaskan Indian, Eskimo or Aleut, a citizen of the United States and were alive on Dec. 18, 1921, you are an heir to the government's \$962,500 dollar grant.

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## Letters

To The Carlisle Mercury: As you know, the recent session of the General Assembly passed legislation which allowed the Beef Cattle Association to call for a referendum.

As you know, the recent session of the General Assembly passed legislation which allowed the Beef Cattle Association to call for a referendum. They asked me, as Commissioner of Agriculture, to call for such a referendum on all parts of the State. I felt that was the best ever for Nicholas county. Remember, you are only in competition with your own age group. Boys and girls are in separate categories.

The Beef Cattle Association is Lexington. These funds also make ribbons and trophies available to our 4-H members for jobs well done throughout the year. So, help your favorite 4-H member with a jacket by buying a calendar.

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## TV Dinners

Green Giant 15 oz. 89¢  
Asparagus 99¢  
Vietti Pork 89¢  
with Barbecue Sauce 10 1/2 oz.  
Holiday Brand 16 oz. 39¢  
Brazil Nuts 39¢  
Heinz gal.  
Apple Cider Vinegar 1 1/2 gal. 99¢  
100 ct. Dixie 69¢  
100 ct. Refill Cups 69¢  
Smucker's 2 lb. 89¢  
Grape Jelly 89¢  
Sippy 18 oz. Limit 2 79¢  
Peanut Butter 89¢  
Taster's Choice 1 3/4 oz. 89¢  
Joy 48 oz. 89¢  
Bes Pak 30 gal. 89¢  
Trash Bags 89¢  
Slaw Dressing 89¢

## Instant Tea

Green Giant 15 oz. 89¢  
Asparagus 99¢  
Vietti Pork 89¢  
with Barbecue Sauce 10 1/2 oz.  
Holiday Brand 16 oz. 39¢  
Brazil Nuts 39¢  
Heinz gal.  
Apple Cider Vinegar 1 1/2 gal. 99¢  
100 ct. Dixie 69¢  
100 ct. Refill Cups 69¢  
Smucker's 2 lb. 89¢  
Grape Jelly 89¢  
Sippy 18 oz. Limit 2 79¢  
Peanut Butter 89¢  
Taster's Choice 1 3/4 oz. 89¢  
Joy 48 oz. 89¢  
Bes Pak 30 gal. 89¢  
Trash Bags 89¢  
Slaw Dressing 89¢

## Parental help discussed at Head Start parents' meet

The Nicholas County Head Start parents held their regular meeting on Thursday, Sept. 9 at 7 p.m. at the

Watts Faye Mathes, chairman, called the meeting to order. The devotional was given by Patricia Lyons. Minutes of the last meeting were read by Beverly Irwin, retiring secretary. During the business session, Mrs. Sylvia Creech was elected as alternate on the Policy Council.

The group discussed a money making project and decided to sell candles. The next booster meeting will be held at 7:30 p.m. Tuesday, Sept. 21 at the Nicholas County High School. All members are asked to attend.

## Coming . . . for Nicholas Counties October 3 - 10

Center Rib lb. 1 1/2 \$1.99  
Center Loin lb. 1 1/2 \$1.99  
U.S. Choice Rib Roast lb. 1 1/2 \$1.99  
First 3 Ribs lb. 1 1/2 \$1.99  
U.S. Choice Rib Steak lb. 1 1/2 \$1.99  
U.S. Choice Boneless Netted Pot Roast lb. 1 1/2 \$1.99  
U.S. Choice Boneless Stew Beef lb. 1 1/2 \$1.99  
Sliced into chops free 1/4 Pork Loin lb. 1 1/2 \$1.99  
Chicken's Pride A Mixed Cagles Pickin Parts lb. 59¢  
Lipton 3 oz.

## Gold Medal FLOUR

Plain, Self Raising 10 lb. bag \$1.29  
Smucker's reg. or kosher 16 oz. 49¢  
Hamburger Slices 49¢  
Delmonico 2 lbs. 79¢  
Thin Spaghetti or Elbow Macaroni 79¢  
Friskies Cubes 2 1/2 lbs. 33¢  
Dog Meal Dinner 79¢  
Reg or Diet SHASTA Beverages 12 oz. 6/89¢  
New Crop 1 lb. 2/39¢  
White Onions 2/39¢

## PUREX BLEACH

Gal. 59¢  
Jumbo Roll 2/89¢  
PERT TOWELS  
We Welcome Federal Food Stamps

Harbor First Cut  
Pork Chops  
SUPER MARKET  
C & G  
Fabric Softener  
SWEETHEART  
Gal. 89¢  
REYNOLDS WRAP  
23.33 sq. ft. 39¢  
Banquet 9 oz. TV DINNERS 49¢  
Banquet 9 oz. POP ICE 53¢  
Banquet 9 oz. INSTANT TEA \$1.39  
Banquet 9 oz. FLOUR 10 lb. bag \$1.29  
Banquet 9 oz. PUREX BLEACH Gal. 59¢