Kay's Kitchen

— — By Kay Fisher

As you know I always welcome recipes to this column. I want you to know that I appreciate anyone taking the time to write out a recipe in these busy days.

FRUIT COCKTAIL CAKE

2 cups sifted cake flour
1 teaspoon baking soda
2 eggs
1½ cups white sugar
½ cup brown sugar
1 (16 ounce) can of fruit cocktail and juice

Mix sugars and eggs in bowl. Add flour and soda and cocktail. Beat by hand for three minutes. Pour into buttered 8" x 12" pan. Bake at 350 degrees for 35 to 40 minutes.

Do not be concerned about the lack of shortening.

FROSTING

1 stick melted margarine
1½ cups white sugar
¾ cup evaporated milk

Bring to rapid boil for five minutes. Add 1 can of coconut, 1 cup of crushed pecans and 1 teaspoon vanilla. Cool slightly. Pour over cake.

COFFEE CAN BREAD

In large mixing bowl put 1½ cups flour, 1 package dry yeast.

In saucepan put ½ cup milk, ½ cup water, ½ cup oil, ¼ cup sugar, 1 teaspoon salt, and heat to just warm. Add flour and yeast mixture and beat well.

Then add and beat in 2 eggs and 2½ cups flour. Beat with spoon until smooth and elastic. Divide equally and spoon into 2 well greased one-pound coffee cans. Cover with plastic tops. Set in warm place and let rise about 35 minutes. Please do remove plastic top! Bake in pre-heated oven at 375 degrees for 35 minutes or until well brown. Set on cake rack and let stand 10 minutes before removing from can.

LEMON SURPRISE

¼ cup flour
1 cup sugar
¼ teaspoon salt
2 eggs, separated
¼ cup lemon juice
1 cup milk

Sift flour with sugar and salt into casserole. Beat egg yolks; add lemon juice and milk. Blend into dry ingredients. Beat egg white and fold in.

Place casserole in a pan of water. Bake at 350 degrees for 45 to 50 minutes. Good served warm or cold.

(Note—this one you mix and bake in same dish.)

GINGERBREAD

½ cup of fat
⅔ cup boiling water
1 cup sorghum
1 egg
2¾ cups flour
2 teaspoons soda
1 teaspoon salt
1 teaspoon cinnamon
1½ teaspoon ginger
¼ teaspoon cloves

Melt fat in water, add sorghum, well-beaten egg, and dry ingredients mixed and sifted together. Bake in oven at 350 degrees.

SORGHUM NUT PIE

2 tablespoons butter
2 tablespoons flour
1¼ cups sorghum
2 tablespoons vinegar
½ teaspoon salt
2 eggs
¾ cup black walnut kernels

Cream butter and flour. Add sorghum, vinegar and salt. Cook over double boiler until thick—normally about 13 minutes. Add beaten eggs. Cook 3 minutes more over hot water. Add walnut kernels, and pour in cooked pie crust. Cook until jelly-like consistency in a 300 degree oven.

These two recipes are well worth trying. The pungent, full-bodied odors arising from the oven alone will be worth the effort, not to mention the eating.

* * * * *

If you have a favorite recipe and would like to share it, send to Kay's Kitchen, c/o The Carlisle Mercury. It will be most welcome.

Kay's Kitchen Cookbook order blank on classified page.

SOCIETY

Recent visitors of Mr. and Mrs. Martin Feeback are Mr. and Mrs. Carl Hounshell, Mrs. Gary Finley and daughter, Crystal of Franklin, Ohio; Mr. and Mrs. Leonard Hounshell of Richmond; and Miss Frances Barlow of Carlisle.

Miss Margaret Ellen Duncan spent the weekend with her aunt, Mrs. David Bussell and Mr. Bussell in Lexington. She was celebrating her 14th birthday which was Saturday, Oct. 23. The Bussell's daughter, Millie Anne, spent the weekend with her grandmother, Mrs. Gladys Duncan in Carlisle.

Mr. and Mrs. Walter Mikula of Chicago, Ill. have been the guests of her brother, Thomas Hickman and Mrs. Hickman of Bourbon county.

Mrs. O.H. Lambert and Mrs. Warren Fisher were guests Monday of Miss Frances Kennedy in Mt. Sterling for a luncheon and benefit bridge.

Mr. and Mrs. Toby Elder and Brian of Ft. Mitchell were weekend guests of their parents, Mr. and Mrs. Thomas Hickman of Bourbon County and Mr. and Mrs. Warren Fisher.

Mrs. Earl Marshall has been moved from the Johnson-Mathers Nursing Home to the Nicholas County Hospital due to further problems she is having with a broken hip which she suffered in a fall recently.

Senator H. Stanley Blake and Sterling Blake were special guests of Governor and Mrs. Julian Carroll to honor the distinguished Senator Earle C. Clements, on his 80th birthday, Friday, Oct. 22. The Governor and Mrs. Carroll had as special guests five past Governors of Kentucky and celebrated the occasion with an old-fashioned Burgoo dinner at the National Guard Armory, Boone National Center in Frankfort.

Mrs. Charles Feeback Jr. of Millersburg remains a patient at Bourbon County Hospital where she submitted to major surgery on Monday.

Mr. and Mrs. Cecil W. Vice and Mrs. Lacy Barnett, Peoria, Ill. were called here due to the death of Tommie Ham. While her Mr. and Mrs. Vice visited his uncle, T.H. Vice and Mrs. Vice of Nicholas county. Mrs. Barnett's brother and the Vices uncle, Rev. Scott Briggs, Mrs. Briggs and Mary Lee of Fleming county, Mr. and Mrs. Morgan Briggs of Florida, and Howard Briggs and sons of Cincinnati, Ohio were also called for the Ham funeral and were guests of the Briggs.

Dr. and Mrs. James Johnson and Terry, Jay and Carole Ann returned to their home in Millersburg on Sunday after spending about ten days in Florida. Dr. Johnson attended a U.S. Public Health Service Medical Convention held in Miami. They also visited Disney World and Daytona Beach.

Miss Mona Garrett, daughter of Mrs. A.B. Whaley, was involved in an accident near Paris Saturday night which did considerable damage to her car. However, neither she nor either of her passengers suffered injuries.

Mrs. William Layson was elected to represent the Limestone District of the Garden Club of Kentucky on the restoration board of the Wallis home in Paris. The meeting was held in Cynthiana on Wednesday, Oct. 6.

Mrs. Clay Mann entered University of Kentucky Medical Center Thursday, Oct. 21 for surgery and further tests.

Miss Marguerite Graeter attended the funeral of Mrs. Ellis Graeter of Cynthiana last Monday.

Miss Donna Ring to wed Nov. 6 in Moorefield

Mr. and Mrs. Charles A. Ring announce the forthcoming marriage of their daughter, Miss Donna Ring to Mr. Billy Ed Hunter, son of Mr. and Mrs. William Ray Hunter.

The wedding will be an event of Saturday, Nov. 6 at the Moorefield Christian Church. A reception will be held in the church following the ceremony.

The custom of open church will be observed. All friends and relatives are invited to attend.

Erva Crawford returned home last week from St. Joseph Hospital, Lexington and is getting along satisfactorily.

Miss Louella House of Moorefield and Mr. Roy Blevins, Sudith, Ky. were at Sky Bridge and Natural Bridge State Park recently.

Mr. and Mrs. Charley McCann left recently for Rockport, Texas where they will spend the winter.

Brown Crawford of Dayton, Ohio was a recent visitor in Carlisle.

Mr. and Mrs. Leroy Earlywine of Route 1, Carlisle left last week for Horn Lake, Miss. where they will make their home. Their address is 6585 Forest Gate, Horn Lake, MS 38637.

Mrs. Adrian Arnold, wife of our State Representative, is recovering at her home at Route 3, Mt. Sterling after suffering a fall down a flight of basement steps at her home on Oct. 19.

Miss Nina Young, daughter of Mr. and Mrs. W. Nathan Young, has moved to Morrisville, Vt. where she has accepted a position in laboratory research with the Agriculture Department of the state of Vermont.

Mrs. Billy Jones will go Oct. 29 to Lexington to see a heart specialist and will be admitted to St. Joseph Hospital to undergo surgery.

Mr. Worth Scott was admitted to the University Medical Center, Lexington, on Sunday.

Dr. and Mrs. Andrew Hamon and children spent the past weekend as guests of his brother, Dr. Allen Hamon, Mrs. Hamon and family at their home on the Millersburg Road.

Julian Green, Carlisle City Councilman, was released Saturday from the Nicholas County Hospital. He had been a patient since last Tuesday after suffering a broken rib when he fell on a step at the home of Bill Small.

Mr. and Mrs. Hadden Pumphrey, Iowa City, Iowa spent the past week with Miss Katherine Wells and other relatives. On Sunday the family of the late Dan E. Wells had a potluck dinner at the Blue Licks Church.

Mrs. Charles Carroll and Miss Lyuene Carroll of Berry spent Friday with Miss Marguerite Graeter.

Taylor Snelling attended homecoming activities at Millersburg Military Institute in Millersburg on Saturday, Oct. 16. Also attending was a fellow classmate of Mr. Snellings, Albert S. Torok of South Bend, Ind. Both were members of the class of 1928 and played on the 1927 championship football team.

Mr. and Mrs. Obie Chasteen of Franklin, Ohio spent two weeks recently with her daughter, Mrs. Martin Feeback and Mr. Feeback.

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Rev. Kamlage participates in dedication

Rev. Herman B. Kamlage, pastor of the Carlisle Shrine of Our Lady of Guadalupe, participated in dedication services for the new Shrine of Our Lady of Guadalupe Basilica in Mexico recently. He was one of the main celebrants at the dedication.

Mr. and Mrs. Mike Berry, Mrs. W.D. Shriver, Paris, and her sister, Miss Dorothy Dietrich of St. Louis, Mo. accompanied Rev. Kamlage on the tour Oct. 11-16.

Commission met Oct. 21

The Blue Licks Commemorative Commission met at Carrico Country Club on Thursday, Oct. 21.

Attending the meeting were: Mr. and Mrs. Andrew Duke, Maysville; Mrs. Joe Montgomery, Mrs. Wilburn Simmons, and James Cracraft, all of Robertson county; State Rep. Adrian Arnold, Mt. Sterling; and Joseph H. Conley, Nicholas county.

Elementary P.T.A. meets Monday

The Nicholas County Elementary PTA will meet Monday, Nov. 1, at 7:30 p.m. at the school.

Mrs. Marjorie Wilson is chairman of the program during which each teacher will explain the new practical arts program being offered grades six through eight.

Mrs. Marlene Sparks, president, said an executive meeting will be held at 7 p.m. before the regular meeting begins.

Mr. and Mrs. Ora Hughes

Mr. and Mrs. Ora Hughes to celebrate anniversary

Mr. and Mrs. Ora Hughes of Sharpsburg will celebrate their 50th wedding anniversary on Sunday, Oct. 31. They will be honored with an open house from 2 to 5 p.m. at their home on Forest Avenue.

Mr. Hughes and the former Mary Eliza Newell were married on Oct. 27, 1926 by the Rev. Peter Walker. The couple have three sons, Gene, Julian and Gerald, and one daughter, Wanda. They have 14 grandchildren and four great-grandchildren.

Craft classes start Nov. 1 at county high school

The first lesson of six craft classes sponsored by the home economics department of Nicholas County High School will be held Monday night, Nov. 1 at 7 p.m. The classes will meet in the home economics department. Free babysitting will be available.

The items to be made in this class are: Makit and Bakit stained glass frames and various types of flowers. Those attending will need to bring the following materials to work with: tweezers, glue, cotton or cotton blend, fabric scraps of gingham and calico or other suitable fabric for the flowers, and scissors.

Some materials will be available for purchase.

For further information contact Bonnie Metcalfe, 289-5303 or Martha Taylor, 289-7111.

Fiscal Court report given

John Myers, a representative of Community Action Lexington-Fayette (CALF) appeared before the Nicholas County Fiscal Court Magistrates at their meeting held Tuesday, Oct. 19. He discussed the possibility of the county acquiring a vehicle to be used for public transportation for the elderly and handicapped of Nicholas county. The state would pay 80% of the purchase price of the vehicle and the county would be obligated to pay the other 20%. No action was taken by the court but the matter is to be discussed further when the court meets again on Wednesday, Nov. 3. According to Nicholas County Judge Mildred Clark, Maudie Tedder, Community Action leader at the Nicholas County CALF office, would use the vehicle if purchased to take the elderly or handicapped to and from doctor's appointments, etc.

The only motion passed by the court authorized County Clerk, J. Berry Burnaw to transfer $5,136 from the equipment rental fund to the road and bridge fund.

Rev. Bert Eyster, administrator of the WEDCO District Health Department, presented to the court a report of the services delivered last year by the Nicholas County Health Center.

Johnny Willoughby and Frankie Hughes requested that the court open a county road of approximately two miles from Highway 32 to the Persimmon Ridge Road. However, they only wanted the road opened as far as the Frankie Hughes property which would be about a mile. The court requested County Attorney, Joseph H. Conley to check the records and see if the road in question is a county road. This will also be discussed at a later date.

First Appeals session is held

The first session of the Court of Appeals in Kentucky, Sixth Appellate District, opened in Northern Kentucky Thursday afternoon. The Court sat for two days. On Thursday the presiding judge was Bruce Lester and on Friday, Robert Greene. Each day Associate Judges Elijah Hogge, Morehead, and John White, Manchester, completed the three-judge panel.

The cases argued orally before the court were from a group of cases which are at least two years old. They have been accumulating in the old Court of Appeals now known as the Kentucky Supreme Court. New cases appealed after July 1 are in the new court's own caseload but very few of those cases are ready for appeal. Additional papers must be filed with the court before the cases are ready for oral argument. The Supreme Court is using the interim time to dispose of some of the logjam of cases accumulated in the old court.

Under the new Kentucky court system, all civil and criminal cases appealed from circuit courts will go directly to the Appeals Court, except those criminal cases involving sentences of 20 years to life imprisonment.

Blue Licks Lodge

The Blue Licks Lodge No. 495 will hold their regular meeting on Saturday, Oct. 30 at 7:30 p.m.

A third degree and potluck supper are on the agenda for the meeting.

Miss Peggy Tabor selected District Dairy Princess

Miss Peggy Jean Tabor, Nicholas County Dairy Princess for 1976 was selected District Dairy Princess at the American Dairy Association District Nine meeting held in Brooksville on Wednesday, Oct. 20. Miss Tabor will represent District Nine in the state contest to be held Feb. 6 and 7 in Louisville.

During the business session, John Utterback, a Fleming county dairy farmer and director of the Kentucky association, reported that the promotion program this fall is a dual program of fluid milk built around the theme "After School Milk and Snacks", and cheese built around the theme "Cheese and Crackers."

Mrs. Harmon Barlow, Cave City, reported on the activities of the Ladies Auxiliary of the American Dairy Association. Miss Mary Jo Purcell, Fleming county, was the recipient of the Ada's College Scholarship Award presented to the outstanding dairy girl.

Claude Whaley, Robertson county, was elected to a two-year term as district director on the American Dairy Association of Kentucky Board of Directors.

Miss Peggy Jean Tabor

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Speedline -- farm news briefs

by Gary Huddleston

Voting delegates to a special Kentucky Farm Bureau convention in Louisville Tuesday, Oct. 19 decided to keep the organization's annual minimum dues at $10 per member family.

The delegates rejected, by a vote of 498 to 312, a proposal by a Program Evaluation Committee to expand Farm Bureau's legislative, information and field services programs, and to increase minimum dues to $15 per member per year. The changes would have become effective in 1977.

[Editor's note: Bill Wilson, Mr. and Mrs. Bill Tabor and Estil Noffsinger, voting delegates, and Cliff Vice attended]

New federal estate tax credits plus some revised grain inspection standards highlighted farm-related legislation passed by the 94th Congress, according to Bob Wade, president of Kentucky Farm Bureau.

Wade summarized the work of the lawmakers in a recent interview, following Congressional adjournment Oct. 2.

Estate tax reform was a major legislative victory for farmers, Wade said, culminating more than two years work to ease the burden of these taxes on farm families.

The final version contained in an omnibus tax change measure accomplished most of Farm Bureau's objectives, as contained in the original reform legislation introduced in 1974. Farm Bureau had sought to increase exemption levels, update the marital deduction and change the appraisal procedures, for farmland included in estates.

The grain inspection bill, passed the final day of the Congressional session after four months of deadlock, also closely paralleled Farm Bureau policy on the subject, Wade noted.

The compromise version provides for state or federal inspection of grain at export ports, and retains provisions allowing state or private inspection, under strict standards, at inland terminals and elevators.

Farm Bureau had argued against all-federal grain inspection, saying the cost of such a system would far outweigh its benefits to farmers. However, the changes finally agreed to were necessary to insure that grain shipped to overseas customers has the same high quality it has when sold by farmers, Wade said.

* * * * *

Most Kentucky farmers began a year's exemption from Occupational Safety and Health Act (OSHA) regulations Oct. 1, following passage of an amendment to a federal appropriations measure.

The exemption, which frees farmers with 10 or fewer employees, applies to all OSHA standards, including tractor rollbars, anhydrous ammonia handling, machinery shielding and pulpwood logging rules.

In addition, the controversy over proposed farm field sanitation standards has probably been rendered moot, at least among small farmers, by the exemption. That OSHA classic would have mandated portable toilets and handwashing facilities within a five-minute walk of farm workers.

The major hitch in the exemption involves its temporary nature. Since it was tacked onto an appropriations bill, the exemption is effective only as long as the parent measure—one year. In addition, a legal question remains as to whether a farmer could be subject to OSHA on days that he employs 10 workers, and exempt from the rules on all other days.

Farm legislative spokesmen say an effort to make the exemption permanent is a certainty when Congress reconvenes next year.

PSC grants Columbia Gas rate adjustment

FRANKFORT—The Kentucky Public Service Commission (PSC) has granted Columbia Gas of Kentucky nearly $1.3 million rate adjustment decrease due to a decrease in the cost of wholesale gas furnished by the firm's supplier, Columbia Gas Transmission Corporation.

The decrease affects gas supplied on and after Oct. 16. The commission order authorizing the decrease was released Oct. 18.

A purchased gas adjustment clause adopted by the commission in November, 1975, outlines conditions for rate adjustments due to an increase or decrease in the wholesale cost of gas.

NOTICE

Beginning Nov. 1, subscriptions to The Carlisle Mercury in Kentucky will be $6.00 plus .30 sales tax, making a total of $6.30 for 52 issues.

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Armour Keepers 12 oz. pkg. **Lunch Meat** 99¢
Bologna, Beef Bologna, Pickle and Pimento Loaf and Salami

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with beans 15 oz. Paramount Chili 2/89¢
Big John 16 oz. Beans 'n Fixins 59¢
Smuckers 16 oz. Hamburger Slices 49¢
French's Big Tate 16 oz. Mashed Potatoes 69¢
Smucker's 3 lbs. Grape Jelly $1.19
Stove Top Chicken, Cornbread Stuffing Mix 6 oz. 59¢
Hershey 2 lbs. Instant Cocoa Mix $1.59
Hormel 5 oz. Vienna Sausage 3/$1
12 oz. cans Shasta Beverages 6/79¢
Laundry 49 oz. Ajax Detergent 99¢
Cascade 50 oz. $1.29
Ken L Ration 15½ oz. Dog Food 6/99¢

16 oz. loaves **Foodtown Bread** 4/$1

Prelate 16 oz. **Pink Salmon** $1.49

Chocolate 16 oz. **Hershey Syrup** 39¢

Seald Sweet Indian River 46 oz. **Grapefruit Juice** 49¢

Ore-Ida 2 lbs. Tater Tots 69¢

Mrs. Smith's Custard 26 oz. Pumpkin Pie 79¢

Purina Chuck Wagon Beef Flavor 5 lbs. $1.49

Tangelos 5 lbs. 89¢

Celery Stalk 29¢

22 oz. **Joy** 69¢

Nestea 3 oz. **Instant Tea** $1.39

Sliced & Halves **Stokely Peaches** 2½ can 49¢

Hunt's Ketchup 89¢ 32 oz.

Snowdrift Shortening 3 lbs. $1.49

Purina 10 lbs. **Dog Meal** $1.89

Banquet TV Dinners (Limit 6) 11 oz. 49¢

Freezer Queen Meats 2 lbs. $1.19

Golden Grain 7¼ oz. **Macaroni & Cheese** 4/99¢

Red 3 lbs. **Delicious Apples** 79¢

No. 1 10 lbs. **Idaho Potatoes** $1.19

Cabbage lb. 10¢

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Cut & Shellie Beans 303 can 5/$1
3/$1 Showboat Cut Yams 303 can
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6/$1 White & Golden Hominy 300 can
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