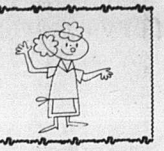
Kay's Kitchen



→ → By Kay Fisher ← ←

It is fall apple time again so since I go "all out" for foods in season, will do the apple bit this week. Apples are good any way you wish to use them, from just eating raw, cut up in salad, apple sauce, to fancy desserts.

Apple Roly Poly is one of my favorites. It may be because I grew up having it served to me often. In fact the Roly Poly method of cooking was used for many things, sausage, ground ham (which I have given you before) to sweets.

The most important thing to remember in cooking with apples is to use a good tart cooking apple. Decide if you want the apple to cook into a sauce, or to hold its shape after cooking until tender. A good "eating apple" is not necessarily one that is good for cooking.

APPLE BETTY

6 medium-sized cooking apples
1½ cups moist bread crumbs
¾ cup sugar
1½ teaspoons cinnamon
1½ tablespoons butter
2 tablespoons grated orange rind
½ cup water

Pare, core and slice apples; place half in casserole. Combine bread crumbs, sugar and cinnamon; sprinkle one half over apples and dot with half the butter. Repeat with remaining apples, crumbs and butter. Sprinkle with orange rind; add water and cover. Bake in moderate oven (375 degrees) for 45 minutes. Serve with Hard Sauce. Serves about 6.

HARD SAUCE

½ cup butter
1 cup confectioners' sugar
½ teaspoon vanilla, lemon or almond extract, cinnamon or nutmeg
1 tablespoon cream

Cream butter until soft; gradually beat in sugar, then cream and vanilla, beating until fluffy. Brandy, rum, sherry or port wine, or maraschino cherry juice may be substituted for cream and flavoring. Pile lightly in serving dish and chill until cold but not hard. Yields approximately ¾ cup sauce, or enough for 4 to 6 servings.

APPLE SCALLOP

1 cup flour
⅓ cup butter, or butter and other shortening
¾ cup firmly packed brown sugar
4 cups sliced apples
dash of cinnamon

Blend flour, butter and sugar with pastry blender to form crumbly mixture. Arrange apples in buttered baking dish, sprinkle with cinnamon and cover with flour mixture. Bake in moderately hot oven, 375 degrees about 45 minutes, or until apples are tender and crumbs browned. Serve with cream or sauce. Serves 6.

BAKED APPLE DUMPLINGS

1 recipe rich biscuit dough
6 medium-sized apples
½ cup firmly packed brown sugar
dash of salt
1 teaspoon cinnamon
1 tablespoon grated orange rind
½ cup raisins
2 tablespoons butter
1 egg white
powdered sugar

Prepare rich biscuit dough, roll ¼ inch thick and cut in 6-inch squares. Pare and core apples and place one in center of each square; fill cavities with mixture of sugar, seasonings and raisins and dot with butter. Bring opposite corners of dough together on top of apple, moisten edges of one side with water and seal; prick with fork. Brush with slightly beaten egg white and sprinkle with sugar. Bake in hot oven, 450 degrees, for 10 minutes; then reduce heat to moderate, 350 degrees and bake 20 minutes longer. Serves 6.

PORK CHOPS CASSEROLE

6 pork chops, ½ inch thick
1 teaspoon salt
1/8 teaspoon pepper
4 medium-sized sour apples, peeled and pared
1 cup water
4 medium-sized sweet potatoes, peeled and sliced

Wipe chops and brown in hot frying pan; place in casserole, sprinkle with salt and pepper, and place apples and potatoes in layers on chops. Cover and bake in moderately hot oven, 325 degrees about 2 hours. Serves 6.

You may want a bit more seasoning. Sometimes a little sugar is needed.

APPLE ROLY POLY

Prepare rich biscuit dough; roll ¼ inch thick. Spread with a mixture of 1 cup diced apple, ½ cup raisins; 1 teaspoon cinnamon, ½ cup sugar and ¼ cup firmly packed brown sugar. Roll as for jelly roll; cut crosswise in 3-inch slices, place in greased baking pan and add ¾ cup water. Bake in hot oven, 400 degrees for 30 minutes. Serve with sauce if desired. Serves approximately 6.

Kay's Kitchen Cookbook order blank on classified page.

Willmer Halcomb is guest speaker for Carlisle Garden Club meeting

The October meeting of the Carlisle Garden Club was held Monday, Oct. 18 at Rock Haven Restaurant with Miss Ernestine Eads and Miss Mary Lois Campbell, as hostesses.

Mrs. James Wilson gave the spiritual values, using as her theme, "Be still and know that I am God." Mrs. Margie Wilson, president, presided over the business session. Mrs. Frank Henry gave a report of the recent Area Meeting held at Cynthiana Oct. 6. Mrs. Wilson appointed a nominating committee to report next month for election of officers.

Willmer Halcomb, Conservation Agent for Nicholas county was the guest speaker. He showed slides of birds and gave many hints for feeding and attracting them to your home. He then showed other slides showing how by planting trees and shrubs you could make your home and public areas a place of beauty.

A salad plate, coffee, nuts and mints were served to the 15 members and two visitors, Mr. and Mrs. Halcomb. A fall theme was used in the table decorations.

Home Ec. Department to sponsor craft classes

The Nicholas County Home Economics Department is sponsoring a series of adult classes on crafts. These are to be working classes with most of the materials needed available for purchase or use by the students.

Following are the dates and topics to be offered: Monday, Nov. 1—Introduction of classes and materials lists for all classes given out, makit and bakit frames made and fabric flowers. Nov. 8—Macrame items. Nov. 15—Dough art and dough decorations. Nov. 18—Ribbon pillows. Nov. 29—Antiquing artificial flowers, decorating flower pots and types of flower containers. Dec. 6—Christmas foods and decorations.

All classes will meet at 7 p.m. in the home economics department of the high school. Free baby sitting will be provided. The only charge will be for the materials you will need to buy to work on.

Try to attend the first meeting if possible as a materials list for all the classes will be given out for those items not provided.

For further information contact Bonnie Metcalfe, 289-5303, or Martha Taylor, 289-5502, or contact the high school, 289-7111.

Tammy Hales places third

Miss Tammy Hales placed third in the Novice Division of twirling competition in Somerset on Saturday, Oct. 16.

The contest was sponsored by the Pulaski County Band Parents. Participants were from Southeastern, Southwestern and Central Kentucky.

Miss Hales is the daughter of Mrs. Bobby Tedder.

Annual Easter Seals meet Nov. 3

LOUISVILLE—The 1976 annual meeting of the Kentucky Easter Seal Society for Crippled Children and Adults will be held Wednesday, Nov. 3 at Cardinal Hill Hospital in Lexington, George W. Schroeder, society president, has announced.

John Kemp, Chicago, an attorney and executive with the National Easter Seal Society will be the speaker at the luncheon meeting set for 12:15 p.m.

The 75-member House of Delegates, governing body of the society, will meet at 10 a.m. The delegates will elect members of the society's board of directors and deliberate other business concerned with rehabilitation programs operated by the society.

Millersburg Garden Club installs new officers

Mrs. Wallace Wallen of Nicholas county was installed as the new president of the Millersburg Garden Club at their meeting held last week at the home of Mrs. James B. Leer.

Other officers installed were Mrs. Freddie Gillespie of Millersburg, daughter of Mr. and Mrs. Bill Hilander of Nicholas county, vice president; Mrs. Edmund Martin, recording secretary; Mrs. Charles Law, corresponding secretary; and Mrs. Bruce Spring, treasurer. Mrs. Vimont Layson conducted the installations.

During the business meeting, which was conducted by Mrs. Charles Law, outgoing president, Mrs. Russell Bell gave hints on "Wintering Your Garden". Awards were given to Mrs. Nesmer Cook and Mrs. Russell Bell for having the most exhibits for the year.

Mrs. Peter Davenport and Mrs. Norman Judy were assistant hostesses for the meeting.

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SOCIETY

Miss Riggs at Asbury

Elaine Riggs, daughter of Mr. and Mrs. Donald O. Riggs of Nicholas county, has enrolled at Asbury College, a Christian liberal arts school located 18 miles south of Lexington in Wilmore.

With a record enrollment of 1,256 students, 44 states and 27 foreign countries are represented, according to Dr. Howard Barnett, Associate Dean of Academic Affairs.

Since its founding in 1890, the interdenominational college has sent more than 10,000 graduates into business, teaching, law, medicine and church vocations.

Family living is club topic

The Carlisle Community Woman's Club will meet Monday evening, Oct. 25 at the home of Mrs. Wayne Shumate. Co-hostesses with Mrs. Shumate will be Mrs. Morris Whiteley and Mrs. Frankie Hughes.

The program will be in charge of the Home Life Department, Mrs. E.S. Ford of Cynthiana, Chairman of Kentucky Federation of Woman's Club Family Living, will be the guest speaker.

Spiritual values will be given by Mrs. Harold Letton.

Mrs. William Wilson, finance chairman, urges all members to return their Bright of America order forms at this meeting.

Licha Farah is feted

Licha Hanna Farah Jr. celebrated his seventh birthday Oct. 13 with refreshments served at school for his class.

A family celebration was held at his home that evening given by his parents, Mr. and Mrs. Licha Farah. Those attending were Mrs. Ignatius Koury, Hameed, Fareed, Shaheed, Jacquelin, Fadia, and Anna, and Mary Alicha, Jebron and Rose Ann Farah.

On Oct. 14 Miss Lena Pumphrey entertained Licha at her home.

Births

McDONALD

Mr. and Mrs. Kenneth Lane Mc-Donald of Nicholas county announce the birth of a son on Saturday, Oct. 9, 1976 at the Nicholas County Hospital.

He weighed nine pounds, one ounce and has been named Shawn Christopher.

PUGH

Mr. and Mrs. Darrel Pugh of Sunrise announce the birth of a son on Tuesday, Oct. 5, 1976 at the Harrison Memorial Hospital.

He weighed six pounds, two ounces, and has been named Jonathan Carroll.

Maternal grandmother is Mrs. Carroll Vice of Moorefield. Paternal grandparents are Mr. and Mrs. Adrian Pugh of Falmouth.

KEARNS

Mr. and Mrs. Gregg Kearns of Nicholas county announce the birth of their first child, a son, on Monday, Oct. 4, 1976.

He weighed seven pounds, four ounces and has been named Bradley Thomas.

Mrs. Roy Dotson is high scorer

Mrs. Joyce Wallace entertained with a dessert bridge at her home on Friday, Oct. 14.

The following guests attended: Mrs. Lee Peters, Mrs. Joan Noll, Mrs. Carol Sparks, Mrs. Diane Wells, Mrs. Brenda Anderson and Mrs. Roy Dotson.

High score was won by Mrs. Dotson.

WKU to honor own authors

BOWLING GREEN—Eleven Western Kentucky University authors who have written for a special Bicentennial Series will be honored at a reception Friday, Oct. 15, at Western Kentucky University.

The public is invited to attend the autograph party from 2:30 to 4:30 p.m. at the Kentucky Building at the campus.

Western's authors have contributed one-fifth of the collection to the Bicentennial Bookshelf Series of the University Press of Kentucky. The Series includes 50 books which represent some of the interesting aspects of Kentucky's history and tradition.

Contributors from WKU who will be honored are Drs. Kenneth and Mary Clarke, Dr. Lowell Harrison, Mrs. Helen Crocker, Dr. Lynwood Montell, Michael Morse, Ira Kohn, Miss Julia Neal, Dr. Carol Crowe, Dr. Howard Carpenter, Dr. Richard Stone and Mrs. Nancy Baird.

Members of the University Press's editorial board will be meeting on the Western campus also and will participate in the recognition session for Western's writers.

Mrs. Grimes Caywood, Mrs. J.R. Hamilton, Mrs. Noe Hamilton and Miss Evelyn George were among those from Carlisle who were in Lexington Sunday afternoon to attend Rupp Arena's opening event and to hear Lawrence Welk and his orchestra.

Mr. and Mrs. John S. Jacobs and John Darwin of Lexington, Mr. and Mrs. J. Angus Jacobs and Ernst spent Sunday with Mr. and Mrs. M.G. McCormick of Seaman, Ohio.

Mr. and Mrs. George Roberts spent last week with Mr. and Mrs. Larry Gabriel in Columbus, Ohio.

Mrs. Joe Beasley, Harlan, Mrs. H.C. Blount, Cynthiana, and Mr. and Mrs. Frank Gudgell of Carlisle were dinner guests Sunday of Mrs. S.M. DeMyer.

A former pastor of the Carlisle First Baptist Church, Rev. Gerald A. McNeely and Mrs. McNeely who are now missionaries to Spain have moved from Madrid to Alcobendas, Spain, a small village near Madrid. Their new address is Generalisimo, 125, Blg. 1, ESC 2, 4, D, Alcobendas, (Madrid) Spain.

Mr. and Mrs. Donald Story had as their guests over the weekend, their daughters, Mrs. Art Sievert and Mr. Sievert of Cincinnati and Miss Marietta Story of Lexington.

Mr. and Mrs. Warren Fisher and Mr. and Mrs. Joseph H. Conley attended the 91st Annual National Newspaper Association Convention held Oct. 14-17 at Lake Geneva, Wisc.

J. Berry Burnaw, Nicholas County Clerk, was admitted to the Nicholas County Hospital on Saturday where he remains a patient.

Mr. and Mrs. Russell Bell spent last weekend at Murfeesboro, Tenn. where the Bourbon County High School Band participated Saturday in the Annual Middle State Tennessee University "Contest of Champions." The Bell's are co-presidents of the band's booster organization. Millersburg band members who participated are Miss Frankie Bell, Miss Beth Bell, Miss Kelli Robinson, Miss Ashley Johnson, Miss Elizabeth Greenup, Miss Kim Mann and Miss Cheryl Lemaster.

The Standifords are honored for 50th wedding anniversary

The October meeting of the Ellisville Homemakers was held at the home of Sheriff and Mrs. Reese Smoot.

Mrs. J.A.Standiford, a charter member of the club was the guest of honor in celebration of her and Mr. Standiford's 50th wedding anniversary. Among the many gifts presented to Mrs. Standiford was a gold pin from the Ellisville Club.

A buffet dinner was served. The centerpiece was a three-tiered cake. Special dinner guests seated at the honoree's table were J.A. Standiford, Sheriff Reese Smoot, Mrs. Eula Grimes, and the two other charter members of the club, Mrs. Margaret Day and Mrs. Ina B. Alexander.

Mrs. Jack Tischer served as cohostess, with Mrs. Thelma Fryman and Mrs. Eula Grimes assisting.

Mrs. Dora Mynear has 91st birthday Oct. 9

Mrs. Dora Mynear was the guest of honor on Saturday, Oct. 9 for a dinner in celebration of her 91st birthday. The dinner was given by her children at Mrs. Mynear's home on the Johnson Road.

Those who attended are: Mrs. Ida Lee Cooper and Robin, T.J. Mynear, Bourbon county; Mr. and Mrs. William J. Hoover, Lawrenceburg Ind.; Mr. and Mrs. Danny Curtis, Fort Mitchell; Douglas Mynear, Lexington; Mrs. Donnie Jolly and Kay, Fleming county.

Mrs. Sophia Mynear, Becky and Willie, Mr. and Mrs. James Mynear and Ronald, Mrs. Ralph Brookshire Jr. and Mike, Mrs. Edna Wagoner, Mrs. J.D. Markem, Cecil Mynear and Irene, Mr. and Mrs. J.W. Roberts, Katherine Mynear and Charlie Mynear, all of Nicholas county.

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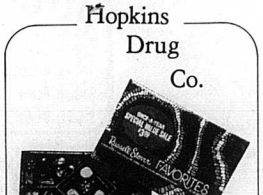

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New film to be shown Sunday at First Baptist Church

"Corrie: Behind the Scenes with The Hiding Place," a new full-length color release from World Wide Pictures, will be shown at First Baptist Church, Carlisle, on Sunday, Oct. 24. A single showing is scheduled to begin at 7 p.m.

"The Hiding Place", a true story filmed in Holland and other European locations, is based on the experiences of Corrie ten Boom, who, with her father, sister, and brother, provided refuge for countless Jewish families. A secret room was constructed in their home as a hiding place for use during Gestapo raids. The ten Boom's activities were discovered, and they were sent to prisons and concentration camps.

According to Kenneth Bilas, Director of Distribution for World Wide pictures, "The Hiding Place" has been extremely well-received, both by audiences and film critics. "Corrie was produced to give people who have seen "The Hiding Place" or read her many best-selling books an opportunity to hear her share many of her memories about her life in Holland, her family, and her lifetime of service to others."

Bilas added that the film "offers a great lesson in the perseverance of a personal faith in a very dark and trying period of world history. Corrie ten Boom, now in her 80's, has a tremendous vitality, a deep spiritual commitment, and a profound love for her fellow man. We believe we have succeeded in transmitting a part of her zest, personality, and source of strength through this film."

The Rev. H. Dallas Sugg, pastor, stresses that the showing of "Corrie" is open to the public free of charge. "We encourage families to plan to attend together, for what we believe will be a memorable experience," he concluded.

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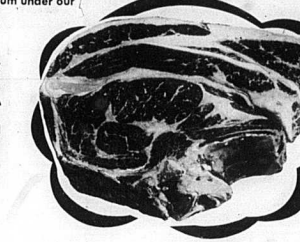

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