

Saltwell

by Mrs. Fred Hollar

Mr. and Mrs. Jerry Galbraith and daughter Andrea and Donald Stone visited Mr. and Mrs. Gary Hollar and children on Monday night.

Mr. and Mrs. Bob Kenney and sons Jason and Greg of Covington spent Saturday with Gladys Kenney.

Miss Frances Barlow, Carlisle, visited Mrs. Alberta Spatz at Headquarters on Thursday.

Mr. and Mrs. Roger Goodman and daughters Angie and Paula of Lexington were Wednesday supper guests of Mr. and Mrs. Roy E. Soapp.

Mrs. Alva Green spent Wednesday with Mr. and Mrs. Royce Taylor in Lexington. Mrs. Alberta Green and Mrs. Roger Livingston were also afternoon visitors of the Taylors. Mr. Taylor remains ill at his home there.

Mrs. Gladys Kenney spent Friday with Mrs. Ida Martin in Paris honoring Mrs. Martin's 82nd birthday. Myrtle Hollar was also Sunday visitor of Mrs. Martin.

Mr. and Mrs. Fred Hollar visited Mrs. Memphis Ritchie at the home of Mr. and Mrs. Leon Steel of Mayeville Road on Saturday. Mrs. Ritchie is slightly improved from a recent illness.

Mrs. Roy Soapp and Miss Halvay Griffin were in Covington on Monday visiting Mr. and Mrs. Robert Griffin and accompanied Mrs. Gladys Bobb

home after several weeks visit with her brother, Mr. Griffin who is ill.

R.J. Waggoner, Mt. Moriah Road, returned home Friday after recent surgery at Veterans Hospital, Lexington.

Mr. and Mrs. Donald Stone and Denise, Mrs. Jerry Galbraith and Andrea, Chris and Tracey Hollar spent Tuesday with Mr. and Mrs. Charley Hamon of Cumberland, Ky.

Harold Mattox, Lexington, visited with Mr. and Mrs. Fred Hollar and Mr. and Mrs. Layne Hollar on Wednesday.

Congratulations to Mr. and Mrs. Eddie Roy Traister of Cynthiana on the birth of two daughters, Jennifer and Jackie Ann, on Monday.

Misses Ragonia Mattox, Sandy Coats and Kathy Hopkins, students at Morehead State University, spent the weekend with their parents here.

Miss Halvay Griffin was Saturday supper guest of Mr. and Mrs. Roy E. Soapp.

Mrs. Thomas Gaunce and Juanna Mattox spent Sunday with Mr. and Mrs. Vaughan Mattox.

Mrs. Chester Mattox and Ragonia visited Mrs. Homer Ward, Paris, on Friday night.

Mr. and Mrs. Fred Hollar spent Sunday with Mrs. Gladys Kenney. They were in Lexington on Saturday.

Normal Gaunce and Mary Lou Smith spent Sunday with Connie Howard. Several from Headquarters attended Mrs. Ed Barteville the past week here. Tommy Fryman was evangelist.

Rev. and Mrs. Howard Livingston, Mrs. Bobby Brady, Mrs. Lucille Clark, Mrs. Joe Reid and Mrs. Louise Ecton attended the Kentucky Conference United Methodist Women's all day meeting at Emanuel United Methodist Church in Ft. Mitchell on Saturday.

Mr. and Mrs. Donald Gaunce of Lexington visited Mrs. W. Andrew Gaunce, Mr. and Mrs. Andrew Grey and Mr. and Mrs. H.A. Gaunce and family on Sunday afternoon.

Miss Elaine Riggs, student at Ashby College, Wilmore, spent the weekend with her parents, Mr. and Mrs. Donald Riggs and Roger.

Mr. and Mrs. Jim Wilson were Sunday dinner guests of Mr. and Mrs. James Wilson Sr. and Billy.

The Nicholas County Fire Department made four fire runs last week according to fire chief Woody Wilson. One was a grass fire near Moorefield, another grass fire ignited near Blue Licks where someone was burning a stack of old tires and wheels. The other two runs were false alarms.

Mr. and Mrs. Taylor Mitchell had as visitors on Sunday and during the week Mr. and Mrs. Earl Bort, Mr. and Mrs. Ed Harp, Lexington, and Mrs. Harold Harp and children, Cynthiana, Rev. Howard Livingston, Mrs. Raymond Green, James White, Gladys Kenney and Mr. and Mrs. Fred Hollar, 289-5407 or the high school, 289-7111.

Each class will meet at 7 p.m. in the Home Economics Department of the high school. Free babysitting will be provided.

For further information call Bonnie Metcalfe, 289-5303 or Martha Taylor, 289-5407 or the high school, 289-7111.

Legion Auxiliary to meet Nov. 16

The American Legion Auxiliary will be held Tuesday night, Nov. 16 at 7 p.m. at the home of Mrs. Thelma Cartwell.

Members are asked to plan to attend and remember the "Blessed cake sale."

Rev. and Mrs. Howard Livingston and children and Mark Ritchie were Sunday dinner guests of Mr. and Mrs. Billy Knipperberg and family.

Mrs. Chester Mattox and Ragonia visited Mrs. Homer Ward, Paris, on Friday night.

Mr. and Mrs. Fred Hollar spent Sunday with Mrs. Gladys Kenney. They were in Lexington on Saturday.

Dough art and pillows to be made

The Nicholas County High School Home Economics Department is sponsoring two craft classes, Monday, Nov. 15, is the night for dough art. Materials for the dough art will be available for a small fee for students to work with. Each student is asked to bring aluminum foil and a cookie sheet from home.

Thursday night, Nov. 18, the class will make ribbon pillows. Materials list for this is available at the high school. Each student is to provide their own materials for this project.

Each class will meet at 7 p.m. in the Home Economics Department of the high school. Free babysitting will be provided.

For further information call Bonnie Metcalfe, 289-5303 or Martha Taylor, 289-5407 or the high school, 289-7111.

Legion Auxiliary to meet Nov. 16

The American Legion Auxiliary will be held Tuesday night, Nov. 16 at 7 p.m. at the home of Mrs. Thelma Cartwell.

Members are asked to plan to attend and remember the "Blessed cake sale."

Rev. and Mrs. Howard Livingston and children and Mark Ritchie were Sunday dinner guests of Mr. and Mrs. Billy Knipperberg and family.

Mrs. Chester Mattox and Ragonia visited Mrs. Homer Ward, Paris, on Friday night.

Mr. and Mrs. Fred Hollar spent Sunday with Mrs. Gladys Kenney. They were in Lexington on Saturday.

Normal Gaunce and Mary Lou Smith spent Sunday with Connie Howard. Several from Headquarters attended Mrs. Ed Barteville the past week here. Tommy Fryman was evangelist.

Rev. and Mrs. Howard Livingston, Mrs. Bobby Brady, Mrs. Lucille Clark, Mrs. Joe Reid and Mrs. Louise Ecton attended the Kentucky Conference United Methodist Women's all day meeting at Emanuel United Methodist Church in Ft. Mitchell on Saturday.

Mr. and Mrs. Donald Gaunce of Lexington visited Mrs. W. Andrew Gaunce, Mr. and Mrs. Andrew Grey and Mr. and Mrs. H.A. Gaunce and family on Sunday afternoon.

Miss Elaine Riggs, student at Ashby College, Wilmore, spent the weekend with her parents, Mr. and Mrs. Donald Riggs and Roger.

Mr. and Mrs. Jim Wilson were Sunday dinner guests of Mr. and Mrs. James Wilson Sr. and Billy.

The Nicholas County Fire Department made four fire runs last week according to fire chief Woody Wilson. One was a grass fire near Moorefield, another grass fire ignited near Blue Licks where someone was burning a stack of old tires and wheels. The other two runs were false alarms.

Mr. and Mrs. Taylor Mitchell had as visitors on Sunday and during the week Mr. and Mrs. Earl Bort, Mr. and Mrs. Ed Harp, Lexington, and Mrs. Harold Harp and children, Cynthiana, Rev. Howard Livingston, Mrs. Raymond Green, James White, Gladys Kenney and Mr. and Mrs. Fred Hollar, 289-5407 or the high school, 289-7111.

Each class will meet at 7 p.m. in the Home Economics Department of the high school. Free babysitting will be provided.

For further information call Bonnie Metcalfe, 289-5303 or Martha Taylor, 289-5407 or the high school, 289-7111.

Place Your Order Now

Live Christmas Trees

White Pine — Norway Spruce — Hemlock

Fresh Wreaths — Boxwood — Pine

Decorated or Undecorated

Law's Blue Star

Lawn and Garden Center

1 Mile From Millersburg on Route 68 Phone 484-2142



Hard to believe, but true!

You must build a wall 86 face bricks thick to have the same thermal protection in your home as just one 6-inch batt of insulation.

Adequate insulation resists the flow of heat and keeps in the energy you pay for.

66% of all energy used in the home goes for heating. So, no matter whether you heat with electricity or other fuels, don't overlook insulation.

November 8-13 is Energy Conservation Awareness Week in Kentucky. Do your part.

KENTUCKY UTILITIES COMPANY

Electricity... Use It Wisely!

Abraham's Ladies Shop

"Christmas Magic at the Sewing Basket"

60" Metallic Knit 40" Velvet Holiday Colors

Materials for Holiday Crafts

The Sewing Basket

Lucust St. Phone 289-5423

Gibson Holiday Party Papers

Fabrics—Notions—Cards

IDEAS TO ENHANCE YOUR Thanksgiving TABLE...

- NAPKINS
- CENTERPIECES
- CANDLES
- CANDLE RINGS

ALSO FOR YOUR FRIENDS & FAMILY...

- GREETING CARDS
- RUSSELL STOVER CANDY

Hopkins Drug Co. Your Prescription or speciality

498-3840 GROWERS 498-3932 FARMERS

It Pays To Sell Your Tobacco In Mt. Sterling

Led the Entire Burley Belt Market in 1975-76 Season.

Mt. Sterling Tobacco Warehouse Association

498-0212 CLAY'S HOME 498-2388

Prepare yourself--metric system on the way

[Editor's note: First of a series of five articles on the metric system.]

by Cecil Peades

We might as well get ready for it. Within a few years, physical fitness buffs will be jogging two kilometers a day, weight watchers will be starting themselves to try to lose five kilo-

grams, motorists will be figuring how many miles to the liter their cars are averaging, and almost everyone will be praying that the temperature in August doesn't go too far above 27 degrees.

All this will happen because last December Congress passed a law establishing the metric system as the official system of weights and measures in the United States.

In passing the law, Congress established a 10-year transition period in which to make the full conversion. But Dr. Charles Thompson, professor of education at the University of Louisville and an expert on the metric system, says Americans will find metric creeping into their daily lives more and more often in the near future.

In fact, sharp observers will notice that the metric system has already made its entrance into American life.

Thompson noted. Automobiles are beginning to use metric; the Chevrolet, in fact, is almost totally metric. Weight markers on a large number of food packages are now listed in both grams and ounces. Smokers know how many milligrams long their cigarettes are and how many milligrams of tar one of them contains. And many hardware stores report that as many as 25 percent of the wrenches and drill bits they sell are metric.

No doubt, there will be a good deal of grumbling as people find themselves perplexed by the intrusion of a strange measuring system. But those who accept the system and begin now to "think metric" should have no trouble coping with the change, Thompson said.

Most people involved in the switch

firmly believe it is necessary and should have been made years ago. Thompson said. The United States today is among only a handful of nations that have not already made the full conversion to the metric system, and it is the only industrialized country in the world that has not adopted the English system of weights and measures.

The metric system, which has already moved into the metric column in many metric is much easier to work with than the English system. Most Americans are used to.

A brief examination of the two systems shows that they've begun with the English system. The smallest whole unit of distance is the inch. It takes 12 inches to equal a foot, three feet to equal a yard, 5 1/2 yards to make a rod, 40 rods to make a furlong, and eight furlongs to make a mile.

The same sort of random, confused situation exists when dealing with weight, dry volume, liquid volume and area. And when one also considers that there is no logical relationship between inches and quarts or between quarts and pounds—or that a liquid ounce is not the same as an ounce of weight—it's no wonder people so often find themselves hopelessly perplexed.

The metric system, on the other hand, is simplicity itself. There are only a few basic units which need to be learned, and because it is a decimal system, it is much easier to convert from one unit to another.

For example, there is the basic unit of distance, the meter. A meter (which is slightly longer than 39 inches) can be divided into 10 decimeters, and a decimeter can be divided into 10 centimeters, which in turn can be divided into 10 millimeters.

Going the other way, 10 meters equal a dekameter, 10 dekameters equal a hectometer, and 10 hectometers equal a kilometer.

The prefixes are always the same whether one is dealing with distances, volume or weight. Thus a liter—the basic unit of volume which is slightly larger than a quart—can be divided into deciliters, centiliters and milliliters or multiplied into dekaliters, hectoliters or kiloliters.

The same is true of the gram, which is the basic unit of weight. However, because a gram is so small (about a third of an ounce) for most practical purposes most people will find themselves dealing almost exclusively with kilograms, one of which equals about 2.2 pounds.

Because the metric system is a decimal system, converting orders to centimeters or grams to kilograms or milliliters to dekaliters does not require any complicated multiplication or division; one simply needs to move a decimal point to the right or left.

Temperatures are even easier. About all one needs to remember is that on the Celsius (not Centigrade) scale water freezes at zero degrees and boils at 100 degrees.

In fact, Thompson said there are only a few units a person needs to be familiar with in order to get along easily with the metric system. Those are the meter, centimeter and kilometer for distance; the liter and milliliter for volume; and the gram and kilogram for weight.

Once a person becomes familiar with

these new terms and begin visualizing objects in terms of metric rather than English measurement, he is likely to find it much easier to get along in the

everyday world than it was with the old system.

Future articles in this series will outline the history of the metric system,

explain how the conversion will affect people in their everyday lives and tell what is being done to make the switch as painless as possible.

Next: How the metric system is going to change the way we do things around the house and when we take shopping trips.

RECAPITULATION SHEET — NOVEMBER 2, 1976

PRECINCTS	PRESIDENT		VICE PRESIDENT		REP. IN CONG. CO.-JUD.		JUDGE COURT OF APPEALS		BOARD OF EDUCATION		QUORUM
	REP.	DEM.	REP.	DEM.	REP.	DEM.	REP.	DEM.	REP.	DEM.	
BRADGENTERS	157	23	117	1							
BRIDGEMAN	179	21	172	6							
MEERL	174	36	165	4							
MORREVELL	213	27	207	1							
EAST UNION	214	42	172	42							
NORTH OFFICE	215	107	213	2							
INDICE CROSS	442	176	277	165							
NATHAN	212	61	151	61							
CITY MILLING	423	21	21	2							
CITY MILLING (SCHOOL)	212	61	151	61							
MACHINE TOTAL	217	217	217	217							
BARRETT	212	25	187	25							
TOTAL	212	212	212	212							

It's 12 1/2" longer than a Chevy Caprice.

The new FORD LTD is longer on comfort, handling and ride

77 Ford LTD II 77 Ford Thunderbird 77 Ford Pickup

Your Ford Dealer goes to greater lengths... for you.

FORD

FDAF

The fragrance she'll always remember... the name you'll never forget!

A \$5.00 GIFT of PICCOLO MONDO

After Shave/Cologne

Check our well stocked Gift Counter now for the unusual. Ask, if it isn't there, we will special order.

S-E-X-I MUSK GRASS OIL

S-E-X-II

Limited Quantities Regular \$6.00 Natural Spray \$7.25

Carter's MEN'S CLOTHIER CARLISLE, KY. 40311