NEXT WEEK'S HOROSCOPE

By Clare R. Pollan

FOR WEEK BEGINNING MONDAY, MAY 10, 1976
If your birthdate occurs this week . . .

Aries | Mar. 21 - Apr. 19 | Pluto ♇
You are amiable, sensitive, sympathetic and draw people to you with their problems. You take responsibilities seriously and will achieve success.

Taurus | Apr. 20 - May 20 | Venus ♀
Your wisdom is at a peak now, and this makes your financial chances good. Push your luck! It's possible to clinch a deal now being negotiated. Excellent time for party-giving or attending functions. You seem to be going over old letters in a nostalgic mood.

Gemini | May 21 - June 20 | Mercury ☿
Don't let grass grow under your feet this week. Make new contacts among young and energetic people. Set out to create a new impression and you'll succeed. Your skills are highly valued. Don't pass up a chance to demonstrate your expertise. Watch your spending.

Cancer | June 21 - July 22 | Moon ☾
Use this week to put things in order, create better methods for work and add efficiency to home or office chores. The ingenuity a youngster shows over money will please you. Shop in familiar outlets. Refrain from taking decisive steps. Give a little, gain a lot.

Leo | July 23 - Aug. 22 | Sun ☉
Depression can come from any much monotony in work, but cheer up, for as the week progresses, excitement is due caused by a new person in your work area. You need a change of scene. Travel if possible. Clean up clutter in desks and closets; bring files up to date.

Virgo | Aug. 23 - Sept. 22 | Mercury ☿
A week to be careful, cautious! Take good care of any pet you may have. Don't take any chance of an accident. A slight tendency toward nervous tension is indicated, perhaps due to mistakes over money. Avoid taking on more than you can handle. Resist temptation.

Libra | Sept. 23 - Oct. 22 | Venus ♀
Be sure to stay with your plans for the week. Don't fall behind schedule. Allow no one to sidetrack you and keep to the line of your pattern for progress. Social activities may flourish and the cost may be high. Visit places where well-known people congregate.

Scorpio | Oct. 23 - Nov. 21 | Mars ♂
You'll meet an interesting new person who will show the capability to be a true friend. Prize this friendship and hang on to it, for it will be of great value later. Unexpected expenses may arise this week. Check wardrobe. Consider new and fashionable apparel.

Sagittarius | Nov. 22 - Dec. 21 | Jupiter ♃
It's time to procure up! Do whatever will improve appearance, and in doing so try to please someone romantically inclined. Courtship, entertaining and new friendships are emphasized. Show hospitality to those you love and respect. Put wasted money to better use.

Capricorn | Dec. 22 - Jan. 19 | Saturn ♄
This is a week to turn attention to serious matters and make plans for future. Follow through on your good ideas and listen to your intuition for advice. Creative work, especially writing or painting, are favored. Accent is also on dancing, music and sports.

Aquarius | Jan. 20 - Feb. 18 | Uranus ♅
Your charm and personal magnetism are heightened by friendly aspects. Others will find your company enjoyable and your activities will increase. Keep expenditures within limits of common sense. Visit the ill and lonely. Watch expenses, as they tend to rise sharply.

Pisces | Feb. 19 - Mar. 20 | Neptune ♆
This should mark a period of great activity. You will find plenty of energy to do whatever you want and a measure of good luck should make things easier. There is some spitefulness going on among your friends which tends to concern you. Watch diet, get more exercise.

McNaught Syndicate

MAGICWORD

HOW TO PLAY: Read the list of words. Look at the puzzle. You'll find these words in all directions — horizontally, vertically, diagonally, backwards. Draw a circle around each letter of a word found in the puzzle then strike it off list. Circling it will show a letter has been used but will leave it visible should it also form part of another word. Find the big words first. When letters of all listed words are circled, you'll have the given number of letters left over. They'll spell out your MAGICWORD.

PUZZLE'S ARE PUZZLING CLUES — **Sol: 9 letters**

A—Across, Amuse, Anagrams, Answers, Author; B—Black, Books; C—Close, Clues; D—Daily, Dashes, Dates, Define, Dot, Down; E—Easy, Enjoy, Explain; F—Fan; G—Greek; L—Latin, Letters, Limit, Line; N—Numbers; P—Pencils, Popular, Prizes; R—Research; S—Sh:rp, Spaces, Spellers, Squares; T—Teasers, Time; U—Usage; V—Vague, Varieties; W—White

ANSWER NEXT WEEK
Last Week's Answer: CONVERSION — **208**

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E	H	C	R	A	E	S	E	R	S	E	C	A	P	S
V	U	S	K	S	R	E	L	L	E	P	S	S	L	N
A	S	G	C	O	N	O	M	M	C	Q	P	I	I	
R	H	D	A	S	H	E	S	N	E	U	O	W	M	A
I	A	L	L	V	S	U	A	A	A	P	T	H	I	L
E	R	S	B	N	E	F	S	R	U	S	P	I	T	P
T	P	R	Y	I	T	Y	E	L	S	R	S	T	D	X
I	I	E	O	T	A	S	A	R	I	E	L	E	E	E
E	S	W	J	A	D	R	E	Z	S	S	I	E	F	A
S	E	S	N	L	E	B	E	O	K	A	C	M	I	U
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N	L	A	U	U	D	O	W	N	O	T	E	T	E	H
I	C	M	N	Y	L	I	A	D	B	D	P	R	S	O
L	A	A	C	R	O	S	S	E	G	A	S	U	G	R
A	N	A	G	R	A	M	S	S	R	E	T	E	L	

Dear Debbie

Letters to DEBORAH WHITE

DEAR DEBBIE:

For years my husband and I had a beautiful sex life. We raised two wonderful children who are themselves married, and then the sexual revolution comes along. Every book written seems to be a new revelation for the poor unsatisfied masses. There's a sexual clinic attached to almost every hospital, and every week my husband tries to figure out whether we are really sexually happy or not. He has a new theory about how to heighten our pleasure every day! Where were all these doubts when we were a young and normal couple? I think we're a perfectly normal older couple with a perfectly normal appetite for sex. He doesn't think so. And I can't convince him otherwise.

A WIFE

DEAR WIFE:

The research that Masters and Johnson started several years ago that gave birth (no pun intended) to more and more delving into the habits and practices of our sexual being, was long overdo, and vitally necessary to our society. It has helped many to just get in touch with their feelings. I don't know what your husband is going through, but why not relax and enjoy experimenting with him? Have you got something better to do?

* * *

DEAR DEBBIE:

We moved into a new neighborhood around three months ago and when one of the women on the block dropped in to welcome us, I was overjoyed. She brought cake and I made coffee and she introduced me to several of the other ladies in the neighborhood. Now I am not able to get rid of her. Isn't there some way I can graciously end her daily drop-ins so I can get some of my work done? I love to sew, but haven't been able to start one thing since this woman arrived on the scene. Now she wants to get together in the evening with our husbands! When I told my husband about it he refused.

IRMA

DEAR IRMA:

There's always someone around who's perfectly willing to run your life for you if you're willing to let them. Next time your friend calls and you can't see her tell her you can't see her and tell her in a definite way. If she insists on coming in, continue with what you are doing so she feels she's intruding. If that doesn't work, tell her she'll have to leave, so you can work on some private projects, and do it!

* * *

If you haves a problem, write to me in care of this newspaper. Personal replies aren't always possible, but I'll print letters of widest interest in this column.

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YOU AND YOUR HEALTH

by Peter J. Steincrohn, M.D.

BLOOD PRESSURE OF YOUNGSTERS

Dear Dr. Esse: My 16-year-old daughter is being treated for acne. But I don't recall the doctor ever having taken her blood pressure. Is it because youngsters always have normal pressures? — Mrs. F.

REPLY: Even youngsters should have routine blood pressure checkups. Many have unsuspected hypertension. In some the reason may be glandular, or anatomical, or due to a tumor. But in most with hypertension the reason is genetic and aggravated by smoking and a high sodium intake.

Stanley B. Garbus, M.D., Assistant Professor of Medicine at Louisiana State University Medical Center, has been conducting a screening study of at least 12,000 youngsters between 13 and 19 years of age in New Orleans. He stresses the need to cut down on sodium intake.

He says, in part, in the Hospital Tribune magazine: "Teenagers consume a lot of salt. The so-called 'Potato Chip Syndrome' is well known. But we also stress cutting down on some of the less obvious sodium sources, such as sauerkraut, pickles, or bacon.

* * *

Dear Dr. Esse: Is it true that a persistent, dull, boring pain in the upper abdomen is a sign of cancer? Especially if it comes on after eating? I have had this for at least five years. — Mr. S.

REPLY: It's not likely that your symptoms in the beginning were caused by cancer of the stomach. In five years they would have become worse. But whether it is cancer now that causes the symptoms is anyone's guess.

There are the other usual possibilities: diseased gallbladder (with or without stones); hiatal hernia; ulcer of the stomach or duodenum; chronic pancreatitis or hepatitis, or simply-bad eating habits and a nervous and emotional state that produces hyperacidity and gastritis.

Upper abdominal pain that lasts so long may not be as serious as you think, and I suggest you have a physical examination for the answer.

CALORIE COUNTDOWN

BY SUSAN DUFF MASTRO

FACTS FROM AN AMA DIET EXPERT

Dr. Philip White is the director of the American Medical Association's Department of Foods and Nutrition and, as a result of keeping up with all the latest research data, he is always up to the minute and accurate in his knowledge of the diet scene.

When it comes to reducing pills, there are two varieties and each has its own special problems and disadvantages. Prescription medication to aid in weight loss invariably contains amphetamines or synthetic imitations of amphetamine which have the same side effects — and possibly other harmful attributes which have not as yet been fully researched. The problems with amphetamines are essentially that they're only effective for a short period of time. Dieters can lose weight quickly and seemingly effortlessly at the beginning when they first start taking these pills, but the body's tolerance to amphetamines increases rapidly. Soon, the pills become less effective and sometimes the weight even starts to be put back on while one continues to use the pills. More typically, when a dieter ceases using these drugs, a fast and steady weight gain begins immediately and often the gain exceeds the loss accomplished while taking the pills. According to Dr. White, the side effects of amphetamines can include "addiction, increased blood pressure and insomnia."

The other pills used to control weight are the nonprescription, over-the-counter variety, and the principal problem with these are that they simply are ineffective. Appetite suppressants and diuretics sold without prescription "don't have enough of an effective ingredient to provide a beneficial effect," says Dr. White. "But most of them include a diet plan and the diet is what actually causes the weight loss.

The low-carbohydrate diets, low-fat diets, the seven-day diet, or the 12-day diet will all work, according to Dr. White, as long as calories are reduced and the minimum daily requirement of proteins, vitamins and minerals are included in the food plan. Dr. White believes that the lowest number of daily calories for an individual should be 1,200. "Below that, you run the risk of hypotension or hypoglycemia," he says.

Fashion N Fabrics

By FANNIE GLEESON

BEAUTIFUL FIT WITH CURVED SEAMS

Illustrated is one of those rare coordinated outfits that is flattering to a wide range of sizes, and compatible to a broad span of ages.

One reason for its attractive adaptability is princess seams in the jacket, which provide closer-to body fit, a change from the aging box and the bag. Another is the two-piece set-in sleeve; again, closer fitting. The skirt has two side panels in the front for soft flare and is darted into a waistband for smoothness.

Princess seams shape the fabric over the bust and through the waistline instead of darts and should fit smoothly over these areas. If you use a fabric that drapes, reshape the seam in the curve, tapering it above and below. If the curve is too loose due to a smaller-than-average bust, take in the seamline at the fullest part of the curve, shaping it gently. Follow the reverse procedure for a slightly larger bustline.

If you have a lower-than-average bustline, rule a horizontal line at the fullest part of the bust in the pattern for the side section. Cut through this line. Place paper beneath and spread the two pieces of tissue the amount needed to lower the bustline. Redraw the cutting line.

To compensate for the amount needed at the bustline, you will need to make a reduction at the waistline. Take a tuck in pattern tissue above waistline equal to the amount you extended the bustline.

To raise the bustline in princess styling, reverse the above procedure. Take a tuck at the bustline and make an extension at the shoulder line above the waistline.

In seaming the princess line, staystitch the curve. Use 15 stitches to an inch and stitch on the seam line. Clip seam line of the section with the greater amount of curve, placing approximately every half inch and in fairly close to the line of staystitching. When stitching the sections together, have the clipped section uppermost. Press over a tailor's ham having the notclipped seam over the clipped one.

ILLUSTRATION: Simplicity #7394 — Misses' Skirt in two lengths, unlined jacket and blouse.

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MEDICINE CHEST

by H. BOSWELL YORK, R. PH.

I am taking dopa [levodopa] for the treatment of Parkinson's disease. Are there any other drugs I should not take while I am taking this? - S.H.

There are numerous other drugs which may interact with levodopa. Vitamin B6 may completely reverse the therapeutic effect of dopa. So can reserpine (for high blood pressure). Other medicines which are classified as phenothiazines and anticholinergic drugs may interact harmfully with dopa. If you are taking any of these medicines along with dopa, check with you physician to find the reason. Therapy for this disease is highly individualized.

What is Red Dye No. 2? - Y.W.

Red Dye No. 2 is also known as amaranth. It was discovered in Europe in the late 1800s and has been used in the United States since 1907. It is a coal tar derivative. The Federal Drug Administration has banned its use because studies indicate that it caused an increase in malignant tumors in female rats when they were fed high doses. This could be another cyclamate scare.

* * *

My "Poison Cucumber and Antidote Chart" is suitable for hanging inside a cabinet door. It will tell you what to do first if someone is poisoned in your home or place of business. You can have one by addressing a long envelope to yourself with 13 cents postage on it. Enclose it in an envelope with 25 cents to me, in care of this newspaper.

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The Happy Gardener

HOYA POINTERS

Many hoya gardeners get discouraged because their hoya plants won't bloom. For best blooming, keep hoyas well watered; they're not cacti, remember, although they are succulents, which are related. Bright sunshine is another essential to good flowering. Direct sunlight for prolonged periods can be too much for hoyas, but three to four hours of bright light each day is very important to hoya health. Don't overfeed. Apply fertilizer after watering at regular intervals about four times a year. Also, allow them to become pot-bound.

Never allow the soil to dry out completely. Always use clay pots and water when the top layer of soil appears dry and when the outer surface of the clay container is dry to the touch.

Warm temperatures make hoyas grow best.

Placing them near radiators or heating ducts will dry out the air around them too much, but be sure they are in a warm spot and well protected from drafts. Putting potted hoyas outside in the spring after danger of frost has passed and leaving them there for the summer will make for lush growth. Protect them from direct sun and drying winds, however. Take cuttings of new growth and dip the cut end in rooting hormone and allow them to root in damp medium, such as perlite, for at least two weeks, if you want to propate.

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GET YOUR $ WORTH

By SALLY and JIM ADAMS

REPAIRING YOUR CAR

During these inflationary times, the do-it-yourself trend now includes working with your own hands on your own car. A recent survey of some 1600 car owners found about 60 percent of them doing some of their own maintenance and repairs. It's a lot easier than you think, and the savings are considerable -- about 50 percent. Further, you'll have the satisfaction of knowing the job is done right.

What are some of the things you can do without a degree in auto repair? Oil and filter change - the No. 1 home maintenance job. You can go on to checking the battery, cleaning the air filter and the gas filter. You can learn to replace fuses, headlights and taillights, check fluid levels (power steering, automatic transmission) replace radiator hoses and fan belts. If you really get into it, you can learn to do your own tune-up.

You'll need a few tools, and know-how. One way is to ask a knowledgeable friend or neighbor for help with the simplest tasks, such as an oil change. You can learn a lot from your owner's manual, and that probably has a repair and maintenance section.

Some car makers will sell you a service manual for a couple of dollars or so, and if you want to really dig into the do-it-yourself scene you can buy a shop manual that gives complete directions for every kind of service and overhaul; the order form is usually found in the back pages of the manual.

Finally you can take one of the many auto mechanics courses (some just for women) that are being offered. Check your local adult education centers, YMCA or YWCA and auto clubs.

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CROSSWORD PUZZLE

ACROSS

1. Bowlike line
4. Of a region
9. Kind of nap
12. Philippine tree
13. Expunge
14. In debt
15. Morally instructive
17. Breakwater
18. Reduce drastically
19. Not widespread
21. Untanned hide
23. Label
24. A fact that
26. Literary style
29. — and then
31. — hitter
33. Biting
35. Little child
37. Quote a passage
38. Leading
40. Wheel part
42. Stuff
43. Constituting
44. Mountain pass
46. Unbranched antler
48. Lemur
50. Chides
52. Incite
56. Brush
58. Anvil-site
59. Grk. philosopher
60. French city
61. Place of refuge
62. Attack (2 Wds.)
63. Bath or lamp

DOWN

1. Sums up
2. Speak bitterly
3. Final passage
4. Gold coin
5. Scrap of food
6. — ile
7. British social event
8. The (Fr.)
9. Collected
10. Pointed tool
11. Golf term
16. Solicit
17. Wizardry
20. Mountain top
22. — cheese
24. Records
25. Impart
26. Convenant
27. Soft repetition
28. Jap. island
30. Contention
32. A sip
34. Interior design
36. Exerted, as efforts
39. In spite of
41. Large chestnut
45. Cotton thread
47. Social set
48. Exist secretly
49. Card game for three
51. Topples
52. Jacob's twin
53. Avoid scrupulously
54. Red or Caspian
55. — excellence
57. Jap. statesman
59. Postscript (Abbr.)

Answer to puzzle 5/3/76

5/3/76

ROCK TRACKS

The ROLLING STONES' new single, "Fool to Cry," backed with "Hot Stuff," is really taking off. Both sides are from their new "Black and Blue" LP . . . Lots of other good singles also around: JOHN SEBASTIAN's "Welcome Back," theme from the "Welcome Back, Kotter" show, grows more ingratiating with each listening, as does "Happy Days" from the show of the same name . . . But the best single we've been listening to is still ELVIN BISHOP's "Fooled Around and Fell in Love."...Even if you're not a J. GEILS fan, you gotta admit their new double album, "Blow Your Face Out," is one of the most dynamic around. Recorded live at Detroit's Cobo Hall and the Boston Garden, the excitement of the audience really burst through . . .

ALICE COOPER got married in Mexico. Some friends are hinting the ceremony was a fake. But who knows? Alice won't confirm or deny . . .

1976 McNaught Synd.

ON THE SUNNY SIDE

Glamour Talk by Joy

SPRING-CLEAN YOUR FACE: Make a "soft-scrub" of crushed almonds and honey mixed with a little baby oil. Work in gently, rinse with cool water and watch your face shed its winter layer.

CLASSIFIED ADS

THE PLACE TO LOOK

Mercury Classified Ad Rates

8 Cents Per Word ..... Minimum $2.00
[25 Words or Less]

Display Classified ..... $1.50 per Inch

[Minimum Display Classified 1½ Inches]

NOTICE: We are not responsible for errors in Want Ads, we will rerun without charge corrected ad if notified the following week. Any error or omission of insertions should be reported the week following publication of advertisement. Failure to report by 10 a.m. Tuesday will result in the customer being charged for that or following weeks insertions unless notified by advertiser. The Carlisle Mercury.

FOR SALE

FOR SALE: Minnows, 3 doz. $1.00. Night crawlers, red worms, red wigglers, wax worms. Crickets, soon. Tackle and supplies. Open any time. Wilson's Bait Shop. 113 E. North, 289-5772. 5-6-tfn.

FOR SALE: Tomato plants (Big Boys). Must sell as space is limited. Mother's Day flowers, hanging plants and flowers of all kinds. Open evenings till 9:00. Ramona Wilson, 113 E. North, 289-5772. 5-6-1tchg.

FOR RENT: Furnished apartment. Three large rooms and bath. Private entrance and parking. Phone 289-2061. 5-6-1t*

CARD OF THANKS: I want to thank everyone who helped in any way during the illness and death of our loved one (Mother) for food, cards, flowers, prayers. To Dr. Hanson, Mathers-Shearer Funeral Home, Rev. Sugg, Nicholas County Hospital, and the Nursing Home, nurses, Rev. Tommy Fryman and Rev. Marshall Crouch, everyone who helped in any way. Thanks and God bless everyone. The family of Mrs. Miranda Shannon. 5-6-1tchg.

FOR SALE: SSB Pierce Simpson 23 Channel Citizen Band Radio with side band base and slider. Call after 5 p.m., 674-6444. 5-6-3t*

FOR SALE: 1976 ½-ton Pickup Truck. 3,000 miles. Harry L. Trapp, 289-5351. 5-6-3t*

FOR SALE: 15 cubic foot chest freezer. Like new. $175. 289-2098. 5-6-1t*

FOR SALE: Holland automatic tobacco setter, 3 point hook-up, with double attachments, practically new. Call after 6 p.m., 289-2635. 5-6-3t*

FOR SALE: ½-ton 1965 Pickup, good condition, one owner. 1965 Chevy II Nova, 283 engine, runs good. See or call Billy Gaunce, 289-2341, Carlisle, Ky. 5-6-2tchg.

FOR SALE: Awnings, Patios, Carports, new and used; also aluminum siding. Call Ward Shannon 484-2089 collect for free estimates. 5-28-76*

FOR SALE: 14 ft. Fiberglass Bass boat with seats and 35 horsepower Evinrude motor and trailer. 289-5439. 4-29-3t*

FOR SALE: Aluminum siding, storm windows and doors, carports, awnings. For free estimate phone James Rawlings, 289-2362, or John Hamilton, 289-2362. 4-22-tfn.

FOR SALE OR RENT: Wheelchairs, walkers, adjustable commodes, crutches and canes. Carlisle Drug Co. 4-8-tfn.

FOR SALE: Chemical, Dehalb Seed Corn, and Bulk Garden Seed. Nicholas Feeders Supply, 289-2363. 4-29-2tchg.

WANTED

HELP WANTED: Two or three Framing Carpenters or helpers that are willing to work. Must have own transportation. No drinkers or loafers need apply. Plenty of work and wages commensurate with ability. Call or contact E.H. Frakes, 288 Springhill Dr., Paris, Ky., Phone 987-4848 after 6 p.m. 4-29-3tchg.

FOR RENT

FOR RENT: Available now. Unfurnished apartment, second floor, downtown location. Remodeled in 1975. Garbage disposal. Electric or gas stove hook-up. 289-5365. Mrs. Campbell. 5-6-1tchg.

FOR RENT: Furnished upstairs apartment. Two rooms, hall, bath. Close in. Off street parking. Respectable working lady or girls. Call 289-5408. 4-29-3t*

NOTICE

NOTICE: Will haul water, call 289-2811, Harold Sisle. 5-6-2t*

NOTICE: History of Nicholas County orders being taken for $15.75 (includes tax), plus $1.25 postage if applicable. Mail check to Joseph H. Conley, Courthouse, Carlisle, Ky. 40311. After June 15, history will cost $21.00. 5-6-2tchg.

NOTICE: Attend the Sixth Annual North Middletown Charity Horse Show Saturday, May 8, 4 p.m. School grounds North Middletown. Proceeds to Community Park. 5-6-1tchg.

NOTICE: Barn building and repair of all types. Call 606-498-4478 after 7 p.m. 5-6-1t*

NOTICE: Thomas O'Bannon is in charge of Henryville Cemetery. See me and no one else as to payment, etc. Contact Thomas O'Bannon, 289-5483. 4-22-3t*

NOTICE: Horseshoeing and trimming. Call Michael Quinn, 289-5663. 4-22-4t*

NOTICE: All type of wallpaper and paint for almost any need. Reid & Vice, Inc., 289-5279. 4-22-3tchg.

NOTICE: Chemical spraying service for lease. Nicholas Feeders Supply, 289-2363. 4-29-2tchg.

NOTICE: Don't do any blacktopping until you see Grover McFarland, at Paris, phone 987-4115; night, 987-3111. 18 years experience.

Conway and Catherine Todder farm on Cassidy Creek. 5-20-76*

Keith Hardwick Farms. 9-4-76*

EXECUTRIX NOTICE

All persons knowing themselves to be indebted to the estate of Lester Eugene Wagoner, deceased, will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorney) for payment. Mary Wagoner, Executrix, of the estate of Lester Eugene Wagoner, deceased, Conley & Conley, attorneys. 4-29-3t*

ADMINISTRATRIX NOTICE

All persons knowing themselves to be indebted to the estate of Leonard W. Fite, deceased, will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorney) for payment. Lucille S. Fite, Administratrix, of the estate of Leonard W. Fite, deceased. Charles M. Cox, attorney. 4-29-3t*

ADMINISTRATOR NOTICE

All persons knowing themselves to be indebted to the estate of Oma Waggoner, deceased, will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorney) for payment. Roy Waggoner, Administrator, of the estate of Oma Waggoner, deceased. Charles M. Cox, attorney. 4-29-3t*

RESOLUTION

The following resolution was passed at the regular meeting of the Nicholas County Farm Bureau Monday night, April 26, 1976.

Be it resolved that Raymond House, a Farm Bureau Board member of long standing, be honored for his faithful and devoted service to his community and county through Farm Bureau. He was regular in his attendance, active in support in worthwhile causes, and was a leader in Little League for boys.

His active leadership in the Farm Bureau Program will be greatly missed by his friends and colleagues.

A copy of the Resolution be made a part of the minutes of the body. A copy sent to his devoted wife and to the Carlisle Mercury. Signed, Farm Bureau Directors. 5-6-1tchg.

CARD OF THANKS: Thanks to all my friends and neighbors for their kindness, flowers and cards, the pastors for their prayers, the doctor and nurses of the Nicholas County Hospital. God bless each of you. W.H. Campbell. 5-6-1t*

POSTED

All persons are hereby notified not to trespass, fish, hunt; trap or shoot upon the land of the undersigned. Any person caught trespassing in violation of this notice will be reported to the Sheriff and prosecuted to the fullest extent of the law. It is necessary that we take this step to protect our property and wildlife.

Conway and Catherine Todder farm on Cassidy Creek. 5-20-76*

Keith Hardwick Farms. 9-4-76*

OFF THE WALL

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A pressure canner gauge tester is available at the Extension Office to check the accuracy of pressure canners.

Kentucky reflections

-Elkton-
by George Street Boone

The accumulating support in Kentucky for Jimmy Carter's presidential candidacy is impressive. The governor, the mayor of our largest city and the county judge of our most populous county have joined with a number of prominent Democratic figures to endorse Governor Carter.

At one point, Governor George Wallace was considered a serious candidate for the Kentucky elections, and the usually conservative and southern-oriented First Congressional District seemed likely to be a bastion of strength for his campaign. In addition, discontent about busing in Jefferson county seemed to provide a political climate that might deliver a busload of convention delegates for him. His defeats in the primaries in North Carolina and Florida, however, demonstrated, as columnist David Broder observed, that the Wallace appeal had somehow stalled or become outmoded. His losses could not be explained as the result of the opposition of the liberal press or of pointy-headed intellectuals. Wallace's earlier political base among southern voters had apparently eroded, seriously or been preempted by Governor Carter.

Some felt the early support for Carter in Western Kentucky was an attempt to get on a bandwagon leading out of Wallace Country. Carter looks and sounds like a winner and the activists want a winner.

In the course of his political career, Carter has managed to be on several sides of many issues. It is conceded he ran a racist campaign for Governor of Georgia and then had an administration free of racism.

Some of the liberal Eastern press has been sharply critical of vague statements of policy and earlier positions which Carter now disowns. Reportedly, he favors repeal of right to work laws although he never tried to repeal Georgia's and ran against regnal in 1970. He is "totally opposed to abortion," but does not favor a constitutional amendment on it. Although in 1972 he praised a Georgia legislative resolution calling on Congress to pass a constitutional amendment to ban busing, now he says he does not favor such a constitutional amendment, although he is against busing.

The Carter speeches in the Florida campaign stressed that the American People are honest, true and faithful, deserving a government as honest as they. As candidate, Carter promises a government as good, honest, decent, fair and truthful, as compassionate and idealistic as the American People. "If I ever tell a lie, if I ever mislead you, if I ever betray a trust or confidence, I want you to come and take me out of the White House . . ."

Robert Penn Warren's book, All the King's Men, a title wryly reminiscent of the recent **All the President's Men**, concluded that Willie Stark's power to persuade people was convincing them that he was just like all the rest of us—only more so. A conspicuous piety serves to turn off some people, but many relate well to it.

As one commentator has observed, Murphy's Law says that you can fool some of the people all of the time and all of the people some of the time and this is usually enough. Well said, but the American People—all people—deserve more.

Kentucky has first disaster warning system

WASHINGTON—"It just goes to show you the influence that a single individual can have."

That's the way Senator Walter (Dee) Huddleston explained developments that led to Kentucky acquiring the nation's first statewide VHF-FM radio disaster warning system, which is scheduled to be operational by May 1.

Huddleston, who spent two years working on the project, became involved a few weeks after disastrous tornadoes hit Kentucky on April 3-4, 1974, killing 72 and causing property damage in the millions.

Mrs. William B. Schmidt of Elizabethtown, a hometown friend of the senator, read an article in the Louisville Courier-Journal Sunday magazine by John Ed Pearce recapping the disaster.

Pearce noted the existence of a government-sponsored radio disaster warning system, but pointed out that Kentucky did not yet have a statewide broadcast station. More than 50 were located in other parts of the country.

Mrs. Schmidt wrote Senator Huddleston asking "Why not?"

The senator put his staff to work on it, and they reported Kentucky was not scheduled for inclusion in the system until 1980 or 1990. Huddleston thought that was unacceptable, so he began pressuring federal officials to implement the system faster.

Finally, the senator persuaded his colleagues on the Senate Appropriations Committee to approve language directing the National Weather Service (N.W.S.) to speed up nationwide installation.

In the meantime, Senator Huddleston began working with state officials—including Governor Carroll—who were developing the Kentucky Emergency Warning System (KEWS).

From those discussions came the idea for using Kentucky Educational Television towers to provide blanket coverage in the state in a single system.

"I didn't have a lot of trouble selling the plan," Huddleston added. "I don't know whether it was a matter of having a plan they could not refuse, or whether they were just tired of hearing me complain. In any event, we finally achieved our objective."

So what started as a simple inquiry from a constituent grew into the nation's first statewide disaster warning system, with broadcast towers in Mayfield, Bowling Green, Louisville, Lexington, Somerset, Hazard, Ashland, Covington, and one in Evansville, Ind.

The new system will enable the National Weather Service to provide almost instantaneous warning of bad weather or other natural disasters.

It will work like this: once information on the pending bad weather condition is received, an official of N.W.S. can instantly send out a radio signal activating alarms found in special receivers, or in some home and car radios.

Following the alarm, the official can immediately broadcast a warning, giving the nature of the disaster and direction of the bad weather. It would be especially useful during tornadoes.

Receivers for this weather warning system can be purchased for between $20-$100. Huddleston warned, however, that buyers should make sure the receiver works in his particular geographical location before actually buying it. Because radio signals are affected by mountains and other structures, some receivers may not work in certain areas.

"I am confident, however, that if we had had this system in 1974 some lives could have been saved," Huddleston added.

The senator said this experience "should be a lesson to everyone out there who thinks no one will listen to him or her." If Mrs. Schmidt had not written him, Huddleston added, Kentucky would not be on the verge of having the nation's best disaster warning system.

"So if you have a good idea, write me a letter; who knows, it may develop into another major project," Huddleston concluded.

Fire grants are available

FRANKFORT—Grants to assist rural fire departments to upgrade their equipment will be made again this year according to Harry Nadler, director of the division of forestry in the Kentucky Department for Natural Resources and Environmental Protection.

The grants are available to communities with less than 10,000 in population in the form of 50-50 matching grants. Nadler said that $59,400 in grants is available this fiscal year. Last year, $62,400 was portioned out to 54 rural fire departments.

The three-year pilot program is designed to identify needs and solutions to problems faced by rural communities in conducting a fire protection program and to upgrade their fire protection capabilities.

Nadler said the funds will be distributed on a need basis. Special consideration will be given to present protection level, ability of the community to help itself, values protected and past fire occurrence.

For additional information and application blanks, interested fire departments should contact Harry Nadler, Director, Division of Forestry, Kentucky Department for Natural Resources and Environmental Protection, Frankfort, Ky. 40601.

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