

Kay's Kitchen

— By Kay Fisher —

One really has to do some mental gymnastics to come up with a meal that is different and your family will enjoy. After all it is an everyday job. Here is one you may have had recently or a long time ago and just forgotten about.

Out round steak into serving pieces, salt, pepper and dredge in flour. Brown in heavy skillet with cooking oil, turning meat as it browns. Cover with well fitting top, cook slowly. When moisture begins to form around meat, slice beef into onion over meat, season and continue to cook. Turn heat about 2 hours. Turn several times while cooking. When meat is tender, gravy and onions should be just thick enough. Place meat on platter, cover with wide noodles (cooked according to directions). Pour gravy and onions over all. You may prefer potatoes or rice as a side instead of noodles. Serve with tossed salad or green vegetable.

Since this main dish meal more or less just "punks" along for two hours or more, and you have to be there, you might want to make a dessert. Rubarb is now on the market and it really is a great thing to eat.

If you make good pastry, use your own recipe. If you happen to be one of those who "freeze" at the thought, you can find good frozen pastry shells at your grocery. Should you feel brave and want to try one more time, try this pastry recipe.

2 cup flour, 3/4 cup shortening, 1/4 cup cold water (about), 1 teaspoon salt, 2 cups sliced flour. Take out. Add water, keeping the pastry easy to handle. Divide in half. Roll 1/8" thick for bottom crust. Add 1/4 cup dried rhubarb, 1 1/2 cups of sugar, 6 tablespoons flour and dust with butter. Cover with lattice or full top. Bake at 450 degrees for 10 minutes. Reduce heat to 350 degrees and bake about 30 minutes.

If time is short try this. Bake a frozen pie with lattice or full top. Bake at 450 degrees for 10 minutes. Reduce heat to 350 degrees and bake about 30 minutes.

You may mix the dry ingredients the day before, then add liquid just before baking. Don't forget to take out that one cup for the topping.

You might like to try this.

NUT BREAD

1 egg
1 cup sugar
1 cup sweet milk
3 cups sifted flour
1 teaspoon salt
2 tablespoons butter
1 cup nuts
3 teaspoons baking powder

Cream butter, add sugar, cream well, add beaten egg. Sift flour, baking powder and salt together. Add the milk alternately with the flour, then put in the nuts and fold into buttered pan dusted with flour.

This is a good way to use leftover chicken. Turkey is equally good.

COFFEE CAKE

Serve this for Sunday morning

Woman's Club meets Monday

The Carlisle Community Woman's Club will meet Monday, March 22, at 7:30 p.m. at the home of Mrs. Harold Letton.

The International Affairs Department will be in charge of the program and will present Dr. Prithvi Sabharwal of the University of Kentucky as guest speaker.

Spiritual values will be given by Miss Joseph F. O'Connell. Co-hostesses for the evening will be Mrs. Charles Hopkins and Mrs. Wayne Shaw. The following members attended the Kentucky Federation of Women's Club.

Baptist youth seeking jobs

The youth of the Carlisle Baptist Church will be available this Saturday, March 20, to do odd jobs for you. You may wish to have windows washed, yard work done, etc. No set charge will be made, but if possible, you can make a contribution to the youth fund to pay for summer activities.

If more work is requested than can be completed in one day, the youth will work on Sunday. For further information turn to the front section of The Carlisle Mercury classified page.

Mrs. H. V. Cleaver is incentive for showers

Miss Sandra Clavier, bride-elect of Michael Boothe, has been honored with the following showers.

Mrs. Tommy Ruckelshaus and Mrs. Chester Ockerman hosted a miscellaneous shower Feb. 13 at the home of Mrs. Chester Ockerman. A kitchen shower was given Feb. 20 by Mrs. James Wood and Miss Mary Ann Wood.

On Feb. 28, David Ritchie and Mrs. William Wilson had a miscellaneous shower at the home of Mrs. Wilson.

Miss Cleaver and Mr. Boothe will be married April 8.

Family dinner for grandson

Mr. and Mrs. Nelson Fryman entertained with a family dinner at their home Sunday, March 14, in honor of their grandson, 20 1/2 Gary Curtis, son of Mr. and Mrs. Paul Curtis of Covington. He is home on a 19 day leave from Germany. He has been stationed the past year.

Those attending the dinner were Mr. and Mrs. Ruckelshaus and children, Greg Ronda and Matthew; Mrs. Janet Lyons and children, Debbie, Sandy, Billy and Cindy; and friends, Harold Bark, Mr. and Mrs. William Zornes and sons, Scotty and Steven, all of Nicholas county, and Mrs. Paul Curtis of Covington.

Nico Boosters BAKE SALE

Saturday, March 20

8:30 a.m. till 2 p.m.

at

ahmoe's Dry Cleaners

Garden Club starts year with luncheon at local library

The Carlisle Garden Club began its year's meetings Monday March 12 at 11 p.m. with a luncheon held in the club room in the basement of the library.

Mrs. William Layson and Mrs. S.M. DeMyer were hostesses.

Using the new equipment, places were set for the 25 members present. Yellow and green cloths were used for the table.

Arrangements of jossaki ferns and other spring flowers centered the tables and were placed through the room.

Mrs. Charles Wilson, president, gave the spiritual values and presided over the business. There was no formal program as various details for the year's programs had to be worked out.

Mrs. Billy Hopkins, Mrs. James Wade, Mrs. Howard Dorsey, and Mrs. Mattie K. Guthrie were welcomed as new members.

Mrs. Evans Brown honored; reception scheduled Sunday

Mrs. S. Evans Brown was the guest of honor at a dinner Tuesday evening, March 9, given by Mrs. A.B. Crouch, Mrs. Joseph F. Conley, Mrs. Teddy Poe, Mrs. Billy Frye, Miss Isabelle Knight, all of Carlisle, and Mrs. Wadsworth Jones and Mrs. William Conley, of Millersburg.

High score was won by Mrs. A.B. Crouch, second high by Mrs. Ralph Shearer and low by Mrs. Billy Frye. Dr. and Mrs. S. Evans Brown will be honored with a reception from 2 to 6 p.m. on Sunday, March 21 by members of the Carlisle Presbyterian Church at the church.

Dr. Brown is retiring from the ministry and he and Mrs. Brown moved to Winchester last week to make their home.

The following guests attended: Mrs. W.B. Parker, Mrs. Ralph Shearer, Mrs. Charles Cox, Mrs. Harry Budden and Mrs. Larry Allison were co-hostesses Saturday, March 13 at the home of Mrs. Allison for a bridge-luncheon in honor of Mrs. S. Evans Brown who moved to Winchester last week.

The following guests attended: Mrs. S. Evans Brown, Mrs. Charles Cox, Mrs. Harry Budden and Mrs. Larry Allison were co-hostesses Saturday, March 13 at the home of Mrs. Allison for a bridge-luncheon in honor of Mrs. S. Evans Brown who moved to Winchester last week.

Shelley Gabriel is entertained

Mr. and Mrs. John Gabriel, Lake Carnio, entertained with a slumber party at their home Friday night, March 12, in honor of their daughter Shelley's 14th birthday.

Births

Mr. and Mrs. Donnie Humphries announce the birth of a baby girl on Friday, March 12, at the Nicholas County Hospital.

The bride-elect of Michael Boothe, has been honored with the following showers.

Art lessons are offered

Beginning Tuesday night, March 23 at 7:30, art lessons will be offered once a week for 10 weeks at Nicholas County Library. Instructor will be Miss Melanie Roemer, Nicholas County Elementary School art teacher.

The first five weeks will be devoted to portrait painting or drawing, and will be conducted at the library. The following five weeks will be landscape painting or drawing. These lessons will be held out-of-door.

Each set of five lessons will be \$12. Persons may take either or both of the lessons. For registration or more information, call Mrs. Taylor Stelling, Librarian, 289-3266.

Wedding is held at Stony Creek

The marriage of Ms. Martha R. Loville, daughter of Mr. and Mrs. Jack Taylor, and Gerald Paul Winchester was solemnized Saturday, March 6, 1976 at the Stony Creek Christian Church. The double tiered ceremony was performed by Bro. Allan Huffman of Owingville. Their attendants were Mrs. Robb Medley, Carlisle, and E.L. Paul, Winchester.

The couple have made their home at 130 Catherine Street, Carlisle.

Scrumptilly-icious

Buy any size DAIRY QUEEN SUNDAE. Say "Scrumptilly-icious." Get a second one FREE

Carlisle Junior Woman's Club will meet at 7:30 p.m. Monday, March 22 at the home of Mrs. Russell Lawrence on Morefield Road.

Mrs. Lawrence to host club

Mr. and Mrs. Donnie Humphries announce the birth of a baby girl on Friday, March 12, at the Nicholas County Hospital.

The bride-elect of Michael Boothe, has been honored with the following showers.

March 18-19 Thursday and Friday

It's America's favorite treat topped with hot fudge or strawberry or any flavor you like. Anything this good has got to be shared. So bring a friend, say "Scrumptilly-icious," and save while this great offer lasts at all participating DAIRY QUEEN stores.

DAIRY QUEEN

CARLISLE WEST MAIN ST.

Reg. U.S. Pat. Off. Am. D.O. Corp. © Copyright 1976, Am. D.O. Corp.



Family Register

CHECKING BOOK PLANS... Jo Westpheling (Mrs. Paul), former Director of Kentucky's Historic Events Commission, checks plans for Kentucky's Bicentennial Family Register with his editor, Kentucky historian J. Winston Coleman Jr., Executive Director of Kentucky Heritage Artists, Robert A. Powell (left) is art director for the Register and Charles Hinds (right), Commissioner of Kentucky Department of Library and Archives, serves as technical director.

Guard's recruiting drive pays off

FRANKFORT—Nearly 800 people joined the Kentucky Army National Guard during a two-month recruiting drive, according to Lt. Col. Armando Alfaro, state recruiting and retention manager.

The drive, initiated by Kentucky Adjutant General Richard L. Frymire, was dubbed "Operation Spirit of '76." Gov. Julian Carroll demonstrated his support by proclaiming February as "Spirit of '76 Month."

"I think that this support at all levels helped us significantly," Alfaro said. "We are in a crucial recruiting year and a successful campaign was essential."

Alfaro explained that several hundred Guardsmen will end their six-year commitment this year and that adequate strength must be maintained to keep the state's present units. The Army Guard now has nearly 6,000 members.

Twenty-seven of the new recruits are women, bringing the total number of women in the Kentucky Army Guard to 100.

That's the greatest number of

FOR SALE FERTILIZER

5-10-15 10-10-10

Ammonium Nitrate

— ALL OTHERS —

Yard & Garden — 50 Lb. Bags

HOME HARDWARE

289-5306 See Bob Faul or Bill Power Main Street

Salute to '76 FOOD SALE

U.S. CHOICE RIB ROAST

lb. **\$1.39**

(First 3 Ribs lb. \$1.49)

100% PURE FRESH GROUND BEEF lb. 79¢

Vacuum Packed

ARMOUR STAR SLICED BACON lb. \$1.29

ARMOUR HOT DOGS 12 oz. pkg. 79¢

MARHOEFER CANNED HAMS 3 lb. can \$5.39

White & Dark Meat 2 lbs.

Swift Premium Turkey Roast lb. \$2.99

All White Meat 2 lbs.

Swift Premium Turkey Roast lb. \$3.59

Boneless (1 1/4 to 2 1/4 lb. avg.)

Swift Premium Half Hostess Ham lb. \$2.39

(3 Forequarters—3 Hindquarters—3 Giblets)

Fresh Chicken Parts Mixed lb. 49¢

Jam or Jelly 32 oz. Jar 99¢

Smuckers Grape 99¢

Kraft Orange Juice 79¢

Creamy, Crunchy 16 oz. Jar

Jif Peanut Butter 79¢

U.S. No. 1 IDAHO POTATOES

10 lb. bag **\$1.49**

FLORIDA CELERY Stalk 29¢

YELLOW ONIONS 3 lb. bag 49¢

VINE RIPE TOMATOES lb. **39¢**

FREEZER QUEEN MEATS lb. **49¢**

CAT FOOD Assorted \$1.99

FREEZER QUEEN MEATS lb. 49¢

BANQUET FRUIT PIES 49¢

DIXIE LILY FLOUR & CORN MEAL 69¢

PURINA CAT FOOD Assorted \$1.99

CHARMIN TOILET TISSUE (Limit 1) 69¢

NESTEA INSTANT TEA 1.39

SMUCKER'S Strawberry & Peach Preserves, Seedless Blackberry Jam 79¢

FLEECY WHITE BLEACH 59¢

Orange Flavored Breakfast Drink 1.69

with 15 - 3 oz. cups

Dixie Bathroom Dispenser 39¢

Lasagna, Beefaroni, Roller Coasters

Chef Boy-Ar-Dee 15 oz. 2/89¢

24 ct. 24 ct. \$1.19

Log Cabin Buttered Syrup 14 1/2 oz. 2/69¢

Hunts Whole Tomatoes 2 lb. 69¢

14 1/2 oz. 24 ct. 99¢

Crinkle or Reg. Cut 2 lb. 69¢

Ore-Ida French Fries 2 lb. 69¢

Golden Griddle Syrup 24 oz. 99¢

Chipsos Potato Chips 9 1/2 oz. 69¢

Kraft Macaroni & Cheese Dinner 29¢

Prelate Pin Salmon 18 oz. 1.59

Hi-C Fruit Drink 48 oz. 2/89¢

Bes Pak Waste Can Bags 68al. 79¢

Smucker's Whole Sweet Pickles 59¢

Hunt's Pear Halves 15 oz. 2/79¢

Hunt's Fruit Cocktail 12 oz. 2/79¢

Hunt's Tomato Juice 48 oz. 49¢

Hot House Leaf Lettuce 49¢

Bananas 2 lbs. 39¢

THE SPIRITS OF QUALITY FOOTDOWN

Open 8-8 Mon-Sat