

Kay's Kitchen

— By Kay Fisher



School is out, the children are home and lunches must be prepared. It is not an easy task but by giving it a bit of thought and some preparation, the task can be lighter. You know the foods your children will eat, so stay within that limit. However you can dress those foods up and make them more appealing and filling. It need not mean extra work for you.

Start by making a basic salad. It can be chicken salad, tuna fish salad, seafood salad, or ham salad. For those who want sandwiches, have a good selection of bread. Either hamburger buns (and there is a variety of them), French bread, rye bread or plain, sliced bread. Have plenty of crisp greens or lettuce, pickles and mayonnaise.

For those who prefer a salad, you are prepared. Serve the salad with croutons, garnish with pickles, green pepper or olives, or serve in peeled tomatoes, quartered, through. Serve with a variety of crackers.

You can even dress up a bologna sandwich. Try this. Spread bread of your choice, add one slice of bologna, tomato slice, and top with slice of cheese. Roll until cheese begins to melt. Slice into pickles. You can do this with a variety of luncheon meats.

A good stand-by to serve for lunch, that please both adults and

children, is cold roast beef sandwiches. Cook a rolled rump roast, well done, and let it get cold before slicing for sandwiches. Serve bread with horseradish and mayonnaise. When roast gets beyond slicing, grind and mix with mayonnaise and minced onion. Instant minced onion, add franks and a good spread.

Of course, sandwiches are a favorite with children, but adults often prefer salads. So if you are making salads be sure they are filling and of generous proportion. If you are making a jelly salad, use plenty of fruit, dried cereal and nuts. Then serve with cottage cheese and dressing. Serve with assorted crackers. Be it fruit or vegetables in the jelly, use enough to make a hearty meal. Strips of sharp cheddar go well with congealed vegetable salads.

If congealed salads do not appeal to you, use vegetable, spaghetti, cooked beans, okra, broccoli, uncooked cauliflower heads, on a bed of lettuce, topped with your favorite dressing and parmesan cheese.

Here are a few more ideas you might try. Mix to grated onion with 8 ounce package of cream cheese, season with a dash of Tabasco sauce and pinch of salt. Place about a tablespoon in center of a boiled ham slice. Spread to edge and roll up. Slice with toothpick. Use about two or three slices of ham per

Local Dairy Day is June 24

Francis C. Capner, Louisville, president of the Kentucky Dairy Association, will speak at the sixth annual Dairy Day program which will be held at Blue Grass Industries cafeteria on Thursday, June 24 at 8 p.m.

Registration, 7 p.m. committee: Mrs. Leonard Soboy, chairman; Mrs. James Platt, Mrs. Marion Davis and Mrs. Quinton McKeown.

Hostesses: Judy Hunter, Rachel Booth and Peggy Taylor.

Worship 8 p.m. Mrs. Edgar Scott, Nicholas County AEA, chairman. Invocation: Rev. H. Dallas Sugg, minister, Carlisle Baptist Church.

United Methodist Church in Oxythiana. Miss Barlow is the daughter of Mr. and Mrs. Greg Barlow of Oxythiana. He has been released from the U.S. Marines and says that he, Mrs. Shewles and son, Donnie, plan to return to Oxythiana, make their home.

Mr. and Mrs. Christine Layton had as their guests last weekend their daughter, Mrs. William Medina and Dr. Medina.

Dr. and Mrs. Allen Hamon and children, Cindy, Tyah and Mark, accompanied their houseguests, Mrs. John Hamon, Gina and Scott and Miss Julie Hausman, all of Amarillo, Texas to Nashville, Tenn. last Thursday. They spent Friday at Oxythiana. The Hamons returned home on Saturday and the Hamons and children and Miss Hausman returned to Texas.

Miss Beth Harper has returned to her home in Oxythiana after having been a visit with her grandmothers, Mrs. Howard Dorsey and Mrs. William Harper. She will be leaving next week for Virginia Beach, Va., where she will do co-op work in Fashion Design Department at the College of William and Mary in Oxythiana.

Miss Clara Shaw has returned to her home in Whitesburg after visiting with her sisters, Mrs. Yousie Shaw and Mrs. D. R. Cameron in Carlisle and friends and relatives in Lexington.

Mrs. Anna Jones fell Saturday at the home of her sister, Mrs. Cordia Hamilton, breaking her leg. She is a patient at St. Joseph Hospital, Lexington.

Mr. and Mrs. William Parker had as their weekend guests at their Lake Carroll home Mr. and Mrs. Merritt Marris of Lexington and Mr. and Mrs. Jake Bell of Oxythiana.

Mr. and Mrs. Frank Goddell spent 11 days in Oxythiana while Mr. and Mrs. Jim Williams and boys were vacationing in Myrtle Beach, S.C.

Mr. and Mrs. Frank Mann have returned to their home in Hollywood, Fla., after spending two weeks with Mann's parents, Mr. and Mrs. Charles Mann Jr. and their relatives, Mrs. Alice Jacobs and Mr. and Mrs. Kimball Booth. Dinner and other meals with the wedding, Mrs. B. O. H. Gardner, daughter, Miss Patricia Carroll Barlow to Dennis Wills without, June 13 at the

Miss Carl, Mr. Becker wed

Miss Georgia Michelle Carl, daughter of Mr. and Mrs. James E. Carl of Paris, and Jeff Becker, son of Mr. and Mrs. Jack Becker of Moorefield, were united in marriage on Saturday, June 13, at 2 p.m., at the Moorefield Christian Church. The Rev. Larry Miracle, of Clyde, Ohio officiated.

The bride, given in marriage by her father, wore a floor length gown of dotted organza with a V-neck, empire waist and tiered caplet sleeves, all accented with Venice lace. Her A-line skirt terminated into a chapel train which was highlighted with a deep purple sash.

Don't forget the ever faithful bridesmaids. They did for a change. A can of chili with beans, a can condensed cheddar cheese soup, two tablespoons instant minced onion and well in large saucepan, add franks and blend slowly to boiling point to blend flavors, but do not boil. Serve on toast. Franks with celery, ripe olives and potato chips.

Here are two frozen goodies for the children.

FROZEN CICLE
1 package Jello
1 package koolaid (each the same flavor)
1 cup sugar
1 cup boiling water
2 cups ice water
Mix well and pour into small paper cup or paper cupcake cup.

When partly frozen insert plastic spoon and freeze until firm.

FUDGE/CICLE
1 package instant chocolate pudding mix
1/2 cup sugar
1/2 cup milk
Beat until thick, pour into paper cup and insert plastic spoon or stick. Freeze until firm.

mint green dotted organza. Each wore picture hats, and carried white wicker baskets. Jeff Taber, of Moorefield served as best man. The ushers were William Paul Carter and Kim Case of Paris. The attendants were matching gowns of



Mrs. Noll hosts bridge guests

The Nicholas County Historical Society requests the pleasure of your company at a bicentennial reception celebrating the publication of the History of Nicholas County on Sunday, July fourth nineteen hundred and seventy-six from two to four o'clock The Nicholas County Library 223 Broadway Carlisle, Kentucky

Class of '46 holds reunion

The Carlisle High School Class of '46 held a reunion Saturday, June 12, marking the 30th anniversary of its graduation from that institution.

The class celebrated the occasion with a dinner party at Carlisle Country Club, arranged by members of the class who presently are residing in Carlisle. Sam Reynolds, serving as toastmaster, introduced class members and their guests.

Present were: Annalee Standiford, Greenville, Lexington; Gerald Lee Vice Esplin, Springfield, Ohio; Howard S. Warner Jr. and Mrs. Warner, Corbin; James H. Burnaw and Mrs. Burnaw, Atlanta, Ga.; Gerald Harlow and Mrs. Barlow, Oxythiana; Alberta Bower Tusey and Dennis Tusey, Cynthiana, and Kathleen Paris McCannan, Xenia, Ohio.

Those from Carlisle who attended were: Sam Reynolds and Bobbie Doyle Reynolds, James C. Cannon and Mrs. Cannon, Dorothy Hughes Marshall and Harrold Marshall, Wanda Linton Pumprey and Ben Pumprey, Janice Rudell Stone and Paul Stone, Betty Crockett Fry and Charles Fry and Virginia Ritchie, Fair.

Members unable to attend are: Norma Ann Bitchie, David Harper, Robert Crawford, Helen Moore, Charles Mathias, Dr. Donald Cameron, Gene Hughes, Louise Hopkins Aldrich, Bobby Whaley, Jean Ivie Hutcheson and Ruby Watkins Elbert.

Mrs. James Noll entertained at her home Thursday night with a dessert bridge. Guests were: Mrs. Billy K. Anderson, Mrs. Roy Deaton, Mrs. Billy Frey, Mrs. Henry Peters, Mrs. Lloyd High, Mrs. Carroll Wallace and Mrs. Walsh Taylor. High score was won by Mrs. Henry Peters.

Marie Chapter to meet Monday

Marie Chapter 259 will hold its regular monthly meeting Monday, June 21 at 8 p.m. at the Masonic Temple, A Lexington Chapter of Rainbow Girls will put on initiatory work for the chapter.

Refreshments will be served after the meeting. All officers are requested to attend in formal attire.

Garden Club to meet

The Carlisle Garden Club will meet at 2 p.m. Monday, June 21 at the Nicholas County Library.

Class entertained with picnic lunch

Mrs. Ribbon Gray entertained her Sunday School class and their families Sunday with a picnic lunch at her home. Those attending were Mr. and Mrs. Charles Cameron, Mr. and Mrs. Roger Stacy, Lexington; Mr. and Mrs. Myrtle Marvin Osborne, Millersburg; Mrs. A. D. Payne and daughter, Carlisle; Mrs. Arnold Payne, Mr. and Mrs. Herbert Stacy and Kyle, Cowan; Mr. and Mrs. J. C. McCord, Mr. and Mrs. Elmo McCord, Bobby and Dorcas, Mr. and Mrs. William McIntire, Pat Grimes, Mrs. Arnold Payne, Mr. and Mrs. James Kilgore, Fleming, and Mrs. Mary and Mrs. Tommy Vico, Mr. and Mrs. Gary McCord and Julie, Miss Vickie Wilcoxon, Mr. and Mrs. Audrey Berrywine, Mr. and Mrs. T. H. Vico, all of Nicholas county; Mr. and Mrs. John Bryant and son, Cowan; and Rev. Ribbon Gray, pastor of Pleasant Valley Church of God.

Just maybe... the ol' boy could use clothes this year.



BAKER'S

Vacation Bible School begin locally



Visiting nuns

These sisters are teaching Vacation Bible School at the Shrine of Our Lady of Good Shepherd, June 14-23. They are Sister Mary Paulina and Sister Mary Cecilia both teachers at Mary, Queen of the Most Blessed, located at Woodly Wilson, Nicholas County. When the fire broke out, Wilson Mary Magdelene of St. Agnes, Covington; and Sister Mary Pauline, Bishop Brassart High School, Alexandria.

The Vacation Bible School program of the Carlisle United Methodist Church will conclude the annual church-wide study that has been in progress this week. The program is to be given by classes of the school for parents and friends on Sunday, June 20 at 7 p.m.

A reception will follow the program given by the United Methodist Women of the Church. Mrs. Leroy Eyrwine has been director of the school.

Jeff Elder almost severs finger Saturday

Jeff Elder, 15 year old son of Don County School, and Mrs. Elder, nearly severed his finger Saturday afternoon, June 12, in a chain-saw accident.

According to the boy's father, young Elder and his brother-in-law, Wade

Gross, were sawing posts on the farm of his grandparents, Mr. and Mrs. Herman Burke, in Bowling. Elder was holding and turning the posts and Gross was operating the chain saw. When Elder turned a post, the saw blade jumped out of the groove, that had been cut and came down on his (Elder's) finger.

He was taken to the Bourbon County Hospital in Paris where Dr. Fred Echeverri sewed it up and put on a cast as the saw had cut into the bone.

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U.S. Choice Beef Ribeye Whole or Half (Sliced Free) **lb. \$2.69**
U.S. Choice Boneless Ribeye Steaks **lb. \$2.99**
U.S. Choice Rib Steaks **lb. \$1.79**
Fresh Picnic Pork Roast 5-7 lb. avg. **lb. 69¢**

Duncan Hines Moist & Easy Snack Cake 13 1/2 oz. **59¢**
Paramount Party Pak Sweet Pickles 32 oz. jar **79¢**
GRADE A EGGS (Limit 2 dozen per customer) **Doz. 49¢**

Banquet Cream Pies 14 oz. **49¢**
Mr. G French Fries 2 lb. pkg. **49¢**
Pro Sweetened Kool Aid 3 Qt. size **39¢**
Just-Rite 10 1/2 oz. **Hot Dog Sauce 4/99¢**

Del Monte Tomato Juice 48 oz. bottle **\$1.49**
Del Monte Tomato Juice 46 oz. can **49¢**
Del Monte Tomato Juice 25 lb. bag **49¢**
Purina Dog Chow \$4.99

Fleecy White Bleach Gal. **59¢**
Yellow Onions 3 lb. bag **59¢**
Florida Oranges 5 lb. bag **79¢**
Yellow Corn 5 Ears **59¢** Far

Cabbage lb. **10¢**
Red Plums lb. **59¢**

Open 8-8 Mon.-Sat