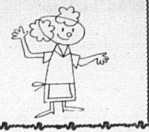


Kay's Kitchen

By Kay Fisher



Since chicken continues to be one of the most economical meats on the market, I've been looking for recipes using chicken. Though it is hard to beat crisp fried chicken, a change is always welcome. These variations may give a lift to your menu.

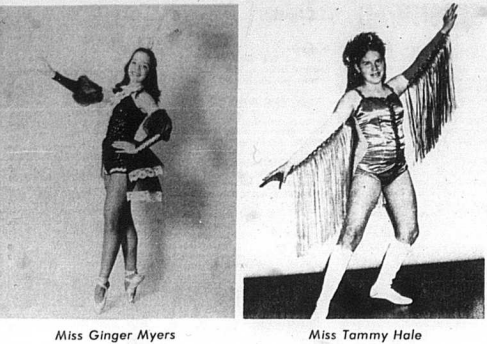
CHEICKEN-A-LAKING
1 cup diced chicken
¼ cup chopped pimento
2 ounces can sliced mushrooms
¼ cup butter
¼ cup flour
1 teaspoon salt
1 cup chicken broth (either from cooking chicken or chicken bouillon)
1 cup rich milk
Sauté mushrooms and green pepper in butter. Blend in flour. Add salt and pepper. Slowly add chicken broth and stirring constantly. Add chicken and pimento and heat mixture until hot. Do not boil. Serve on toasted buns or in pastry.

BRUNSWICK STEW
1 chicken, about 3 pounds, cut in pieces
boiling water
1 teaspoon salt
¼ cup chopped onion
1½ cups green lima beans
2 cups canned tomatoes
1½ cups sweet corn
pepper
1½ teaspoons Worcestershire sauce
Cook chicken with hot water and cook until tender. Add salt, onion, lima beans and tomatoes. Cook 20 minutes. Remove chicken and take necks, about 5 minutes.

meat from bone and cut in bite size pieces, return to stew, add corn, pepper and Worcestershire sauce and cook until thick. If stew seems too thin add a little thickening and taste for seasoning.

CHEICKEN LOAF
Cook 1½ tablespoons of grated onion in 1 tablespoon of butter or margarine for about 2 minutes.
Add 2 cups of cooked chicken, ¼ teaspoon salt, 1 cup cracker crumbs, ¼ cup thickened chicken stock or chicken bouillon, ¼ cup milk, 2 beaten eggs, ¼ cup finely chopped celery, ¼ cup toasted sliced mushrooms. Mix all well and in well greased loaf pan and set in a pan of hot water. Bake in a moderate oven about 30 degrees for about 50 minutes.
Serve with mushroom sauce or sautéed mushrooms.

MUSHROOM SAUCE
2 tablespoons butter
2 tablespoons flour
1½ tablespoons grated onion
stock from 1 can of mushrooms, plus enough water to make 1 can
Season with salt, pepper and add flour and let brown slightly. Add 1½ cups beans and tomatoes. Cook 10 minutes. Remove chicken and take necks, about 5 minutes.



Miss Ginger Myers and Miss Tammy Hale

Two dance students in cancer benefit show

Miss Ginger Myers, daughter of Mr. and Mrs. G.C. Myers, and Miss Tammy Hale, daughter of Mrs. Bobby Tedder and Mr. and Mrs. Lambert Sizer, will perform at 8 p.m. Tuesday and Wednesday evenings, June 8 and 9 in the musical production "Hello America" at the Opera House in Lexington. The production will be presented in three acts, with a special emphasis on the Bicentennial theme in Act I. Act II, called "A Night at the Opera" will bring alive in song and dance such well known operas as Carmen, Madame Butterfly, Don Quixote, Marriage of Figaro, and others.

Piano students perform June 8 in local church

Mrs. Sterling Blake will present her piano pupils in a recital on Tuesday, June 8, at 8 p.m. at the Carlisle United Methodist Church. The following pupils will take part: Nathan Allison, Bonita Barnett, Beth Blair, Andrew Bow, Charles Durrell, My Ann Harper, Lynn Judge, Cathy Lynum, Kathy Lyons, Marcella Lyons, Dawn Ryle, Galen Tolliver and Tracy Tolliver. The public is invited to attend.

Vice-Glass vows exchanged in May

Mrs. Trient Vice of Moorefield announces the marriage of her daughter, Paula, to Eugene Glass, son of Mr. and Mrs. Ben Glass of Nicholas county, at 8 p.m. Friday, May 21 at the home of the bride's mother. Rev. Richard London of Trinity Baptist Church in Lexington performed the ceremony in the presence of 30 close relatives and friends.

Freedom Train

A traditional steam locomotive, a reminder of the glory of American railroading, is one of the major attractions of the American Freedom Train which will arrive for its visit in Carlisle, Ky. at 10 a.m. on June 12th and 13th. Most of the 4.5 million people who have viewed the Freedom Train during its travels across America have shown great interest in the 400-ton Reading Railroad T-7 type steam locomotive.

Clark engagement is announced

Dr. and Mrs. Emery Clark Jr. of Flemingsburg announce the engagement and forthcoming marriage of their daughter, Cyle "Tootsie", to Jerry W. Pickrel of Lexington, Ky. Mrs. Clark is the daughter of Mr. and Mrs. H.W. Bailey of Flemingsburg, Ky. Mr. Pickrel is the son of Mrs. Christine K. Pickrel and the late Sterling Kerns of North Canton, Ohio.

Piano recital set June 7

Mrs. S.M. DeMyer will present her piano pupils in a recital at First Baptist Church on Sunday, June 6 at 3 p.m. The music will be mostly popular with a touch of the semi-classical and classical. Those students participating will be Julie Willis, Melissa Dudley, Kim Smoot, Heather Mathis and Whitney Warner. Other students will be Pamela Goodman, Veronica Goodman, Julie Goodman, Donna Hughes and Michelle Knapp. Rev. Robert Hughes, Jennifer Judy Henry, Parry, Tom Hales and Steve Anderson will also perform.

Granddaughter in dance revue

Miss Nicole West, daughter of Mr. and Mrs. Jim West of Bourbon county, will perform in the Town - Village School of Dance recital June 4 and 5 at 8 p.m. in the Fine Arts Center in Paris, Nicole, five-years-old, is the granddaughter of Mrs. Ruby Bradley of Moorefield.

In preparation for the program each student is expected to be present for rehearsal at 2 p.m. Friday, June 4, at the church. The public is invited to attend the recital on Sunday.

Non-injury accident involves school bus

Reese Smoot, Nicholas County Sheriff, reported a non-injury accident about 4 p.m. Thursday, May 27 on the Scrub Grass Road involving a Nicholas County school bus being operated by Wilbert Winkles and an automobile driven by Mrs. Eva J. North of Route 1, Carlisle.

More money

According to Smoot, Mrs. North's car "went into a slide" as she applied her brakes, causing her to lose control and collide with the bus. The impact did considerable damage to both vehicles.

WANTED

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Day Camp is June 7-11

Nicholas County Girl Scout Day Camp will begin June 7 and continue thru June 11. All registered campers are to meet at the Courthouse daily at 9 a.m. and will return at 3 p.m.

More money

According to Mrs. Phyllis Galt, program director, the theme will be centered around the American Indians, featuring Navaho sand painting, Pueblo pottery making and other Indian crafts. At the conclusion of Day Camp there will be a Father-Daughter Ceremonial Pow Wow at Lake Carnick, which will include an inter-tribal dance by the Scouts and their guests.

FHA chapter holds first executive meeting

The Nicholas County F.H.A. Chapter officers had their first executive council meeting Wednesday, May 27. Nyrl Price, 1975-77 president, presided over the meeting and the other officers decided on dates for other executive council meetings and special upcoming dates. They members and two advisers attended.

Drama Club to meet Monday

There will be a meeting Monday evening, June 7 at 7:30 of the 4-H Drama Club, "Act 1" in the basement of the Nicholas County Library.

The First National Bank

Carlisle, Ky. And Moorefield Branch. Moorefield, Ky. Will be closed Saturday, June 5 In observance of Confederate Memorial Day



Miss Delana Mitchell

July wedding is planned

Mr. and Mrs. Ollie Mitchell of Carlisle announce the engagement of their daughter, Delana Joyce to Billy Dewayne Adams, son of Mr. and Mrs. Billy Adams of Manassas, Va. A July wedding has been planned.

Births

MULLER
Sgt. and Mrs. Kenneth Muller announce the birth and daughter on Saturday, May 29, 1976 at Nellie Ann Forney Base Hospital, Las Vegas, Nev. She weighed seven pounds, four ounces and has named Helka Marie. Mrs. Muller is the former Mary Galbraith, daughter of Mrs. Lita Galbraith of Carlisle and the late James C. Galbraith. Paternal grandparents are Mr. and Mrs. August J. Muller of Wilmette, Ill.

Memorial Day dinner given by Ritchies

Mr. and Mrs. Randall Ritchie and sons, Mark and Tony, entertained on Sunday with an annual Memorial Day dinner at their home near Headquarters. Those attending were Mr. and Mrs. Robert Ritchie Sr., Cynthia; Mr. and Mrs. Burnice Ritchie, Millersburg, Ky.; Odette Miller, Carlisle; Warren Ritchie, Mr. and Mrs. Emmett Davis Jr., Steven, Lisa and Tom, John Sanders, all of Paris.

Rev. Sugg presents piano students

H. Dallas Sugg will present his students of piano in a recital at First Baptist Church on Sunday, June 6 at 3 p.m. The music will be mostly popular with a touch of the semi-classical and classical. Those students participating will be Julie Willis, Melissa Dudley, Kim Smoot, Heather Mathis and Whitney Warner. Other students will be Pamela Goodman, Veronica Goodman, Julie Goodman, Donna Hughes and Michelle Knapp. Rev. Robert Hughes, Jennifer Judy Henry, Parry, Tom Hales and Steve Anderson will also perform.

Club officers are installed

The Carlisle Junior Woman's Club (JWFC) installed new officers recently at ceremonies held in the Baldwin Hotel, Paris, Mrs. Paul Hardin was installed as president and Mrs. Bert Eyster as treasurer. Mrs. Marshall Stone was installed as vice president to complete the unexpired term of Mrs. Franklin Vaughn.

Reception to honor 'Miss Dottie' is June 6

The Carlisle Junior Woman's Club (JWFC) will hold a reception at the Carlisle Christian Church, Fellowship Hall, from 2 to 4 p.m., June 6, to honor Mrs. Horace Marshall ("Miss Dottie"). Anyone who wishes to express his gratitude for the 14 years of dedication, Mrs. Marshall has given our kindergarten is invited to attend. The club invites anyone who wishes to do so, especially her students, to write a letter to "Miss Dottie" expressing appreciation for her teaching and service. This may be mailed to the club president, Mrs. Paul Hardin, 114 Mockingbird Lane, Carlisle, or brought to the reception. The letters will be bound and presented to Mrs. Marshall as a permanent expression of love and gratitude. They should be held to one page if at all possible to facilitate binding.

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- Fischer's Wieners 12 oz. pkg. 79¢
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- U.S. Choice Boneless Beef Pot Roast 1b. \$1.19
- Fischer's Bologna Reg., Thick, Garlic 1b. \$1.09
- Old Folks Whole Hog Sausage (2 lbs. \$2.77) 1b. \$1.39
- Bes Pak Trash Bags 25 Ct. \$1.99
- Smuckers Grape Jelly 2 lb. jar 89¢
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- Hormel Spam 12 oz. 99¢
- Freezer Queen Meats 2 lb. pkg. \$1.19
- Banquet Pot Pies 18x25 4 for \$1
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