

Kay's Kitchen

— By Kay Fisher



These chicken recipes sound particularly good.

CHICKEN CASSEROLE
Chicken breasts
1 cup frozen green peas
green peppers
fresh mushrooms
condensed milk (large can)
Brown 6 or 8 chicken breasts (halves) in a skillet. When brown place on paper toweling to remove excess grease.

To sautee brown mushrooms and dried green pepper in about 2 tablespoons of butter. (One package of fresh or 1 jar of canned, drained mushrooms.) If you can get fresh ones, remove stems, wash and slice. Sautee about 15 minutes. Add mushroom soup and condensed milk, salt and pepper to taste.

Place chicken in large casserole, cover with sauce and add grated cheddar cheese, about 1 cup. Bake approximately 1 hour at 300 degrees. Serve over rice for low or wild rice.

CHICKEN BAKE
1/4 fryer serving, Wash and pat dry each serving and roll or pat on a generous amount of well mixed dry instant onion soup. Wrap each serving in foil and bake at 350 degrees for 1 hour.

CHICKEN 'N' CHIP BAKE
1 cup cooked dried chicken
1/4 cup frozen dried celery
1/4 cup mayonnaise
1/4 cup crushed almonds
1 teaspoon grated onion
1 teaspoon ground salt and pepper to taste and a bit of pimento (for color)



Mr. and Mrs. Lawrence Gabriel of Worthington, Ohio spent the weekend with her parents, Mr. and Mrs. George H. Gabriel in Sycamore Hill.
Mrs. H.C. Blount of Cynthiana and her daughter, Mrs. Joe Beasley of Harlan, were guests Sunday of Mrs. S.M. DeMyer.

Miss Marjetta Story of Lexington, spent Sunday with her parents, Mr. and Mrs. Donald Story.
Mr. and Mrs. Warren Fisher had as their guest Saturday Mrs. William Neumann of Chillicothe, Ohio.

Mrs. Albert Booth returned home Friday after a three-week visit with her son, Kenneth Booth, Mrs. Booth and children in Marietta, Ga. Mr. Booth is doing fine after being in the hospital several weeks ago for Curtis.
Mr. and Mrs. Taylor and Brian of Ft. Mitchell were weekend guests of relatives over the weekend.

Mr. and Mrs. Ted Elder and Brian of Ft. Mitchell were weekend guests of Mr. Fisher, Mrs. Elder and Brian are spending this week with her parents, Mr. and Mrs. Thomas Hickman of Bourbon county.
Mrs. Robert Costney has received word that her foster brother, Richard

D. Blake suffered a severe heart attack on last Thursday. He is in the intensive care unit at Wright-Patterson Base Hospital, Wright-Patterson Air Force Base, Ohio.

Second birthdays
Sandra Lynn Livingood, daughter of Mr. and Mrs. Paul Livingood, of Georgetown and Michael Thomas Williams, son of Mr. and Mrs. Richard Williams of Cynthiana, were birthday boys Sunday, Jan. 18 at the home of their grandparents, Mr. and Mrs. George Fisher, in honor of their second birthdays which were on Jan. 18.

Also celebrating were Mr. and Mrs. James and children, Steven, Jamie and Pam, all of Mt. Sterling; Mr. and Mrs. Denny Fox and son, Jason, Mr. and Mrs. Scott Ellington and sons, Sean, and Christopher, all of Millersburg; Mr. and Mrs. Fisher, Mrs. Pauline Milton, Aberdeen, Ohio; and Stanley Workman, grand-uncle of all the grandchildren.

Engagement announced
Mr. and Mrs. Leon Steile of Nicholas county announce the engagement of their daughter, Rita Greene, to James Kelvin Fichtmaster, son of Mr. and Mrs. James Dee Fichtmaster of Georgetown.
Miss Greene is a 1975 graduate of Nicholas County High School.
Mr. Fichtmaster, a 1974 graduate of Georgetown High School, is employed at Heat Treating Company in Georgetown.
Wedding plans are incomplete.

Mrs. Dotson wins club 'Speak-Off'

The monthly meeting of the Paris Business and Professional Women's Club met on Thursday night, Jan. 19, at the Baldwin Hotel in Paris, where members celebrated the 51st anniversary of the founding of the club.
Featured at the meeting was the Young Career Girl Speak-Off. The subject of the speak-off was "The Bicentennial—A Women's Perspective."
The speak-off was won by Mrs.

Carolyn Dotson of Carlisle and a member of the Paris Chapter. Mrs. Dotson is a graduate of Morehead State University and presently employed in the office of Blue Grass Industries.
The runner-up in the contest was Mrs. Brenda Mann, Paris, who will serve as alternate when Mrs. Dotson represents the Paris club at the district meeting in Morehead on April 4.
The decorations used were in the

Bicentennial theme and the birthday observation was attended by approximately 44 members and guests.
Members of the committee who organized the occasion were Marie Clifflor, Brenda Walker, Mrs. Bobby Salvey, and Miss Hedgema Taylor, chairman, all from Paris, and Alma Curtis, co-chairman, Carlisle.



Mrs. Carolyn Dotson

Engagement of daughter is announced locally

Mr. and Mrs. Roy Allen Davis of Georgetown, formerly of Carlisle, announce the engagement of their daughter, Sharon, to Steven Douglas Walker, son of Mr. and Mrs. George Lee Walker of Georgetown.
Miss Davis is a graduate of Georgetown High School and is in the home improvement business with her father.
The wedding will be solemnized at four o'clock on Saturday, March 27, at the Georgetown Baptist Church.
Miss Davis is a granddaughter of Mr. and Mrs. Martin T. Davis, Concord Road, Carlisle.

graduate of Central Baptist Hospital's Clinical Lab Program. She is employed in the lab of the Harrison Memorial Hospital in Cynthiana.
Mr. Walker is a graduate of Georgetown High School and is in the home improvement business with his father.
The wedding will be solemnized at four o'clock on Saturday, March 27, at the Georgetown Baptist Church.
Miss Davis is a granddaughter of Mr. and Mrs. Martin T. Davis, Concord Road, Carlisle.

W.C.T.U. will meet Feb. 2 at Library
The W.C.T.U. will meet Monday, Feb. 2, at 2 p.m. in the Library. Founder's Day will be observed, honoring Frances E. Willard, founder of the Woman's Christian Temperance Union.

Mr. Sterling Blake will be the program leader, with Mrs. Leroy Earlywine and Mrs. Lovell Hollar as hostesses.

Gaunce-Thomas vows exchanged in Lexington

Miss Marcella Susan Gaunce, daughter of Mrs. Mary Ellen Gaunce of Paris, and Paul Gaunce of Lexington, became the bride of Myron Bruce Thomas, son of Mr. and Mrs. Tommy Thomas of Atlanta, Ga., in a ceremony held at the Central Christian Church in Lexington, Nov. 25, 1975.

Mr. Thomas is a graduate of the University of Kentucky and is employed in Richmond. The couple is residing in Lexington.
Mrs. Thomas is the granddaughter of the late Mr. and Mrs. Thurman Gaunce of Nicholas county.

Conley birthday observed Jan. 24
Mark Conley, son of Mr. and Mrs. William Conley of Millersburg, celebrated his ninth birthday on Saturday, Jan. 24.

Miss Susan Lee of Louisville served the bride as maid of honor. Bridesmaids were Miss Deborah Sary and Mrs. Dudley Jennings, both of Georgetown.
Brad Bailey of Lexington, served the groom as best man. Ushers were Leon Newman of Louisville and Bert Gibson of Atlanta, Ga.

Reception following the ceremony at Tates Creek Country Club.
Mr. Thomas is a graduate of Paris High School and attended the University of Kentucky for three years. He is employed as assistant manager of the Ups and Down Shop in Lexington.
Mrs. Thomas is a graduate of the University of Kentucky and is employed in Richmond. The couple is residing in Lexington.
Mrs. Thomas is the granddaughter of the late Mr. and Mrs. Thurman Gaunce of Nicholas county.

Exxon's public affairs representative; Senator Wendell H. Ford (D-Ky.); Mrs. Garland Clark of Winchester; coordinator of the concert program; and George Atkins, Kentucky State Auditor. The concert is part of the Bicentennial Parade of American Music funded by Exxon and sponsored by the National Music Council and the National

Federation of Music Clubs. The series of 32 free concert hours the music of each State and the District of Columbia in order of their entry into the Union as part of the "State Days" celebration organized by the Washington Mayor's Office of Bicentennial Programming. The series will conclude Dec. 31, 1976, with a special salute to John Philip Sousa by the Armed Forces Bands.



WASHINGTON, D.C.—Gathered backstage at the Kennedy Center were senior to the "Kentucky Day" concert are [1 to 7] Robert Stephens, Kentucky Attorney General; Kentucky Lieutenant Governor Thelma Stovall; Representative John Breckinridge of the 5th District; Martha Collins, Clerk to the Supreme Court of Kentucky; Sharon Cooney, Edmiston, at the punch bowl; Mrs. John Hill Bailey Jr. and Mrs. O.C. Seavers, serving from the three-tiered wedding cake, and Miss Jana presently both attending Washington University in St. Louis. She is a member of Phi Beta Kappa and after graduation in May, she will be in the August class at the University of Kentucky Medical School. Mr. Lewis has an undergraduate degree from Baylor University and a Divinity Degree from Vanderbilt University. He is in his second year in the study of law.

American music honored
The marriage of Miss Christie Parker Carter, daughter of Mr. and Mrs. Thomas Parker Carter, Danville, to Mr. Erwin Wayne Lewis, son of the Rev. Mr. and Mrs. William Taylor Lewis of St. Louis, Mo., was performed Jan. 3 at 4:30 p.m. at the Centenary United Methodist Church in Danville. Mrs. Lewis is the granddaughter of the late Mr. and Mrs. Henry Carter of Carlisle.
The bride was given in marriage by her father. The dress, fashioned by the bride, was of floor length candlelight satin with a tucked bodice front and back and lace overlay. The veil was three quarter length, matching lace used on the dress. She carried a cascading bouquet of white roses and ivy.
The matron of honor was Mrs. David Monier, Denver, Colo., sister of the bride, and the bridesmaids were Misses Julie Montgomery and Pamela Keilam of Danville, and Mrs. Robert Douglas, sister of the bridegroom, of Hamilton, Ohio. They were identical floor length burgundy crepe dresses with candlelight lace overlay. Each carried a candle in a silver holder festooned with ivy and streamers.
Serving as best man was James Lewis, brother of the bridegroom, of Midlandville, Co. Randall Carter, Danville, brother of the bride; Hardy Mitchell, Tucson, Ariz. and Dwight Loran, Lexington were the groomsmen. Robert Douglas, Hamilton, Ohio and Kerry Duke of Beaufort, Tex., both brothers-in-law of the bridegroom.

Danville is scene of Jan. 3 marriage ceremony

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HAPPY BIRTHDAY

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Comments sought on dairy program for coming year

Comments are being called for on proposed determinations relating to the price support program for milk for the 1978-79 marketing year beginning April 1, Paul E. Hall reported.
He said consideration by the U.S. Department of Agriculture (USDA) will be given to the general level of prices to producers of milk and the prices for and terms of purchase by Community Credit Corporation of butter, nondairy dry milk and cheddar cheese.

"On Oct. 2, 1975, Secretary of Agriculture Earl L. Butte announced an increase in the support price for manufacturing milk from \$7.34 to \$7.71 per 100 national average fat test, 3.67%, Hall said.
Consideration will be given to any data, views and recommendations submitted in writing to the Director, Community Operations Division, Agricultural Stabilization and Conservation

First post in Nicholas

Trooper of the Year Larry Giles values his job more than money

LOUISVILLE—A man who quit the Kentucky State Police because he couldn't make an adequate living but returned when he found out he just wasn't happy doing anything else is the Trooper of the Year for 1975.
William Larry Giles, 36, Lawrenceburg, is the state's "most outstanding" trooper for his overall record as a police officer during 1975. First runner-up in the program is Trooper Kenneth L. Ripley, 29, Shepherdsville.

The two were named at a luncheon at the Galt House last week and presented awards by Governor Julian Carrill. The Trooper of the Year program is sponsored by the Kentucky Petroleum Council and Bluegrass Lincoln Mercury in cooperation with the State Police.
Service, USDA, Washington, D.C. will be given to any data, views and recommendations submitted in writing to the Director, Community Operations Division, Agricultural Stabilization and Conservation

Giles, assigned to Anderson county, has been an officer in the Kentucky State Police—the first time, for less than a year. A deskman by trade, Giles worked for the Kentucky Department of Highways, from 1958 to 1962, and Texas Instruments, 1962-1967. Realizing a life-long ambition, Giles joined the Kentucky State Police in April, 1967, and upon graduation from the academy and completion of field training, was assigned to Nicholas county.
He was the only trooper in the county, and he enjoyed being the state policeman just as much as he thought he would. He did have a problem, though: he had made more money in his previous job, and he and his family could not adjust to the trooper's lower pay.
Giles went back to his higher paying job as a draftsman. He worked hard. He did a good job. But he wasn't happy, nor was his family. His wife was depressed and was affected physically. Giles has never been less than 97 out of a possible 100 points. Moberly says that

happy he had to be a policeman. Three days before his last birthday (31 is the upper age limit for acceptance by the KSP) Giles signed up to again work for the state police. He took a \$9 per cent cut in pay, but both he and his wife knew by then that there is more to life than money.
Giles notes that the state police force is much better paid today than when he started. The pay of a starting trooper now is \$288. In 1967, it was \$457. The pay of a cadet is now \$465, compared to \$308 in 1967.
Giles' post commander, Captain R.L. Moberly, Frankfort, a 27-year veteran of the Kentucky State Police, says that Giles' exceptional performance, "day in and day out, is as steady as the sun coming up."
Post commanders actually evaluate men in their command in 10 different areas, including quality of work, initiative, attitude, dependability, personality, appearance, judgment, and operation and care of equipment. Giles has never been less than 97 out of a possible 100 points. Moberly says that

he has never had another man who has rated as high as 97.

are more than money!



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U.S. Choice Sirloin Steak	lb. '1.79
U.S. Choice T-Bone Steak	lb. '1.89
U.S. Choice Porterhouse Steak	lb. '1.99
U.S. Cube Steak	lb. '1.99
U.S. Choice Boneless Rump or Sirloin Tip Roast	lb. '1.69
Armour Veribest Boneless Netted Leg of Pork	lb. '1.49
Armour Fresh Ham Slices	lb. '1.69

100% Pure Fresh Ground Beef (3 lb. pkg. or larger) lb. 79¢

Fischer's Mellwood Bacon lb. \$1.59
Fischer's Wieners 12 oz. pkg. 79¢

HEAD LETTUCE 3 Heads \$1
Garrots lb. bag 17¢
Broccoli Bunch 49¢
Philadelphia Cream Cheese 8 oz. Pkg. 49¢
Vine Ripe Tomatoes lb. 39¢

Pepsi, 7-Up, Diet Pepsi 5 oz. Pkg. 4/51
Pepsi, 7-Up, Diet Pepsi 16 oz. 6 pk. 79¢ with bottles

Teri Towels Jumbo 2/89¢
Kraft 14 1/2 oz. Macaroni & Cheese Dinner 49¢
Bleach Gal. Fleecy White 59¢
Rain Barrel 48 oz. Fabric Softener '1.89
Day & Night Kimbies Diapers 12's '1.39
Syrup 12 oz. Golden Griddle 59¢

Pepsi, 7-Up, Diet Pepsi 5 oz. Pkg. 4/51
Pepsi, 7-Up, Diet Pepsi 16 oz. 6 pk. 79¢ with bottles

Pringles Potato Chips 8 oz. Can 79¢

Green Giant Cut or French Style No. 303 Green Beans 3/89¢
Pream Coffee Creamer 16 oz. 99¢
Veg-All Mixed Vegetables 3/89¢

Reese's Cups 10 pk. 59¢
Sea Pak Onion O's lb. 69¢

ORE-IDA Frozen Vegetables 20 oz. Pkg. 49¢
W.K. Corn, Mix. Veg. Peas

Armix Shortening 3 lb. Can \$1.39

Smuckers Blackberry Jam 32 oz. Jar \$1.29

DELMONTE SALE —
Tomato Juice 1 1/2 49¢
Pear Halves 1 1/2 2/79¢
Fruit Cocktail 1 1/2 2/79¢
Peach Halves 1 1/2 49¢
Sliced Peaches 1 1/2 49¢

Fischer's Mellwood Bacon lb. \$1.59

Fischer's Wieners 12 oz. pkg. 79¢

100% Pure Fresh Ground Beef (3 lb. pkg. or larger) lb. 79¢

HEAD LETTUCE 3 Heads \$1

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Teri Towels Jumbo 2/89¢

Kraft 14 1/2 oz. Macaroni & Cheese Dinner 49¢

Bleach Gal. Fleecy White 59¢

Rain Barrel 48 oz. Fabric Softener '1.89

Day & Night Kimbies Diapers 12's '1.39

Syrup 12 oz. Golden Griddle 59¢

Pepsi, 7-Up, Diet Pepsi 5 oz. Pkg. 4/51

Pepsi, 7-Up, Diet Pepsi 16 oz. 6 pk. 79¢ with bottles

Pringles Potato Chips 8 oz. Can 79¢

Green Giant Cut or French Style No. 303 Green Beans 3/89¢

Pream Coffee Creamer 16 oz. 99¢

Veg-All Mixed Vegetables 3/89¢

Reese's Cups 10 pk. 59¢

Sea Pak Onion O's lb. 69¢

ORE-IDA Frozen Vegetables 20 oz. Pkg. 49¢

W.K. Corn, Mix. Veg. Peas

Armix Shortening 3 lb. Can \$1.39

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DELMONTE SALE —

Tomato Juice 1 1/2 49¢

Pear Halves 1 1/2 2/79¢

Fruit Cocktail 1 1/2 2/79¢

Peach Halves 1 1/2 49¢

Sliced Peaches 1 1/2 49¢