Farm and Home

County extension agents
Monte Conrad
Sharon Alexander
Mrs. Margie Wilson

Outlook for Agricultural Inputs

The cost of agricultural inputs has stabilized considerably. This will be a valuable aid in planning farm production in 1977. Agricultural inputs encompass many different products and services. The market situation differs significantly for most products and services. Consequently, each major product group will be examined separately.

Fertilizer

Fertilizer prices have stabilized after the big price drop last spring. Fertilizer production capacity has increased a great deal and the supply-demand balance appears to be favorable. However, fertilizer prices cannot be expected to come down like last year. Prices will likely be stable. Fertilizer manufacturers would like to establish higher prices this fall, but it is doubtful if they can hold the line.

Production capacity for nitrogen fertilizer has increased significantly and supplies are plentiful. Phosphate capacity is now above market needs. There is some pressure to close some marginal operations. Prices will be under downward pressure unless some phosphate operations are closed. Potash supplies are adequate. A significant amount of potash is imported from Saskatchewan, Canada. The Saskatchewan Provincial government could affect prices should they decide to restrict export shipments unless certain prices are reached.

On the whole, fertilizer supplies are adequate for domestic and foreign demand. Prices should be relatively stable throughout the season. Don't expect to obtain reductions on last minute purchases.

Pesticides

Production capacity for pesticides was increased in 1976. Supplies are adequate for 1977 and prices will be only modestly higher, if any.

Farm Machinery

The price rise in farm machinery has slowed but increases are expected to climb another seven to eight percent in the coming year. This is in line with expected increases in cars and trucks. If equipment purchases are planned for 1977, it may be prudent to consider purchasing before the end of 1976.

Farm Wage Rates

Farm wage rates in 1977 will likely increase in line with other wage rates.

Fuel and Energy

Gasoline and diesel fuels are plentiful. Price increases are expected to be about four to five percent. LP gas supplies are more plentiful than a year ago, but some shortages may occur in some areas. Prices are expected to remain the same. Natural gas is in short supply. Price increases will depend on governmental changes in interstate prices. In the country, intrastate prices which aren't regulated may be two to four times higher than interstate prices.

Interest

Interest rates have moderated. During 1977, business may begin to increase new capital investments to keep in line with demand expansion. This, coupled with government action, may lead to increased interest rates later in the year.

Taxes

Farmers paid four percent more in taxes in 1976. State and local tax increases are likely to continue. Changes in Federal tax legislation is uncertain at this time.

Proper Care and Storage of Spray Equipment Now Will Save Time and Money Next Spring

Pesticide application equipment is not cheap. Whether you are a homeowner or a commercial grower, you can save money by taking good care of your equipment and storing it properly for the winter.

Sprayers

Cleaning the sprayer before storage, even for short periods of time, is usually time well spent. Cleaning the sprayer of leftover chemicals will help avoid injuring or killing sensitive plants the next time the sprayer is used.

Before storage you should:

1. Empty the spray tank and flush the tank, hose, booms, and nozzles thoroughly with clean water, then drain dry. Make sure no water is left in the pump.

2. Rinse the tank, both inside and out, with kerosene or fuel oil. This will protect most metal parts from corrosion; however, oil may damage parts made of natural rubber or some synthetic materials.

3. Do not leave nozzles and screens in the sprayer boom during storage.

These precautions are usually sufficient for sprayers used only for preemergence herbicides.

Since small quantities of 2,4-D 2,4,5-T, silves, and related herbicides are difficult to clean out of a sprayer, weed sprayers in which these herbicides were used should not, as a rule, be used to spray other pesticides. However, some growers are willing to take the chance and attempt to clean all traces of these growth-regulator herbicides such as 2,4-D from their sprayers. The following cleaning methods do not necessarily guarantee no trace of contamination. To clean these herbicides from your sprayer, you should use one of the following in 50 gallons of water:

1. One-half gallon household ammonia (or, for small sprayers, 4 ounces of household ammonia in 3 gallons of water). Let the solution stand in the sprayer overnight.

2. Four pounds trisodium phosphate cleaner.

3. Two and one-half pounds sal soda.

4. Two pounds activated charcoal (leave in sprayer and lines for 10 minutes).

When either formulations of 2,4-D and related herbicides are used, rinse the sprayer with kerosene before rinsing it with water and using the cleaner.

Regardless of which method is used for decontamination, it is advisable to test the sprayer before the sprayer is used the next time on susceptible plants. Susceptible plants, such as tomatoes or tobacco, will usually show injury after two to seven days if the sprayer is still contaminated.

Granular Applicators

Clean all granules from the applicator. Wash thoroughly with water and allow to dry. Apply a light coating of oil to prevent corrosion. Store in a dry place.

While you are cleaning your equipment is a good time to replace any worn parts or do necessary maintenance. Clean, dry, properly-stored equipment will return your investment many times over.

Weather statistics support predictions of a colder winter

Predictions of a colder winter are supported by recent statistics provided to Kentucky Utilities Company by the National Weather Service.

In the Lexington area, there were 217 more heating degree days this November than normal, or 25% colder. October this year was 48% colder than October, 1975 and November was 58% colder than a year ago.

The Weather Service calculates the number of heating degree days by subtracting the mean temperature in a 24 hour period from a base of 65 degrees (an average temperature of 65 degrees Fahrenheit requires little or no heating). Thus, a day with a high of 55 and a low of 25 will have a mean temperature of 40. There will be 25 heating degree days for that day (65-40=25).

A colder November was also reflected in the records of Kentucky Utilities Company when a new peak load for wintertime use of electricity occurred at 7 p.m. on Nov. 29. The new peak load was 1,502,000 kilowatts (kw). This compares with a record summer peak of 1,610,000 kw which was recorded on July 23, 1976.

HO, Ho, Ho GET MORE DOUGH! SELL WITH A MERCURY CLASSIFIED!

Service your TV or Radios
Contract Wiring—Call for a FREE Estimate

DUNCAN'S ELECTRICAL SHOP

Now receiving tobacco for

Opening Sale, Jan. 5

—Also receiving Carry-Over Tobacco—

"Your business is appreciated"

★ One of the top averages in Lexington.
★ Finest facilities
★ Plenty of parking.

New Link Tobacco Warehouse

120 Lisle Road — Lexington, Ky.
Phone 254-7518 Day — 278-5980 Night

Santa on Main Street

Eve. According to Dudley Vaughn, the local American Legion and V.F.W. units, who sponsored Santa and his treats, have spent about $8,000 for Christmas treats for children during the past 30 years. Vaughn said that they also took Santa to the Johnson-Mathers Nursing Home and Nicholas County Hospital where he passed out fruit and candy to the patients.

Although he's lost in the crowd, Santa is pictured passing out treats in the center of this crowd on Main Street Christmas

Tom Anderson in NATO Exercise

Navy Boiler Technician Second Class Thomas Anderso., son of Ben Anderson of Route 3, Carlisle, participated in the NATO Exercise "Display Determination" in the Mediterranean Sea.

He is a crewmember aboard the frigate USS McCloy, deployed with the U.S. Sixth Fleet. His command joined with naval forces from Portugal, Italy, Turkey and the United Kingdom for the combined exercises which included convoy operations, amphibious assault landings and anti-submarine warfare maneuvers.

The primary objective of the exercise was to train NATO naval forces in combined sea operations, to refine NATO procedures and insure that operational plans were current.

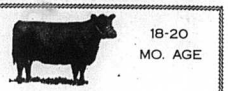
Participating units evaluated increased standardization of doctrines, equipment and armaments among NATO forces, plus command and control procedures for coordinated action by NATO sea, land and air forces.

The convoy operation tested Allied capabilities to reinforce and re-supply ground forces in Southern Europe. Acting as opposing forces, NATO units simulated surface, submarine and air attacks along the convoy's route.

"Display Determination" was one of a series of annual operations, conducted each fall from Norway to Turkey, designed to provide unified and coordinated training of national and NATO forces within the Allied European Command.

A 1969 graduate of Purdue University, West Lafayette, Ind., with a bachelor of science degree, he joined the Navy in November 1969.

ANGUS BULLS



18-20 MO. AGE

Walton Wright & Sons

484-2154 MILLERSBURG, KY. 484-2362

Public Auction

Tuesday, Jan. 4

at 10:30 A.M.

Having decided to quit farming I will sell all my equipment including tractors, wagons and all other necessary equipment needed in farming, also one good gentle team of mules. I will also sell my good farm of fifty-four acres with three bedroom mobile home, large tobacco barn and other outbuildings.

Farm will be sold at 12:00.

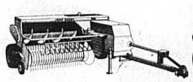
Demoree Teegarden

Route 3, Brooksville, Ky., Belmont Road, Bracken County

REWARD

$195 to $2,600 bonus savings on hay and forage equipment during John Deere's Roundup of Bargains

Reward yourself two ways. First—you'll get the full-season dependability of new John Deere machinery ahead of the busy use season. Second—you'll keep cash in your pocket with the special discount prices listed below. Act now while these pre-season discounts are available. See us about the hay or forage equipment you need.



MACHINES	DISCOUNT UNTIL 28 FEB. 1977	DISCOUNT 1 MAR. 1977-30 APR. 1977
336 and 346 Balers: 15A and 16A Choppers: 100 Stack Mover; 25 and 34 Forage Harvesters	$195	$90
1207, 1209, and 1214 Mower/Conditioners; 800 and 830 Windrowers; 466 Baler; Round Balers; 25 and 36 Forage Harvesters	$390	$195
100 Stack Wagon	$520	$260
200 and 300 Stack Movers	$650	$325
Hydrostatic Windrowers; 200 and 300 Stack Wagons	$1,040	$520
Self-Propelled Forage Harvesters	$1,950	$975
230 Stack Shredder/ Feeder	$2,600	$2,600

No Finance Charges Imposed Until Next Use Season.

Hughes Farm Equipment Sales

Ph. 606-724-5391 — Mt. Olivet, Ky.

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THE PLACE TO LOOK

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8 Cents Per Word ..... Minimum $2.00
[25 Words or Less]

Display Classified ..... $1.75 per Inch
[Minimum Display Classified 1½ Inches]

NOTICE: We are not responsible for errors in Want Ads, we will rerun without charge corrected ad if notified the following week. Any error on number of insertions should be reported the week following publication of advertisement. Failure to report by 10 a.m. Tuesday will result in the customer being charged for that or following weeks insertions unless notified by advertiser. The Carlisle Mercury.

FOR SALE

FOR SALE: 1967 Camaro. New wide oval tires with mags, new battery and is in good running condition. Call 383-4263 or may be seen on Lot Young Road in Bourbon county (rt. 57). 12-30-1t*

FOR SALE: 76 acre farm, 6 room house, 2 barns, 2520 lbs. of tobacco. Plenty of water and grass.

13 acre farm with 6 room house. New furnace and bath. 692 lbs. of tobacco.

214 acre farm with 8 room house. 2 barns. 5269 lbs. of tobacco.

40 acre farm with 6 room house with bath. Barn. 2000 lbs. tobacco.

101 acre farm. 8 room house with furnace, bath and newly remodeled. Barn. 3200 lbs. tobacco.

18 acre farm with new trailer. 861 lbs. tobacco. 3 bent barns.

Mobile home with one and one-half baths. 70 by 14 on 120 by 68 ft. lot. All electric. County water line.

9 room house, 2 apartments. Close in.

8 room house with bath. One-half mile from town.

7 room new brick house with bath. One-half acre lot in country.

6 room house, bath, fireplace. One-half mile from town.

7 room house. Full basement, bath, carport. Walking distance of town.

New 5 room brick house. All electric. Carport. One-half acre lot. One mile from Millersburg.

4 room house with bath. One block from courthouse.

For these and others see Earl Hamm, Auctioneer and Real Estate Broker. Locust St., Carlisle, Ky. Office Phone 289-5720, Home 289-5320. 12-30-1tchg.

FOR SALE: Land. Good location. Tobacco base, good barn and crib. No house. Call 289-7195 after 5:30 p.m. 12-30-1tchg.

FOR SALE: GE Color TV, 19 inch portable, starting at $398. 25" Console, starting at $598. Garrett's Furniture Co., phone 289-2308. 12-2-tfn.

GE WASHERS & DRYERS: Washers at $229.95; Dryers at $179.95. Buy at Garrett's Furniture Co., phone 289-2308. 9-30-tfn.

FOR SALE: Complete line of Formby's Refinishing Products for furniture repair and care as advertised on TV. Reid & Vice, Inc., 289-5279. 12-2-tfn.

FOR SALE: Early American Living Room furniture new beautiful colors. Nylon and Herculon covers. Coil Spring Base, Special at $399. Also Herculon and Vinyl Living Room. Coil Spring Base, $299. Garrett's Furniture Co., phone 289-2308. 9-2-tfn.

FOR SALE: Inside window shutters, already hinged. Hammer is all you need to install. Reid & Vice, Inc., 289-5279. 12-9-4tchg.

FOR SALE: 2x4x8 studs. 79 cents each. Suspended ceiling 2x4 tile. $1.89 each. Reid & Vice, 289-5279. 12-9-4tchg.

FOR SALE: Tractor and Equipment. 35 Massey Ferguson Diesel, 501 Ford Mower, Massey Ferguson Bush Hog lift type, Plows 14" John Deere Trip Back. Chester Bretz, 289-5209, 289-7292. 12-23-3t.

FOR SALE: Firewood, dry seasoned and delivered. $25 a pickup load, $40 a cord (4 ft. by 8 ft.). Cut any size. Call Paris collect 987-7608. 11-25-6tchg.

FOR SALE: Old 42 in. round table. Heavy beveled edge, ash top, oak legs with original white castors, refinished. Call 289-5408. 12-16-3t

FOR SALE: Tri-Cat Three Wheeler New 1976 Eight Horsepower Motor $300.00 Cash Only. E.C. Flora, Lexington, 606-266-5176. 12-16-3t

FOR SALE OR RENT: Wheelchairs, walkers, adjustable commodes, crutches, and canes. Carlisle Drug Co. 11-4-tfn.

FOR RENT

FOR RENT: Four rooms with bath and hall apartment with private entrance. Upstairs. Apply Mrs. Bertha Marshall or phone 289-2261. 12-30-2t*

WANTED

WANTED: Carpenter work wanted. Remodling, Framing, Cabinet Work, Room Additions and New Homes. Phone 289-2176. 12-23-3t

NOTICE

NOTICE: Effective Jan. 1, 1977 I will discontinue all sign painting, except trucks which I will continue to do, time and weather permitting. Buddy Barkley. 12-30-2tchg.

USED APPLIANCES & FURNITURE: 5 electric ranges; one gas range 30"; 2 washers; one refrigerator; one Hide-a-bed; one sofa; one Bedroom Suite, one 2 pc. Living Room Suite; 5 console color T.V.; one 19" B&W T.V. Garrett's Furniture Co., phone 289-2308. 12-30-tfn.

NOTICE: Long Silo and Feeding Equipment. Walton Wright, Route 3, Paris, Ky. 484-2154, 484-2362. 12-30-6tchg.

NOTICE: Yes—We do have the finest in wallcoverings for your every room—along with the necessary supplies to complete the job. Let us explain how easy they are to use at Reid & Vice Bldrs. Supply, or phone us at 289-5279. 12-30-1tchg.

NOTICE: "Poor Valley Electric" Refrigeration, Air Conditioning and Heating—Installation and repair. Call Chester Bretz, Carlisle, 289-5709 or 289-7292. 9-9-tfn.

NOTICE: Charlie's Electronics. I repair refrigeration units, t.v.'s, washers and dryers. Charles Gates, phone 289-2875. 10-7-tfn.

NOTICE: Anyone wanting truck beds or wagon beds built see Edward Mitchell or call 289-5637. 12-23-4tchg.

NOTICE: I am now doing Electrical, Heating, Cooling, Refrigeration work with 18 years experience in residential, commercial and industrial work. Let my experience work for you. Don Smart. Phone 289-5913. 12-23-3t*

Good advertising doesn't cost . . . it pays!
The Carlisle Mercury
Phone 289-2464

CARD OF THANKS: We wish to thank all of our friends and neighbors for all the help, clothes, food, gifts of money, etc. Also, we especially want to thank all those who helped make this a wonderful Christmas for our children by sending them gifts. We sincerely hope you all had as nice a Christmas as you've given us with your love and care for others in need. Thank you. David and Judy Shrout and family. 12-30-1t*

CARD OF THANKS: I want to thank everyone who was so kind to me during my recent illness and hospital stay. To Dr. Kingsolver, the Nicholas County Hospital staff, Rev. H. Dallas Sugg and other ministers who visited me, all my friends and especially to my family. Thanks again for everything, Junis Gray. 12-30-1t*

CARD OF THANKS: I would like to thank everyone who was so kind to me during my stay in Nicholas County Hospital for flowers, money, gifts and prayers. To the hospital staff, Dr. Morford and to each pastor who stopped for prayer. May God bless each of you. Mrs. Susie Sharp. 12-30-1t*

POSTED

All persons are hereby notified not to trespass, fish, hunt, trap or shoot upon the land of the undersigned. Any person caught trespassing in violation of this notice will be reported to the Sheriff and prosecuted to the fullest extent of the law. It is necessary that we take this step to protect our property and wildlife.

The farm of Anna C. Mann lying in Nicholas and Fleming counties. John and Ethel Craycraft. 2-27t*

Frances Maffet Farms on Dogwalk Pike and at Hookstown. 2-27-tfn*

The Boone Clark Farm. 3-31-77*

All of Dr. Cameron's farms in Nicholas county. 2-23-77*

All my property in Nicholas and Fleming counties. Gilbert Hammonds. 2-25-77*

D.D. Conken Farm located behind Bennie Mack Dotson's farm on Suggs Pike and Bald Hill Road. 12-30-5t*

ASHLAND PETROLEUM COMPANY

Joe Bach, Phone 289-7459

Cynthiana Bulk Plant, Phone 234-1232

Court News

City Police Court

Olin Clary, public intoxication, $15 fine, $15 court costs.

Yvonne Edwards, no liability auto insurance, $50 fine, $15 court costs.

Virgil Shearer Jr., public intoxication, $15 fine, $15 court costs. 30 days jail sentence suspended.

Additional court news on page eight.

OFF THE WALL

Bright orange and black wings are self-defense coloration for monarch butterflies, and a danger warning to hungry birds, the National Geographic Society says. Concentrated in the butterfly wings is a poison that makes birds violently sick, and rare—or forgetful—is the bird that eats a second monarch.

LAUGH OUT

"Say!" yelled the farmer who owned the pond, "don't you see that sign: 'No Fishing Here'?"

"I sure do," said the disgusted fisherman. "The guy who printed that sign knew what he was talking about!"

MAGICWORD

HOW TO PLAY: Read the list of words. Look at the puzzle. You'll find these words in all directions—horizontally, vertically, diagonally, backwards. Draw a circle around each letter of a word found in the puzzle then strike it off list. Circling it will show a letter has been used but will leave it visible should it also form part of another word. Find the big words first. When letters of all listed words are circled, you'll have the given number of letters left over. They'll spell out your MAGICWORD.

RING IN THE NEW YEAR — Sol.: 11 letters

CLUES

A—Auld; B—Balloons, Bars, Bells; C—Canapes, Champagne, Chimes; D—Dance, Date, Dress, Drink; F—Favors, Festive, Food, Friends, Fun; G—Gaiety; H—Happy, Hats, Horns, Hotels, Hugs; K—Kisses; L—Lang, Loud; M—Mid-night, Music; N—New, Noise; O—Old; P—Party; R—Reveal; S—Shouting, Song, Spirit, Square, Syne; T—Times, Toast; W—Warmth, Wines

ANSWER NEXT WEEK
Last Week's Answer: MEANINGFUL — 242

H	E	V	I	T	S	E	F	F	A	V	O	R	S	C
D	T	F	R	I	E	N	D	S	H	N	S	E	H	S
A	K	M	S	L	L	E	B	U	O	N	T	I	R	S
N	I	S	R	F	U	N	G	I	R	A	M	C	H	E
C	S	H	E	A	E	S	S	O	D	E	I	S	O	R
E	S	O	W	W	W	E	H	S	S	S	T	P	T	D
T	E	U	I	K	N	I	R	D	U	T	I	I	E	S
H	S	T	N	O	L	T	U	M	T	A	M	R	L	N
G	Y	I	E	I	S	D	O	S	G	H	E	I	S	O
I	T	N	S	A	S	H	L	D	E	N	S	T	E	O
N	R	G	O	Q	A	O	L	O	N	P	A	S	N	L
D	A	T	U	P	U	U	S	R	A	B	A	L	Y	L
I	P	A	P	D	A	S	L	E	V	E	R	N	S	A
M	R	Y	S	O	N	G	Y	T	E	I	A	G	A	B
E	F	O	O	D	S	E	N	G	A	P	M	A	H	C

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CLIP AND SAVE

—People To People—

CLASSIFIED ADS

In THE CARLISLE MERCURY

24 Words or Less — THREE Times For — **$3**

Write Your Ad Here:

This special offer applies only to individuals who do not operate a business of any kind. The ad must be written on the coupon and accompanied by cash, check or money order. Cancellations will be made for convenience of advertiser, but no refunds will be made from this rate.

Please Help Us!

When You Change Your Address:

The post office will not transfer newspapers when you change address.

Instead, the label is clipped and returned to the publisher. A charge of 25 is made to deliver this label to the publisher. And you do not receive your paper.*

Please help us give you good service by giving any change of address as far in advance as possible. A handy card for that purpose is available at your post office.

Your cooperation will be sincerely appreciated.

THE CARLISLE MERCURY

The Happy Gardener

CARING FOR YOUR POINSETTIA

Did you get a poinsettia for Christmas? Regardless of what color blossoms you have, you should realize that care for the poinsettia, while not necessarily difficult, does have some firm rules.

Sunlight is particularly important to poinsettias, especially when they are in bloom, and they will stay in flower longer if given proper lighting. No less than an eastern or southern exposure will do, and keep them as close to the light source as possible. If you have a very bright windowsill facing east or south, this can be ideal for poinsettia, but do be sure there are no drafts of cold air coming in through the panes. These plants can be irreparably damaged by cold and need an even warm temperature to do well. Poinsettias we buy today have been bred to be hardy and don't require greenhouse conditions to grow well, but they are particular about lots of light and a nice cozy temperature. They also like moisture. Keep plants well watered without making soil swampy. Also, mist your poinsettia at least every other day, daily if you can remember to do it.

When this plant ceases flowering, it drops all of its colorful bracts and some of its green leaves as well. Some people prefer to discard it at this time, but you can keep it on and anticipate full flowering next season. Care for it as described above until the middle of next October when you will need to give it 14 hours of darkness at night and 10 hours of full sun each day to make it bloom.

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CALORIE COUNTDOWN

BY SUSAN DUFF MASTRO

LOW-CAL DIPS

One of the biggest problems dieters seems to be party and snack foods. Few of these tidbits are sweet and sugary like most dangerous diet traps, but all those little nibbles can add up to heavy duty calorie counts. When you add rich sour cream dips to the appetizer or snack tray, the calories get out of hand.

There are ways to get around this. For starters, always put out fresh vegetables instead of chips, crackers or pretzels. Raw chilled cucumber rounds, carrot sticks, radishes, cauliflower buds, celery stalks, even raw green beans are perfectly delicious and satisfying at low calorie counts. All these vegies are also very dippable—try them with some of the tasty, low-cal dips below.

For a pungent, fresh-tasting dip, combine eight ounces of plain yogurt with a clove of garlic crushed in a garlic press, and one medium-sized cucumber, unpeeled and chopped very fine. Let it stand for a few hours in the refrigerator, covered, to allow flavors to blend. A whole bowlful has only 125 calories, one dunk has about 1½.

An exotic and delicious dip at lowered calories can be made from a cup of low-fat cottage cheese combined with a two-ounce tin of anchovies (minced), a tablespoon of minced onion, a tablespoon of green pepper chopped fine, a teaspoon of lemon juice and ¼ teaspoon dry mustard. Blend the ingredients well with a fork, chill and serve with celery stalks for a special treat. It comes to about 7 calories per dip, 255 in the whole recipe.

Truly unusual for those who like new taste sensations is a dip made by combining a clove of garlic crushed in a garlic press, the meats of three walnuts grated and a teaspoon of olive oil. These should be blended with a spoon until they make a smooth paste, then stirred into eight ounces of yogurt. To this, add a small unpeeled cucumber diced into small pieces. Sprinkle with salt and pepper, blend well and add a dash or two of paprika to the top. There are only 2 calories per dunk, and 175 in the whole bowl.

Another recipe using yogurt is made by combining eight ounces of yogurt, two teaspoons grated orange rind, ¼ teaspoon chili powder and ¼ teaspoon sugar. Stir the ingredients to combine thoroughly and try it out with cucumber rounds or cauliflowerettes. Contains 130 calories in all, 3½ per dip.

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Would You Believe...

The elephant is the only animal with four knees.

* * *

Of the 4 billion people in the world today, about a third eat with a knife and fork, a third with chopsticks and a third with their fingers.

* * *

The first Eskimo Bible was printed in Copenhagen in 1744.

Feelin' Good

By M.A. PETTI, M.D.

In case you haven't heard, we have a widespread epidemic of coronary disease. What is causing it? A change in our life-style: rich food, sedentary living, smoking and stress.

NOTICE

DR. GEORGES BIRENBAUM, specialist in diseases and surgery of the eye, announces the removal of his office from Bourbon County Hospital to

No. 8 Fourth Street, Paris.
(Telephone 987-7237)

STAN HARVEY GAS

Want to save money on operating and on buying appliances and heating equipment for your home? Then go gas and go see Stan Harvey. Gas is really a bargain in today's fuel market; and to create other bargains, Stan Harvey is giving a rebate of 12½% on ranges, water heaters, clothes dryers, space heaters and furnaces. Stan Harvey delivers, installs and services what he sells; including the gas anywhere needed. See him today at

CYNTHIANA • CARLISLE
MAYSVILLE • TOLLESBORO
SOUTH SHORE • PORTSMOUTH
IRONTON • PROCTORVILLE

TOM'S AUTO TIPS

Windshield wipers are especially important this time of year. Check them for wear and replace if needed. Also check windshield washer fluid. If it contains only water add some special windshield washer fluid.

Best Of Kay's Kitchen COOK BOOK

Now on Sale at The Carlisle Mercury

$5.00 ($4.50 plus 50 sales tax)

If buying by mail add 50¢ for postage and handling

The Carlisle Mercury
Mail to: P.O. Box 272, Carlisle, 40311

Name
Address
City
State Zip Code