

Kay's Kitchen

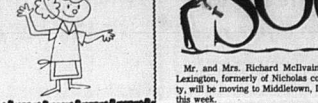
— By Kay Fisher —

Memories are made up of many things. Some happy—some sad. There are memories of experiences, like that of seeing a breathtaking view, a gorgeous sunset, or a magnificent, old tree devoid of its foliage with branches lifted to the sky.

To me a happy memory is running in the house to the smell of something delicious cooking, homemade bread, cookies or cake. But most of all is the pungent aroma of spices. I remember the days of my mother's apple turnovers. One of my friends asked, "Why on earth are you making chili sauce?" My first reason was I didn't want my child to grow up not knowing the pleasure of coming into the house permeated with that most delightful "smell." And, too, I'm sure some friends had been very generous with tomatoes, etc. Anyway, I've always liked to cook, from the time my Mother used to give me bits of dough and a thumb to make tiny biscuits or cookies. Thinking back, her thumb was probably used more for that than for sewing because I cannot remember ever seeing her sew any thing.

Now back to cooking. This week will be on naturally, chili sauce, conserves and spicy pickles.

- FRUIT RELISH**
 - 3 large cooking apples
 - 3 large peaches (you can use 6 canned peach halves)
 - 1 green onion
 - 4 medium sized tomatoes
 - 1 cup sugar
 - 2 teaspoons salt
 - 1/2 cup vinegar
 - dash of cayenne, cinnamon and cloves
 - dash of nutmeg and/or vanilla
 - chop pepper, add sugar, vinegar, salt and spices to fruit, mix and add additional spices (takes about 2 hours).
 - add sugar, turn into hot jars and seal. This makes about 3 pints.
- PEACH CHUTNEY**
 - 4 medium carrots
 - 1 onion
 - 2 teaspoons ground cloves
 - 2 green peppers, seeded and chopped
 - 1/2 cup sugar
 - 1/2 cup vinegar
 - 1/2 cup water
 - 1/2 cup raisins
 - 1/2 cup apricots
 - 1/2 cup lemon juice
 - 1/2 cup orange juice
 - 1/2 cup tomato paste
 - 1/2 cup chili powder
 - 1/2 cup onion powder
 - 1/2 cup garlic powder
 - 1/2 cup salt
 - 1/2 cup pepper
 - 1/2 cup nutmeg
 - 1/2 cup cinnamon
 - 1/2 cup cloves
 - 1/2 cup allspice
 - 1/2 cup mace
 - 1/2 cup cardamom
 - 1/2 cup anise
 - 1/2 cup fennel
 - 1/2 cup coriander
 - 1/2 cup ginger
 - 1/2 cup turmeric
 - 1/2 cup saffron
 - 1/2 cup safflower
 - 1/2 cup annatto
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- CHILI SAUCE**
 - 18 large tomatoes, chopped
 - 6 large onions, chopped
 - 4 red peppers, seeded and chopped
 - 2 green peppers, seeded and chopped
 - 1/2 cup sugar
 - 1/2 cup vinegar
 - 1/2 cup water
 - 1/2 cup raisins
 - 1/2 cup apricots
 - 1/2 cup lemon juice
 - 1/2 cup orange juice
 - 1/2 cup tomato paste
 - 1/2 cup chili powder
 - 1/2 cup onion powder
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Mr. and Mrs. Richard McElvain of Lexington, formerly of Nicholas county, will be moving to Middletown, Del. this week.

Mr. and Mrs. J.B. Myers of Murray, Mo., and Mrs. Kenneth Myers of Louisville, Mo., were guests last weekend of Mr. and Mrs. Ed Wells Jr. and family at Clearwater, Fla.

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Miss Cindy Herrington Engagement announced

Mr. and Mrs. Billie Herrington announce the engagement of their daughter, Cindy Lois to Ricky Fryman, son of Mrs. Betty Fryman and the late James Fryman.

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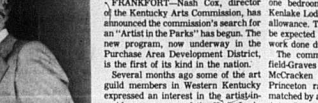
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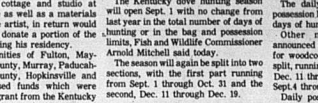
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Sen. Wendell Ford of Kentucky, shown with Democratic Steering Committee members, Ford is also the chairman of the 1976 Democratic nominee Jimmy Carter, was recently National Campaign Committee.



'Artist in the Park' at Kenlake: FRANKFORT—Nash Cox, director of the Kentucky Arts Commission, has announced the commission's search for an "Artist in the Park" has begun.



Dove season to open Sept. 1: The Kentucky dove hunting season will open Sept. 1 with no change from last year in the total number of days of hunting.

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Kay's Kitchen Cookbook order blank on classified page. Blue Licks Celebration and play attended Aug. 21 by Myers family

The Myers reunion and dinner was held at the Carlisle City Lake Saturday, Aug. 21. Those present were Mr. and Mrs. J.B. Myers, Murray, Mo., and Mrs. Kenneth Myers, Louisville, Mo.

Mr. and Mrs. Joe Sapp entertain several with cookout Aug. 22

Mr. and Mrs. Joe Sapp entertained with a cookout on Sunday, Aug. 22. Guests included Mr. and Mrs. Richard McElvain, Lexington, Mo., and Mrs. Carlisle, Lexington, Mo.

Installation of UMYF officers held Sunday

Installed as officers of the Carlisle Unit, Secretary Carol Chamberlain, Treasurer. Installation took place at the morning worship service of the church by the pastor, Richard Chamberlain, assisted by the outgoing president, Miss Cheryl Lowe and the youth worker, Miss Kay Pruitt.

V.F.W. Auxiliary to hold sale

The V.F.W. Ladies Auxiliary will conduct a rummage sale Saturday, Aug. 28, from 9 a.m. until 3 p.m. in the courtyard yard. For additional details contact Aileen Boots or Leona Trust.

J.C. Penny sports jackets recalled by Commission

The U.S. Consumer Product Safety Commission today announced that approximately 25,000 men's and boys' lightweight sports jackets must comply with Federal flammability standards or be destroyed.

Berea College is featured on tv special in September

An hour-long CBS special on Berea College is scheduled for nationwide showing at 10 p.m. Sunday Sept. 5. The program is titled "A Portrait of Berea College" and features five students with varying interests and views.

OXYDOL \$1.99

84 oz.

Just Rite 10% off

Hot Dog Sauce 4/51

Barbecue Sauce 59¢

Apple Sauce 4/51

Lifebuoy Soap 2/59¢

Royal Gelatin 3/59¢

Instant Pudding 3/69¢

Chef-Ar-Dee Large Frozen Pizzas 99¢

Pepperoni, Cheese, Sausage, Beef & Cheese

Delmonte Peas 303 can 3/11

20 oz.

Welch Grape Jelly 69¢

Family size Downy 2.49

40 Ct. Bounce 1.69

Reynolds Wrap 25 ft. 3/11

Hi-C Drinks Fruit 46 oz. 2/89¢

Miracle Whip (Limit 1) 32 oz. 69¢

3 lb. can CRISCO (Limit 1) SHORTENING \$1.29

Stick Margarine lb. 39¢

Churngold

Hi-C Whip (Limit 1)

Rexall Head of the class

Hot Dog Sauce 4/51

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Carlisle Drug Co. THE REXALL STORE CARLISLE, KY.

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