

# Kay's Kitchen

— By Kay Fisher —



With so many things to do inside and outside, and very little time to spend in the kitchen here are some quick and easy meals. I do believe that most recipes are best when prepared yourself, however my mind is not set in concrete and I realize there are times when ready mixes are a blessing. I have a few on my pantry shelves for emergencies.

Nothing adds to your halo like serving hot bread for dinner. You can make your own biscuit mix a lot cheaper than you can buy it. Try making your own and keep a jar in your refrigerator. Then try some of these variations.

Since giving you my recipe for biscuits, which I make from my own mix, I've come up with easier mix by using self raising flour.

### BISCUIT MIX

2 1/2 cups self raising flour  
1/2 cup vegetable shortening (a bit more won't hurt. Just depends on how much and crisp you like your biscuits.)  
Mix together with fingers until crumbly. Store in quart jar in refrigerator. With this you may use either sweet milk or buttermilk when making into biscuits. Use only enough milk to hold dough so you can knead lightly, when ready to make biscuits.

**ONION-CHEESE BREAD**  
1/2 cup chopped onion  
1 beaten egg  
1/2 cup milk

1 1/2 cups biscuit mix  
1 cup shredded sharp cheese  
2 tablespoons chopped parsley  
2 tablespoons melted butter  
Cook onion in small amount of hot vegetable oil till tender but not brown. Combine egg and milk; add to biscuit mix; stir only till mix is just moistened. Add onion, half the cheese and parsley. Spread dough in greased 8-inch round cake pan.

Sprinkle with remaining cheese. Drizzle melted butter over top. Bake at 400 degrees approximately 20 minutes or until done. A toothpick tested in the center should come out clean!

### BACON BARS

1/2 cup grated sharp cheese  
6 slices of bacon cooked crisp and coarsely crumbled  
2 cups biscuit mix  
3 tablespoons bacon drippings milk

Stir cheese and bacon into dry mix. Make dough as for regular biscuits, adding the bacon drippings in with the milk. Knead and roll as for biscuits. Cut into about 1/2 inch wide strips or 2 1/2 inches long. Place on ungreased baking sheet. Bake at 450 degrees for 10 minutes.

### CHEESE CORNBREAD

1 cup chopped onions  
1/2 tablespoon margarine  
1 package of cornbread mix

Try this with a cornbread mix.

Mr. and Mrs. Ernest Sooby had as their recent guests Mr. and Mrs. Julian Morris of Mt. Pleasant, Tenn. Mrs. Mattie C. Smith and Mrs. Jessie B. Ginter of Lexington spent Friday with Mr. and Mrs. R.D. Canine. Mrs. Walter Flora received word that he would be her brother, Herbert Canine, of Winter Park, Fla. has submitted to major surgery at Winter Park Hospital. His address is: 346 South Phelps Ave., Winter Park, Fla. 32786.

Mr. and Mrs. Randolph Phillips have returned to their home in Arlington, Va. after having spent two weeks with their daughter, Mrs. J.E. Johnson, Dr. Johnson and children in Millersburg. Mrs. Karen Sanders of Fayette county spent her spring vacation with her grandparents, Mr. and Mrs. O.P. Sanders at HedgeCrest Farm this past week.

Mrs. James Patton of Lexington, formerly of Carlisle, has returned home after a week in Good Samaritan Hospital in Lexington.

The three top winners Sunday at the Carnice County Club Easter egg hunt were Cindy Allison, John Turner and Lisa Galt.

The W.R. Stampler Corporation in Millersburg held an open house Wednesday afternoon, April 21 from 1 to 4 p.m. to give the public a chance to view their new office building on Main Street.

Mr. and Mrs. Marshall Cox and daughters of Louisville were guests this weekend of her parents, Mr. and Mrs. Harold Mitchell, and his parents, Mr. and Mrs. Charles Cox.

The Merry-makers Homecoming Club met Tuesday night at the home of Mrs. John Smoot in Millersburg for a potluck dinner.

Miss Betty Blake, Cincinnati, was the Easter Sunday guest of her parents, Senator and Mrs. H. Stanley Blake. Mrs. Bill Guthrie plans to leave Carlisle today (Thursday) to spend some time with her father, J.W. Woodall in Pennsgrove, Calif., who is being admitted to the hospital there for surgery.

Mr. and Mrs. Billy Dale Crawford and family of Columbus, Ohio, were visitors in Carlisle on Monday. Mr. and Mrs. Clay Dayton returned to their home in Nicholas county on Thursday after having spent four months in Leesburg, Fla.

Mr. and Mrs. Robert McDaniel and daughter Vanessa, of Paris, formerly of Millersburg, were called to Louisville last week due to the death of her sister, Mrs. Walter Metern on Wednesday morning.

Mr. and Mrs. Morris Whitely spent the Easter holidays with her sister, Mrs. Tony Willis and Mr. Willis of Tifton, Ga.

Miss Becky Bunton of Lexington spent Sunday with her grandmother, Mrs. Frank Henry.

Mrs. A.B. Crouch arrived home Tuesday after a ten day visit with her mother, Miss Sidney Cough, in Quincy, Ill.

Dr. and Mrs. James E. Johnson of

Millersburg attended the National School Board Association Convention at the home of Mrs. Edna Johnson in St. Louis, Mo. Mrs. Johnson is vice-president of the Kentucky School Board Association. Dr. Stanley Johnson, formerly of Nicholas county, Mayislick, was awarded the American Society of Microbiologists Teachers Commendation as well as the Outstanding Senior High School Science Teacher Award at the Regional Science Fair held recently at Morehead State University. His parents are Mr. and Mrs. Ebel Stephens, Carlisle.

Lula Willoughby of Nicholas county, visited Mrs. Gopal Williams of Fleming county last week. Richard Chamberlain, treasurer of the Seventh District PTA, attended a portion of the 26th Annual State Convention of the Kentucky Congress of Parents and Teachers in Elizabethtown, April 20-21.

An auxiliary to the Millersburg Fire Department was formed April 13 about 20 women attended the meeting and elected the following officers: Mrs. Donald Nalley, president; Mrs. Charles Law of Millersburg, Mrs. Nalley and children arrived in Millersburg Thursday where they plan to make their home. The family had been living in Ashberg, Germany where Mr. Nalley was stationed with the U.S. Army.

Mrs. Thomas Davis of Flemingsburg spent the Easter weekend with her daughter, Mrs. Rusty Lawrence, Mr. Lawrence and daughter.

Mrs. Gary and Emily Griffith, students at Morehead State University, spent the Easter holidays with their grandparents, Mrs. Hester Asbury.

Mr. and Mrs. Harold McVeay and family returned to their home in St. Louis, Mo. Sunday after having spent last week in Lexington and Millersburg with his mother, Mrs. Frank McDaniel, Millersburg, who submitted to major surgery at St. Joseph Hospital, Lexington, last Thursday.

Miss Diana Allison was admitted to Good Samaritan Hospital, Lexington, on Tuesday where she submitted to surgery on Wednesday.

Sallie Bell, daughter of Mr. and Mrs. Russell Bell of Nicholas county was released from Nicholas county Hospital Friday where she had been a patient most of last week.

Mr. and Mrs. Pete McLaugh have moved here from Morehead. He is the Jayville Cooperator for Nicholas county. The couple reside in Miss Nancy Talbert's home on Mulberry Street.

Mr. and Mrs. Edgar Allison and Cindy few home, Campbell after a



## MMI Day visitors

Mrs. John Smoot, left, Lisa Livengood and Mrs. Imogene Livengood of the Junior Garden Club of Millersburg were visitors on the campus of Millersburg Military Institute Thursday, and attended M.M.I. Day activities.—Duncan photo

## Lecture-musical program is slated for club women

Julian Dorsey, Flemingsburg, will present a lecture-musical program for the Carlisle Community Women's Club on Tuesday, April 27, at 7:30 p.m. Mr. Dorsey recently retired from

## 'Plants' topic of club meet

The April meeting of the Carlisle Garden Club was held Monday, April 19 at the home of Mrs. Lovell Hollar, with Mrs. W.G. Irvin as co-hostess. The general music activities and directed large mixed choral groups in Waggoner High School, Seneca, and lately in Ballard High School.

Mr. Dorsey will present a program in the humanities, whereby he will show developments and comparisons in the arts in western world culture. He will present enlarged color posters, recordings, and musical excerpts at the piano and organ. Sculpture, paintings, and music all will be compared to show development from the Greek culture through the 20th century. Such periods as Renaissance, Baroque, Classic, Romantic, and Impressionistic will be presented.

Mr. Dorsey taught in the American schools near Tokyo, Japan and in England the year of the coronation of Queen Elizabeth.

Spiritual values will be given by Mrs. Cindy Dancon, formerly of Nicholas county, Mayislick, and his parents, Mr. and Mrs. Everett Ritchie.

Co-hostesses for the evening will be Miss Friet Allison and Mrs. W.W. Cook.

## Federation meet is topic of Fish and Game Club

The main topic of discussion at the Fish and Game Club's meeting to be held this afternoon (April 22) is the upcoming federation meeting to be held by the local club, according to Cletton C. McLaugh.

The meeting will include a potluck dinner starting at 7:30 p.m.

## Joint birthdays are celebrated Easter Sunday

Sgt. David R. Ritchie, stationed in Erlangen, Germany with the U.S. Army, arrived in Carlisle on April 1 to spend some time with his wife, Sue Wilson Ritchie, her parents Mr. and Mrs. William Wilson, and his parents, Mr. and Mrs. Everett Ritchie.

Mrs. Ritchie returned to Germany, April 11. His mother celebrated her 70th birthday on Saturday, April 17. Dinner guests were Tommy Bowles, Mr. and Mrs. Allen Bowles, and Patricia, Robbie Lyons, Mr. and Mrs. Justin Gray and Mr. and Mrs. Phillip Bowles and Carrie.

## Mother-Daughter Banquet is Monday for Girl Scouts

The Carlisle Girl Scouts will hold its Bicentennial Mother-daughter Banquet on Monday, April 26, at 6:30 p.m. at the Nicholas County Elementary School.

During the banquet, volunteers who have helped scouting throughout the year will be honored. Each of the seven organizing troops will stage a skit. The theme of the banquet will be "Horizons '76," according to Mrs. Edith Service Unit chairman for

## Miss Audrey Gounce June wedding is planned

Mr. and Mrs. Harold E. Gounce, Carrollton, announce the engagement of their daughter, Audrey Lee, to David Anthony Phelps, son of Mrs. Edith Phelps and the late Luther B. Phelps of Bowling Green.

Miss Gounce is a 1970 graduate of Harrison County High School, Cynthia, and a 1975 graduate of the University of Kentucky College of Nursing. She is employed by A.B. Chandler Medical Center, Lexington.

Mr. Phelps is a graduate of Bowling Green High School and the University of Kentucky College of Pharmacy, where he was a member of Phi Delta Chi Fraternity. He is employed by

the Lexington, where he will be solemnized Saturday, June 12 at First Baptist Church, Carrollton.



MMI Day activities.—Duncan photo

# Ceremonies; honors abound at MMI Day



Senator Joe Prather (D-Vine Grove), acting for Gov. Julian Carroll, was the principal speaker at M.M.I. Day ceremonies Thursday. Prather, president pro tem of the Senate, declared that Gov. Carroll had proclaimed April 15 as M.M.I. Day in Kentucky.

## Marker unveiled

Contrelle Layson, Mayor of Millersburg, admires the monument which was unveiled by Col. [Ret.] Alvin C. Hadley, president of M.M.I.—Duncan photo

## Tree planted

I. Col. Paul Liebher, senior at M.M.I., and Mrs. Andrea Mann, president of the Millersettes Garden Club, assist Prather in the planting of a second poplar tree on M.M.I. campus Thursday. The two garden clubs donated the trees.—Campbell photo

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Mr. Bowles' birthday was Friday, April 11. His mother celebrated her 70th birthday on Saturday, April 17.

## PTA officers are elected

Nicholas County Elementary PTA officers elected recently are: Marie Sparks, president; Sally Jones, vice president; Sue Kirby, secretary; and Bonnie Duncan, treasurer.

## Junior Woman's Club to meet

The Carlisle Junior Woman's Club (KFWC) will meet Monday night, April 26 at 7:30 at the home of Mrs. Dorsey Lynn Watkins on the Paris Pike. Election of officers will be held.

## Notice Cystic Fibrosis Bike-A-Thon

Entry forms may be picked up at The First Natl. Bank

## After-Easter Sale

Savings just in time for a "Spring Fling"!

Spring Dresses, Jacket Dresses, Pant Suits

Reduced 1/3

Abraham's Ladies Shop

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DUNCAN'S ELECTRICAL SHOP



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Senior Garden Club of Millersburg, assisting Sen. Joe Prather in tree planting ceremonies Thursday at M.M.I. Day.—Campbell photo

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