Mr. and Mrs. Ollie R. Mitchell of Mr. and Mrs. Oille R. Mitchell of Aralisel announce the engagement and orthorning marriage of their daugher, K. Mary Davon to Grover Clevalled Livingood, Smo of Mr. and Mrs. Grover L. Livingood of Moorefield. Miss Mitchell is a 1974 graduate of icholas County High School and is now included to the county of the county of the more of the county of the county of the living of the county of the county of the more of the county of the county of the living of the county of the county of the more of the county of the county of the more of the county of the county of the county of the more of the county of the county

arming.

The wedding will be an event of Nov.
1, at 7:30 p.m. at the Carlisle Baptist
thurch. No formal invitations will be
ent and all friends and relatives are all friends and relatives are The reception will be in the of the church immediately



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of

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Coats"

AGAIN THIS FALL

"SUBURBAN COATS"

"YEAR ROUND KNITS"

"New Fall

"Accessories"

"BLOUSES"—"PURSES"
GLOVES"—"JEWELRY

"WALLETS"—"SCARFS" TOILETRIES"—"BELTS"

after being a patient at Good Samaritan Mrs. Lyle And Hospital, Lexington. recuperating at home after submit

Mr. and Mrs. Charles Hopkins and Col. and Mrs. W.R. Buntin spent several days last week at Barkley dge. Bobby Harper submitted to surgery

Bobby Harper submitted to surgery bat Monday at St. Joseph Hospital, Lexington. He returned home on Miss Lillie Martin fell one day last week at her home, breaking her hips. She is a patient at St. Joseph Hospital, Lexington. Hospital and the strength of the state DARLES OF THE STATE OF THE STAT

Kav's Kitchen



This week back to the baking of bread. I had no idea so many people were interested in making a load of bread—Sall Rising or just plain bread. The first recipe for Sall Rising Bread has been in the Fisher family for a generation or two, Australia Carlo Sall Rising Bread has been in the Fisher family for a generation or two, Australia Carlo Sall Rising Bread has been in the proposition of the sall Rising Bread has been in the fisher's Sall Rising Bread has been in the proposition of the sall rising been in the same but the instructions are simplified. Just now word—if you are simplified. Just now word—if you are simplified. Just now word—if you are simplified. simplified. Just one word—if you are in a hurry, forget it!

About noon peel and slice thin, on medium size potato into wide mouth quart jar. Add 1 tablespoon cornmeal, ½ teaspoon sugar, ½ teaspoon salt. Pour over this, 1 cup of boiling water, stir and cover with of boling water, sit and cover with a cloth and place jar in pan of hot water. This must be kept warm until the next morning when it should be the next morning when it should be the state of the state

Couple plan

fall wedding

are finalized

Mrs. Mary Honaker of Cincinnati and James Honaker of Carlisle announce

ninutes. Turn out on cake rack. Butter top

lightly.

If you can't wait for the bread to be cool before trying it, cut with serrated knife and serve warm with plenty of butter

SALT RISING BREAD

1. Yeast—First step
In a pint jar slice one medium size
potato (unpeeled), Add 3 teaspoons
cormneal (fresh)—preferably home
ground or water ground meal.
1 teaspoon sult
1 teaspoon sult
1 teaspoon sult
2 pour ja beglut water to is of too.

Pour in boiling water to 1/2 of top. seal and shake.

Keep in warm place for approximately 12 hours. A white foam comes to top—the yeast is ready.

ready.

2. Rising—Second step
Into 1½ quart pan (with lid) pour
liquid yeast (all except potato).
Add 2 large pinches soda (about ½
teagroon).

teaspoon).
Add All Purpose flour to make a paste (not too thick a paste).
Mix well.
Cover and place in a warm place.

and not too hot).
This will double in size in about 1 hour to 1 hour and 15 minutes.

3. Into mixing bowl, put:
8 cups All Purpose flour
1 tablespoon sugar
2 large tablespoons of shortening (each about size of an egg)
Mix well.

4. Add Rising (Step No. 2) and mix well.

 And Hising (Step No. 2) and mix well.
 Add 1 cup milk and 1 cup water which has been mixed and heated. (1 like mine to be hot to touch but short of boiling). 6. Have prepared 3 well-greased loaf pans and 3 pieces of foil to

7. Knead mixture well, at least 7

8. Divide into 3 equal parts and

10. Cover with the foil and place in

10. Cover with the foil and place in warm oven (not hot—don't leave heat on).

11. In about 1 hour to 1¼ (hours, the dough doubles in size.

12. Remove from oven.

13. Heat oven to 300 degrees,

is. Heat oven to 300 degrees, insert loaves.

14. Bake for 50 minutes. (I then uncover pans and turn broiler on to-make tops of loaves brown).

15. Remove from oven and pans. Cover with towels and sprinkle with water. (Place on towel and cover with second towel).

Seen.
CHOCOLATE-CARAMEL
PECAN DROPS
Combine and melt over boiling
water 34 pound vanilla caramels, 1
tablespoon butter, 1 tablespoon

Add: 34 cup coarsely chopped pecans. Keep warm over hot water. Grease cookie sheet well, then sprinkle with sifted confectioner's

sprinke with sitted confectioner's sugar.

Combine and melt over het/vice.

Combine and with a sugar and a sugar a

Miss Judy Hunter

Wedding plans

Daughter visited on recent trip

They visited Mrs. Letton's daughter, Miss Lucy Letton, in Great Haseley, England, near Oxford.

Proc Blair has pledged MARTIN
Mr. and Mrs. Bobby Ray Martin of
Carlisle announce the birth of a
doughter on Thursday, Oct. 23, 1975 in
Cathleen LeAnne has been named
Cathleen LeAnne, has been named
Mrs. Martin is the former Deborah
Lee Herrington.
Paternal grandparents are Mr. and
Mrs. Robert Martin of Carlisle.
Mrs. Anne
Grinstead of Brooksville.

Foodtown Coupon TOOTH PASTE Expires 11-11-75 Foodtown Coupon DISH LIQUID 22 Oz. **59**C

GOLD MEDAL

dtown Coupon

PIE CRUST

MIX 11 0z. 35\$1

Expires 11-11-75 Foodlown Coupon

STICK Imperial

MARGARINE

39°

7 oz. **79**c

DOVE

Expires 11-11-75

CHEERIOS

GEREAL"

Expires 11-11-75

10 Oz. 49°

FAMILY Pillsbury

BROWNIE MIX

221/2 Oz. **79**C

CLUB Keebler

CRACKERS

16 Oz. 59°

5 Lb. 59°

FLOUR

WEBBER'S WHOLE HOG SAUSAGE lb. \$1.49

17 oz. 3/1

SLICED MUSHROOMS

2½ oz. 3/1

WHOLE ASPARAGUS

SPEARS 15 oz 39'

FROZEN NIBLET

CORN 10 oz 2/69

FROZEN CREAM

3/1

Reg. & Thick Vacuum Packed

Dubuque All Meat Bologna Ib. 99°

Kniep's Corned Beef Round lb. \$1.39

Swift's Canned Hams 5 lb. can \$8.99

100% PURE FRESH

GROUND BEEF

(3 lb. pkg. lb. 79°

or larger)

PORK CHOP

First Cuts lb. \$1.29

Center Rib lb. 1.59

DUBUQUE

ALL MEAT

OR BEEF

WIENERS

pkg.

17 oz. 3/1

Chef-Boy-Ar-Dee Large

FROZEN PIZZAS

89c

Sausage, Cheese, Pepperoni,

2/35

2/35

79

Beef & Cheese

KITCHEN SLICED GREEN

PEAS & ONIONS 17 oz 3/1

FRENCH STYLE GREEN

REANS

69°

12 oz. 3/1 CREAM STYLE GOLDEN

CORN

17 oz.

2½ oz.

GREEN GIANT SALE

WHOLE KERNEL CORN

WHOLE MUSHROOMS

Center Loin lb. \$1.69

SALE"

(2 lbs. 12.97) STILLWELL FRANKEN

BERRY Cereal 8 Oz. 49°

Expires 11-11-HEINZ Juni **BABY FOOD** 71/2 6 89°

B.C. FROSTING

15 Oz. 69°

Expires 11-11-75

Box MIXES

Foodtown Coupon

PHASE III Bath size.

BAR SOAP Aqua.

3 89°

KEEBLER

COOKIES

14 0z. 79c

1 m. 1 Con

Chuck Poast

U.S. Choice Chuck Roast Center Cut lb. 89° U.S. Choice Shoulder Roast U.S. Choice

oneless Chuck Roast U.S. Choice Chuck Steak lb. 99° (Boneless lb. 1.29)

U.S. Choice Beef Short Ribs | Ib. 1.19 Boneless Stew Beef U.S. Choice Ib. \$1.39 Pork Country Style Ribs lb. \$1.39 **Ouarter Pork Loin** lb. \$1.39 (Sliced into Choos Free)

Premium Saltine Crackers Ib. box 49'

2% MILK

\$1.39

Smuckers & Jam 2 lbs.

Grape Jelly

6/79

FROZEN

COBBLERS

99°

Blackberry, Apple,

Peach, Cherry,

Strawberry

CANNED PEAS 17 oz. 3/1 Biscuits

FROZEN PEAS 10 oz 2/69

Bird's Eve 12 oz

CORN 10 oz 2/69 Frozen Orange Juice 49

RED OR GOLDEN

DELICIOUS APPLES

4 lb. bag **79** C

SEEDLESS



Expires 11-11-75 Foodtown Coupon

WINDOW CLEANER 15 0z. 49°

SHAVING CREAM Lim 11 0z. 79c

Expires 11-11-75 Foodtown Coupon

HEINZ sev. varie G.A. SOUPS

1434 Oz. 45\$1 Expires 11-11-75

DIAL New Family Siz BAR SOAP

7.0z. 2559°

Expires 11-11-75 **FOLGERS**

Miss Judy Hinter, Nicholas Compy the emitted shoppers to buy and point Dairy Princess, daughter of Mr. and Wra. Billy Hinter, represented Nichola las county at the district meeting held in the composition of the composition programs. Dairy Association of Kentucky Dairy Association of Kentucky, reported that the American Dairy Association of Kentucky Composition of Kentucky, reported that the American Dairy Association of Kentucky Dairy Association of Kentucky Board of Associa

Coach Pumphrey HomeHealth to speak Nov. 10

On Monday, Nov. 10, at 6:30 p.m., persons are invited to hear Coach Coach hen Pumpherey will speak to the Pumpherey at the Nicholas County Exercise Class. Coach Pumpherey programs. Coach Pumpherey programs. Coach Pumpherey programs to the State of the Coach Pumpherey of of the Coach P

Mrs. Harold Letton and Mrs. Alec Miller Jr., of Millersburg, returned home Sunday after a 15-day visit in England and Scotland.

Mrs. Nannie Linville of Carlisle is the Mrs. Nannie Linville of Carlisle is the paternal grandmother. Maternal grandparents are Mr. and Mrs. George Smart of Lexington.

LINVILLE
Mr. and Mrs. Jerry Linville, 638 Eden
Road, Lexington, announce the birth of
a daughter on Tuesday, Oct. 28, 1975 at
the Good Samaritan Hospital, Lexing-

Miss Marina H. Farah, Lexington, formerly of Carlisle and Mr. Charles Whitehead La Fontaine of Frankfort have finalized their wedding plans. The wedding will be an event of Saturday, Dec. 6, at 2:30 p.m. at St. Peter Catholic Church in Lexington. is topic \

The Carlisle Community Woman's Club (KFWC) will meet Monday, Nov. 10, at 7:30 p.m. at the home of Mrs. S. Evans Brown.

The Home Life Department will have the noise Life Department will have charge of the program and will present Mrs. Frank Vaughan, R.N., who will speak on Home Health.

The co-hostesses for the evening will be Mrs. Wayne Rawlings and Mrs. Licha Farah.

Spiritual values will be given by Mrs. Fred Whaley.

Mrs. Wilson is speaker

The Carlisle Junior Wornan's Clab (KFWC) will hold its regular meeting Monday, Nov. 10 at 7:39 pm. at the Nicholas County Library.
Mrs. Margie Wilson, Home Life Mrs. Margie Wilson, Home Life Andrew Life Mrs. Margie Wilson, Home Life Andrew Life Mrs. Garage Life Mrs. Carlot Carlot (Carlot Mrs. Caylet Carwell austiting Mrs. Ronald Scarwell austitus Mrs. Gaylet Carwell austitus Mrs. Gaylet Carwell austitus Mrs. Ronald Scarwell Mrs. Ronald Ronald Mrs. Ronald Ronald Mrs. Ronald Ronald Ronald Ronald Ronal

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GRAPE NUTS CEREAL Post 24 Oz.

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20 Oz.

20 lb. bag NO. 1 WHITE POTATOES \$1.89

5 lb. bag

Cucumbers

Green Onions

Pole Beans 3 lbs.

Florida Tangelos

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16 nz 8 nk

with bottles

99

LARGE

EGGS

Doz.

68°

BREAKFAST 99°

MAGIC PRE-WASH 89°



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Special Showing of "New Fall Dresses" T'S A NEW WORLD OF

PASHION FOR AUTUMN AT OLDHAM'S NEW ARRIVALS MAKE FALL BEAUTIFUL IN HUNDREDS OF PRETTY DRESSES.

"PANT DRESSES"
"CASUAL AND DRESSY TYPES"
THE NEW BELTED LOOK "THREE PIECE WEEK-ENDER" "FOUR PIECE

SELECT SEVERAL TODAY Special Showing

"Sportswear" YOU WILL LOVE THE CLEVER AND DIFFERENT

"SPORTSWEAR"
DESIGNED FOR COMFORT,
FOR PLEASURE AND FOR
YOU. SEE THE COLOR
MATCHED TOPS, SLACKS ND SKIRTS, SPARKLE YOUR AUTUMN WITH WARDROBE OF SEPA

> "Toiletries" by "ESTEE LAUDER

James Honaker of Carlisle announce the engagement and forthcoming marriage of their daughter, Linda Sue to Roger Dufresse, son of Mr. and Mrs. A.L. Emmons Jr. of Paris. Miss Honaker is attending school in Cincinnati and Mr. Dufresne is employed at Claiborne Farm in Paris. The wedding will be on Friday, Nov. 14 at 5:30 p.m. at the home of the bride-elect's mother in Cincinnati.