

Kay's Kitchen

By Kay Fisher



Mrs. Elizabeth Soap of Denning, 45, said she began to use seven years ago after I had published requests for them. Her recipe for an interesting even if you don't want to make them. Why not get two or three copies together and make an afternoon of fun experimenting with a Mexican meal?

CHILI CON CARNE [SAUCE AND FILLING]
1 1/2 pounds round steak, pork or chicken
2 tablespoons lard drippings or butter
1 tablespoon flour
1 cup chili sauce and desired amount of Tabasco or chili powder, or ground chili peppers
1 teaspoon salt
pinch of oregano
1 clove garlic (minced)
1 to 2 cups meat stock (can substitute half tomato juice or tomato sauce)
Cook chili with water and simmer until tender. Cut meat in tiny cubes or chop on low speed of electric blender. Heat the fat in a large frying pan and add meat and brown.
Add the flour, stirring constantly and let brown. Remove from heat, cool slightly and add the chili sauce with above mentioned hot seasonings, and stir well.
Season with salt, oregano and garlic. Add 1 cup meat stock if using chili sauce, and add 2 cups if using ground chili peppers. Cook and stir for about 10 minutes to allow until sauce is thick.

MASA (CORNMEAL MIXTURE)
2 cups masa or commercially prepared meal
3/4 cups warm water, approximately
2 cups lard or shortening
2 teaspoons salt
corn jacks
Add water to the masa. Beat in the lard until creamy. Add salt. Then combine the lard with the masa, mixing well.
Trimmed wash corn jacks. Soak in warm water until soft.
Spoon each 1/2 cup of 2 tablespoons masa mixture. Then add 1 tablespoon or more of chili con carne. Fold the sides of the husk toward the center, folding one side at a time toward the center. Then fold the bottom up and bring the top down, tying if desired. If more masa is desired, a tablespoon or more may be added over the chili before folding the husk back of a spoon to expose the masa to cover the filling.
Gather each end of husk and tie with white twine.
Steam the tamales, by placing them standing up on one end on a rack in the cooker. Steam for 45 minutes or pressure for 20 minutes at 15 pounds. Serve hot with more sauce, making it thinner. Four over tamales after removing the husks.
Yields 4 to 6 dozen.

CHURCH SUPPER CASSEROLE
Peel and slice as many potatoes as you wish, place a layer in greased casserole, then a layer of sliced onions, next a layer of undrained ketchup. Continue in this manner of filling the casserole with the same ingredients, making it thinner. Four over tamales after removing the husks.
Yields 4 to 6 dozen.

Make in a Hurry' cooking classes starting Oct. 21 at high school
The Nicholas County Home Economics Department is sponsoring a series of four adult classes entitled "Make in a Hurry", beginning at 7 p.m. on Oct. 21 in the home economics department at the high school. This first class will feature preparing main dishes using the oven and broiler.

Miss Ann House to marry Nov. 8 at Baptist Church
Mr. and Mrs. Clifton Howe, Morefield, announce the engagement of their daughter, Ann Marie Thomas Terrell, son of Cecil Terrell, Carlisle and late Mrs. Mary McDonald Terrell.

son celebrates sixth birthday
Mr. and Mrs. Licha Farah entertained their son, Licha Hanna Jr. with a party at their home Sunday afternoon celebrating his sixth birthday.

Mr. and Mrs. Hill hold reunion
On Oct. 12 a family reunion and dinner was held at the home of Mr. and Mrs. Ermine Hill.

Brian Ockerman has birthday
Mr. and Mrs. Steve Ockerman entertained with a birthday party Thursday night, Oct. 9, in honor of their son, Brian Ockerman's first birthday.

Jarrod Willis was two Oct. 13
Jarrod Willis celebrated his second birthday on Monday, Oct. 13 at 2 p.m. at the home of Mrs. Johnny Tapp on Main Street.

Mrs. Dora Myneer celebrates her 90th birthday at home
Mrs. Dora Myneer celebrated her 90th birthday at her home on Johnson Road Saturday, Oct. 4.
Guests were: Mrs. Vina Barnhill, Mrs. Ida Lee Cooper, Norwood, Ohio; Mrs. Myneer, Mrs. Bonnie Smith, Mrs. Vicky Myneer, Bourbon county; Mrs. Edna Wagner, Mrs. Lillian Wilson, Covington; Bill Hoover, Lawrenceburg, Ind.; Mr. and Mrs. Danny Curtis, Ft. Mitchell; Rev. R.C. Myneer, Stanford; Mrs. Joyce Howell, Mayville; Douglas Nicholas county.

Women's Softball League had banquet Sept. 26
Blue Grass Industries Women's Softball League celebrated its annual banquet with a banquet at the Carrioco Country Club on Sept. 26. The Paris team received first prize for a 1-4 season record. Mt. Sterling, Cynthiana, and Mayville placed second, third and fourth respectively with a 6-6 record. Carlisle earned third place with a 4-8 record.

Cervical Cancer Clinic is Oct. 21
A Cervical Cancer Clinic will be conducted at the Nicholas County Health Center, Tuesday, Oct. 21 from 9 a.m. to 5 p.m.
Cancer of the uterus can be one of the most curable of all cancers, therefore all women who have not had a pap test in the last year are urged to take advantage of this simple test. Nurses who have been trained in cervical cancer screening will be doing these tests.

Mrs. Dora Myneer celebrates her 90th birthday at home

Mrs. Norma Jolly, Kay and John Fleming county; Mr. and Mrs. Bob McCreary, Monteville, Ala.; Spencer Myneer, Mrs. Bonnie Smith, Mrs. Vicky Brookshire and Mike, Mr. and Mrs. Cecil Myneer, Erma and Elizabeth, Mr. and Mrs. J.D. Markem, Mr. and Mrs. James Myneer and Howard, Katherine Myneer and Charlie Myneer of Nicholas county.

M.Y.F. sub-district meet is Oct. 20

An M.Y.F. Sub-District meeting will be held at Headquarters, Methodist Church Monday night, Oct. 20, at 7:30 p.m. There will be a wester toast and program.

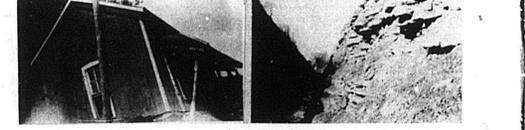
Drinks will be served by the host church. Each group is asked to bring wester and dues.



Mrs. Dora Myneer

Here are more pictures submitted by Burl Hunt of old Carlisle scenes.

Above left, First boys to leave Carlisle for World War I. Person unknown, but taken on west side of courthouse steps.



A house on Dorsey Avenue following the flood of 1920 or 21. A view at the mouth of an old tunnel near Carlisle, at least that's what the picture says on its backside.

Marie Chapter 229 will hold its regular monthly meeting Monday, Oct. 20, at 7:30 p.m. at the Masonic Temple. After the business meeting refreshments will be served in the dining room. All officers are requested to wear formal attire.

Mrs. Thompson honored Sunday

Mrs. Edna Thompson of Dover was entertained on Sunday, Oct. 12 with a surprise gathering of her family and friends in observance of her 82nd birthday.

Those who attended the celebration were Mr. and Mrs. Virgil Ritchie and daughter Beth, Kessy, Shirley and Opal Brunley, Raymond and P.J. Baker of Carlisle, Mr. and Mrs. Harold E. Thompson and son Harold of Louisville.

Raymond Thompson of Mayville; Burke Mitchell of Manchester, Ohio; Mrs. Paty Hampton and children, Hildie, Lisa and Cathy; Mrs. Faye Thompson and Furry Barnett of Dover.

Special trophies were presented to those members of the Carlisle Most Valuable Player, Mayme Wagner; Most Improved Player, Carolyn House; and Sportsman Award, Faye Buzzard.

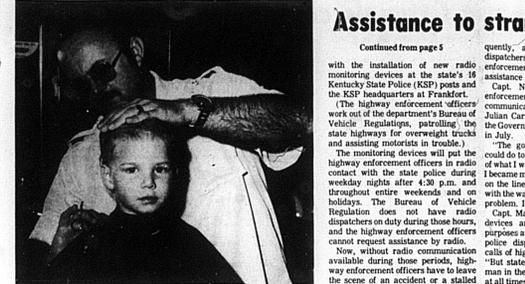
The annual tournament this year was held at the Wild Park in Mayville. The tournament title was captured by Paris who beat Cynthiana in the first game 10-3 and a smashing win over Mt. Sterling, 14-0, in the final game of the series.

Mr. and Mrs. Lawrence Gabriel of Worthington, Ohio visited over the weekend with her parents, Mr. and Mrs. George Roberts.

Mr. and Mrs. Jesse Watson spent Sunday with Mr. and Mrs. Wendell Hill at Florence.

Eddie Barbee entered Central Baptist Hospital Saturday for treatment and rest.

Mr. and Mrs. Jim Barnes spent the weekend with their son, Bruce Barnes, Mrs. Barnes, and their new grand baby, Payton, at Mt. Vernon, Va.



Cute little boy isn't he? Well almost... cute yes, but "he" is Susan Let anyone cut her hair but Joe W. Crouse, daughter of Mr. and Mrs. Bill Crouse, local barber.—Dorcas photo

Assistance to stranded motorists improved

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with the installation of new radio monitoring devices at the state's 16 Kentucky State Police (KSP) posts and the KSP headquarters at Frankfort. (The highway enforcement officers work out of the Department's Bureau of Vehicle Regulation, patrolling the state highways for overweight trucks and assisting motorists in trouble.)

The monitoring devices will put the highway enforcement officers in radio contact with the state police during workday nights after 4:30 p.m. and throughout entire weekend and on holidays. The Bureau of Vehicle Regulation does not have radio dispatchers on duty during those hours, and the highway enforcement officers cannot request assistance by radio.

Now, without radio communication available during those periods, highway enforcement officers have to leave the scene of an accident or a stalled vehicle to find the nearest telephone and ask for aid.

The motorists will be thanked by a Bureau of Vehicle Regulation officer, allowing the state police dispatchers to bear calls from highway enforcement officers and send any assistance they request.

Capt. Neil Marshall, a highway enforcement officer, mentioned the communications project to Gov. Julian Carrull during a "Governor in the Government" meeting in Covington in July.

"The governor asked us what we could do to help us. At first I was leery because I wanted to say to him, but then I became more at ease and really laid out the plan. And I'm really impressed with the way we've gotten action on this."

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BEEF POT ROAST

U.S. CHOICE BONELESS NETTED

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U.S. Choice Rib Roast	lb. \$1.79 (First 3 Ribs lb. \$1.89)
U.S. Choice Rib Steaks	lb. \$1.99 (Boneless lb. \$2.29)
Young, Tender Sliced Beef Liver	lb. 79¢
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Fischer's Beef Wieners	12 oz. pkg. 89¢
Fischer's Pure Pork Piggies	8 oz. pkg. 79¢

NESCAFE INSTANT COFFEE

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ERA LIQUID DETERGENT, KING SIZE

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KRAFT MACARONI & CHEESE DINNER

7 1/2 oz. 4/1¢

VAN CAMP VIENNA SAUSAGE

5 oz. 3/1¢

VAN CAMP CHILI WENEES

8 oz. 3/1¢

JUMBO VIVA TOWELS

2/89¢

R.C. or DIET RITE COLA

8 pk., 16 oz. W/Bts. 99¢

AJAX CLEANSER

14 oz. 2/39¢

PEPPERIDGE FARM SMALL LAYER CAKES

89¢

BANQUET FRUIT PIES

sev. fla. 49¢

BETTY CROCKER LAYER CAKES

18 oz. 49¢

ORANGES

5 lbs. 79¢

POTATOES

No. 1 White 10 lb. bag 99¢

CELLO CARROTS

1 lb. pkg. 19¢

BANANAS

2 lbs. 39¢

MORTON HOUSE BEEF STEW

99¢

MORTON HOUSE HEAT & SERVE BEEF STEW

99¢

SEA PAK SHRIMP & BATTER

1.59

CASCADE FOR AUTO. DISHWASHERS

\$1.19

BLACKBERRY JAM & PRESERVES

7 oz. 79¢

RENUZIT AEROSOL 7 oz. AIR FRESHENERS

49¢

BES-PAK LAWN & LEAF BAGS

6 ct. 79¢

MORSE'S SEMI-SWEET NESTLES

12 oz. 99¢

HEINZ DRY BABY CEREAL

19¢

FAVOR SPRAY FURNITURE WAX

7 oz. 79¢

AJAX DISH LIQUID

8 oz. 79¢

BORDEN CHOC KISSES

7 oz. mild & tangy

TOMATOES

3 lbs. \$

C & G FOOTOWN

\$1.99

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