

Kay's Kitchen

For those who have attended a Burgo Supper and wondered just what was cooking in those big black kettles, here is the recipe for that delicious Burgo. Not that you will need to prepare for 250 people very often! However, if you are a good mathematician, you can cut this down to serve a reasonable number.

- BURGO**
- 25 pounds of diced beef
 - 15 pounds of diced pork
 - 15 pounds of hamburger
 - 10 soup beans, cut (4 packages)
 - 10 cans of No. 2 whole kernel corn
 - 18 cans of No. 2 tomatoes (or fresh tomatoes)
 - 9 large heads of cabbage—divide into kettles
 - 30 pounds of potatoes—divide into kettles
 - 12 packages of carrots, diced
 - 10 peppers
 - 4 bottles of A-1 Sauce
 - 4 boxes of Pearl Barley
 - 16 large onions
 - 2 cans of tomato puree (large cans)
 - 2 boxes of celery, diced
 - 2 boxes of Worcestershire Sauce
 - 6 cans of No. 2 green beans
 - 5 cans of No. 2 lima beans
 - 6 cans of No. 2 peas
- PROCEDURE**
- Use 4 kettles—divide meat, bones and meat.
 - Cover well with plenty of water.
 - Cook until tender (at least 1 1/2 hours).
 - Add barley, more water and sauces (A-1 and Worcestershire).
 - Add corn, beans, other vegetables, cabbage, onions, tomato puree, salt, celery.
 - Black and red peppers—slow heat—simmer with bubbles continuously.
 - Stir constantly and add water often. This burgo should be between stew and vegetable soup consistency.
 - Add potatoes and carrots (carrots should be added at least one-half hour before the potatoes).
 - Stir and add salt and pepper to taste (sample frequently)—red pepper is added all at once.
 - Start fire at 2:30 p.m.
 - Barley should go in at the end of first hour or at 3:30 p.m.
 - For first 1 1/2 hours keep contents at boiling point, so as to cook meat.
 - The vegetables should be tender. Flavorable, but not cooked to pieces. That is why the potatoes and carrots are added last.
 - The A-1 Sauce should be added before the vegetables and stirred into meat.

Mrs. Don Hughes hosts card club

Mrs. Don Hughes entertained with a dessert table at her home on Wednesday, Oct. 1.

Art class to begin

Mrs. Elaine Stankovic, Nicholas County Librarian, has announced that an art class will be formed at the library for those interested in taking an art course.

Feeding baby birds is much harder

If a mother of twins had to work as hard to feed them as the mother of two baby birds, says a bird expert, she would have to go into the woods and carry back 500 buckets of maple sap for syrup every day.

Plans underway at LaGrange

FRANKFORT—Gov. Julian M. Carroll has announced that the Department for Human Resources (DHR) and the Department of Justice are proceeding with plans for the construction and operation of a new forensic psychiatric unit at LaGrange Reformatory near Louisville.

Mountain mission truck pick-up is October 14-15

The Mountain Mission truck from Jackson will be making pick-ups from Nicholas County United Methodist Churches Tuesday afternoon and Wednesday morning, Oct. 14 and 15.

Barbecue enjoyed by friends Sat.

The following enjoyed a barbecue and cookout on Saturday afternoon, Mr. and Mrs. House Miller, Mr. and Mrs. Rickie Feaback, Mr. and Mrs. Sterling Hollar, Mr. and Mrs. Layne Hollar, Mr. and Mrs. Gary Hollar, Kenneth McDonald, Harold Mattox, Kay Mahoney and friends from Lexington, Bobby Wain, and Troy Miller.

Mrs. Bobby Duncan performs at show

Mrs. Bobby Duncan performed a Charleston Fantasia during Midway College's Homecoming Talent Show Saturday night at the school in Midway.

RAMEY-SAPP WEDDING TOLD

Betty Ramey, daughter of Mr. and Mrs. Warren Ramey, and Donald Sapp, son of Mr. and Mrs. Joe Wagener, all of Nicholas county, were united in marriage Sept. 30, 1975 by Rev. Frank Simons. The double ring ceremony was used.

Courtesy, Ashland City, Tenn., graduate of Trevecca Nazarene College, Nashville, Tenn., and Donna Clark, Alex., Ky., second year, graduate student at MSU. Members of UMWV raised the donation money by doing such jobs as raking leaves, having food sales and car washes—Duncan photo

Jackie Alexander, left, vice president, and Karen Garrett, right, treasurer of the Carlisle United Methodist Youth Fellowship (UMYF) presented a check Saturday in the amount of \$200 to God's Looking Glass, a singing gospel group, to help finance a trip to Ireland and Israel in November. The group, traveling with the Rowland-Snyder

Cruade of Orlando, Fla., leaves Nov. 25 for Belfast, Ireland for five days, then on to Tel-Aviv, Israel for five days. Jimmy Sander, cruise director, is a native of Cynthiana. Members of the group are: left, Chuck Cooper, Cynthiana, leader at MSU; Rhonda Cooper, Cynthiana, second year graduate student at MSU; Mike



A sure sign of fall, a wheelbarrow full of golden orange pumpkins, may be seen in the front yard of Sam Reynolds' home on Sycamore Street, Lynn, the Reynolds' youngest daughter, raised the pumpkins on her father's farm on the Jackstown Road and was busy selling them Saturday afternoon. When this picture was taken, unfortunately Lynn was not at home—Duncan photo

Fall signs

Mrs. Mary C. Dawkins to attend meet in Louisville

Mrs. Mary C. Dawkins, Regional Librarian of the Buffalo Trace Regional Library, Broadway, Carlisle, is among 700 librarians who will attend the 68th Annual Convention meeting in Louisville, Oct. 9-11.

Mrs. Wilma Dykeman Stokely, author, lecturer, will address the convention.

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BURDEN

Mr. and Mrs. Wilburn Burden of Carlisle announce the birth of a son on Friday, Oct. 3, 1975 at the Bourbon County Hospital.

RITCHIE

Mr. and Mrs. Robert Ray Ritchie of Cynthiana announce the birth of a son on Sept. 27, 1975 at Harrison Memorial Hospital. He weighed six pounds, two ounces and has been named Matthew Paul.

Other featured speakers during the convention will include Dr. Mary Edna Anders, film maker, Virginia Wright Waxman, and author Walt Morley.

Members are urged to bring their orders for Bright of America.

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YOUR FOOD SAVINGS ADD UP-HERE

FOODTOWN COUPON Twin Pak Lays 9 oz. 59¢ WITH COUPON Expires 10-16-75	SHOULDER ROAST lb. \$1.19 U.S. Choice	Hickory Smoked VIRGINIA BRAND SLICED BACON lb. \$1.59 (2 lbs. 82¢) EDWARDS WHOLE SAUSAGE lb. \$1.49 Whole or Half BEER RIBYE lb. \$2.39 Sliced into Steaks Free	FOODTOWN COUPON Lawn & Leaf 5 Cl. GLAD BAGS 89¢ WITH COUPON Expires 10-16-75
FOODTOWN COUPON Hotts 8 oz. TOMATO SAUCE 6/91 WITH COUPON Expires 10-16-75	1/4 PORK LOIN SLICED \$3.99 COUNTRY STYLE PORK RIBS lb. \$1.39	HILLSHIRE SMOKED OR POLISH SAUSAGE LB \$1.39	FOODTOWN COUPON Window Cleaner EASY OFF 18 1/2 oz. 49¢ WITH COUPON Expires 10-16-75
FOODTOWN COUPON Plain, Self-Rising 5 lbs. GOLD MEDAL FLOUR 79¢ #315H Expires 10-16-75	GOLD BAND TURKEY BREAST lb. \$1.29 6 1/2 lb. avg.	GRADE A LARGE EGGS Doz. 59¢ (Limit 4 Doz.)	FOODTOWN COUPON Aero Liquid 27 oz. FLOOR WAX 99¢ WITH COUPON Expires 10-16-75
FOODTOWN COUPON Keebler 16 oz. House TOWN HOUSE CRACKERS 69¢ Expires 10-16-75	FOODTOWN COUPON Pillsbury 22 1/2 oz. FAMILY BROWNIE 79¢ WITH COUPON Expires 10-16-75	FOODTOWN COUPON Golden W.K. Corn No. 303 STOKELY TOMATO JUICE 46 oz. STOKELY TOMATO CATSUP 1/2 gal. 3/11 STOKELY PEACHES N.Y. Halves, Sliced No. 2 1/2 49¢ STOKELY APPLE SAUCE No. 303 4/11 STOKELY GOLDEN CREAM CORN No. 303 3/11 YAM CAMP BEANEE WEEKERS 8 oz. 3/11 SCHOOL DAY SHELLIE BEANS No. 2 1/2 3/11 SCHOOL DAY BUT GREEN No. 2 1/2 BEANS 3/11	FOODTOWN COUPON 8 oz. TRIX CEREAL 49¢ #31503 WITH COUPON Expires 10-16-75
FOODTOWN COUPON Heinz Strained 4 1/2 oz. BBQ SAUCE 10/91 WITH COUPON Expires 10-16-75	FOODTOWN COUPON Sea Pak 2 lbs. FISH & CHIPS \$1.59 WITH COUPON Expires 10-16-75	FOODTOWN COUPON Jiffy sav. fls. 8 oz. CAKE MIXES 4/91 WITH COUPON Expires 10-16-75	FOODTOWN COUPON Jiffy 8 oz. 8 oz. sav. fls. FROSTING MIXES 3/89¢ WITH COUPON Expires 10-16-75
FOODTOWN COUPON L32 32 oz. DISH LIQUID 89¢ WITH COUPON Expires 10-16-75	FOODTOWN COUPON Heinz 32 oz. KEG-O-KETCHUP 69¢ WITH COUPON Expires 10-16-75	FOODTOWN COUPON Cereal 18 oz. POST TOASTIES 49¢ WITH COUPON Expires 10-16-75	FOODTOWN COUPON Dial Bar Soap Bath 4/91 WITH COUPON Expires 10-16-75
FOODTOWN COUPON Cereal 18 oz. POST TOASTIES 49¢ WITH COUPON Expires 10-16-75	FOODTOWN COUPON Fudge Stripe 13 1/2 oz. KEEBLER COOKIES 69¢ WITH COUPON Expires 10-16-75	FOODTOWN COUPON 7 oz. #31506 BUGLES SNACK 2/89¢ WITH COUPON Expires 10-16-75	FOODTOWN COUPON 1 1/2 oz. #31506 WHEATIES CEREAL 12 oz. 49¢ #31506 WITH COUPON Expires 10-16-75
FOODTOWN COUPON 10 oz. #31506 SANIT FLUSH LIQUID 69¢ WITH COUPON Expires 10-16-75	FOODTOWN COUPON 1 1/2 oz. #31506 WHEATIES CEREAL 12 oz. 49¢ #31506 WITH COUPON Expires 10-16-75	FOODTOWN COUPON 3 lb. #31506 RED TOKAY GRAPES 1.00 YELLOW ONIONS 3 lbs. 59¢	FOODTOWN COUPON Dove bath BEAUTY BAR 3/89¢ WITH COUPON Expires 10-16-75

SAY YOU SAW IT IN THE MERCURY