

Kay's Kitchen

By Kay Fisher



Thanksgiving dinner is more than likely the next big meal you will prepare. If you are an old hand at baking a turkey, you will not need this. However, I'm sure there are many who like to refer to a recipe. Select a turkey in size suitable for your family. Here is a chart for cooking the stuffed bird: 8 to 10 pounds, cook 18 minutes per pound or 2 1/2 to 3 hours; 11 to 14 pounds, 3 to 3 1/2 hours; 15 to 18 pounds, 3 1/2 to 4 1/2 hours; 19 to 24 pounds, 4 1/2 to 5 1/2 hours. Oven temperature moderate to hot, about 375 to 400 degrees.

DRESSING
The day before I bake a pan of cornbread about 8 inches square. Allow about 1 cup of dressing per pound of bird. I usually use two large sandwich loaves of bread, crust and all, pulled into pieces about the size of marbles. You don't have to be so particular. Add cornbread. Season with salt, pepper, melted butter, one finely chopped onion, about 1/2 cup finely chopped celery, a bit of sage to taste, or use a prepared poultry seasoning. Moisten with broth.

Remember, stuff the turkey lightly. The dressing swells as it cooks. Don't make the dressing soggy by adding too much broth. If you have dressing left, make into balls and bake on greased pan until brown at 400 degrees.

PERSEMON PUDDING
1 cup flour
1/2 teaspoon baking soda
1/2 cup sugar
1/4 teaspoon cinnamon
1/4 cup sardines
1/2 cup seedless raisins
1/2 cup chopped nuts
1 cup fresh persimmon pulp
1/4 cup milk
1/4 teaspoon vanilla
Mix and sift flour, soda, salt, cinnamon and sugar; stir in raisins and nuts. Combine remaining ingredients; stir into dry mixture. Turn into greased mold, filling it about 3/4 full; bake lightly and quickly. Omit raisins if desired; this pudding may be turned into a breaded loaf and baked in a greased loaf pan for 50 minutes.

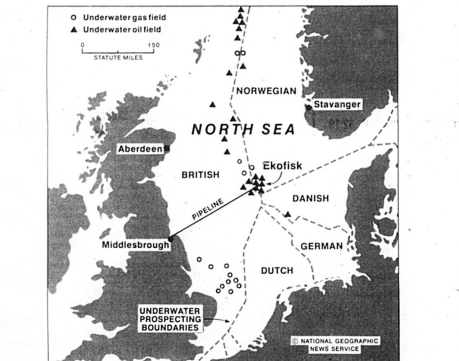
Decorate with Hard Sauce flavored with brandy. Approximate yield: 6 portions.

PUMPKIN PIE
3 eggs, slightly beaten
1 cup granulated sugar
1/2 cup brown sugar, firmly packed
1 teaspoon ground cinnamon
1/4 teaspoon ground nutmeg
1/4 teaspoon ground allspice

Preheat oven to 350 degrees and increase cooking time. Test for doneness by sticking a cooking fork into meaty part of leg. When done the fork will pull in easily and be tender.

In either method of cooking I always cook the bird, breast down. During last 45 minutes of cooking, turn turkey breast side up and baste with juice. If you have cooked it in foil, remove foil and baste with juice.

Turn sure you know to simmer the giblets and neck until tender. Use giblets for gravy and to use to moisten dressing.



UNDERWATER BONANZA?
The answer may emerge soon with the first oil pumped from under the North Sea through an ocean-bottom pipeline from Norway's Ekofisk field to Middles-

North Sea's 'oil rush' coming in with a drawl
WASHINGTON—On "the low road," an "oil" in Scotland barely has begun to lubricate an Aberdeen pig, it was a pig born threatening a fine old song. But the sight of a Texas in bills, it was the heart of wenderness Scotsmen living along the North Sea and enduring by learning to grin and bear it.

For by "high road" or "low" by ocean-bottom pipeline, oil will begin arriving in northern England and Scotland from the new North Sea fields by this summer, and there are a lot of broad smiles about that.

It will be only a trickle at first, piped from Norway's big Ekofisk field, the first international gas society says. But—with American oilmen and British and Norwegian experts vying for an optimistic charter—the future is coming in like a gusher.

Estimates of the North Sea oil reserves are as high as 60 billion barrels. Alaska's North Slope fields are expected to hold from 10 to 100 billion barrels. Both amounts are drops in the bucket compared with the 300 billion barrels claimed as reserves of the Organization of Petroleum Exporting Countries. Arabia alone has 132 billion barrels.

But the British coalition on the North Sea bonanza as the solution to much of their

2 1/2 cups canned pumpkin
1 (13 ounce) can evaporated milk
9 inch unbleached pastry shell
Combine eggs, sugar, flour, cinnamon, salt, nutmeg, and allspice. Blend in pumpkin gradually; add milk, and mix well. Pour into 9-inch unbleached pastry shell. Bake at 400 degrees for 10 minutes, then at 350 degrees for 40 minutes or until a knife, inserted about halfway to center, comes out clean. Cool.

These two gentlemen seated on a bench in the courthouse yard are enjoying one of the lovely, warm fall days Kentucky has been experiencing the last two

Bowen's Florist presents program for Garden Club
The Carlisle Garden Club held an open meeting on Monday, Nov. 17 at the Christian Church. It was attended by a large number of people. Mrs. S.M. DeMyer, vice president, presided in the absence of Mrs. Charles Wilson, president, she was addressed by Mrs. Mary Lee Campbell, recording secretary. Mrs. W.G. Irvin gave the spiritual address. The club decided to meet on Wednesday, Dec. 3 at 10:30 p.m., to "make Christmas wreaths to hang in the library windows."

"All Through the House" was the theme of the program, which was presented by Howard's Florist. Mrs. Grimes Caywood, program chairman, presented those participating. Mrs. Mason Bryant made an arrangement for a kitchen, and suggested other unusual ideas for same. Mrs. Ernest Darrell made an arrangement suitable for the dining room. This consisted of pine and red cedarations. It was later given as a door prize and was won by Mrs. Nelson Hinkok.

Mrs. Violet Lawson, of Latonia, spent last Sunday with Mrs. Gladys Kenney and attended church at Headquarters United Methodist Church Sunday morning. Mr. and Mrs. J. Angus Jacobs, Ernst Jacobs, and Mrs. Jimmy Conrad were Sunday after a weeks visit with her sister-in-law, Mrs. Kathryn Comer of Stamping. Mrs. Jimmy Galbraith Sr. has returned from Las Vegas, Nev. where she visited her daughter, Mrs. Ken Muller, Mr. Muller and Sanford. Dorothy of Cynthia visited Mrs. Grace Spears Sunday afternoon. Mrs. S.T. Minton was admitted to St. Joseph Hospital, Lexington on Monday, Nov. 17 and admitted to major surgery Wednesday, Nov. 19.

Saltwell Women host supper
The Saltwell United Methodist Women hosted a Thanksgiving Fellowship Supper for the members and friends of the Saltwell Methodist Church on Monday evening, Nov. 10. Approximately 40 people attended. Immediately following the supper, Dorothy Jones, president, called to order the regular meeting of the UMW which combined the annual pledge session with the Thanksgiving program. "Count Your Blessings" was the opening hymn and Mrs. Elsie Ritchie led the invocation. Wynema Smith gave a report from the Salado Fellowship Parish, illustrating local areas in which the UMW pledge fund is put to use. As Nov. 10, 1975, Mrs. Nellie Smith and Sue Pale presented a skit entitled "Mant Give", and Rev. Charles Turner sang "The Magic Penny."

Births
MILLEN
Mr. and Mrs. Frank Miller of Ewing announce the birth of a daughter at Nicholas County Hospital on Monday, Nov. 10, 1975. She weighed six pounds, two ounces.

Foreign oil companies, mostly American, have interests in about 70 percent of the known reserves of the British region, apparently because they are more experienced in offshore drilling. Oilmen pay high taxes—25 percent in Norway, and 40 percent in Britain—but apparently feel it's worthwhile.

Brilling the North Sea strikes oil more often than at most other fields. About one out of eight attempts pays off, and some say one out of four. But drilling is more costly as in the Middle East.

Gospel group leaves Sat.
MOREHEAD—Gods Looking Glass, a vocal group which includes three students at Morehead State University, is a part of a holiday religious crusade which embarked Saturday for Northern Ireland and Israel.

Foreign Missions' is emphasis
The Baptist Young Women of First Baptist Church will meet Monday, Nov. 24 at 7:30 p.m. This regular business meeting will be held at the home of Mrs. Paul Hardin at 114 McKingburg Lane.

Democrats plan inaugural dinner and concert Dec. 8
Headquarters as soon as possible as dinner seats are limited.

Local cadets in Eastern's ROTC fall enrollment
RICHMOND—Eastern Kentucky University's 1975 fall enrollment of 1,400 cadets, the smallest number of Reserve Officers Training Corps recruits, includes four cadets from Nicholas county.

Local cadets enrolled in Eastern's ROTC
The cadets enrolled in Eastern's ROTC are Douglas G. Darbro, Freshman, 2nd W. Hill, W. Hill, Freshman, Terry W. Jones, Freshman, and Michael W. Marshall, sophomore.

Eastern's record number of cadets, as reported by the Army's Training and Administration and P.T. Moore, Va., includes 1,340 cadets on campus and 140 being provided training at Cumberland College, Williamsburg, by the EKU Military Service Department.

Persons who do not receive invitations by mail but who wish to attend are urged to contact Democratic

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Thanksgiving

HAPPY FEASTING IS IN STORE FOR YOU...HERE!

16-24 lb. avg. **NORBERT ROAST-RITE TOM TURKEYS** lb. **53¢**

NESCAFÉ INSTANT COFFEE \$1.68 10 oz. Limit one per customer

Whole or Half **ARMOUR SMOKED HAMS** 19-22 lb. avg. **99¢**

EDWARDS SAUSAGE (2 lbs.) \$1.49

ARMOUR GOLD BAND HEN 8-16 lb. avg. **Turkeys** lb. **99¢**

MARHOFFER CANNED HAMS 5 lb. can **89¢**

WESSON OIL 32 oz. \$1.29

Stick lb. Parkay **Margarine** 2 lbs. 89¢

TOTAL CEREAL 12 oz. **69¢**

CALGON Water Conditioner 2 1/2 gal. \$1.39

Minot Cranberry Sauce 28'

KEEBLER COOKIES 14 oz. **69¢**

CAKE FLOUR 32 oz. **49¢**

BIRDS EYE COOL WHIP 9 oz. **59¢**

BROWNIE MIX 22 oz. **79¢**

BAYER ASPIRIN 100 ct. **99¢**

STOKELY SALES V.C. Pork & Beans No. 303 4/1

POTATO BUDS 18 oz. **69¢**

ENDUST 8 oz. **79¢**

FLORIDA TANGERINES Doz. 59¢

FISH STICKS 8 oz. **39¢**

SUGAR CRISP Post Super 18 oz. **89¢**

MAZOLA SPRAY No. 1 Royal Butter 8 oz. **79¢**

BABY SHAMPOO Johnson's 18 oz. **59¢**

BAKER'S COCONUT Angel Flakes 14 oz. **99¢**

IDAHO POTATOES 10 lb. bag **1.49**

JOHNSON'S DIAPERS Daytime Disposable 21 ct. **1.99**

HAMBURGER HELPERS Betty Crocker 8 1/2 oz. **2.99**

BISQUICK 40 oz. **89¢**

TAMPONS 35 Ct. Playtex Deodorant Non Deodorant **5.29**

SLAW DRESSING Marretti 16 oz. **89¢**

RED TOKAY GRAPES 3 lb. bag **1.00**

HUNTS BEANS 2 1/2 lb. can **49¢**

KLEAN'N SHINE 14 oz. **89¢**

FLORIDA ORANGES 5 lb. bag **79¢**

PEANUT BUTTER Skippy 1 lb. can **69¢**

BORDEN'S COTTAGE CHEESE 24 oz. **95¢**

STOKELY SALES Golden C.S. Corn No. 303 2/1

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WESSON OIL 32 oz. \$1.29

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