


# Kay's Kitchen

— By Kay Fisher —



There is no need for me to try to tell you the cost of food is down. Anyone who cooks knows it isn't, no matter what "they" say. And where are all those fresh garden vegetables one should be able to buy at a reasonable price here in mid-summer? The only fresh garden vegetable we have had is zucchini, thanks to our friends.

Anyway back to the odd budget. If you combine foods you can certainly come up with a dish that could serve almost twice as many. For instance the Beans and Chicken recipe extends one frying chicken into 10 servings. This recipe came to me originally using blackeye peas. Now you like blackeye you go ahead and use them, but for me I changed to white beans—so you take your choice.

**BEANS AND CHICKEN**  
 1 (2½ to 3-pound) frying chicken  
 flour, salt, pepper  
 2 tablespoons salad oil  
 1 tablespoon butter  
 ½ cup chopped onion  
 1 pound fresh mushrooms, sliced, or one 4-oz. can or jar. Save liquid in a case you need it later.

**Celebrates 100th birthday**

Celebrating her 100th birthday is Mrs. Elizabeth Snapp. Mrs. Snapp is the widow of the late George Taylor and the Mrs. Snapp resides at the Peoples Nursing Home in Cynthiana.

She has five children, the late Bertha Barlow, Hollis Taylor, Franklin, Ohio; Frank Taylor, Simi Valley, Calif.; Jenni Harnay Taylor, Los Angeles, Calif.; and Mrs. Kenneth (Virginia) Hitchcock, Carlsle, three grandchildren, George Barlow, Wendell Taylor and Cassie Marlene Rosenzcker, four great-grandchildren, Sandra Barlow, Danae, Steven and Holly Rosenzcker, one great-grandchild, Jeffrey Morgan Adams.

Mrs. Snapp is a member of Nicholas county and of the Pilgrim Holiness Church in Carlsle.

**Miss Marilyn Webb weds Daryl Stacy**

Miss Marilyn Gail Webb, daughter of Mr. and Mrs. Bobby Webb, became the bride of Daryl Rex Stacy, son of Mr. and Mrs. J.F. Stacy, on Friday, June 27, at 7 p.m. at the home of the bride's parents in the presence of the immediate family.

The Rev. Leslie Scott Briggs officiated the candlelight double-ring ceremony.

The bride wore a floor length white satin gown. The Altar style gown featured horseshoe neckline with lace covered collar, sleeves and bodice. Her headpiece, a Juliet cap of satin and pearls, held a shoulder length veil of the gown and veil were fashioned by the bride's mother. She carried a bouquet of white roses, daisies and green baby's breath, tied with white streamers.

Mrs. Delma Livingston served as

matron of honor. She wore a green floral dotted swiss gown with the horseshoe neckline and buffed sleeves. She carried a bouquet of green daisies and baby's breath.

Larry Jolly served as best man. Caddisgaters were Michael Webb, brother of the bride, and Steven Stacy, brother of the groom.

The reception was being held following the ceremony. Serving were Mrs. Sharon Duncan and Mrs. Mildred Jolly.

The bride is a 1974 graduate of Nicholas county High School and is employed in the business office of the Johnson-Mathers Nursing Home. The groom graduated from Fleming County High School in 1969 and is employed at the Blue Grass Knitting.

Mr. and Mrs. Stacy are making their home in Liberty Hill, Ohio.

Mrs. Daryl Rex Stacy  
*Wedding Picture*

1½ teaspoon minced herbs  
 ¼ teaspoon garlic salt  
 ¼ cup dry white wine or 1 chicken bouillon cube dissolved in ¼ cup boiling water  
 3 cups cooked, drained white beans  
 1 tomato, coarsely chopped or ¼ cup diced, canned tomatoes  
 Cut up chicken, cutting breast into four pieces. Fry until browned. Heat oil and butter in heavy skillet; add fried chicken and brown salad. Stir mixture with salt and pepper. Heat oil and butter in heavy skillet; add flour and cold water. Stir mixture with salt and pepper. Heat oil and butter in heavy skillet; add flour and cold water. Stir mixture with salt and pepper.

**RIGHT NOW** white potatoes are so high I'm serving beans, rice, spaghetti, noodles and gary instead. And, more homemade bread. Usually I'm serving potatoes. I don't serve bread.

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I have had a request for a recipe for sliced green tomato pickles. If you have such a recipe please send to: Kay's Kitchen, Carlsle Mercury, Carlsle, Ky. 40311

Mrs. Evelyn Shackelford, Mrs. Robin Braxton, Mrs. Betty Braxton, Mrs. Donald Lee and David of Covington; Mr. and Mrs. James Fiera Jr. and son, Leighton; Mr. and Mrs. James Fiera, Sr.; Mrs. Raymond P. Garrett, Pam Barlow, Wendell Taylor and Cassie Marlene Rosenzcker, four great-grandchildren, Sandra Barlow, Danae, Steven and Holly Rosenzcker, one great-grandchild, Jeffrey Morgan Adams.

Mrs. Leta Reynolds returned Friday from Phoenix, Ariz., after a three week visit with her son, Mrs. Suzanne Braxton and Mrs. Don R. Hughes have recently returned from Hollywood, Fla. where they attended a business conference with officers and officials of the Metropolitan Life Insurance Co. Mr. Hughes had an exceptional sales and service record last year and was among the top ranking members of Metropolitan's staff of 22,000 representatives.

Mr. and Mrs. Eugene Brown of Phenix, Ariz. and grandchildren, Terrie and Richard Marquis of Phenix, Ariz. were guests for several days of Mr. Brown's sister, Mrs. Clay Hunt and family.

Mr. and Mrs. Kenneth Smith and sons of Prestonsburg were Sunday guests of Mrs. Edith Smith.

Mr. and Mrs. Bill Guthrie and their children, Matthew and Joshua; Billy Snapp returned this weekend after spending the week in Flagstaff, Ariz. as guests of Mr. and Mrs. Phillip Woodall and daughter, Kristin, after which they traveled to the Bay Area, in California, where they spent two weeks with Mrs. Guthrie's father, J.W. Woodall and wife Susan, in Pinole, Calif.

Mr. and Mrs. Larry Hunt and son entertained Mr. and Mrs. Eugene Brown and children, Terrie and Richard at Natural Bridge on Sunday. Mr. and Mrs. Robert T. Feaback, Mrs. Hugh Taylor and Mark Taylor have returned from a week's visit with Mr. and Mrs. Elmer H. Feaback, Newport News, Va. While there, they toured Williamsburg, Jamestown, Yorktown, Virginia Beach and other points of interest.

Mr. and Mrs. Lynnwood Roe and son Larry of Silver Springs, Md. visited two weeks with his mother, Mrs. Nannie Roe and Clyde Roe, and Mrs. Jean Guthrie of Paris. They attended the Blackberry Festival while here.

Mrs. Mary Kay and daughter Cathy of Norwood, Ohio were in Carlsle all last week visiting his mother, Mrs. Nannie Roe and Clyde, and Irvine Gaunce and Linda.

Mr. and Mrs. Butch Smith and family were weekend guests of Mr. and Mrs. Spears Collins and Sandy.

Mr. and Mrs. Bill Woodring and Lisa Atkinson of Louisville were guests of Miss Alma Atkinson and Mr. and Mrs. Roy S. Harmon.

Mrs. Thomas Gaunce spent Sunday afternoon with Mr. and Mrs. Andrew Gray.

Mrs. Minnie Rawlings entertained the P.F. Auxiliary members with ice cream and cake Sunday afternoon at her home. Those attending were: Mrs. Lucy Massey, Mrs. Lucille Starnes, Mrs. Leona Trussell, Mrs. Ruth Curtis, Mrs. Stella Walker and Mrs. Allen Boote. Mr. and Mrs. Ernest Kesby were in Winchester Thursday to attend the

## Births

**GRAY**  
 Mr. and Mrs. Layne Gray announce the birth of a daughter, born July 16, 1975 at the Nicholas County Hospital. She weighed seven pounds and one ounce. She has been named Melinda Sue. Her father is Melinda Sue Gray.

**BRAIN**  
 Mr. and Mrs. Wayne Brain announce the birth of a son, born July 19, 1975 at the Nicholas County Hospital. He weighed eight pounds and 12 ounces. He has been named William Daryl Brain.

**PRICE**  
 Mr. and Mrs. Larry Price announce the birth of a daughter, born July 14, 1975 at the Nicholas County Hospital. She weighed nine pounds and three ounces. She has been named Lori Kay.

**JOLLY**  
 Mr. and Mrs. Jeffrey Jolly of Paris announce the birth of a son born July 19, 1975 at the Nicholas County Hospital. He weighed 12½ pounds and nine ounces. He has been named Hiland Jesse.

**Mr. and Mrs. Larry Burns Sims**

### First Christian Church scene of Garrett-Sims wedding

Miss Jo Lynn Garrett, daughter of Mr. and Mrs. Paul Garrett, Carlsle, became the bride of Larry Burns Sims, son of Mr. and Mrs. Ernest D. Sims of Mt. Olivet.

The double ring ceremony was solemnized June 21 at 11 a.m. at the First Christian Church, officiated by the Rev. Ben Pumpfery.

The bride, escorted by her father, wore a designer gown of white chiffon, enhanced with rembrandized Alecon Harper furnished a program of wedding music.

Mr. and Mrs. Garrett were hosts for the reception held at Carasco Country Club. Here the flowers were white mums and white gladioli. Arrangements of white mums and white carnations were also used with lovebirds.

Mrs. Clark's three-tiered white butter-cake was supported by a fountain of flowing green water, and topped with wedding bells.

Assisting with the amenities were Mrs. Evelyn Vio, Mrs. Bobbie Wade, and Mrs. Jim Galbraith.

The rehearsal dinner was hosted Friday evening prior to the wedding by Mr. and Mrs. Ernest Dayton Sims. They entertained 22 guests at the Carasco Country Club.

After a wedding trip to Mammoth Cave, the couple resided in Lexington.

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**Celebrates birthday in California July 15**

Matthew Guthrie, son of Mr. and Mrs. Bill Guthrie, celebrated his seventh birthday, July 15, by touring the Steinhart Conservatory and the Golden Gate Park in San Francisco, Calif.

Those attending his party were Mr. and Mrs. J.W. Woodall, David Alfa, Mrs. Sue Woodall, Mr. and Mrs. Phillip Woodall and daughter, Kristin, and Billy Snapp.

**Surprise party given**

Mrs. Tommy Harmon of Cynthiana gave a birthday party in honor of her husband, Tommy Harmon, at their home on Saturday night.

Those present were: Mr. and Mrs. Kenneth Smith and sons of Prestonsburg; Mr. and Mrs. Paul Crump, Mr. and Mrs. Billy Shannon, Miss Sue Sparks and Robb Carter of Paris; Mr. and Mrs. Shannon Harmon; Mrs. Lucy Massey; Mrs. Lucille Starnes; Mrs. Leona Trussell; Mrs. Ruth Curtis; Mrs. Stella Walker and Mrs. Allen Boote. Mr. and Mrs. Ernest Kesby were in Winchester Thursday to attend the

**Mr. and Mrs. Clayton Fryman return from trip to Alabama**

During vacation Mr. and Mrs. Clayton Fryman and Mr. and Mrs. Arthur Buzzard and Woodie went to Louisville and spent the night with Mr. and Mrs. Glenwood Saunders and Mike. From there they went to Alabama to visit several days with Mr. and Mrs. Fryman's daughters and families, Mr. and Mrs. James Blizack, Mr. and Mrs. James Blizack, Mr. and Mrs. Elmo Marshall and children Greg and Judy of Cincinnati, Ohio, and Mr. and Mrs. George Marshall.

Mrs. Thomas Gaunce spent Wednesday and Thursday last week with her sister, Mrs. Walter Hill Cynthiana. Mrs. Grace Hitchings returned to Akron, Ohio on Tuesday, July 22, after a month's visit with her daughter, Miss Mary Margaret Hitchings, at Lake Canaan.

Mrs. Sue Woodall returned this week from a three week vacation to Arizona and California. While in Arizona she visited her son and family, Mr. and Mrs. Phillip Woodall and Kristin, in Flagstaff. In California she visited her sister, Mrs. Evelyn Edsall of Fresno and her son, Martin L. Schackner, of Oakland.

**Ice cream supper**

Mr. and Mrs. Clayton Fryman entertained with an ice cream supper on June 27 at the home of the parents of the children's babysitters for:

Vienna Sausage . . . 3/1  
 14 oz.  
 Showboat Spaghetti . . . 5/1  
 Final Toot 33 oz.  
 Fabric Softener . . . 69¢  
 Marshmallow Cream . . . 39¢

**Mrs. Clark entertains**

Mrs. Billy Clark entertained with a dinner-bride on Thursday, July 10, at her home on Sycamore.

Guests were Mrs. Clutter Blair, Mrs. Joe Conley, Mrs. Bobby McFarland, Mrs. Della Zantary, Mrs. John Allison, Mrs. Lyle Anderson, and Mrs. Don Hughes.

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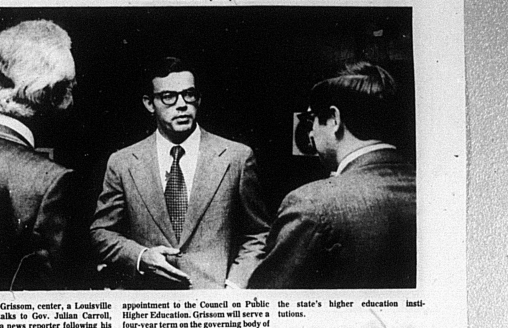
## Agree or not Grissom named to Council on Public Higher Education

FRANKFORT—Gov. Julian Carroll has appointed J. David Grissom to the Council on Public Higher Education and the Council on Public Higher Education and the Council on Public Higher Education.

The Department is just too huge, knowledgeable people around here believe.

Carroll's people have been investigating and studying the situation. There is a possibility that this huge conglomerate may be broken down again into some separate agencies. At least some changes are going to be made so services can be delivered efficiently to the people.

Grissom said that the initial stages of his term will be spent learning as much about the council as possible—its authority and responsibilities.



J. David Grissom, center, a Louisville banker, talks to Gov. Julian Carroll, left, and a news reporter following his appointment to the Council on Public Higher Education. Grissom will serve a four-year term on the governing body of the state's higher education institutions.

**HALT! INFLATION!**

**MEDIUM EGGS** Doz. 49¢

**FOOTDOWN BREAD** 16 oz. loaves 4/51

**ICE CREAM 89¢**  
 2 bars for ZEST SOAP 59¢

**Bush White or Gold WHITE HOMINY 300** 6/1  
 Feminine 30's Reg. KOTEX NAPKINS 59¢  
 14 ct. TRASH BAGS 89¢  
 140 ct. NORTHERN NAPKINS 39¢

**Post 24 oz. GRAPE NUTS 89¢**  
 Lipton 24 oz. ICED TEA MIX 11¢  
 sugar added Lemon flavored  
 Del Monte 32oz. PRUNE JUICE 59¢

**NEW YORK STRIPS** 12 oz. 69¢  
 U.S. Choice Boneless NETTED BEEF POT ROAST lb. 1.29  
 U.S. Choice BONELESS STEW BEEF lb. 1.39  
 U.S. Choice Boneless, Sliced NEW YORK STRIPS lb. 2.79

**FISCHER'S WIENERS** 12 oz. pkg. 69¢

**FRESH DRESSED WITH wings CHICKEN BREAST QUARTERS** lb. 79¢

**FRESH DRESSED LEG QUARTERS** lb. 69¢ (excellent for Cookouts!)

**GREEN BEANS** 3 lbs. 1.00

**WHITE SEEDLESS GRAPES** lb. 59¢

**Michigan WHITE POTATOES** 10 lb. bag \$1.49

**SOUTHERN PEACHES** 3 lbs. \$1.00

**FOOTDOWN ¾ gal. ICE CREAM 89¢**  
 2 bars for ZEST SOAP 59¢

**Bush White or Gold WHITE HOMINY 300** 6/1

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**Lipton 24 oz. ICED TEA MIX** 11¢  
 sugar added Lemon flavored

**Del Monte 32oz. PRUNE JUICE** 59¢

**GAIN DETERGENT** 1" Sweet PARMOUNT PICKLES Jar 89¢

**CRISCO OIL** Bottle 11¢  
 Macaroni & Cheese KRAFT DINNER 3 boxes 89¢

**GLASS CLEANER** . . . . 29¢  
 Heavy Duty, 23.33 gal. qt.

**REYNOLDS WRAP** . . . . 39¢  
 Joan of Arc 300

**CHILI BEANS** . . . . 4/1

**BAMA PRESERVES** . . . . 69¢  
 Strawberry 18 oz.

**DELMONTE CATSUP** . . . 3/1  
 Buttermik 6 pk.

**PILLSBURY BISCUITS** . . 6/79¢

**FOLGERS COFFEE** 10 oz. jar 1.89

**Help Police! We're Having A SAVINGS RIOT!**

**100% PURE GROUND BEEF** (3 lb. pkg. or larger) 89¢

**FISCHER'S SPECIAL SLICED BACON** lb. \$1.49

**Vacuum packed FISCHER'S SLICED BOLOGNA** lb. \$1.09

**Michigan WHITE POTATOES** 10 lb. bag \$1.49

**SOUTHERN PEACHES** 3 lbs. \$1.00

**High Price Robbery Stops Here!**

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