



Old picture

Case Run School in 1922.—Front row, Beale May Vico, Frances Burke Harney, Rose Burke Ellington, Virgil Brumagen (deceased), Clarence Griffin, Glen McFarlin, Herbert Street, Oscar Guy, Otis Davis, Earl Guy, John Brumagen, Second row, Albert Vico, Floeste McFarlin, Marguerite Scott, Virginia Clark Parsons, Virgie Brumagen, Robert Griffin, Jo Ann Vico, Ruth Street, Clyde Clark, Grace Simon, Phyllis Nye (deceased), Marion Davis, Willie Gray. Submitted by Catherine Davis Minton, Lexington.

Preserving season approaches; time for canning and freezing

The preserving season is approaching and it is time now to get ready for canning and freezing. For the best quality food, either canned or frozen, choose the varieties that are recommended for preserving. Offer you the best quality for canning and freezing. Ask your county Extension Office for the best varieties. This would be a good time to check your inventory of both canned and frozen foods. You'll want to use most of these foods by the time the 1975 crop is ready to be preserved. Are your canning supplies ready? This means checking your pressure cooker to see that it is in good working order. Check the following points: —The petcock and safety valve should be clean and in good condition. —The rubber gasket should be pliable and fit correctly. —The pressure cooker gauge should be tested before the canning season begins. If your dial gauge is off five pounds or more, purchase a new gauge. —A weighted gauge should be thoroughly clean. —Wash canner well before use if you have not used it for some time. If you do not have a steam pressure canner, do not use low acid foods. Low acid foods are vegetables except tomatoes and pickled vegetables and meats. Fruits and pickles are acid foods and may be canned in the water bath. If you don't have a water bath canner, they are available on the market. Any big metal container may be used if it is deep enough to allow two to four inches of water above jar tops for brack boiling. The canner must have a light fitting cover and a metal or wooden rack. If your steam pressure canner is deep enough you can use it for a water bath. Leave petcock wide open and do not fasten the top so that steam escapes but does not build up pressure. If you are going to freeze food as well as can, good quality freezer containers or packages are essential. Check your packing material and see that you have a good supply on hand. Freezing packaging must be moisture proof and vapor proof to have good quality frozen foods. Other packaging materials will not hold up in the freezer and allow foods to freezer burn. Ordinary waxed paper, household foil aluminum foil, ice cream cartons, and milk cartons are not recommended. Glass jars that are tapered and have wide mouths may be used, but enough space for expansion should be allowed. Ask your county Home Economics Extension agent for information on canning and freezing.

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NOTICE OF OPPORTUNITY TO REQUEST A DESIGN PUBLIC HEARING ON PROPOSED HIGHWAY PROJECT. Environmental Impact Assessment, as well as maps, plans and other pertinent data are available for public inspection at the Bureau of Highways District Office, Flemingsburg, Kentucky weekdays from 8:00 a.m. to 4:30 p.m. Bureau personnel will be available at the District Office to explain the proposed project and provide any information requested by all interested persons. A design public hearing will not be held by the Bureau of Highways unless a written request for a hearing is received on or before July 31, 1975. L.G. Sturgill, District Engineer, Department of Transportation, Flemingsburg, Kentucky.

Hospital notes

July 7 to July 12, 1975. Visiting hours are 2 to 4 p.m. and 7 to 8:30 p.m. ADMITTED: Lara Ritchie, Bertie Allen, Erva Crawford, Elizabeth Harbee, Margaret Abner, Betty Wilson, Minnie Mary Bonds Compton, Adrian George, Ann Jolly, Judy Medley, Lloyd Earlywine, Evelyn Fulton, Izora Ellison, Thelma Toot, Carlisle, Elgin Warner, Moorefield; Jane Herson, Ewing, John King, Lillian Swartz, Mt. Olivet; Paul Graves, Millersburg; Vinita Beagle, Lexington. DISMISSED: Mildred Duna c a, Laura Mathes, Elizabeth Shea, Twelma Morris, Lara Ritchie, Dora Lee Curtis, Harry Galbraith, George Kozendoffer, Oma Waggoner, Adrian Scott, Linda Brinegar, Erva Crawford, Elizabeth Harbee, Mae Ashcraft, Bertie Allen, Julia Willoughby, Betty Wilson, Judy Medley, Carlisle; Lovell Larville, Brooksville, Jane Herndon, Ewing; Raymond Barrett, Elizaville; Childers, Mc Dowell, Helen Joyce Montgomery, John King, Mt. Olivet; Maggie Millersburg, Vinita Beagle, Lexington; Elgin Warner, Moorefield.

Old Capital now closed on Monday

David Schwalt, Kentucky Historical Society curator, announced that the Old Capital now will be closed every Monday for cleaning purposes. Visitors may still tour the structure, free of charge, all other days from 9 a.m. to 4 p.m., except Sunday, when hours are 1 p.m. to 5 p.m.

Designed by architect Gideon Snyook and completed in 1830, the building is the oldest Greek Revival capitol in America. The Old Capital was just restored to the public June 7, following an extensive three-year restoration. The restored Kentucky History Museum house on the Old Capital Annex will remain open on Monday from 9 a.m. to 4 p.m., with all other hours identical to those observed in the Old Capital.

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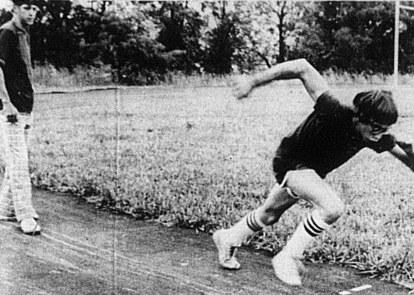
Bourbon DRIVE-IN Theatre BURT REYNOLDS. "W.W. AND THE DIXIE DANCEKINGS" AT 9:15 THURS.-FRI.-SAT.-SUN.-MON. AT 11 P.M. SEE THE WILD CAR IN 'THE SEVEN-UPS' PG ONE FEATURE PLUS BANKO ON TUES. ADM. 1.00 AT 9 P.M.

"THE TAKING OF PELHAM ONE TWO THREE" COMING WED. JULY 23 "THE TOWERING INFERNO"

Kentucky reflections

By George Street Boose. One wonders at those Kentuckians now so agitated over the Equal Rights Amendment. Do they realize that women can be drafted if the Equal Rights Amendment fails of passage? A law such as the Selective Service Act could now provide for drafting women with no constitutional problem. Do Kentuckians realize that they now have no explicit constitutional right to separate rest rooms? As a matter of fact, most of the airlines no longer provide separate facilities on their planes which, miraculously, continue to fly. Do Kentuckians believe the defeat of ERA will save us and future generations from homosexual marriages? Have they not read such ceremonies have been celebrated despite the fact ERA has not yet been adopted? In fact, they might take comfort in the fact that such crises will not be perpetuated by such alliances. It is interesting that both opponents and proponents of the amendment cite the April, 1971, issue of the Yale Law Journal as the accurate and authoritative source of information on the effects of the proposed amendment. This issue contains a number of articles reporting the studies by respected legal authorities. The conclusion reached in the article and extensively documented is that the principal effects of the adoption of the amendment would be economic. It would require equal pay for equal work. A New York Times story within the last month reports that women employees of the U.S. Senate are currently paid substantially less for similar work than are their male counterparts. Congress expressly exempted itself when it adopted the Equal Pay Act and also when it later prohibited discrimination for reasons of sex in the Civil Rights Act of 1964. These conclusions of the much cited Journal articles are rarely mentioned and one wonders who among the opponents has read them. Much of the consternation expressed by opponents, seems to center on the possible increased responsibilities of women to earn money, to contribute to the family coffers, to support their children or even pay alimony to a husband. Do they know that in Kentucky a wife can now be ordered by a court to support her children and even her husband? Many of these women who express concern seem to fear the proposal may constitute an Equal Responsibilities Amendment. The recent hearings in Frankfort so far as reported do not appear to have produced substantial information not presented when the Legislature voted to ratify the Equal Rights Amendment. Would the public interest not be better served by the Legislature devoting its limited time to pressing problems demanding attention rather than reviewing an issue already fully considered and voted upon? Is it not a bit like re-running an election because the losers are dissatisfied with the result?

Practice underway at new track field



Take off

Phillip Rose takes off during a track practice recently at the new track field at Nicholas County High. Children and adults have been using the track field on daily basis.—Duncan photo

HAIL Insurance on Tobacco Harold Letton 289-5346

Donkey Baseball Game Thurs., July 24, 7 p.m. In Advance \$1.00 children \$1.50 adults Gate \$1.50 children \$2.00 adults

All-out effort! Jeff Elder, son of Superintendent and Mrs. Don Elder, makes an "all-out effort" during track practice as Coach Ben Pumphrey saks each runner to do. Track practice will continue through July.—Duncan photo

Runner timed

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