



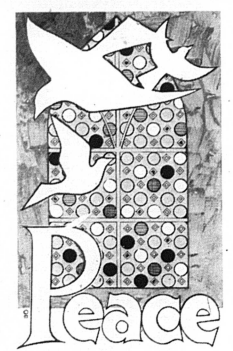
New horizons open... new vistas beckon! We wish you a New Year bright with promise!

Norma Jean's Beauty Salon



It's our fervent New Year's wish... let there be peace! Let serenity of spirit rule in all our dealings with one another through the year!

Harper's Garage



As we await the New Year, let's lift our hearts in a song of peace... and strive for brotherhood all over the land. May each tomorrow be rich in joy and friendship.

Hopkins Drug Co.



Secretary of Transportation Billy Paxton (above) and the Paris-Bourbon County Chamber of Commerce officials dedicated the first section of the Paris Bypass on Dec. 5. The 2.2 mile road cost almost \$1.5 million and was

**YOU AND YOUR HEALTH**  
By Peter J. Jesse, M.D.

**HOARSENESS AND LOSS OF VOICE**  
You return from a football game. You have roared and cheered. Your throat hurts. You are hoarse. That night, celebrating the victory of the home team, you are so hoarse you can hardly speak. But under such conditions there is a peculiar pride in your predicament. After all, haven't you supported your team? Haven't you yelled and screamed like a loyal alumna? By the next morning, or the day after the swelling and irritation in your vocal cords has subsided. It has been nothing but a passing phenomenon and a pleasant experience. The hoarseness is forgotten.

Here is another type of hoarseness. Dear Dr. Essex: I am 51 and have been a healthy man all my life. No bad habits except one: I put away at least two packs of cigarettes a day. Have been doing so since I was 18. Lately, I noticed that people had trouble hearing me. Not until it was brought to my attention that my voice had changed perceptibly, that I'd become quite hoarse, did I realize something was wrong.

As I'm the type of fellow who doesn't procrastinate, I made an appointment with the best throat specialist around. After careful examination, he found a tumor on one of my vocal cords. He advised immediate operation. I've had the thing removed. Fortunately, it was not a malignancy that requires extensive operation. So now I'm lucky enough to still have most of my voice and all of my life. I am thankful. I write this note for the benefit of your readers who may suffer from hoarseness. Don't put off

financed 50 percent by federal funds and 50 percent by state funds. Addressing the many citizens who braved the wintry day, Paxton said that work on the second section of the Bypass should begin by spring of 1975.

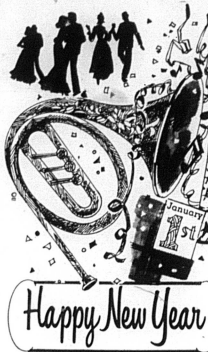
examination. If it turns out to be a serious cause, time is not on the side of the patient who puts off examination and treatment.—Mr. N. REPLY: I think you have made it clear, Mr. N. There's quite a difference between hoarseness brought on by yelling and that which comes on gradually. And seems to get worse. Laryngitis due to abuse of the vocal cords is not surprising. But that which comes on without any apparent cause is suspect. For example, we know that cancer of the larynx (voice box) occurs more often in males over 40 years of age. In addition to hoarseness, the early symptoms may be a cough and difficulty in swallowing. But by the time these symptoms are present, it is possible that cancer is so extensive that the patient may require a laryngectomy (surgical removal of part or all of the larynx). Any unusual, stubborn hoarseness deserves early diagnosis and treatment.

Dear Dr. Essex: My mother is 90 years of age. She has recently had continual itching all over her body. She is unable to get any relief. What might the cause be?—Mrs. M. REPLY: Sometimes when the aged complain, people think they are too old to see the doctor. Have you taken her to your doctor? Of course, the trouble may be due only to dry skin. She may need oil applied after her bath. There could be other causes. For example, undiagnosed diabetes is often a cause of itching. So is some trouble in the blood. So have her see a doctor. (c) 1974, McNaught Syndicate, Inc.

**NEW YEAR WISHES**



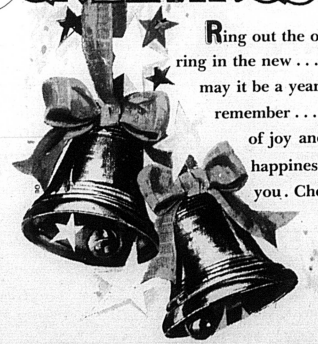
Carter's Mens Clothier



Celebrate this great New Year with laughter... song... cheer and all that's happy! Make it a memorable welcome... and the start of a memorable year.

Ratliff Bros.

**New Year GREETINGS**



The Carlisle Mercury

**Saltwell**

(Delayed) Ermine Kenney, who has been a patient at the Veterans Hospital in Lexington the past two weeks was able to return home today for the Christmas holidays. Mr. and Mrs. Allen Lee Gaunce and son of Indianapolis, Ind. and Jimmie and Housie Gaunce of Paris spent the weekend with Mr. and Mrs. H.A. Gaunce and family. Mr. and Mrs. Stanley W. Caswell of Millersburg also were Sunday dinner guests of the Gaunces. Miss Hagena Mattos, student at Morehead State University, is spending the holidays with Mr. and Mrs. Chester Mattox and Jeff. Miss Frances Barlow left on Monday to spend a few days with Mr. and Mrs. June Barlow and children of near the holidays. Mr. and Mrs. Jim Wilson spent Sunday with Mr. and Mrs. Ewan Henderson of Mayville. A full house attended the Christmas program at the Headquarters Church on Sunday night. Santa was done with great fun for all the children and refreshments were served in the basement after the program for everyone commemorating the birthday of Jesus. Mrs. Gary Hollar and Chris and Mrs. Jerry Gallbraith were in Lexington on Saturday. Mr. and Mrs. Jesse T. Earlywine were Sunday dinner guests of Mr. and Mrs. Russell Matton and Mr. and Mrs. E. Earlywine. Harold Matton of Lexington visited with Mr. and Mrs. Vaughn Matton and family. Mr. and Mrs. Fred Hollar and Mr. and Mrs. Sterling Hollar on Saturday. Mrs. Freddie Gaunce and Mr. and Mrs. Sterling Jackson attended the funeral of their aunt, Mrs. Herman Jackson at the Lusk and Son Funeral Home in Paris on Friday.



Get this message: jump for joy! Have a year that can't be beat for just plain old-fashioned glee! Go ahead... Live it up!

Small's Greenhouses



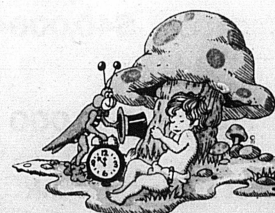
Happy New Year

We'll be thinking of you as the old year passes into history and the New Year arrives. Celebrate with someone you love and accept our best wishes now and always!

Carlisle Drug Co.

**A BRIGHT NEW YEAR**

Happy heart and dreams come true... love and laughter light your days. This is what we wish for you... enjoy yourself!



Wells Produce

by Mrs. Fred Hollar Mr. and Mrs. Fred Hollar and Mr. and Mrs. Sterling Hollar visited Mr. and Mrs. Layne Hollar on Saturday night.



Good Wishes for the NEW YEAR

Sims Jewelry



Carlisle Automotive, Inc.

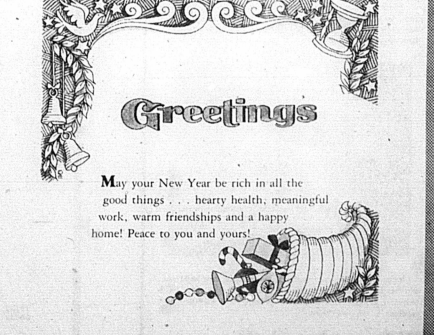


The First National Bank  
Carlisle and Moorefield

**A Shower of New Year Wishes**



Kathy's Beauty Boutique



May your New Year be rich in all the good things... hearty health, meaningful work, warm friendships and a happy home! Peace to you and yours!

Rex and Paul's Shell Service

Mattox and Jeff. Miss Frances Barlow left on Monday to spend a few days with Mr. and Mrs. June Barlow and children of near the holidays. Mr. and Mrs. Jim Wilson spent Sunday with Mr. and Mrs. Ewan Henderson of Mayville. A full house attended the Christmas program at the Headquarters Church on Sunday night. Santa was done with great fun for all the children and refreshments were served in the basement after the program for everyone commemorating the birthday of Jesus. Mrs. Gary Hollar and Chris and Mrs. Jerry Gallbraith were in Lexington on Saturday. Mr. and Mrs. Jesse T. Earlywine were Sunday dinner guests of Mr. and Mrs. Russell Matton and Mr. and Mrs. E. Earlywine. Harold Matton of Lexington visited with Mr. and Mrs. Vaughn Matton and family. Mr. and Mrs. Fred Hollar and Mr. and Mrs. Sterling Hollar on Saturday. Mrs. Freddie Gaunce and Mr. and Mrs. Sterling Jackson attended the funeral of their aunt, Mrs. Herman Jackson at the Lusk and Son Funeral Home in Paris on Friday.

Bob Kenney and Greg of Covington visited Mrs. Gladys Kenney on Saturday. Mrs. Kenney returned home with them for the Christmas holidays. Mrs. H.A. Gaunce and Mrs. Bill Miller entered Nicholas County Hospital on Sunday for treatment. Here, Thomas Gaunce remains a patient at Nicholas County Hospital. He was slightly improved on Sunday.

Mr. and Mrs. Clifton Riggs of Millersburg entertained the following on Sunday: Mr. and Mrs. David Earlywine and Jeff. Mr. and Mrs. Allen Finley and Jonathan; Mrs. John Mays and Judy, all of Millersburg; Mrs. Charles Crump, Carlisle; Mr. and Mrs. James C. Crump, Arkansas; Mrs. Virgil Purdy, Chris and Michael, Hamilton, Ohio; and Mr. and Mrs. Lewis Crump, Midway.

**Hospital notes**

Dec. 10 to Dec. 20, 1974. Visiting hours are 2 to 4 and 7 to 8:30 p.m.

ADMITTED: Martha Ann Mann, Paul Sapp, Adeline Hall, Fernella Dullins, David Booth, Joan Terrell, Lynn Tischer, Myrtle Hearns, Jean Wilson, Margaret Day, Ruby Letcher, Brenda Compton, Russell Ashby, Bertie Williams, Grace Gordley, Russell D. Hunt, Carolyn Vice, Esther Swartz, Rena Crawford, Gertrude Marks, Richard Hunt, Wilma Walden, Glenn Moore, Ann Mackey, Mt. Olivet; Frances Miller, Anthony Grump, Millersburg; Kurt Kelley, Lexington; Nancy Bittelwell, George Curtis, Cheslea Vice, Mitchell Ritchie, Bowling; Roberta Harmon, Margaret Day, Sharpshurg; Ward Eason, Moorefield.

DISMISSED: Christine Kelley, Tom Hardin, Addie Ritchie, Harrison Hunt, Keith Cox, Della Thompson, Adeline Hill and baby girl, Grace Gordley, Fernella Dullins, Martha Ann Mann, Paul Sapp, Lynn Tischer, Virginia Parsons, Ruby Letcher, Margaret Day, Jean Wilson, Hubbard Hardin, Lettie Cox, Jean Terrell, Carolyn Vice, Elsie Hunter, Carlisle; Marion Bellamy, Richard Mitchell, George Curtis, Cheslea Vice, Ewing, Glenn Moore, Anna Mackey, Nan Baker, Mt. Olivet; Frances Miller, Anthony Grump, Millersburg; Roberta Harmon, Sharpshurg.

There will be a Watch Night Service at the Headquarters Church next Tuesday night, Dec. 31, beginning at 8 o'clock. Everyone is invited to attend.

Jim Wilson and Bonnie Solvage dined with Mr. and Mrs. Fred Hollar on Saturday. Mr. and Mrs. Layne Hollar, Mr. and Mrs. Gary Hollar and Chris, Mr. and Mrs. Jim Wilson and Mike visited Mr. and Mrs. Sterling Hollar on Sunday night.

Simply overflowing with happy hopes, there's just here's to brighter days for all!