

8th Grade 'Streakers' 4H club

On Jan. 24, the 8th Grade Streakers 4H Club met. The meeting was called to order by Tim Dadey, president. The minutes of the last meeting were read. The program on "Honeybees" was given by Mike Wells and Doug Tisdler. The president told about the Demonstration Contest scheduled in April, and the Talent Show of the next of March. Mrs. Edna Elnor talked about Senior 4H.

Jackets clipped by St. Patrick, 79-56

The Bluejackets of Nicholas county mounted an early but unimpressive start in the game Friday night and they fell prey to a red-hot St. Patrick team. The game was played at the home of the St. Patrick team and the Bluejackets were outplayed from the start.

St. Patrick began the game with a hard-to-throw 75-56 deficit.



St. Patrick began the scoring for the Saints with his bank shot from the side of the lane, and he was off to another hot ending against the Bluejackets; a 30 point outing, as a matter of fact. Steve Curtinger gave the Jackets an early lead in the game with the score, 54, on his twin rapper. Then Damon Booth sank a basket to keep the Jackets in the lead after a Joey Gallenstein score. But those few moments were to be the only signs of a silver lining in the cloud of defeat on that night, and even when the young Jackets broke the full court press that was applied by St. Patrick, they were frequently driven into the net. St. Patrick shot out to a 167, advantage early in the contest, before Ricky Hicks could break a Nicholas county cold spell with his pair of free throws. Then, on an assist from Jackie Gary Gray led the last jacket point to the scoreboard, and the quarter ended 183, in favor of St. Pat.

Purden again led the quarter opening scored and the Saints pushed out in front of the Jackets by a nine point margin with the score, 201. Steve Curtinger soon found the range for the Jackets and he popped in a pair of points. The game began to pay its dividends in opposition to both the Jackets and the Saints as they were to have a narrow defeat went to the case for the Jacket 'B' team Friday night as the new-found starters found the style that

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was possessed by the former squad, Pat 'B' team.

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Jayce LL net scores

The Jayce Little League basketball teams played five games Saturday night. The scores are as follows:

- Teama—25, Colts 18
- Jets—Robert Sosby, 2; Pat Knapp, 6; Fry Buswell, 15; Tommy Eldred, 2
- Phillips 18, Stars 16. Phillips—Kennessa Hardwick, 6; Beckie Berry, 8; Jane Ellen Hester, 2; Brenda Dempster, 2; Stars—Pam Hopkins, 16
- Rebels 20, Demons 13. Rebels—Mike Wells, 4; Mike Sewell, 4; David McCaffrey, 18; Demons—Steve Linnville, 2; Dean Hinton, 6; Steve Hamilton, 5; Damon Simons, 2
- Raiders 4, Hawks 12. Raiders—Mike Markley, 1; Danny Howard, 6; Mike Curtis, 4; Hornets—Keith Landford, 4; John Doyle, 12; Tracy Vice, 2
- Hornets 9, Patriots 6
- Rebels 2, Demons 6. Rebels—Steve Humphrey, 2
- Raiders 6, Hawks 6. Raiders—Danny Gunn, 4; Kevin Walker, 2
- Hornets 9, Patriots 6

Parks Homemakers

The Parks Homemakers met at the home of Mrs. Eula Carter Feb. 6, at 7 p.m. Devotional was given by Miss Ernestine Eads. Subject of devotion was "Faithful." Our lives were compared to making of a patchwork quilt.

Due to bad weather only five members were present to answer roll call by telling of first Valentine gift received.

An article by Sidney Bremer entitled Health, Wealth and Happiness was read by Mrs. Eula Carter, Family Life chairman.

Mrs. Rubel Williams, the project leader, was unable to attend meeting due to a fall she received on her way to a meeting. She entered Bourbon County Hospital Friday morning.

Mrs. Francis Wasson, president, presided during business hour. Minutes of last meeting and treasurer's report were given by Mrs. Kase Grimes.

Mrs. Wasson gave report concerning Council meeting, and distributed lesson leaflets and other materials. Meeting adjourned to meet March 6, at home of Mrs. Charles Wilson. Refreshments were served by hostess.

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Kay's Kitchen

By Kay Fisher

Have really been wanting to do a column on baby beef ever since it has come to be more plentiful on the market. Only I needed to do more baby beef cooking and eating before writing about it.

First let me say baby beef is not veal—it is milkfed calves three months old or less. Veal is light in color and very lean. Chops and cutlets may be broiled and cooked for a very short time. Even the less tender roast cuts are more tender than beef.

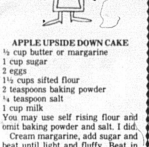
But back to baby beef. One would naturally think it would be more tender, just by the fact it is baby beef and less than a year old. However that is not the case. Too, now we are faced with grass fed baby beef and beef. The reason, I'm sure everyone knows, is we have lots of grain.

During the past two weeks I have talked with whom raise cattle and am told more and more are selling off their young calves and young heifers. Baby beef is the meat from any calf three to 18 months old; the majority of them are sold at seven to 18 months and you may baby beef is in between, say you may have it. It is lighter in color and doesn't have the delicate veal flavor which is the flavor of grass fed beef.

Mature grain fed beef means the calf has stayed in the feed lot, where it fed grass, six to eight months. At least I should say used to. Now the grass fed beef timing is more like two to three months, just enough to be graded Choice. Of course the grain feeding is what makes the marbling (fat) in the meat which gives it more flavor and gives the more tender and just what we need.

Naturally there is a taste difference between the two, but fully mature beef and grass fed beef or baby beef.

In my experiment I bought two roasts of grass fed baby beef. One I had ground and cooked as I would beef patties. Since there was



little fat I put a tablespoon of margarine in the skillet and cooked the patties to desired doneness. Seasoned with seasoning salt and Worcestershire sauce. Even with the meat as well as its taste. As for the other roast steak, I cooked as Swiss steak with plenty of seasoning and at slow low heat. When done it was tender as usual. Everything I read regarding the cooking of baby beef stresses low moist cooking. Grass fed beef was usually from one to two years old and is grass fed with little or no supplemented (grain) feed. Soft fed beef is grass fed with up to four months of grain feeding. Your butcher can tell you if the meat is grain fed or not. It must be grain fed to get the best of both worlds.

I also bought a grass fed sirloin steak and it was cooked on a charcoal grill, and it was good. I must confess it was marinated in oil, a well seasoned marinade overnight and several hours before cooking used meat tenderizer. It was good but not as tender as regular steak. There was more taste of seasonings than usual since normally by our steaks are served with only charcoal flavor.

Imagine the economy will change our eating habits in lots of ways. Not only in our taste for beef but other foods as well.

As more and more young, non-caregivers are in mind—use plenty of seasoning and use just what you need.

Here is a good apple cake recipe you can use any time since it fills with a lot of fruit which will be more than a good lift—let alone lift and turn upside down!

Darrells celebrates 25th anniversary

Mrs. and Mrs. Ennsett Darrell celebrated their 25th wedding anniversary Jan. 28 at the Williams Hall in Cynthiana.

Those present to celebrate the Silver Wedding Anniversary were: Mr. and Mrs. Fred Winkley, Mr. and Mrs. Tedder Snapp, Mr. and Mrs. Calvin Mills, Mr. and Mrs. Fred Burman, Mr. and Mrs. Ernest Sosby, Mr. and Mrs. Ewell Clinkenbender.

Mr. and Mrs. Edgar A. Darrell, Mr. and Mrs. Ovel Day, Mr. and Mrs. Shelly Gause, Mr. and Mrs. Albert Smith, Mr. and Mrs. James Love, Charles Watkins.

A lovely dinner was served and a band from Cynthiana played and sang some very enjoyable music.

Mr. and Mrs. Darrell received several lovely pieces of silver.

Mrs. James D. Anderson, president of the Carlisle Junior Woman's Club recently presented a check to Father Herman Kasper, chairman of the Carlisle Nicholas County Hospital and Nursing Home Board for the purchase of medical supplies for a room at Johnson-Mathers Nursing Home. Mrs. Clarence Cord, office manager at the nursing home, looks on.

A total of \$725.00 has been donated to the drapery fund. The approximate price per pair is \$60 to \$75. The cost includes fire proof material which is a state fire regulation requirement. Any individual or group interested in this project may contact Father Kasper at Mr. Cord.

Miss Puckett to wed April 12

The Methodist Mountain Mission track will work the Nicholas County United Methodist Churches on Wednesday, Feb. 28. The truck will be picking up used clothing, furniture and other household articles for resale in eight "Opportunity Stores" in southeastern Kentucky.

Local pastors will assist in this church. Items to large to be left at pickup can be picked up by the truck. The annex of the Carlisle United Methodist Church may be used for deposit of items brought anytime.

For further assistance you may call 289-4300 or 289-5226.

Mr. and Mrs. Edmond Puckett of Paris announce the engagement of their daughter, Patsy, to Larry Curtinger, son of Mr. and Mrs. Gary Curtinger of Nicholas county.

Miss Puckett is a 1973 graduate of Paris High School. Mr. Curtinger is a 1973 graduate of Nicholas County High School. He is employed at Bundy Tubing in Cynthiana.

The wedding date has been set for April 12, 1975 at the Carlisle Baptist Church. All friends and relatives are invited to attend.

Hospital Notes

Feb. 2 to Feb. 4, 1975 Visiting hours are 2 to 4 and 7 to 8:30 p.m.

ADMITTED: Jimmy Tedder, Fannie Bush, Sterling, Jimmy Moore, Netta Evans, Mattie Hornback, Towana Trussell, Chessee View, Lillian Swartz, Adrian Cox Sr., James Simons, Peggy Secraft, George Jolly, Anna White, Charlotte Bowles, Della Thompson, Rena Crawford, Dana Ring, LeDore Hall, Carlisle, Margerie White, Sharrub, Willie Leggett, Patry, Debbie Sorrell, President; Nancy Hester, Oswangville; Bobby Dent, Janice McNeely, M. O'Neil; Everett Gulley, Iowa.

Judge Rutherford opens campaign

Pike County Judge Wayne T. Rutherford opened his campaign for the Democratic nomination for judge on governor Saturday, Feb. 8, in Lexington before a crowd of more than a thousand people. He got pledges of support from about 20 local county judges who were in the audience, including Fayette County Judge Robert Stephens.

Rutherford, 38, and president of the Kentucky Association of County Judges, said he would carry his campaign to all the people of Kentucky, "from New Madrid Bend in the West to Paw Paw Creek in eastern Kentucky."

He said it's high time that local county and county governments have a representative at the state level and that "no legislation passed by the Kentucky legislature should be signed into law if it creates a burden on local governments."

Mrs. McFarland hosts Bridge Club

Mrs. Bobby McFarland was hostess for a Dessert Bridge Thursday night. Those present were: Billy Clark, Mrs. Jack Conley, Mrs. Lyle Anderson, Mrs. Jimmy Shaw, Mrs. David Zachary, Mrs. Don Hughes and Mrs. John Allison.

High score was won by Mrs. Clark.

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Snapp-Lynam vows exchanged

Mrs. Joanna Snapp and Kenneth Lynam were united in marriage Friday night, Feb. 7, 1975 by Rev. Frank Simons using the double ring ceremony.

Mrs. Lynam is the daughter of Mr. and Mrs. Henry Mitchell of Nicholas county, and Mr. Lynam is the son of Mrs. Minnie Lynam and the late Mr. Lynam of Carlisle.

Mr. and Mrs. Roy Turner of Paris witnessed the ceremony.

Methodist youth banquet Feb. 14

The youth of the Carlisle United Methodist Church will have a Valentine Banquet on Friday, Feb. 14, at 6:30 p.m. Reservations for the dinner are to be made by Thursday evening.

The song styling of Marg Carpenter and Wayne Sigler, both students at Asbury College, Wilmore, will be featured on the program.

Marie Chapter to meet Feb. 17

Marie Chapter 259 will hold its regular monthly meeting Monday, Feb. 17 at 7:30 p.m. at the Masonic Temple. After the business meeting and initiation refreshments will be served in the dining room.

All officers are requested to wear formal attire and all members are urged to attend.

Hensley-McKee wedding told

Mr. Flo Tetta Hensley and William Harold McKee, both of Williamson, were married Saturday afternoon, Feb. 8, 1975 by Rev. Frank Simons using the double ring ceremony.

Mrs. McKee is the daughter of Mr. and Mrs. Ed Curtis. Mr. McKee is the son of Mr. and Mrs. Willie McKee.

Mr. and Mrs. Orville Reed of Williamson were their attendants. Mrs. Reed is the sister of the groom.

Mr. and Mrs. Eldred J. Fisher were officiating at the dinner set to be held by Thursday evening.

The song styling of Marg Carpenter and Wayne Sigler, both students at Asbury College, Wilmore, will be featured on the program.

Mr. and Mrs. Eldred J. Fisher announced the wedding of their daughter, Linda, to Abbas Eldridge, son of Mr. and Mrs. Merald Eldridge of Telford, Tenn. The wedding took place in Richmond, Ky., Feb. 1, 1975 with Akbar Eldridge and Mrs. Lymne Bybee as their only attendants.

Mr. and Mrs. Eldridge are both students at Eastern Kentucky University and plan to leave in March to spend the summer with his parents.