

Kroger Mini-Mize

U.S. Gov't Graded Choice Beef **Chuck Roast 79¢**

U.S. Gov't Inspected 100% All Beef **Ground Beef 79¢**

U.S. Gov't Graded Choice Black **Chuck Steak 69¢**

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TOTAL SATISFACTION GUARANTEE

Country Style Sliced Bacon **1.09**

Meat Entrees All Varieties **1.49**

Hammered Canned Corned Beef **3.39**

Smoked Countries **1.09**

Chicken Breasts **99¢**

Chicken Thighs **79¢**

Pork Loin **1.19**

Fish Krispies **89¢**

Pork Steaks **99¢**

Beef Roast **1.49**

Piece Bologna **79¢**

Ground Chuck **1.19**

Shoulder Roast **99¢**

Golden Corn **16¢**

Tuna Fish **33¢**

U.S. No. 1 Russet Potatoes **88¢**

Michigan Red Rome or Wisconsin Apples **79¢**

Fresh Spinach **89¢**

Mushrooms **12¢**

Sweet Corn **12¢**

Idaho Bakers **12¢**

Watermelon **99¢**

Lemons **6¢**

Oranges **10¢**

Green Peppers **5¢**

Fresh Carrots **5¢**

Avocados **5¢**

Green Onions **5¢**

White Bread **4.1**

2% Lowfat Milk **1.45**

Ice Milk **1.39**

Butterin **99¢**

Sandwich Buns **2.89**

U.S.D.A. Medium Eggs **2.10**

Soft Drinks **6.95**

Salad Dressing **89¢**

Pot Pies **5.1**

Cake Mix **29¢**

Pork & Beans **4.1**

Sherbet **99¢**

Biscuits **39¢**

Cottage Cheese **89¢**

Andy Griffith Whole Hog Sausage **5.99**

Diol Soap **2.69**

Spotlight Hot Dated **3.29**

Bean Coffee **2.39**

6 Beautiful Kentuckiana Placemats **2.1**

Free Orange Juice **1.89**

Lysol Spray **1.89**

20¢ OFF Idaho Potatoes

40¢ OFF Orange Juice

Cake Mix **29¢**

Pork & Beans **4.1**

Sherbet **99¢**

Biscuits **39¢**

Cottage Cheese **89¢**

6 Beautiful Kentuckiana Placemats **2.1**

Potato Instant **79¢**

Bowl Cleaner **69¢**

Lestoil **69¢**

Zesta Sallines **48¢**

Detergent **79¢**

Toothpaste **59¢**

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Kay's Kitchen

By Kay Fisher

Even meals not only save energy, they save you. Most of us think of oven meals as winter fare, but they are convenient any time and need not be one dish meals or foods that take a long time. Vegetables can be cooked in the oven along with bread and dessert.

Try this meal to save time and energy. Everything takes the same time and temperature. Oven 375 degrees and baking time 45 to 60 minutes. So prepare your evening meal, put it all in the oven, then relax and enjoy the evening news.

Prepare your favorite meat loaf and cook in a 9x5 1/2 loaf pan. The easiest recipe I know is 1 lb. ground beef, 1 can Spanish rice, 1 egg, salt, pepper and dash of Worcestershire Sauce. Combine all ingredients, shape into loaf in pan.

STEAMED CARROTS
3 cups carrots, sliced 1/4 inch thick
2 tablespoons water
1 teaspoon salt
Place carrots, water, butter and salt in 1 1/2 quart casserole. Cover and bake in 375 degree oven for 45 minutes.

CORN BREAD
1 cup yellow corn meal
1 cup sifted all-purpose flour
3 teaspoons baking powder
1 teaspoon salt
1/2 cup sugar
1/4 cup shortening
1 egg, beaten
1 cup milk
Combine corn meal, flour, baking powder, salt and sugar, mixing well. Add butter and eggs to mix. Sprinkle over peaches. Bake in 375 degree oven for 45 minutes.

BREAD-BAKED CABBAGE
1 head cabbage, cut into 6 wedges, remove core
1/2 cup melted butter
salt
pepper
Brush cabbage wedges on either side, sprinkle with salt and pepper. Place in buttered 13x9x2-inch baking pan. Cover tightly with foil. Bake in 375 degree oven for 1 1/2 minutes along with oven meal. Makes 6 servings.

PEACH BUTTERCRISP
4 cups well-drained sliced peaches (2-3 ounce cans)
1 cup soda cracker crumbs (about 24 crackers)
1/4 cup light brown sugar, lightly packed
2 teaspoons cinnamon
1/2 cup chopped nuts
6 tablespoons melted butter
Place well-drained peaches in 8-inch square baking pan. Combine cracker crumbs, sugar, cinnamon and nuts. Add butter and toss to mix. Sprinkle over peaches. Bake in 375 degree oven for 45 minutes.

Be sure you check the size and shape of the pans you use, making sure they fit into your oven. The cornbread and dessert should be on the top shelf of oven, vegetables and meat will fit on lower shelf.

Miss Evelyn Brierly was surprised at the wedding party for Miss Brierly.

Miss Susan Jenkins, daughter of Dr. and Mrs. Van R. Jenkins of Lexington, formerly of Carlisle, is a guest several days this week of Miss Kay Cookley.

Mrs. Elmer Dangier, Mrs. Marion Mathers and Mrs. Walker Fries returned home Saturday from a week's tour of Hawaii. Mr. and Mrs. McFarland and children met them on Saturday at the Greater Cincinnati Airport.

Dr. and Mrs. Wayne Livinville returned last week from Caracas, the Netherlands Antilles where he attended a medical seminar. Lisa and Darrin Livinville returned home after visiting their grandparents, Mr. and Mrs. R.D. Hadden of Lexington.

Mr. and Mrs. Norman Kiser, formerly of Carlisle, have recently moved from Lexington to North Middletown to reside. Mr. Kiser is an agent for the National Life and Accident Insurance Company of Paris and Mrs. Christine Simon of Carlisle were recently in Richmond and Berea and

hunched at Boone Tavern. Keith Thomas Bates was admitted last week to Bourbon County Hospital in Paris.

Mr. and Mrs. Robert Scott of Nicholas county were guests of Mr. and Mrs. Martin Feibach last Thursday. Charles Coy was admitted to the Bourbon County Hospital on Friday.

Mr. and Mrs. Kenneth Booth and the weekend with Mr. and Mrs. J. and John Darwin of Lexington, and Mrs. Kenneth Booth and family of Marietta, Ga. spent a few days last month with his mother, Mrs. Albert Booth.

Mrs. Taylor Spelling and Mrs. Mary Catherine Dawkins attended the spring meeting of the Kentucky Library Association in Lexington Thursday to Saturday last week.

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Mr. and Mrs. Roger Dale Livingood

Miss Delma Kay Snapp weds Roger Dale Livingood

Miss Delma Kay Snapp, daughter of Frank Sparks, friend of the family, Mrs. Alberta Snapp and the late Hudson Snapp, Carlisle, and Roger Dale Livingood, son of Mr. and Mrs. Grover Livingood, Morefield, were united in marriage, Friday, March 21 at 8:30 p.m. at the Headquarters Restaurant performed the double-ring, candlelight ceremony. Miss Jana Snapp, vocalist, sang "We've Only Just Begun" and Mrs. Hester also played the traditional wedding march.

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Wedding vows solemnized at Reid Village Baptist Church

The marriage of Miss Rita Carroll Gausney, daughter of Mr. and Mrs. Chester L. Gausney of Mt. Sterling, and Danny Carroll Winters, son of Mr. and Mrs. Charles M. Winters of Shelbyville, was solemnized March 8 at 4 p.m. at the Reid Village Baptist Church, Mt. Sterling.

The Rev. L. Paul Prather officiated at the double ring ceremony.

A program of musical music was presented by Mrs. Paul Prather, organist, and Miss Lou Ann Stallard. Soloist was Mrs. Billy Joe Hall.

The bride given in marriage by her father, wore a gown of white, organza trimmed with imported pinks of orange chintilly lace around the high neckline, down the bodice, and at the A-line skirt and bishop sleeves. The lace centered the cathedral train. She wore a mantilla trimmed with the same lace, and carried a cascade bouquet of white miniature carnations, combined with coral, coral sweetest roses and baby's breath.

Mrs. Larry Tindell, Shelbyville, sister of the groom, served as matron of honor. She wore a long coral gown with a floral, sheer, long-sleeved bolero. The bridesmaids wore white, long-sleeved, button-down dresses with a picture hat of spring green trimmed with coral bands and streamers and carried a spring bouquet of lilies, anemones, daisies, miniature carnations interspersed with baby's breath, tied with matching streamers.

The best man was Mrs. Sandy Hughes, Lexington. Her gown, hat and flowers were the same as the honor attendant.

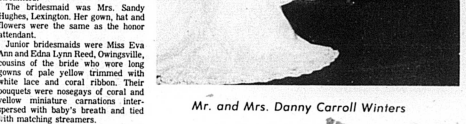
Junior bridesmaids were Miss Eva Ann and Miss Lynn Reed, Owensville, cousins of the bride who wore long gowns of pale yellow trimmed with white lace and coral ribbons. Their bouquets were nosegays of coral and yellow miniature carnations interspersed with baby's breath and tied with matching streamers.

The groom wore a suit of blue and white. The bridesmaids wore white and coral ribbons. Their bouquets were nosegays of coral and yellow miniature carnations interspersed with baby's breath and tied with matching streamers.

A dinner was held at Days Inn Hotel on the reception for the bride party, and of relatives, close friends and town guests.

The wedding trip to Mexico, the couple are residing in Shelbyville.

Miss Gausney was a 1972 graduate of Nicholas County High School and is employed by the University of Kentucky at North Central 4-1 Camp.



Mr. and Mrs. Danny Carroll Winters

Twins enjoy birthday party

Mrs. Sterling Blake honored recently by family members

Mrs. Sterling Blake was honored with a luncheon and birthday party at Merick Inn in Lexington.

Those present were: Dr. and Mrs. John T. Leslie, Atlanta, Ga.; Col. and Mrs. Charles H. Smith, Indian Harbour Beach, Fla.; Mr. and Mrs. Marshall Smith, Frankfurt; Mr. and Mrs. Hampton H. Henton and Hampton H. Henton, Jr., Versailles; Paulina Henton, Berkeley, Calif.; Mrs. William Henton, Lexington; William Joseph Denton, Paris; and Sterling Blake, Carlisle.

Recent births

DENTON
Mr. and Mrs. Calvin Denton of Carlisle, announce the birth of a daughter, born March 28, 1975, at Haywood Hospital. She weighed 10 pounds, and has been named Rebecca Jean.

MARSHALL
Mr. and Mrs. Johnny Marshall of Carlisle announce the birth of a son, John Logan Marshall, Jr., born Wednesday, April 9, 1975 at the Nicholas County Hospital.

HENDERLATH
Mr. and Mrs. Curt Ryan Hendlath of Farrington Square, April 10, 1975, announce the birth of a son on Saturday, April 12, 1975 at the Central Baptist Hospital. He has been named Ryan Joseph and weighed seven pounds and 10 ounces.

COLDIRON
Mr. and Mrs. Phillip Coldiron announce the arrival of a girl, weighing six pounds, 10 ounces, born April 2, 1975 at Harrison Memorial Hospital in Cynthiana. She is the second child in the home and the first daughter, and has been named Susan Renee.

MATERNAL GRANDPARENTS are Mr. and Mrs. William Lipp of Germantown. Paternal grandparents are Mrs. Catherine Denton of Carlisle. The baby was named for her great-grandmother, Rebecca Vermillion of Germantown.

BUCKER
Mr. and Mrs. Don Berry Bucker of Millersburg announce the birth of a daughter on Tuesday, April 9, 1975. She weighed seven pounds and two ounces and has been named Rebecca Lynn.

BUCKLEY
Mr. and Mrs. Randall Gordon Bucker of Millersburg are the parents of a daughter born on Tuesday, April 9, 1975. She weighed seven pounds and two ounces and has been named Nicole Katherine Bailey of Carlisle and Otis Ratliff of Lexington.

RATLIFF
Set, and Mrs. Gary Allen Ratliff of Colorado Springs, Colo. announce the birth of a daughter on Tuesday, April 9, 1975. She weighed seven pounds and two ounces and has been named Nicole Katherine Bailey of Carlisle and Otis Ratliff of Lexington.

VERY HIGH EARNINGS
Mr. and Mrs. Kesh Ratliff of Carlisle are the paternal grand-parents.

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