# Winter is vacation time at 12 Kentucky state parks

By Elizabeth Smith

A new vacation season soon will begin at 12 of Kentucky's state resort parks. And with reduced lodge rates, plus a long line-up of recreational activities, they're offering a winter getaway too good to miss.

Ten resort parks are open all winter. Two more—Rough River, Dam and Greenbo Lake—are stretching out their seasons for a few extra months. Rough River Dam State Resort Park, at Falls of Rough, will remain open through Jan. 1, and Greenbo Lake State Resort Park, near Greenup, through Dec. 1.

Winter rates at the parks' spacious lodges are reduced up to 30 per cent. From Nov. 1 through March 31, rates per night are $9.50 for one and $14 for two persons. An additional $2 is charged for each extra adult in the room. There is no charge for children 12 years old and under who accompany two or more adults in the room.

Each park's modern dining room features excellent Southern-style cooking plus a special regional Kentucky dish. Some of the favorites are Kentucky burgoo, blackbottom pie and Kentucky's famous chess pie. Recipes for these and other specialties are available to park guests.

In the state's Western Waterland, two resort parks—Kentucky Dam Village at Gilbertsville, and Lake Barkley, near Cadiz—offer fishing, hiking and golf for the all-year sports enthusiast. A 1,600-foot paved and lighted airstrip serves Kentucky Dam Village.

Lake Barkley State Resort Park is on the Little River embayment of Lake Barkley's eastern shore. A year-round marina offers every convenience for boating and fishing. With its 126-room lodge and convention facilities, Lake Barkley is one of Kentucky's busiest and most popular vacation spots.

Both Kentucky Dam Village and Lake Barkley parks are adjacent to Land Between the Lakes, a 170,000-acre national recreation and conservation education area developed by the Tennessee Valley Authority.

In southcentral Kentucky, at Barren River Lake State Resort Park, Lucas, a massive lodge overlooks the lake. The riding stables operate year-round, and riding and hiking trails lead throughout the park. Barren River Lake offers fine fishing for largemouth and smallmouth bass, walleye and muskie.

Rough River Dam State Resort Park, 68 miles southwest of Louisville at Falls of Rough, is also noted for its fine fishing. This park features a nine-hole, par-3 golf course and a 2,500-foot paved airstrip.

In the southern part of the state, Lake Cumberland and Cumberland Falls State Resort Parks are in the foothills of the Cumberland Mountains. Here the heavily wooded landscapes and sparkling waters provide natural settings for a restful retreat.

Lake Cumberland State Resort Park, Jamestown, is on one of the world's 10 largest man-made lakes. A nationally known source of a wide variety of fish, the lake has ample docking facilities with year-round boat rentals. Hiking and nature-study programs in the surrounding area are also offered year-round.

In a romantic vacation land, Cumberland Falls State Resort Park's famous waterfall is known as the "Niagara of the South." Here, on moonlit nights, there appears the Western World's only moonbow. The park also offers fishing in the Cumberland Falls below the lodge and hiking trails in the surrounding Daniel Boone National Forest. The park's address is Corbin, Ky.

In Northern Kentucky, General Butler State Resort Park, Carrollton, offers varied recreation activities at a convenient location midway between Louisville and Cincinnati.

Eastward, Greenbo Lake and Carter Caves State Resort Parks are in the mountains of Kentucky's northeast corner. At Greenbo Lake there are miles of rugged hiking trails, and in the lobby of the fieldstone lodge there's sure to be a fire burning to relax by on a brisk autumn evening.

Carter Caves is just off Interstate 64 and offers winding mountain trails and three underground rivers for some vigorous exploration. A full-time naturalist conducts cave tours on weekends as well as special programs in the park's new nature center.

Off the Mountain Parkway at Slade, in fast-central Kentucky, Natural Bridge State Resort Park is in a setting of rugged cliffs and wooded valleys. The lodge for which the park is named is a true natural wonder—a sandstone arch 65 feet high, its opening 78 feet in length. The lodge provides a broad view of the Daniel Boone National Forest, and nearby hiking trails lead to various points of interest.

Another mountain retreat is Jenny Wiley State Resort Park, near Prestonsburg in the Eastern Kentucky highlands. The sandstone-and-timber lodge blends perfectly with the setting and overlooks a crystal lake. There are miles of scenic trails, and on weekends a nature film is shown on a mountaintop.

In Kentucky's southeast corner, Pine Mountain State Park, Pineville, rests high in the mountains of the Kentucky Ridge Forest. With exquisite scenery throughout its 2,500 wooded acres, Pine Mountain is the ideal spot for a peaceful vacation. Over 18 miles of hiking trails lead deep into the wilderness. The park's environmental awareness program and small natural history museum offer year-round diversion.

Each year, Kentucky's parks are attracting more and more wintertime vacationers, so early reservations are recommended. For further information or reservations, prospective vacationers can contact the individual parks or call the Central Reservations service in Frankfort. Kentucky residents may call toll-free, 1-800-372-2961, and residents of states surrounding Kentucky can use the toll-free number, 1-800-626-2911. Where toll-free service is not available, the number to call is (502) 223-2326.


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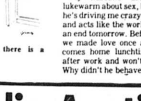
Public Auction
Sat. Oct. 26 at 1:30 P.M.
107 Acre Farm More or Less
Located 1½ miles from Carlisle on the Upper Jackstown Pike.
This farm belonged to the late John Cronan.
Will be offered in two tracts and then as a whole.
Tract No. 1: 98 acres more or less with tobacco barn, stock barn, old house and other necessary outbuildings.
Tract No. 2: 9 acres on the opposite side of the road with no improvements. Farm is in grass, fair fencing. 1974 tobacco base 5360 lbs.
This farm is being sold subject to the approval of the court as one of the heirs is a minor.
For more information see the owners or selling agent.
Look For Sign
Owners-Mrs. Linda Cronan Sibert and Tammy Cronan.
Conley and Conley Attorneys
Earl Hamm Auctioneer
REAL ESTATE BROKER
Carlisle, Ky. Office Phone 289-5720
Home Phone 289-5320



My Neighbors


"I asked if there is a God."



Public Auction
Saturday, Oct. 26 at 1:30 P.M.
We will sell for Charles and Pauline Minton at their home on High Street the following:
Living room suite, end tables, coffee table, bedroom suite, electric range, frigidaire, bedroom suite for children, drop leaf table, sofa that makes bed, twin beds, rugs, chairs, kitchen cabinet, porch swing, yard furniture, Siegler oil stove [good]. Several other items.
Owners: Charles and Pauline Minton
Fightmaster Real Estate Agency
Phone 289-2470 Carlisle, Ky.
BILLY R. HUNTER, Apprentice Auctioneer


## Oil, gas report is available

A report on oil and gas developments in Kentucky and three neighboring states during 1973 is available through the Kentucky Geological Survey, according to Dr. Wallace W. Hagan, state geologist, at the University of Kentucky.

Titled "Oil and Gas Developments in East-Central States in 1973", the report describes petroleum and natural gas drilling and production activities in Kentucky, Indiana, Illinois, and Tennessee. Hagan said the report was originally issued in the bulletin of the American Association of Petroleum Geologists but has been reprinted and issued as Kentucky Geological Survey Reprint 62.

Copies may be purchased from the Kentucky Geological Survey, Mineral Industries Building, University of Kentucky, Lexington, 40506. Price, including packaging, postage, and tax, is 78 cents per copy.

## Farm and home


County extension agents
Estill J. Noffsinger
Sara Elmer
Mrs. Margie Wilson


**Tips to Make Spooky Costumes Safer**

—Witch, or whatever, be sure the costume is flame resistant or, at least, flame retardent. If purchased, check to see if the garment or box is so labeled.

—Home-sewn costumes can be temporarily flameproofed at home by soaking in a special solution (see end of article) and letting them drip dry. Wigs and beards should also be treated this way. Though almost all clothing fabrics will burn to some extent, avoid gauzy or synthetic materials that may flame rapidly.

—Hemlines should be several inches off the ground. Children can trip in long garments. Avoid costumes with flowing sleeves, voluminous skirts, long scarves or sashes. Anything that can catch on bushes, or brush near flames, is potentially dangerous.

—Light, bright colored costumes, easily seen at dusk or dark, are best. If costume is dark, trim with fluorescent or reflective tape that is highly visible to drivers.

—Children should carry a white shopping bag to collect their "treats". This adds to their visibility and leaves their arms free. Make sure that "pirates" leave swords or sharp pointed objects at home.

—Masks or hoods can slip and obscure a child's vision. Be sure mask is secure and that the holes correspond to the child's eyes. A safer alternative, one which children find fun, is to use cosmetics. Allow older children to make up their own faces to suit their costumes. For easier removal of rouge, lipstick, eye shadows, have them first apply a thin layer of cold cream.

—Never permit children to carry pumpkins with lighted candles. Give them flashlights and check to see that batteries are fresh.

**Tips for Safer "Trick or Treating"**

—A parent should always accompany young children on their rounds. If a group is going out together, a responsible adult should follow to let people know that the youngsters are chaperoned.

—The "cranks", people who dislike children, are usually well known to the community. Children should be told to stay away from these particular homes.

—Review pedestrian safety rules before they leave home. At the time when most children are out, is particularly hazardous. Remind them: cross only at corners, wait on the curb for the green light; look both ways before crossing; walk on sidewalks, not roads.

—Urge children to stay in their own neighborhoods where they are known. Tell them to avoid homes that are dark or dimly lit; people who welcome Halloweeners generally leave lights on for them.

—Never put candle-lit pumpkins outside where they can be knocked over accidentally. If neighbors have placed such jack-o-lanterns outside in the past, forewarn them that you'll be super spot indoors. Never use candles in paper mache or plastic pumpkins or other non-flame decorations.

—Set a time limit for trick or treating. About one hour is sufficient for ages up to 13. Older children also should be told when to be home. Let them know special refreshments await them when they do get home.

—Emphasize to the children that they are not to eat any of the goodies they collect until they get home. Examine carefully everything they receive; discard anything unpackaged or with wrapping which seem to have been undone or are torn. Wash and cut fruit into small pieces. Unwrap packaged candies to check each piece.

**Solution for temporarily flameproofing costumes:** Mix three ounces of boric acid; seven ounces of borax, and two quarts of water. Saturate fabric or materials and allow to drip dry. The material will resist fire until washed or wet by rain.

**Remind your children:** Malicious or harmful pranks are potentially dangerous. Destruction of private or public property is punishable.

Dear Debbie
Letters to DEBORAH WHITE

**Dear Debbie:**

Several years ago, after a stormy beginning to our marriage, my husband and I agreed to "stick it out" for the sake of the children. In a few months our youngest will be leaving for college and in a sense my husband and I will have fulfilled our duties as parents. It was understood that when our responsibility ended, my husband would go his way and I would go mine. Way back, when we made the agreement, the idea seemed appealing to me: starting over in a career and rediscovering myself, and women's lib strengthened my feelings. But in the last few years I've changed and I no longer want a divorce, having found a better way of seeing my husband and his real worth as a man. Nevertheless, if that's what he still wants, I won't go back on my word.

**A Loving Wife**

**Dear Loving:**

A verbal commitment is always negotiable. You'd be foolish if you didn't let your husband know how you feel now. Don't let pride stand in the way of what might be a truly new and beautiful life together. It's a percentage bet that he's feeling the same way you are.

* * *

**Dear Debbie:**

I'm writing to you because I just have to express my problems to someone! I'm a sophomore in college and of late I've been terrified at the idea of facing an exam of any kind. I have all to do to get myself into class every day—and the idea of participating fills me with dread. I've also noticed that I have few friends—but I don't really care. I return to my room after class and stay there until I absolutely must leave for class the next morning. Debbie, I don't know what's happened to my old self.

**Larry**

**Dear Larry:**

Pull yourself together long enough to get down to your doctor and tell him your problems. Do it now! You're probably going through the sophomore jitters, and a few sessions with a counselor might be all you need to get you back to your "old self."

* * *

**Dear Debbie:**

My husband used to be very lukewarm about sex, but all of a sudden he's driving me crazy. He just turned on and acts like the world were coming to an end tomorrow. Before I was lucky if we made love once a month. Now he comes home lunchtime, rushes back after work and won't leave me alone. Why didn't he behave like this 20 years ago when I would have enjoyed it? After all these years of indifference the shock is the other hot! I'm just not interested. Should I suggest he get himself a girlfriend?

**Too Tired**

**Dear Tired:**

You won't have to. Just be patient a while longer and he'll get over it on his own. Many women wish they had a husband like yours. I just hope you won't be one of them when he starts to stray.

* * *

**Dear Debbie:**

I'm 15 years old. Everytime my uncle visits us, he picks me up and holds me for about 10 minutes. I keep telling him I'm not a baby anymore but he says I'll always be his little niece. He is 60. To add insult to injury, now he tells me I'm getting plump. I'm not getting plump, I'm just filling out, but his hands are so busy he doesn't even know what he's feeling. I've told my mother but she laughs and thinks it's funny. If you print this maybe she'll tell him to stop.

**Manhandled**

**Dear Manhandled:**

Whether you're plump or not doesn't matter. He has no business feeling the filling. Tell him you're growing up and his horseplay makes you uncomfortable. If he persists, make yourself scarce when he visits.

* * *

**PERSONAL TO JILTED:** Ordinarily it's proper to return the ring, but since you paid for most of it I'd tell him to go jump in the lake.

* * *

If you have a problem, sometimes it helps to air it. Write to me in care of this newspaper. Personal replies aren't always possible, but I'll answer the letters of widest interest in this column.

(c) 1974, McNaught Syndicate, Inc.


Notice
Now buying Black Walnuts.
Paying top prices.
No charge for hulling.
Bring your walnuts to
Ockerman Used Cars
Sharpsburg, Kentucky



PUBLIC AUCTION
Antique Glassware
Saturday, Oct. 26 at 10 A.M.
Location: East Union Road across from Recreation Park. Sale will be held inside of building.
Five fiddle bottles, one pair storm lampe, one pair bully set candle holders, green vases, iron lamp with sheet metal shade, old cream and sugar bowl set, antique vases, relish dishes, several pieces of depression glass [amber, clear, pink and green], mayonnaise set of thumb print dessert dishes, several gravy boats, cream and sugar bowl set [Czechoslovakia], Baltimore pear butter dish, one preserve stand, meat platters, one set of china dishes, several jars, cake plates, antique bottle, bean pot, two sets of stem glasses, 36 pieces of stem glass [grape pattern], punch bowl [fruit pattern], 12 milk glasses, set of wine glasses [camphor glass], old sugar jar, set of large mugs, pink depression glass cake stand, green depression glass cake plate, cheese board, four brandy glasses, candy jars, three gallon stone jar, several pieces of cranberry glass, several different sets of glasses, milk glass dresser set, glass ice bucket [pressed glass]. Many other items.
Terms: Cash Owner: Mrs. Winefred Young
Not responsible for accidents
Billy Gaunce, Auctioneer
Carlisle, Ky. Home Phone 289-2341





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Compose your own Want Ad and order it by mail. All Want Ads 8¢ per word / insertion, $1 minimum charge.
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FILL IN AND SEND TO The Carlisle Mercury, Box 272, Carlisle, Ky. 40311
Amount Enclosed $ ____
In counting words, any group of figures (such as phone or route numbers) count as one word. Each abbreviation counts as one word (you don't save money by abbreviating) and you make your ad harder to read.


## FOR SALE

FOR SALE: "The Best of Kay's Kitchen" at Mercury office, $5.00. Profits to Nicholas County Historical Society through 1974. Get yours today! 8-13-1dh.

FOR SALE: Aluminum siding, carports, awnings and patio covers. Free estimates. Financing available. Call Ward Shannon, 484-2089 Millersburg. 8-8-13t*

FOR SALE OR RENT: Wheelchairs, walkers, adjustable commodes, crutches and canes. Carlisle Drug Co. 10-10-tfn.

FOR SALE: Build up your cattle breed by buying our ¾ Simmental bulls. We have 3—¾ Simmental bulls sired by Galant. Phone 289-2484 or 289-2653. 10-17-tfn.

FOR SALE: Five Herefords, 6 registered Hereford, 4 registered Black Angus. All bred to registered Simmental bulls. Phone 289-2484 or 289-2653. 10-17-tfn.

FOR SALE: Close out kitchen sinks, 42" sink and cabinet complete with faucets, $68.00. Double bowl sink, same as above, $88.00. Garrett's Furniture. 10-17-3tchg.

FOR SALE: 1965 Chevrolet Sport Van. Good condition. New paint inside and out. Call 289-2181. 10-24-1tchg.

FOR SALE: 1961 V-W. Rough, but runs good. Rebuilt engine has 2100 miles. Good gas mileage. Two new snow tires. 289-5008. 10-24-1t*

FOR SALE: 12 room house. Can be made into three apartments. Close in. Possession in 30 days.

Six room house, four acres, 150 lb. tobacco, barn. Immediate possession.

Three bedroom split level, two car garage. One acre lot. A beauty.

Five room house, small barn.

Seven room house, new roof. On East Main Street. Immediate possession.

140 acre farm, 8,488 lb. tobacco. Two barns. Plenty of grass and water.

25 acre farm, six room house and bath. Barn, 1977 lbs. tobacco.

82 acres, house and barn. 2855 lbs. tobacco. Some bottom land.

161 acres, eight room house, 7,000 lbs. tobacco, three barns and silo.

26 acres, six room house. Small barn, 1289 lbs. tobacco.

51 acres, plenty of grass and water. Small barn, 2,000 lbs. tobacco.

113 acres, nine room house. Large stock and tobacco barn. 8049 lbs. tobacco.

More farms from seven acres to 450 acres to choose from. Earl Haifun, Auctioneer and Real Estate Broker. Phone 289-5720. 10-24-1tchg.

FOR SALE: 1963 Olds. F85 Cutlass Convertable. All original only 45,000 miles. Also: 1969 Buick Riviera. All power, low miles. Must see both cars to appreciate. Call 289-2101. 10-24-1tchg.

## NOTICE

NOTICE: Carlisle Sweeper Repair—all makes bones. Specialize in Eureka-Holux, Electro-Hygiene, Kirby, etc. Home Hardware, Phone 289-5306. 10-3-tfn

NOTICE: Attention Antique Dealers: Spaces available in the Montgomery Square Shopping Center, Mt. Sterling, Ky. for October Court Days. Contact Traders Bank 498-5620. 9-19-tfn.

NOTICE: Don't do any blacktopping until you get an estimate from Grover McFarland, Paris, Ky. Phone day 987-4115, nights 987-3111. 9-13-7t*

NOTICE: I will not be responsible for any debts other than my own. Signed: Julia F. Crump. 10-10-3t*

NOW SERVICE—Appliances, Radios, TV's, Refrigerators, Freezers, Washers—Three Fulltime Servicemen. Call Garrett's Furniture Co. Phone 289-2308. 7-25-tfn.

IN STOCK—In-door and out-door carpet. Green, red and gold. Still $3 per square yard. Garrett's Furniture Co. 5-16-tfn.

NOTICE: Commercial Twist Carpet with heavy foam back, $7.95 per square yard. Colors Green and Gold. In Stock at Garrett's Furniture Co. Phone 289-2308. 8-29-tfn.

CARD OF THANKS: I would like to thank all my Carlisle and Nicholas county relatives and friends for their concern, prayers, cards, flowers and gifts, while I was in St. Elizabeth Hospital for eight weeks with heart attacks. Special thanks to my sister, Sarah Fryman, for driving to Covington each weekend to care for me and the house. Continue to pray for me. Your kindness will never be forgotten. May God bless you. Laura Belle McCay. 10-24-1t*

CARD OF THANKS: The family of Memphis Ritchie would like to express our appreciation to all our friends and neighbors who sent flowers, food and visits during the death of our loved one. Also Dr. Hamon and Mathers-Shearer. May God bless all of you. - 10-24-1t*

**ADVERTISEMENT FOR BIDS**

Sealed bids will be received in the office of the Nicholas County Clerk, Court House, Carlisle, Kentucky, not later than 12:00 noon, November 18, 1974, for purchase of the following described real estate belonging to Nicholas County, Kentucky:

"Lying, being and situated near the Eastern limits of the City of Carlisle, Nicholas County, Kentucky, and more particularly bounded and described as follows:

Beginning at a point in the South margin of the Carlisle and Sharpsburg Turnpike at the Northeast corner of the concrete foundation of the State Highway Department Garage, which Garage is located upon the property now owned by the grantor herein, Fannie B. Lambert; thence along the South margin of said Turnpike in Northeasterly direction 18 feet to the corner of the lot now owned by J.M. Giles; thence in a Southeasterly direction with said Giles' line to the North margin of the Right-of-way of the Louisville & Nashville Railroad Company; thence in a Southwesterly direction along said Louisville & Nashville Railroad Company's Right-of-way about 30 feet to a corner of grantor one foot East of a set fence post; thence in a Southeasterly direction in a straight line parallel with a fence now located near to this line to a point in lot owned by grantor, Fannie B. Lambert, which lot is 50 x 30 feet and leased to the State Highway Department upon which lot is located a garage, oil tank, etc.; thence in an Easterly direction about 10 feet along South line of said lot leased to State Highway Department; thence in a Northeasterly direction in a straight line along the line of the concrete foundation of the State Highway Department Garage as herein described to the South margin of the Carlisle and Sharpsburg Turnpike, and place of beginning."

It is a condition of the sale of this property that the purchaser, at his own expense, move the oil tank on said property to the Nicholas County Rock Quarry and install it there on a suitable foundation. Bids will be opened at date, time and place shown above.

J. Berry Burnaw
Nicholas County Clerk
10-24-3tchg.

NOTICE: House building and remodeling, concrete and dry wall work. James Terrell, building contractor. Phone 289-2518. 8-26-8t*

**ADMINISTRATRIX NOTICE**

All persons knowing themselves to be indebted to the estate of George M. Weddle, deceased, will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorneys) for payment. Mary S. Weddle, Administratrix WWA, of the estate of George M. Weddle, deceased. Conley & Conley, attorneys. 10-17-3t*

NOTICE: 6 ply poster board is now 24 cents plus .01 cent tax. Total 25 cents. Five sheets for $1.05. The Carlisle Mercury. 10-24-tfn.

## WANTED

WANTED: Carpenter work or contracting wanted. 25 years experience in any type new construction or repair. No job C. Mann. We love you very much and we want to wish all three of you a happy birthday. Denise, thank you for being the sweetest daughter in the world, always stay that way. We love you very much. Mom, Dad thanks for being the greatest parents in the world. You are the best. We're sorry we can't be there but you know we're there in thought. We'll see you Christmas. We love you and miss you. Janie and Virgil, Salt Lake City, Utah. 10-24-1t*

WANTED: Nicholas county septic tanks cleaned, repaired and installed. Also backhoe work. Call Carlisle 289-7285. 10-10-4t*

WANTED: Babysitting in my home in city. Call 289-2674. 10-24-1t*

WANTED: 50—50 tenant for tobacco-beef cattle farm. 17,000 lbs. of tobacco and some corn. Must have equipment and be able to finance self. Lexington, 278-5323 after 6 p.m. 10-24-1t*

## LOST

LOST: "Sid"—7-year-old white and red setter. Identification and license on red collar. If picked up, please return to Lake Carnico area. Reward. H.W. Bailey, 289-2179. 10-24-1t*

## FOR RENT

FOR RENT: Three room furnished apartment on Broadway. Phone after 4 p.m. 289-5087. 10-24-1t*

## POSTED

All persons are hereby notified not to trespass, fish, hunt, trap or shoot upon the land of the undersigned. Any person caught trespassing in violation of this notice will be reported to the Sheriff and prosecuted to the fullest extent of the law. It is necessary that we take this step to protect our property and wildlife.

Mrs. Clara McGohan, Route 1, Ewing.

Carroll S. Vice Farm, Upper Lick Road, Moorefield. Christine M. Vice, Admx. 1-30-7tp

Farm of Robert Tout, Route 2. Alma Tout Curtis, Committee for Robert Tout. 1-24-7t

Shirley White, Carlisle, Route 3, at Crayton. 12-15-7t

Blizzard-Morgan Farms. Located on Bald Hill Road, Stoney Creek Road and Mt. Moriah Road. 12-15-7t

No trespassing or hunting on the land of Mamie Farm in Nicholas and Bourbon counties. John and Ethel Craycraft. 4-25-75

Farm of Leora Curtis, Route 1, Ewing, Ky. on Licking River. Lida Ruth Hensley, Administratrix of the estate. 12-31-74*

## MSU president announces new appointments

Morehead State University President Adron Doran has announced appointment of 33 persons to fill vacancies on the MSU faculty for the 1974-75 school year.

By academic school, the newcomers include:

**Applied Sciences and Technology**—Robert McCray, instructor of horsemanship; John Kittle, instructor of radiological technology; Don Little, assistant professor of electrical technology; Charlotte Bennett, associate professor and acting head of the Department of Home Economics; John N. Seaman, associate professor of construction technology; Dr. Sam Grant, assistant professor of agriculture; Orris L. Watson, associate professor of mining technology; and Thomas Stevens, instructor of agriculture.

**Business and Economics**—Dr. Robert E. Hansen, professor and head of the Department of Accounting; Christopher Kitchen, assistant professor of accounting; John M. Williams, assistant professor of accounting; David Kephart, assistant professor of business; Charles West, associate professor of business; Dr. Gary Brockway, assistant professor of business; Delano R. Phelps, assistant professor of accounting; and Dr. F. Thomas Ayers, assistant professor of economics.

**Education**—Dr. James Bolen, assistant professor of education; G.E. Moran, director of athletics and associate professor of physical education and recreation; Dr. Michael McCord, associate professor of education; Isaac Unseld, assistant basketball coach and instructor of HPER; James Russell, assistant basketball coach and instructor of HPER; Steve Wardi, assistant football coach and instructor of HPER; Deanna Price, assistant instructor of education.

**Humanities**—Dr. Billy J. Bryant, associate professor of art; George Harper, assistant professor of journalism; Dr. Joseph Misiewicz, assistant professor of radio-television; Kathryn Crabb, instructor of English; Dewey Dowdy, instructor of music; Charles Lee, assistant to the director of bands and assistant professor of music; Robert Jorgensen, instructor of music.

**Social Sciences**—L. Russell Back, assistant professor of political science; and Cormell Brooks, instructor of sociology.

Library—Virginia Randolph, assistant librarian and instructor of library science.

## Home remedies provide record of Ky. earlier

By Dana LeMaster
Southern Junior High School
Owensboro, Kentucky

When settlers first came to Kentucky, they brought their remedies for sickness with them. This was necessary for, if illness struck, the settler often was dependent upon himself for survival. Some Indian remedies, such as mistletoe to ease a toothache were used, but usually home medicine practices were utilized.

If a settler's child showed symptoms of measles, his mother would give him "Sheepsnuff tea" (tea made from sheep manure) to make him break out with the illness sooner. During the winter, to ward off colds, children were required to wear horrible smelling asafoetida (commonly called "asafiddy") bags around their necks. These bags didn't really cure colds, but, kept children separated from their playmates so there was less chance of their contracting germs.

At the first signs of spring, Granny would give the children their spring tonics, usually starting off with sassafras tea. Every Lovevup County, Ky., sassafras still is grown as a cash crop. Another spring tonic was a fence post sandwich spread on slice of newly baked bread. This cured the sufferer quickly, as he knew if he didn't, Granny would re-administer the remedy.

To soothe a bee sting, a remedy was a mixture of tobacco juice and soot. Mud was plastered over the inflamed area to reduce the swelling and pain. For a bruise, Granny's ladies frequently used packs of cow manure on their faces. Sifted dried tea leaves such as mint, sage or chamomile were used to cure a vapor, fever or any other common ailment.

A home remedy often used in Kentucky had its origin in Europe. Many years ago a young couple married in Germany. As part of the wedding gifts was a recipe for a salve for infection. The couple moved to Indiana and began to manufacture the salve as a means of making a living. The recipe called for turpentine, beeswax, saffron, yellow-rosin, mutton tallow and linseed oil.

To cure a burn quickly, this saying was invoked: "Three holy men went out walking. They did bless the heat and the burning. They blessed that it might not increase. They blessed that it might quickly cease."

As a cure for a sore mouth this saying might work: "If you have the scurvy or quinsy too, I breathe my breath three times into you."

In 1857, many drugs were sold by mail, most of which were supposed to cure practically all ailments. One concoctn you could buy a bottle of sarsaparilla, which was supposed to remove scrofula from the blood. This medicine also was supposed to prevent pneumonia, consumption, fevers and many other diseases. Sixty cents could buy a bottle of System Builder & Lung Restorer, which in addition to curing sore throat, laryngitis, consumption and bronchitis, was supposed to banish skin rashes, pimples and impurities of the blood.

For $1.50 a family medicine chest could be bought. It contained such items as a liver corrector, tonic, cures for croup, pleurisy, mumps, colic, piles, rheumatic fever, fever, headache, malaria and a heart regulator. For 18 cents harassed parents could order Baby Soothing Syrup, guaranteed to soothe and quiet a child who might be cross, no matter what the reason.

As a cure for rheumatism, electric rings were sold for $5 cents and $1.25. It was believed that the possession of such a ring would draw rheumatism out of the body. Another cure for rheumatism, which sold for 70 cents a bottle, claimed not only to cure rheumatism, but also would prevent pleurisy, pneumonia, bronchitis and meningitis.

As an antiseptic for abrasion, the early settlers used blackberry juices. They also boiled hickory bark into a remedy which they used to treat coughs.

An old rhyme, "He went to bed to mend his head with vinegar and brown paper" speaks about the home remedy for treating sprains—brown building paper soaked in vinegar.

To cure asthma pioneers took dog-fennel, a weed with white and yellow blooms, and burned it, letting the sufferer inhale its fumes. Kerosene, a low grade of gasoline, was used to kill infection. To "draw out" splinters, glass, and other objects imbedded in the skin, bacon fat was used.

Water of snow collected in March was supposed to be an excellent eye wash. As a cure for "tits," ground-up human skulls were administered. Wild cherry bark, made into a tea and sweetened with sorghum and molasses, was used as a cure for yellow jaundice.

Home remedies for illness still are in use today. Local residents report the use of goldenrod roots for an upset stomach, the use of mare's milk for whooping cough, the application of walnut hull juice to cure ringworm, and Bermafuge candy to cure severe colds with deep chest coughs. Recently a museum night watchman ran a nail through his foot. He used a home remedy of bacon fat and kerosene to soothe his injury. His foot healed faster than that of a woman who had gone to a hospital for the same problem. A local housewife uses a salve made of tallow, rosin, beeswax and dog-fennel for cuts and splinters.

A recent article in a local newspaper reported on the use of "Mad Stones" and their power to heal the sick. "Mad Stones" supposedly contain the ability to extract poisons or disease germs from wounds in animals or humans. A resident of Owensboro, Ky. reported on the use of such stones. Reporting on the incident the woman stated that her father, while shaving, was bitten by a spider that fell from the ceiling and bit him on the lip. The stone was applied to the infected area and in a short time the bite disappeared and all soreness vanished.

As the medical profession in Kentucky advanced, these homemade remedies were not as widely used. However, since these medical practices had such a decided effort on the advancement of medicine in Kentucky, they comprise a valuable record of early Kentucky life.

SENSING THE NEWS
By Anthony Harrigan
EXECUTIVE VICE PRESIDENT
United States Industrial Council

**MEANINGFUL REFORM**

At a time when the American people need to utilize every means to halt inflation, they are without one of the most vital anti-inflationary instruments, namely, effectively, backwards. Over a century and a half ago, Edmund Burke said that "the people are the true parts of another word. Find the big words in all directions listed words are circled. You'll see a short number of letters left over. They'll spell out your MAGICWORD.

THE WITCHING HOUR

Sol.: 10 letters

CLUES

A-Apples; B-Black, Brews, Brooms; C-Candy, Cats, Cauldron, Costumes, Coven; D-Dance, Dark; G-Ghosts, Gates, Ghosts, Goblins; H-Haunt, House; L-Lantern; M-Makeup, Mask, Mischief, Moon, Mystery; N-Night; O-Orange, Owls; P-Parties, Pies, Pranks, Pumpkin; S-Scary, Silver, Skulls, Skeleton, Soul, Spell, Spooky; T-Thanks, Treat, Trick; W-Wand, Witches

ANSWER NEXT WEEK

Last Week's Answer: CHAMPIONS 128

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GRAFFITI

ANTIQUES ARE JOST FOR OLD TIME'S SAKE