



200 Bonus Top Value Stamps

With Coupon Below

U.S. Gov't's Graded Choice

Steak Sale

Round **\$1.49** Sirloin **\$1.59**

T-Bone lb. \$1.69

U.S. Gov't's Graded Choice

BURGER PRO

75% Fresh Beef and 25% Hydrated Vegetable Protein

3-1/2 lb. **79¢**

Lessons Amount \$1.55

Serve 'N Save 7 Varieties

Lunch Meat

1 lb. **89¢**

Capitan Shtak	lb. 29¢	U.S. Gov't's Graded Choice Boneless Boston Ball	lb. \$1.49	Tennessee Pride Whole Hog	1-1/2 lbs. \$1.19	U.S. Inspected Fresh Country Cut-Up	Mixed Fryer Parts	lb. 49¢
Fish Sticks	lb. 29¢	U.S. Gov't's Graded Choice E-Z Slice	lb. \$1.49	Sausage	lb. 89¢	U.S. Inspected Fresh	Whole Fryers	lb. 49¢
Turbot Fillets	lb. 79¢	Pol Roast	lb. \$1.49	Roast Pork	1-1/2 lbs. 89¢	U.S. Inspected Fresh	Piece Bologna	lb. 89¢
Whiting Fish	lb. 49¢	Cooking Bags	4 for \$1	Piggies	12-1/2 lbs. \$1.09	U.S. Inspected Fresh	Piece Bologn	lb. 89¢
Free Fish Dinners	each 59¢	Whole Pork Loin	lb. \$1.09	All Beef Sausage	12-1/2 lbs. 69¢	Serve 'N Save	Canned Ham	2-1/2 lbs. \$3.99

U.S. Gov't's Graded Choice	Freezer Beef Sale	Virginia Brand	Sliced Bacon	U.S. Inspected Fresh	Pork Roast	Amoy Gold Brand	Turkeys	Whole Smoked	Semi-boneless Ham
3-1/2 lbs. 89¢	3 lbs. \$1.09	1-1/2 lbs. 99¢	1-1/2 lbs. 99¢	U.S. Inspected Fresh	1-1/2 lbs. 69¢	12-1/2 lbs. 59¢	12-1/2 lbs. 59¢	1-1/2 lbs. 99¢	1-1/2 lbs. 99¢

Charlie Brown Dictionary

Volume 1 **49¢**

Volume 2 **59¢**

Kroger Rolls	3 pack \$1	G&W Pizza	2 for 75¢	Prell Shampoo	2 for 77¢
Cobblers	2 for 89¢	Tuna Magic	2 for 89¢	Jergens Lotion	2 for 89¢
Kroger-Discuits	6 for 49¢	Mandarin Oranges	3 for 89¢	Sara Detergent	12 for \$1.39
Kroger Dressing	2 for 93¢	Kroger Dressing	2 for 59¢	Liquid Detergent	2 for 89¢

Great Savings on Genuine Ironstone Dinnerware

THIS WEEK **39¢ & Saucer**

Discount Special

15¢ OFF toward the purchase of one 5-lb. bag

Gold Medal Flour

Discount Special

Morton Dinners 3-1/2 lbs. \$1.39

Discount Special

Golden-Ripe Bananas 1 lb. 10¢

100 Extra Top Value Stamps with the purchase of 2 or more pkg.

Kroger Lunch Meat 2 lbs. \$1.99

Tuna Fish	2 89¢	Kroger Hot-Nu	1 135¢	Sweet Peas	4 1¢
Sauer Kraut	4 16¢ \$1	Donuts	3 1 09	Wheat Bread	3 1 19
Wheat Bread	3 1 19	Sherbet	1/2 gal. 78¢	Orange Drink	1 19¢
Toys	49¢ \$1	Palmolive	63¢	Adorn Hair Spray	1 19

100 Extra Top Value Stamps with the purchase of 2 or more pkg.

Smoked Country Ham Slices

Discount Special

Ice Cream 1/2 gal. 69¢

Discount Special

Sandwich Bread 3 1 09

50 Extra Top Value Stamps with the purchase of 2 or more pkg.

Frozen Seafood

Discount Special

Kroger Coffee 3 2 69

Discount Special

Palmolive 63¢

50 Extra Top Value Stamps with the purchase of 2 or more pkg.

Frozen Seafood

25¢ OFF toward the purchase of one dozen (10 lbs.)

Kroger Grade 'A' Eggs

500 Extra Top Value Stamps with the purchase of one whole side of beef

Adorn Hair Spray 1 19

PTA Congress meets Feb. 28 in Lexington

The mid-winter board of managers meeting of the Kentucky Congress of Parents and Teachers was held Feb. 28 at the home of the president, Mrs. John Angella, Lexington.

Member of the board of managers from Nicholas county is the Rev. Richard Chambers.

The seventh district was founded in 1921 and will celebrate the 50th anniversary of the district at the Spring Conference to be held April 2 in Winchester at 2 p.m. Past Seventh District presidents will be honor guests and should contact Mrs. Fred Perkins, batteries, O.F. Shearer PTA, Winchester will be the host school and will be assisted by the Clark County PTA Council.

The officers for new officers are: second vice-president, Mrs. A.H. Stephenson; secretary, Mrs. J.C. Offutt, both of Lexington; and historian, Mrs. L.R. Lory, Versailles. Elections and installation of officers will be conducted at the meeting.

Cultural Arts chairman Mrs. A.H. Stephenson discussed the PTA art contest open to all students in a school with a PTA. She requested pictures for the art contest to be brought to the conference. The theme is "Reflections—From Sea To Shining Sea". Exhibits chairman, John Thomas asked that all exhibits for the contest be brought to the meeting and to receive \$2.00 "with posters not to exceed 27" x 38"; any phase of PTA work may be the subject. Selections will be made to send to the state. Public Relations chairman Mrs. Albert Felick announced that publicity for the contest will be judged most reach the chairman by March 25. Books not to be judged but displayed should be brought to the conference and they will receive a certificate. The best three books will be sent to the state convention April 21, in Louisville.

Membership trophies will be awarded by the chairman Mrs. J.T. Krigel at the conference to the local units having the highest percentage of members this year.

Dairymen advised to buy bulk tank

Kentucky dairymen who sell their milk in tank come out money ahead investing in a bulk tank. Since milk sold in bulk tanks brings a higher price, it doesn't take long for a bulk tank to pay for itself. That is pointed out by Ron Windham, extension dairy specialist at the University of Kentucky College of Agriculture.

"It is extremely expensive for milk to operate a can truck and the can washing and washing equipment," notes Windham. "First, a producer must be selling milk in a tank if he wants to get the highest price."

There is quite a difference in the price paid for milk in the can and milk in the bulk tank, says the UK specialist. In addition, the hauling rates are higher for producers who use cans. For example, one plant in Kentucky has a \$1.10 difference in price per 100 pounds between milk sold in bulk tank and milk sold in cans. There is also a \$2.50 difference in hauling rate. A producer with 15 cows selling 5000 pounds of milk per day to this plant would receive an increase in price of \$1.10 per hundred pounds of milk by investing in a bulk tank. This would be an additional return of \$6.75 per day or \$202.50 per month on used 100 gallon tank would cost about \$800. Thus, the additional income in four months to pay for the tank.

"The economics speak for themselves," says Windham. "For this reason, all dairymen who are shipping milk in cans should consider switching to a bulk tank."

G. G. Cole Co.

We will be closed from March 18 to March 22, while remodeling is in progress.

WATCH FOR GRAND REOPENING March 28

East Union

Little Derrick Livingood celebrated his first birthday on March 7 with a party. Those present were Mr. and Mrs. Roy B. Livingood, Mrs. Catherine Denton and Mrs. Paulette Bloomsfield and children.

Charles Hobbs and Ethel, Mrs. Joan Trussell and Thomas, Steven Hobbs and Jackie Caywood were in Beattyville on Sunday to visit Mr. Hobbs' grandmother at Lee County Nursing Home.

Mrs. Virginia Vice was a visitor of Mr. and Mrs. William Lawrence of Mt. Sterling on Thursday.

Thomas Trussell was a visitor of Mrs. Lillian Hamilton on Wednesday last week.

Rev. Oscar Robinson and son Gary were visitors of his sister, Mrs. Ethel Hobbs on Sunday.

Little Miss Kelli Robinson celebrated her birthday on Saturday, March 2 with her grandparents at Lee County Nursing Home.

Mr. and Mrs. Virginia Trussell, present. She was one year old.

We are banking on a bright future for our customers and for this community.

And it's our job to help make it brighter with sound and progressive service.

Meresh State University President Adron Deran, left, greets Jack Scholander, Vice President of the Meresh State Athletic Committee, at right in Dr. R.H. Playford, chairman of Meresh State's Athletic Committee which unanimously recommended Scholander for the job. Mr. and Mrs. Eugene Meresh and Greg, and Mr. and Mrs. Virginia Trussell, present. She was one year old.

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MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION

Senator Dee Huddleston

REPORTS TO THE PEOPLE OF KENTUCKY

WASHINGTON—Agriculture is America's largest industry, responsible for one-third of the U.S. gross national product and employing 25 percent of all working people either in farm or in related non-farm jobs, Senator Walter "Dee" Huddleston noted recently.

Huddleston, calling agriculture "the brightest spot in our trade picture," noted the farm industry's significant contributions to the recent favorable U.S. trade balance.

"American agricultural exports are 21.5 percent of our total exports," Huddleston noted, "and the U.S. is a major supplier of food for our 200 million plus citizens and allow the U.S. to be part of the world's grain, providing much-needed cereals to industrialized countries such as Western Europe and Japan as well as developing nations throughout the world," the senator pointed out.

"Of special interest to Kentucky, the U.S. produces 90% of all soybeans entering the world market, 74% of all corn, 53% of all wheat and 28% of all tobacco."

"A stable and well-ordered agricultural system benefits all—producing farmers, processors, exporters, consumers and foreign purchasers alike. And the American farmer produces more commodities more efficiently and less expensively than any farm in the world. It is time we recognized and appreciated that effort."

The Economy Call is like an economy car.

Both save you money on long distance calls. But the economy car needs gas and time and our energy to get you there. But the Economy Call needs only a finger to dial One, plus the area code, plus the out-of-town number. That takes only a few seconds. While it's nice to travel there in person, right now, can you think of a better alternative than the Economy Call?

South Central Bell

Clue to cutting your electric heating bills 1/3 or more: proper insulation.

This is your proper insulation at the time you're building your home can mean big savings all through the life of your house. That's why we suggest you or your builder check with us before you build... we can help you plan your electric heating system, recommend proper insulation and give you a free operating cost estimate.

Then when you move in, you'll really enjoy the comforts of electric heat... draft-free, room-by-room control if you want it, cleanliness, virtually no maintenance. All at a surprisingly low price... because you planned ahead and included proper insulation in your plans.

KENTUCKY POLYURTHANE COMPANY

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DUNCAN'S ELECTRICAL SHOP

It's wise to use electricity... use it wisely!

Hospital notes

Feb. 26, 1974 to March 3, 1974. Visiting hours are 2:00 to 4:00 and 7:00 to 8:30 p.m.

ADMITTED: Ruby McKee, Quinlan Vela Sponer; Earl Marshall, Myrtle Whaley; Lillian Green, Lizzie Ratiff; John W. Alexander; Bonnie C. Metcalf; Frances Dehon; Carlisle; Debbie Sarroll; Preston; Martin Luman; August Albert Jay Shalko; Sharpshire; Nancy Mae Willoughby; Ethel Lambert; Thomas Curry; Moorefield; Stanley McIntyre; Amanda McElfresh; Edwin; Hilda L. Curtis, Cynthiana.

DISMISSED: Ermine Fuller, Erie Ritchie; Mary Ellen Young, Danville; Pansy Beatty; Julie Hamilton; O.V. Guthrie; Robert Wilson, Carlisle; James Henderson, Brooksville; James M. Fryman; Sharpsburg; Debbie Kay Gray; Edwin; Annie White; Louise Poe; M.L. Oliver; Martin Luman, Augusta.

Say You Saw It In The Mercury

LOSE UGLY FAT

LOSE UGLY FAT is a diet program that helps you lose weight. Contains 100% fat-free whey protein. Contains 100% fat-free whey protein. Contains 100% fat-free whey protein. Contains 100% fat-free whey protein. Contains 100% fat-free whey protein.