THE HOME GAME

by MARY FUREY CRYMES

FRAGMENTS HOLDER — Little Sister's modeling clay will hold together edges of plates, cups and glassware you're mending. Smooth it on and let material rest until glue dries.

POTATO PUSHER — There are several ways to hurry up the baked potatoes that are holding up the dinner. You can wrap them in foil, put them on a rack in your pressure cooker and add water up to the rack. They'll be done in 15 minutes or so. You can push an aluminum nail into the potato before baking. This somehow cuts time in half. You can also, of course, parboil the spud before baking.

SET SAVER — If your teenager complains she can't hold a set in her home-styled hairdo, mix an envelope of unflavored gelatin in a cup of warm water for her. Tell her to comb mixture through, then roll hair.

COOKIE CRUMBLE — If you want nice, even drop-cookies, spoon the dough into a pastry bag. Leave the tip off and press dough on to baking sheet.

RICE ON ICE — Most any rice mixture freezes well after it's cooked. Next time you're serving onion rice, or green, or seasoned and spiced mixtures, make an extra amount and freeze it in a self-sealing plastic bag. Defrost in a double boiler later.

WALL CORKER — You can make a handsome wall hanging with a piece of rugged sackcloth from a hardware store and flower appliques you find in the trimmings department of your fabric store. Glue flowers and bits of green bias tape to the board to make a bouquet or arrangement. Green rickrack makes fronds and leaves. Tack tape to the back for hanging.

POTTED PADS — Paint a small clay flower pot with matching saucer. Cut a circle of heavy cardboard to fit the top, and poke plastic flowers or greens through, taping underneath. Lift off your flowered flowerpot lid and store used scouring pads inside.

Nursing Home news

By Virginia Smith Donovan

As I begin this news, it is Dec. 29. I am reminded of Dec. 29, 1968 in Kenton county—the day was cold and the roads a glaze of ice. I was foolish enough to ride a sled down an icy hill. My daughter, Rosalie, was with me. I ran into a U-Haul trailer. The results were the loss of several teeth, cut jaw, and 30 stitches in my face. Rosalie didn't get a scratch, but could hardly speak. The next morning the Kentucky addition of the Post and Times Star had headlines which read, "Kenton County School Teacher Goes Sleigh Riding". Also that year later I went to a Ft. Mitchell Drug Store to get some medicine for Sue, another daughter. I started across the street as the light was in my favor, when an elderly gentleman, Mr. Gilley, who had had brakes on his old car, knocked another lady and me down. Immediately the police, and it looked like all of Ft. Mitchell, arrived on the scene. We were both taken in the police car to the hospital where we were examined and pronounced okay. Mr. Gilly was frightened and said he had never been in jail. I begged the patrolman not to put him in, and said I wouldn't bring any charges against him. When we arrived back on the scene, the policeman gave Mr. Gilley his car keys and both started on their way. Poor Mr. Gilley saw the patrolman, got nervous and knocked him down! Needless to say back to jail he went. The next morning the newspaper headlines read, "Lightning Strikes Twice in the Same Place."

I believe it was Christmas night that Attorney Jock Conley, a relative by marriage, and his three children visited me, and brought a bag of apples. They also brought along a tape recorder which they had gotten for Christmas. On it they had recorded what each had received for Christmas. The one gift they were most pleased with was a hamster. They didn't know she was pregnant, but Christmas Eve night she gave birth to five babies, which looked like little worms. Just what would the world be like without children?

Thursday after Christmas, my daughters, Mildred Black and family arrived from Kenton county, and Rosalie and family from Louisville. Sue, the youngest, didn't get here because Bill, her husband, injured his hand with a saw.

The Donovans have all come, one or two at a time, and brought gifts.

All the churches of Carlisle and many of the county, have come and brought fruit, candy, etc., and entertained us with music of various kinds. The kindergarten, V.F.W., American Legion and Scouts came. If I have left anyone out, I'm sorry.

Only sent two Christmas cards out this year. Didn't know where to start or stop. I usually write about 75 letters. Hope I do better next year. I do wish that everyone had a Merry Christmas and a Happy New Year!

Thelma Morris said she made 731 pounds of candy this Christmas and sold most of it.

I don't want to forget to mention my Mulberry Street neighbors who came and brought gifts, such as cornbread, jewelry, flowers, fruit and lingerie.

Raymond Robinson, a new orderly, said his family had a nice Christmas, all except him, who was down in his back. Raymond is a good worker.

Ronald A. Collins, nephew of Mrs. Stanley Kenney, is vice president of the Trust Department of the First National Bank and Trust Company of Lexington. His picture appeared recently in the Lexington Herald. He is the son of the late Ben Collins. He and I went to school together at Mt. Carmel.

Will see you next week!

More Christmas scenes

Top left, Jack-In-Box: Amy McFarland, Rodney Hughes, Janelle Hall, Billy Joe Garrett, Mary Ann Hollar, Heather Mathes, Gregory Berry. Top right, Santa and His Reindeer: Alison Knapke, Jodie Duncan, Paul Noll, Matthew Guthrie, Rodney Hughes, Chris Ryles, Scott Ramey. Bottom left, Nativity Scene: Paul Noll, David Conyers, Matthew Guthrie, Darrin Dotson, Derek Zachary, Conitha Clinkenbeard, Alison Knapke, Camille Clark, Angela Buckner. Bottom right, We've a Secret: Rodney Hughes, Amy McFarland, Darrin Dotson, Janelle Hall, Heather Mathes, Jodie Duncan, Mary Ann Hollar, Greg Berry.

Mt. Sterling National Bank promotes three employees

Three veteran employees of the Mt. Sterling National Bank have received promotions effective Jan. 1, according to an announcement by Billy Joe Hall, the bank's chairman and president.

Arthur G. Stevens and John T. Petro have been promoted to senior vice presidents by the bank's Board of Directors. Charles G. Vice, an assistant president, has been promoted to vice president.

Stevens, who heads the progressive trust operation, has been with the organization since Jan. 1, 1959. A native of Mississippi, he came to Mt. Sterling from Washington, D.C. where he was a long-time employee of the United States Department of State.

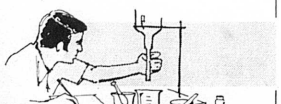
Petro, the oldest employee of the bank in length of service, joined the staff on Nov. 1, 1950. He heads the bank's teller operations and security.

Vice, a native of Bath county, has been employed by the bank since March 1, 1968, after a shorter period of service at an earlier time. He is responsible for cash handling in the bank and also supervises the physical plant.

Prescriptions

ARE ALWAYS FILLED WITH THE BEST HERE!

Whatever your prescription calls for, you can depend on our using only the finest quality pharmaceuticals when we compound it. Your good health is our first order of business here!



"Your Prescription Our Speciality"

HOPKINS DRUG STORE

Call 289-5122

Effective Jan 14 to conserve energy

Monday thru Thursday Close at 7 p.m. Friday and Saturday 8 a.m. to 8 p.m.

MEDICINE CHEST

by H. BOSWELL YORK, R. PH.

Why haven't pharmaceutical manufacturers come up with a birth control pill for men yet? — M. M.

Primarily because it's not as easy. The female reproductive system provides more opportunity to interrupt the fertilization process. Also, there is no single chemical that inhibits sperm activity in men at safe-to-take doses. The only generally acceptable method for male birth control are the condoms or a vasectomy.

What is the difference between toiletries and cosmetics? — S. L.

Generally, toiletries are personal care products which include: toothpaste, shaving cream, shampoo and deodorants. They are considered to be necessities among "non-hippies" and are moderately priced. Cosmetics are supposed to create "good look" — i.e., the aged will look younger, the mundane will look glamorous and the dowdy will look more attractive. Naturally, any cosmetic that can do any of these things would have to be expensive. Just so that the manufacturers won't disappoint you, they make them expensive.

Can a person's temperament have an effect on how he will react to a drug? — E. E.

Yes. Nervous, unstable and easily excited persons seem to require smaller amounts of stimulants and larger doses of depressants. The reverse is true for the placid individual. Neurotic, sensitive, high-strung people tend to experience more actions and reactions from medications.

Is there a vaccine available for this year's strain of Hong Kong flu? — W. S.

The National Center for Disease Control says this year's flu may be the H3Hong Kong 5-72 strain. Most people have no natural immunity against it. Pharmaceutical companies will be ready to distribute the vaccine should this flu strike. This vaccine will be a two-shot type, rather than the previous one-shot type. Both shots are necessary.

Send your questions concerning drugs and prescriptions to Medicine Chest, care of this newspaper.

(tc) 1974, McNaught Syndicate, Inc.)

GET YOUR $ WORTH

BY SALLY AND JIM ADAMS

COPING WITH THE ENERGY CRISIS: III

If you've followed most or all of our tips in the previous two columns on how to conserve energy, you've probably pared your utility bills by a good 5 percent. Here's our final list of things you can do to effect even greater savings.

AIR-CONDITIONING: If you plan to buy an air-conditioner next summer, take time to compare the cooling power of various models. Some are very efficient, some are electricity guzzlers. How to tell the difference? Simply divide the model's listed cooling power — usually expressed in terms of British Thermal Units — by its wattage. For example, a unit that requires 1000 watts to produce 5000 BTUs has an efficiency rating of 5. That's poor. Running it 24 hours a day for a week will cost you about $8. Look for a model that has an efficiency rating of 8 and your electric costs will drop by almost half.

TV: Thinking about buying a new TV set? Remember that color sets use almost half again as much electricity as black-and-white sets. Many newer sets have an instant-on feature that uses juice constantly; you'll save by pulling the plug when the set is not in use.

KITCHEN: Cook all foods for a meal on one area of the stove: top, oven, under broiler. For cooking small quantities, use a small appliance, such as an electric skillet.

A lot of foods don't require oven preheating, so don't. The average oven preheats in 10 minutes or less; pop your food in then. Remember that every time you open the oven door to peek at the food the temperature drops temporarily by 25 percent.

When roasting meat or making casseroles, you can turn off the oven 15 minutes before you're ready to remove the food. You can turn off a surface burner a minute or two before the food is cooked; accumulated heat and steam will finish the job.

Run the dishwasher only when it is full. If the water is really hot (140 degrees), you can skip the drying cycle.

Good news. Don't bother throwing out such things as electric toothbrushes, shavers, hair dryers, vibrators. They don't use enough electricity to make it worth while.

(tc) 1974, McNaught Syndicate, Inc.)

Notice

Notice is hereby given that the undersigned has made and filed their Final Settlement with the Judge of the Nicholas County Court and that the same will be confirmed as a matter of law unless formal exceptions are filed thereto.

Nancye S. O'Brien and Paul Smoot, Co-Executors of Nannie K. Smoot estate.

J. Berry Burnaw, County Clerk

MAGICWORD

by JULIE QUART

HOW TO PLAY: Read the list of words. Look at the puzzle. You'll find these words in all directions — horizontally, vertically, diagonally, backwards. Draw a circle around each letter of a word found in the puzzle then strike it off list. Circling it will show a letter has been used but will leave it visible should it also form part of another word. Find the big words first. When letters of all listed words are circled, you'll have the given number of letters left over. They'll spell out your MAGICWORD.

ON A WINTER CRUISE — Sol.: 10 letters

CLUES

C—Captain, Charts, Clothes, Course, Crew, Cuddle; D—Dancing, Decks, Dining; F—Fashions, Fine; G—Games, Gale, Glee; H—Healthy; L—Leisure, Luck; M—Moon; O—Ocean, Officers, Orchestra; P—Passengers, Passports, Pleasure, Preservers; R—Reservations, Rest; S—Safe, Sail, Sail, Ship, Shops, South, Sunshine, Swimming, T—Tides, Tips, V—Visit; W—Wardrobe, Warmth, Water, Whale, Wine

ANSWER NEXT WEEK

Last Week's Answer: CHIMES 87

Copyright McNaught Syndicate 197a

E	S	E	H	T	O	L	C	R	N	D	E	L	S	W
T	S	A	N	E	R	U	S	I	E	L	I	T	P	A
A	S	R	E	I	D	L	A	C	A	A	R	L	C	T
G	N	T	U	D	H	T	K	H	S	O	E	H	A	E
N	O	S	L	O	P	S	W	G	P	A	A	E	S	R
I	I	E	U	A	C	A	N	S	S	R	S	A	R	S
M	H	H	C	X	R	I	S	U	T	M	E	L	E	R
M	S	C	K	D	C	A	R	S	S	O	D	T	V	E
I	A	R	R	N	P	E	H	T	E	O	I	H	R	C
W	F	O	A	H	D	F	T	I	R	N	T	Y	E	I
S	B	D	P	T	I	A	M	S	A	O	G	G	S	F
E	N	I	F	U	N	S	R	I	C	C	L	E	E	F
T	H	S	N	O	I	T	A	V	R	E	S	E	R	O
S	P	O	H	S	N	I	W	O	E	A	I	T	P	S
N	S	E	M	A	G	E	N	I	W	N	T	L	A	S

SUNNYSIDE

By Mrs. Bessie Jackson

Mr. and Mrs. George Ledford entertained their children and grandchildren at Christmas dinner Sunday before.

Mr. and Mrs. S.T. Minton and children were callers on Mr. and Mrs. Calvin Minton Christmas Eve night.

Mr. and Mrs. Paul Minton were Christmas Day guests of Mrs. Minton's parents, Mr. and Mrs. Thomas George and were callers on Mr. and Mrs. Calvin Minton.

Mr. and Mrs. Earl Buckler and children, Mr. and Mrs. Sterling Jackson were Christmas Day guests of Mr. and Mrs. Johnny Shields and family.

Mrs. Dale and children of East Union Road were Wednesday guests of Mrs. Calvin Minton.

Mr. and Mrs. Earl Buckler and children were callers on Mr. and Mrs. Sterling Jackson.

Mr. and Mrs. Calvin Minton, Mr. and Mrs. J.B. Minton and Mrs. Opal Capps were Sunday afternoon guests of Mrs. Minton's brother, Eli Crockett of the Richmond Nursing Home and report Mr. Crockett as doing o.k.

Roy Fryman was Christmas guest of his mother, Mrs. Robert Hatfield and family. Afternoon guests were Mr. and Mrs. Frankie Hatfield and children and Coleman McGlothlin.

Mr. and Mrs. Charles C. Minton and girls visited the Fishers Christmas Day.

Mr. and Mrs. James Lail received a new granddaughter Christmas.

Mr. and Mrs. Rex Purvis and girls were few hours guests New Years Eve of Mr. and Mrs. James Lail and children.

JANUARY CLEARANCE

SUITS
115.00 SALE 91.95
100.00 SALE 79.95
72.50 SALE 57.95
67.50 SALE 53.95
ONE LOT 40% OFF

SPORT COATS
75.00 SALE 59.95
69.50 SALE 55.95
52.50 SALE 41.95
47.50 SALE 37.95
ONE LOT 40% OFF

SPORT & DRESS SHIRTS
12.00 SALE 8.95
10.00 SALE 7.45
8.50 SALE 6.45
7.00 SALE 4.95
6.00 SALE 4.45

DRESS & SPORT PANTS
22.95 SALE 16.95
19.95 SALE 14.95
17.95 SALE 13.45
14.00 SALE 10.45
12.00 SALE 8.95

FELT & WOOL HATS
17.50 SALE 12.95
13.95 SALE 10.45
8.95 SALE 6.95
5.95 SALE 4.95

SWEATERS
18.00 SALE 13.45
15.00 SALE 11.45
12.00 SALE 8.95
8.00 SALE 5.95

ALL WEATHER COATS
55.00 SALE 43.95
45.00 SALE 35.95

TIES
5.50 SALE 4.45
3.50 SALE 2.79

SALE ON SHOES, JACKETS

The C. C. Cole Co.
Carlisle

FIDUCIARIES FOR MONTH OF DECEMBER

Elizabeth R. Bell, deceased
Cleary Fightmaster, Executor
Carlisle, Kentucky
Date of Appointment December 16, 1973

Orville F. Howard, deceased
W.J. Pryor, Executor
Carlisle, Kentucky
Date of Appointment December 6, 1973

Grace Cameron, deceased
M. Kathryn Hanley, Executrix
111 Venice Park, Lexington, Ky.
Date of Appointment December 4, 1973

Ben Wagoner, deceased
Maggie Wagoner, Administratrix
Route 1 Carlisle, Kentucky
Date of Appointment December 8, 1973

All claims must be filed 3 months from date of appointment.

J. Berry Burnaw, County Clerk

Kentucky Group Banks

$100,000 Giveaway!

Announcing OUR WEEKLY Cadillac Finalists!

Bank drawn from:	Cadillac Finalists Week of Dec. 24	Cadillac Finalists Week of Dec. 31
Central Bank, Lexington	Myra Radinsky	James W. Haney
First National, Georgetown	Harold S. Gano	Ella Sidney
Peoples Commercial, Winchester	Robert Palmer	Andrew Doolin
First National, Nicholasville	Pauline Preston	Aline McClure
Bank of Danville, Danville	Mary Frances Parker	Vernon Moore
Traders National Bank, Mt. Sterling	Pearl Dickerson	Mae Fritts
Powell County Bank Stanton	Christy Gilbert	Mary Moore
First National Carlisle	Annette S. Burnaw	Melvin McKee
National Bank, Paris	John B. Webber	Rufus B. Johnson, Jr.
Peoples Bank, Berea	Catherine Watson	John D. Chrisman
Corbin Deposit, Corbin	Patricia G. Payne	Pearl Brown
Bank of Williamsburg, Williamsburg	Thomas Halcomb	William R. Campbell
First Farmers Owenton	Marc Goodrich	Louise Taylor
Citizens National, Somerset	Phillip Ray Cooper	George O. Bullock
First State Manchester	Patricia Ann Campbell	George H. Surfacs
Bank of Richmond Richmond	Charles K. Morrison	Blaine Taylor Martin
Waco Deposit Waco	Rita Ballard	Howard L. DeCors

One person in each of the weekly columns shown above will be selected in a televised drawing at 5 p.m., Sunday, February 10, 1974, to receive — absolutely free — a new 1974 Cadillac Sedan de Ville in the Kentucky Group Banks spectacular $100,000 new car giveaway.

Next week, and every week until this great contest closes on February 2, 1974, 17 more Cadillac finalists — one each week from each Kentucky Group Bank — will be drawn.

So, hurry, enter this exciting contest today! Register at any Kentucky Group Bank office. Nothing to buy, nothing asked of you except yourgood will. You may register as often as once a day.

Six Cadillacs and 17 Ford Gran Torinos are to be given away in this spectacular program. The Ford winners will be drawn in 17 separate drawings on February 10. But there's a new Cadillac drawing each week. So, hurry, enter early and enter often!

Six 1974 Cadillac Sedan de Villes. Seventeen 1974 Ford Gran Torinos.

FREE! FREE! FREE!

Ask us for details.

MEMBER FDIC

THE FIRST NATIONAL BANK and Moorefield Branch

KENTUCKY GROUP BANKS