

Preventing blindness success rests with the individual

Though preventive medicine has only come to the fore in recent years, the practical solution to many of our health problems, the Kentucky Society for the Prevention of Blindness, has long championed the concept of early diagnosis.

The Society, now celebrating its 65th anniversary, is the only voluntary health agency which is engaged exclusively in blindness prevention.

Preventing blindness is the fact that of the 700 Kentuckians who will go blind this year—half will lose their sight needlessly, despite present knowledge and means available to prevent it.

Reduction of this grim statistic calls for extensive community involvement. Hundreds of volunteers, working directly for the Kentucky Society, through supporting service organizations, help the people—people programs aimed at detecting vision problems and potentially blinding diseases.

The focus is on Glaucoma—a slow, usually painless destroyer of sight, and the second leading cause of blindness. Glaucoma screenings for adults age 30 and over are aimed at detecting vision problems at early stages, when further vision loss is prevented. Last year the Kentucky

Society sponsored nine glaucoma clinics across the State, serving some 3,000 Kentuckians.

Prevalent vision screenings—for 17,000 Kentucky youngsters, age three to six. About five percent of them are found to have vision problems, which, if not corrected, can seriously hamper development and learning.

The focus is on Glaucoma—a slow, usually painless destroyer of sight, and the second leading cause of blindness. Glaucoma screenings for adults age 30 and over are aimed at detecting vision problems at early stages, when further vision loss is prevented. Last year the Kentucky

State eye health training can be improved. It's a good time to visit your optometrist or ophthalmologist. Don't let your eyes go unexamined. Don't let your vision go uncorrected. Don't let your eyesight go uncorrected. Don't let your eyesight go uncorrected.

A resolution you make recently to develop a talent for your future training can be improved. It's a good time to visit your optometrist or ophthalmologist. Don't let your eyes go unexamined. Don't let your vision go uncorrected. Don't let your eyesight go uncorrected.

Call it—the nation's leading cause of blindness—eye health training can be improved. It's a good time to visit your optometrist or ophthalmologist. Don't let your eyes go unexamined. Don't let your vision go uncorrected. Don't let your eyesight go uncorrected.

Mr. and Mrs. Fred Hollar and Nicholas Matz visited Mrs. Jim Wilson and Mike on Friday night.

Mrs. Betty Brady visited Mrs. Jay King of Princeton and Mr. and Mrs. David Doyle near Cynthiana on Thursday.

Mrs. Frankie Feaback returned home on Saturday after undergoing surgery at Nicholas County Hospital several days earlier.

Mr. and Mrs. Jim Wilson visited Mrs. and Mrs. Tommy Fryman of Cynthiana on Saturday night.

Mr. and Mrs. J. David Tuttle of Wayland spent the past week at their camp here.

Mrs. Freddie Gausse spent several days the past week with her son, Nicholas County Hospital on Sunday for treatment.

Our community extends sympathy to the family of Quentin D. Snapp, formerly of Barriereville, but now of Lexington, who passed away on Tuesday.

By Mrs. Fred Hollar

NEXT WEEK'S HOROSCOPE

♈ Aries March 21-Apr. 19 **♊ Gemini** May 21-June 20
♉ Taurus Apr. 20-May 20 **♋ Cancer** June 21-July 22
♌ Leo July 23-Aug. 22 **♍ Libra** Sept. 23-Oct. 22
♊ Gemini May 21-June 20 **♋ Cancer** June 21-July 22
♌ Leo July 23-Aug. 22 **♍ Libra** Sept. 23-Oct. 22

♈ Aries March 21-Apr. 19 **♊ Gemini** May 21-June 20
♉ Taurus Apr. 20-May 20 **♋ Cancer** June 21-July 22
♌ Leo July 23-Aug. 22 **♍ Libra** Sept. 23-Oct. 22

♈ Aries March 21-Apr. 19 **♊ Gemini** May 21-June 20
♉ Taurus Apr. 20-May 20 **♋ Cancer** June 21-July 22
♌ Leo July 23-Aug. 22 **♍ Libra** Sept. 23-Oct. 22

♈ Aries March 21-Apr. 19 **♊ Gemini** May 21-June 20
♉ Taurus Apr. 20-May 20 **♋ Cancer** June 21-July 22
♌ Leo July 23-Aug. 22 **♍ Libra** Sept. 23-Oct. 22

OLDHAM'S

A New Fall Showing of Dresses... Coats... Suits... Ensembles... Sportswear Makes This "The Showing" You Must Be Sure To See.

Special Showing of "New Fall Coats"

AGAIN THIS FALL OLDHAM'S IS RIGHT IN STEP WITH THE FASHION WORLD.

Special Showing of "New Fall Dresses"

ITS A NEW WORLD OF FASHION FOR AUTUMN AT OLDHAM'S.

Special Showing of "New Fall Shoes and Bags"

TO COMPLETE YOUR NEW FALL OUTFIT—BE SURE TO SHOW OLDHAM'S SHOE DEPT. SHOWING THE LATEST NEW STYLES IN LEATHERS AND RUBBER.

OLDHAM'S Mt. Sterling, Ky.

Open Every Friday and Saturday Night Until 8 o'clock

Hart graduates from Marine class

QUANTICO, Va. (AP)—Marine Corps in February 1972.

The school-leader course is designed to give young men in college an opportunity to earn a commission in the Marine Corps while finishing their education.

Chuck Roast

U.S. Choice **99¢**

- Boneless Chuck Roast lb. 1.19
- U.S. Choice Shoulder Roast lb. 1.19
- U.S. Choice Rib Roast first 3 ribs lb. 1.19
- U.S. Choice Rib Steak lb. 1.19
- Boneless Beef Steer Meat lb. 1.19
- Fresh Ground Beef (13 lbs. or more) lb. 1.19
- Fischers Wieners 12 oz. pkg. 79¢

CONES 65¢

- Total Cereal 49¢
- Detergent 79¢
- Silver Stud 79¢
- Ajax for Dishes 89¢
- Hot Dog Sauce 2/39¢
- Food Storage 30¢
- Glad Bags 39¢

Fresh Yellow Corn

5 ears **39¢**

- Yellow Onions 3 lbs for 49¢
- Florida Celery stalk 25¢
- Honey Dew Melons 8 ct 59¢
- Carrots 1 lb. pkg. 2/29¢
- Red Delicious Apples (New Crop) 3 lb. 79¢
- Cantaloupe 27 ct 3/51¢

Cherries 10 oz 49¢

Betty Crocker 3.25 oz. 69¢

Ajax Cleanser 21 oz 29¢

Ragu Joe Sauce 14 oz 49¢

All Detergent 2 lbs. 3 ct 69¢

Quick'n Sure Biscuit Mix 49¢

Hi-C Drinks 4/51¢

Smuckers 18 oz 49¢

Grape Jelly 49¢

Light chunk Sharkskin Tuna 6 1/2 oz 39¢ (limit 3 please)

Light chunk Sharkskin Tuna 6 1/2 oz 39¢ (limit 3 please)

OLDHAM'S Mt. Sterling, Ky.

Open Every Friday and Saturday Night Until 8 o'clock

Kay's Kitchen

By Kay Fisher

MIXED-FAVOR COOKIES

- 2 cups flour
- 2 teaspoons baking powder
- 1/2 cup butter
- 2 eggs, separated
- 1 cup sugar
- 1/2 cup milk
- 1 teaspoon vanilla
- 1 teaspoon salt

SPICE COOKIES

- 1 cup butter
- 3 cups brown sugar
- 2 eggs, well beaten
- 3/4 cup cake flour
- 1 teaspoon vanilla
- 1/2 teaspoon cloves

PECAN BUTTER COOKIES

- 1 cup brown sugar
- 1/2 cup butter
- 1 egg
- 1/2 cup cake flour
- 1/2 teaspoon vanilla

CHOCOLATE COOKIES

- 2 squares unsweetened chocolate
- 1/2 cup butter
- 1 egg
- 1/2 cup dark brown sugar
- 1/2 cup sifted flour

Furniture Polish 179¢

Bathroom Cleaner 79¢

Kitchen Can Liners 59¢

Iced Tea Mix 49¢

Clorox gal. 49¢

KFWC meeting Sept. 24-26

The Kentucky Federation of Women's Clubs will hold its annual Fall Meeting and Conference at Louisville's Galt House Sept. 24-26.

Mr. and Mrs. Willis entertain Sunday

Mr. and Mrs. Malcolm Willis had as their guests Sunday the following: Mrs. Bobby Osborne and Robin, Mr. and Mrs. Billy Osborne and Scotty, Mrs. Fanny Morehead and Mrs. Milton Morehead, Gayle, Tommy and Cindy, Mr. and Mrs. Steve Keeney, Mrs. Wilson Bill Smith and Sherry Ann, all of Lexington.

Mr. and Mrs. John Smoot shower incentive

Mr. John Smoot, Millersburg, was honored with a surprise stork shower given by Mrs. Bruce Current, Aug. 23 at her home in Millersburg.

Permanent Wave & Set

Now \$10 Regularly \$15

Custom Cut to give body to fine, limp hair included free with wave.

Burgoo supper held Monday

The members of the Carleisle Community Woman's Club entertained husbands and guests at their first meeting, the club 1972 with a burgoo supper at Blue Licks State Park on Monday, Sept. 10.

The bicentennial theme was incorporated into the evening's activities through a pioneer nature hike, song fest, and "yarn-spinning" session.

Miss Brooks Brooks-Marshall betrothal told

Mr. and Mrs. W.H. Brooks of London announce the engagement of their daughter, Lillian Elizabeth, to Horace Francis Marshall Jr., son of Mr. and Mrs. H.F. Marshall of Carleisle.

Drawing contest deadline nears

The Carleisle Junior Women's Club, GFWC urges anyone who is planning to enter the contest for the new year drawings to have his entry completed and turned in before Sept. 17.

Wedding plans

Mr. and Mrs. Charles K. Watkins of Paris, announce the forthcoming marriage of their daughter, Karen Denise, to Dennis Lee Dodson, son of Mr. and Mrs. Bradley Dodson of Carleisle.

Garden Club to meet Monday

The Carleisle Garden Club will meet Monday, Sept. 17, at 7 p.m. at the home of Mrs. W.H. Boone.

Mitchell-White marriage told

Elzie Mitchell and Don White were married Saturday, Sept. 8, at the Pleasant Valley Church of God.

Faulconer-Massaro wedding announced

Darlene Faulconer, daughter of Mrs. Arthur Brett of Carleisle and Al Massaro, son of Mr. and Mrs. Al Massaro of Troy, N.C. were united in marriage Sunday, Sept. 9, by Rev. Frank Simons.

Mrs. Hughes hosts dress-bridal

Mrs. Don Hughes entertained Thursday with a dress-bridal at her home on Clifway Drive.

Complete Clearance on SHOES

Current summer stock, Keds, and sandals 1/2 price

Group Ladies Shoes \$1 pair \$2 pair

Group Ladies Shoes (some Oxford) \$3 pair

Abraham's Ladies Shop