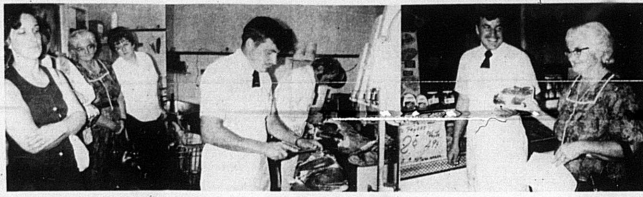


### Evening adult classes study food buying

The second of a series of adult classes "Cooking Capers," sponsored by the Nicholas County High School Home Economics Department was held Thursday evening at Coakley's IGA. This lesson was on food buying with special emphasis on buying meats. At this class Al Warner and Ben Brierly (pictured above) gave many interesting and informative pointers on meat buying. Pictured in the second photo are Sylvia

Ishmael, Mrs. Mayme Bruner and Brenda Barnett observing Mr. Warner cut meat.  
In the third photo Mr. Warner is presenting Mrs. Bruner with a T-bone steak, a door prize donated by Coakley's. The third class will be held at 7:00 p.m. Thursday evening in the high school home economics department. The topic of the lesson will be correct use of the range and a demonstration on making gravy. Free babysitting will again be provided. All interested persons are urged to attend.



Left photo - Sylvia Ishmael, Mrs. Mayme Bruner, Brenda Barnett; center photo - Al Warner, Mrs. Bruner; right photo - Al Warner, Ben Brierly

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### Blue Grass buys warehouses

Blue Grass Industries, Inc., has purchased five warehouses on the Clintonville Road in Paris from Jiggott and Myers and will use the warehouses for storage facilities.  
The warehouses are located on the right on the Clintonville Road at the Paris outside.  
The warehouses on the left side, across the road, are a part of the W.D. Cronin estate, now being owned by Hugh Cronin.

### Cooking capers Layman's Day October 14

Layman's Day will be held Sunday, Oct. 14 at the Moorfield United Methodist Church. The youth of the church will be in charge of the Sunday School hour.  
Bud Lyons, lay leader of the church, will be in charge of the morning worship service. Billy Adams of the Methodist Church in Lexington will be the guest speaker.  
A potluck meal will be served at noon.

### CPA seeks support for Meals on Wheels

William Morgan Perkins, Executive Director of Licking Valley Community Action Program, Inc. has announced that for the "Meals on Wheels" program to continue it must seek community support in the form of donations of \$10,000. The money collected will be matched three to one by the Commission on Aging. Over \$5,000 has already been collected from area businesses and citizens interested in the continuation of this worthy program. This project is presently serving over 600 meals each week in the counties of Bath, Bracken, Fleming, Mason, Menifee, Montgomery, Nicholas, and Robertson counties with future plans to serve more elderly each week. Only 16% of the total budget is used to administer the program with the remaining cost being used for meals.  
For many of these elderly being served, this meal is the only hot, nutritious meal they receive each week; still for others the main attribute of the program is its sociability aspect, where they can meet, enjoy a hot meal and feel needed in a society that has long been putting the elderly out of sight-out of mind. Many people volunteer their precious time and money to help prepare or deliver the meal each week.  
Why don't you do your part by contributing to this worth-while project? If it wasn't for the elderly we wouldn't be here, so—let's not forget the elderly in their hour of need.  
Please contact the central office in Flemingsburg, Ky., at 845-0681 and make your contribution as soon as possible. If you have already donated, thank you for your help which will be published.

### Fall fire season begins in Kentucky

As soon as the dead leaves begin falling, Kentucky can expect fires to start occurring in her fields and forests, and that fall will be no exception. The bad part is that most of the fires will be man-caused and preventable.  
In anticipation of the fall forest fire season, the Division of Forestry, Department for Natural Resources and Environmental Protection, has been conducting a series of training sessions for its personnel. Forestry Director Harry Nader said that all the field men have received training in the basic fundamentals of forest fire suppression. The sessions provided new employees their initial training, and provided a review for older employees.  
Nader said that as a result of comparatively light fire seasons the past

two years, many new personnel have not had sufficient experience in fire suppression to cope with a bad fire season. The additional training should help bring all personnel up to the desired training level.  
During the training sessions, special emphasis was placed on the construction of fire lines to bring the fire under control in the shortest possible time. Practice fire lines were constructed with a mechanized tractor plow unit as well as hand tools.  
The fall fire season, as designated by law, runs from Oct. 1 to Dec. 15, but weather conditions may be such that fires occur before this date. At the present time several areas of the state are dry enough for fires to start. During this period it is unlawful for any person to set fire to any flammable material capable of spreading fire, located in or within 150 feet of any woodland or brushland, except between the hours of 4:30 p.m. and 12 midnight.

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### American Legion called meet Friday

Nicholas Post No. 17, American Legion will hold a called meeting Friday night, Oct. 12, 7:30 p.m. All members are urged to attend. Wayne Hardwick, Commander.

### Mrs. Wilson entertains homemakers

The Moorfield Homemakers Club met on Thursday, Oct. 4, at 7:30 p.m. at the home of Mrs. J.S. Wilson, with Mrs. Harvey Wilson as co-hostess. The meeting was called to order by Mrs. Hanson Ellington, president. Devotion was given by Mrs. Howard Irvin.  
Twelve members answered the roll call with "my favorite Halloween costume as a child." The minutes were read and approved. "Pumpkin Friendship" were collected. Mrs. Howard Irvin showed a beautiful quilt. Many people volunteered their precious time and money to help prepare or deliver the meal each week.  
The lesson, "Blender Foods," was given by Mrs. Harold Mitchell. She explained and demonstrated the use of the blender. She made a delicious "Golden Salad" and cheese dip. These dishes and other refreshments were served.  
The November meeting will be held on Nov. 1 at the home of Mrs. Bea Bromagen, with Mrs. Joe Smart as co-hostess. The lesson will be "Sewing with Stretch Fabrics."

**VOTE FOR EARL MARSHALL**  
For City Councilman As a Write-In Candidate

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60 x 12 — 2 Bedrooms \$4595.00  
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<b>Meat Entrees \$1.49</b> 2-lb. pkg.	<b>Chuck Roast \$8.99</b> lb.	<b>Sliced Bacon \$1.09</b> lb.	<b>Bologna \$1.29</b> 1-lb. pkg.	<b>Sausage \$1.39</b> 1-lb. pkg.
<b>Turkeys \$7.99</b> 10 to 14-lb. Avg. Boneless White Fish	<b>Turbot Fillets \$6.99</b> lb.	<b>Golden-Ripe Bananas \$1.13</b> Large Half Doz.	<b>Star-Kist Chunk Light Tuna \$3.19</b> 6 1/2-oz. cans	<b>Vegetables \$5.19</b> 12-oz. pkg.

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**Kroger Lunch Meat \$1.09**  
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