'Artist in Residence' -- a Kentucky first

By Sue Weller
State News Bureau

After spending her entire life in New York City, Francia Smith finds Owensboro a pleasant change of environment.

She recently moved to this Ohio River community where she became the first "Artist in Residence" in Kentucky.

The program, equally funded by the Kentucky Arts Commission and the National Endowment Commission of the Arts, is an effort to bring art to the people.

"By bringing in a practicing artist rather than a teacher, people can actually see creation in the process," explained Irwin Pickett, director of visual arts for the Kentucky Arts Commission.

"Generally people have not accepted art as part of their everyday lives. Under this program, no one will be forced to accept art—it will be a free choice."

Daviess County was the first school system to apply for the program and was selected because of their interest, as well as the wide range of community activities and variety of people.

Francia's studio is located at the Daviess County High School where students and community members alike come and go as they please. They are able to quietly observe the artist at work—asking questions and conferring with her at will.

"I'm very excited with the program," she said. "I see it as a tremendous opportunity for the artist and the community. It's a way to give people a different dimension to their lives."

Francia, who was selected over 60 other applicants, views her position as a chance for personal fulfillment and greater understanding of people.

"I'm not here to make great artists out of people," she said. "I just want to expose people to art—make them less afraid of it."

Working with other teachers within the school system is another of her goals, hoping to relate various subjects to art, thus enhancing the student's total education.

Throughout the year, Francia hopes to take an active role in the community—holding several exhibits and being available to all persons interested in art.

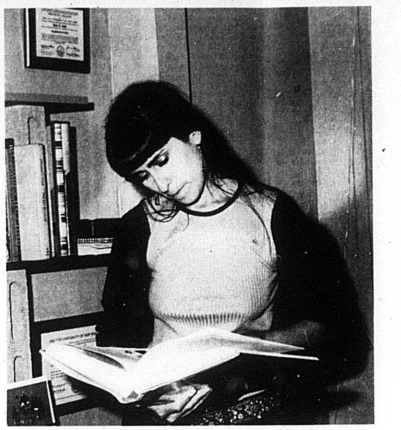
And how does husband Bruce feel about moving to the Bluegrass State?

"We've always done our own thing," he said, "so when Francia got the offer, I was quite excited. I'm happy here and enjoy the change of environment."

While in Owensboro, Bruce is a percussionist with the Owensboro Symphony Orchestra and also gives private lessons.

According to Pickett, if the program proves successful, two more programs will begin next year.

Asked if they are anxious to return to New York when their year is completed, both replied, "No, we don't want to go back in the immediate future. We're enjoying the relaxed atmosphere too much."



MOMENT OF STUDY—Ms. Francia Smith ponders over one of her books while preparing a lecture for a civic group. She is Kentucky's first "artist in residence" and is working in the Daviess County School System. The experimental venture is sponsored by the Kentucky Arts Commission.

My Neighbors

"All right pocket pal, let's get one more 'A' for Joey."

Whitehall Trailer Sales
Maysville Rd. Mt. Sterling

Continues Their Fall Sale With The Following Specials For This Week

Two Bedroom $3250.00
Two Bedroom $3750.00
12 Wide
Three Bedroom $4995.00
12x65

We Also Have Some Repossed Mobile Homes.
Take Over Payments
On The Lot Financing
Low Down Payments
Up To 12 Years To Pay

Whitehall Trailer Sales
Maysville Rd. Mt. Sterling
Phone 498-4577

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LUMBER and BUILDING SUPPLIES

You Can Go Farther but You Can't Buy Better

"The People We Sell Building Materials To Are Our Best References."

Ratliff Bros. Co.

Phone 289-5257 Carlisle, Ky.

FOR SALE
15 Acre Mini Farm

Plenty of room in the country, only minutes from town. Located on Moorefield Road.

Living room with fireplace, dining room, large kitchen with dining area, pantry, utility room, 4 bedrooms, huge bathroom. Plenty of closet space, full basement, forced air furnace. Full length front porch.

965 pounds tobacco base, 3 storage buildings and garage. If you're interested in a fine home with a few acres, don't fail to look at this one.

See or Call

Jewel Vice
Realtor & Auctioneer
REALTOR® 101 S. Broadway Phone 289-5279

Public AUCTION
Sat. Dec. 1, at 10:00 A. M.

Located 6 miles from Carlisle and one mile from Headquarters on the Saltwell Road.

1963 Ford Dexter diesel tractor, live power A-1 condition, 6 ft. bush hog like new, John Deere harrows, work mare eight years old, tobacco setter, two-horse riding cultivator, horse cutting harrow, McCormick mower No. 7, lot of horse drawn equipment, hames, bridles, fence stretchers, milk cans, post hole digger, Homelite XL12 chain saw, several hundred locust posts, end and line post, refrigerator, Home Comfort wood cook stove, log chains, cut-off-saw. Other articles too numerous to mention.

Owner—Richard E. Cain

Earl Hamm Auctioneer and REAL ESTATE BROKER
Carlisle, Ky. Office Phone 289-5720
Home Phone 289-5320
Bob George, Cashier Cliff Vice, Clerk

Public Auction
Sat., Dec. 15, at 10 A. M.
86 Acre Farm

Located 6 miles from Carlisle on the Cane Run road. For the estate of the late Tommy Scott.

This farm layed about ¼ of a mile off the Cane Run Road. Look for Auction Arrows.

This farm has a good six-room house with water, six-bent tobacco barn, 1973 tobacco base 4358 lbs., has an abundance of grass and water, clean, fair fencing, can all be mowed with tractor, and produces good crops, if you want a farm that will pay its own way. Take a look and come to this sale.

PERSONAL PROPERTY

1954 Ford tractor and mower, harrow, tractor wagon, water pump and hose, small and large gas stoves. For more information see the selling agent.

Billy Joe Kearney, Executrix
Womack and Budden, Attorneys

Earl Hamm Auctioneer and REAL ESTATE BROKER
Carlisle, Ky. Office Phone 289-5720
Home Phone 289-5320
Robert George, Cashier Cliff Vice, Clerk

Outdoor Lore

By Neyle Shackelford • University of Kentucky College of Agriculture

The affinity between man and tree is as old as recorded history. The tree served as man's first temple of worship and, early in his genesis, he learned it could shelter him from the heat of the sun and from the fury of the storm. From it, he secured food and, according to the Scriptures, it was from its leaves that he stitched his first clothing. It is no wonder then that man still loves the tree and the products of the tree.

Standing alone in a pasturefield, growing in a yard, or mingling with its kind in a forest, the tree at all seasons is a thing of singular beauty. Also from the time of the prophets, its wood has been the most treasured of all household materials. As all woodworkers know, wood never dies. Rather it remains forever a living substance never completely a separate thing from the tree that gave it birth and brought it to maturity.

Like the tree in the forest that bends and sways and thus withstands the force of the gale, a house made of wood responds to and withstands the violence of all but the most furious of storms. Also, when manufactured into furniture, flooring, or paneling, wood brings with it a primordial feel, a sense, and sometimes as in the case of cedar, a nostalgic smell of the outdoors. It is perhaps for these reasons that no matter how decorative, adaptable, or substantial other materials may be for home furnishings, most prefer those made of wood.

Something else wonderful about the tree is that it is a renewable resource and will grow in just about any place where there is soil, sunshine, and rainfall. With limited care, management, and protection, it will come and come again providing not only food and shelter for generations yet unborn, but also places of recreation, stable soil, and cleaner air and water.

As man is attracted by the tree, so are many desirable forms of wildlife. To cut away the tree and prevent its return is to banish the songbird, the gay squirrel, the deer, and ruffed grouse, and many other wild creatures that offer much sport and arboreal pleasure.

Also, without the tree, there can be no clear wilderness streams to which man can retire and listen to the nerve-soothing song of flowing water or to cast a fly in that wonderful sport for which time spent, some say, Allah does not charge against the allotted life span.

To many, a tree represents only just so many board feet of lumber and over the years the tree has not been without its detractors.

Lexington Loose Leaf Tobacco Warehouse

Anglin Avenue Lexington, Kentucky

We are now open to receive your tobacco for the opening sales.

We guarantee you the top price, friendly and most courteous service.

For more information call your local representative

Brookie George 289-5097
or
Warehouse 255-7309

for FAST ACTION use the WANT ADS

FOR SALE

FOR SALE: Maytag washer, practically new. Call or see Nancye M. Jones, Locust St., phone 289-2346. 11-29-1tpd.

FOR SALE: Aluminum siding, patio covers, awnings and carports. Free estimates, financing - available. Call Ward Shannon, 684-2089. 9-27-10tpd.

FOR SALE: Ladies imported wool coats. Pre-owned. All sizes and styles. Colcord Antiques, 714 Main Street, Paris. 11-22-4tchg.

FOR SALE: House. 1967 Chevrolet, 1963 Ford. Phone 289-5895. 11-22-4tpd.

FOR SALE: Two Mustangs, excellent condition. Good batteries, tires and color. One hardtop, one convertible. Phone 289-5558 before 8 a.m. or after 5 p.m. Priced right. 11-29-1tn.

FOR SALE: Two 2-year-old country hams. Less than 20 pounds each. $1.00 a pound. Ralph Brookshire, phone 289-5540. 11-29-1tpd.

FOR SALE: 52 acres land. Good 3-bent barn. Five acres good tobacco land, more if cleaned off. Plenty good timber and post. $125.00 acre. Call 289-2862. 11-22-2tpd.

FOR SALE: AKC chocolate poodle puppy. Housebroke, two months old. Will hold for Christmas. Phone 289-5060. 11-29-1tpd.

FOR SALE: 107 acre farm, good home, 8 bent tobacco barn, stock barn, 5,000 lbs. tobacco, clean, all grass, plenty of water, priced to sell.

85 acres, 5,000 lbs. tobacco, good six room house, large tobacco barn, clean, all in grass, plenty of water.

60 acres, no improvements, 2,652 lbs. tobacco, on county water line, good subdivision farm.

147 acres, 778 lbs. tobacco, no improvements, hundreds of locust post and timber, $100 an acre. Call Earl Hamm, Auctioneer and Real Estate Broker. 11-29-1tchg.

FOR SALE: 4 room house and bath, close in, move in tomorrow——8 room house and bath, newly paneled, close in. Call Earl Hamm, Auctioneer and Real Estate Broker. 11-29-1tchg.

FOR SALE: Let on Upper Licks Road. Has cistern and electric pole. See or call John Mitchell, 289-5629. 11-29-1tpd.

NOTICE

NOTICE: Antiques, glassware, junk and so forth. Open 6 a.m. to 10 p.m. daily. Your business appreciated. Look for sign. Cassidy Creek Road. Gilbert Shrout. 10-4-tfn.

NOTICE: I am responsible for no debts other than my own. John William Rogers. 11-15-3tpd.

USED APPLIANCES & FURNITURE: 2 refrigerators; 8 electric ranges; one gas range; two wringer washers; two automatic washers; 3 living room suites; three dinette sets; one recliner, and one 20" color TV. Garrett's Furniture Co., Main Street, Phone 289-2308. 11-15-tfn.

NOTICE: Nine ball tournament every Tuesday night at 7:30 p.m. at the Side Pocket Inn, Carlisle. 11-22-4tpd.

NOTICE: For appointment at E-Dell Beauty Salon call 289-5924 or if no answer call 289-5406. 11-8-tfn.

NOTICE: Turkey dinner Sunday, Dec. 2, C.M.E. Church, 11 a.m. Oyster dressing, mashed potatoes, green beans, molded salad, gravy, homemade rolls. Homemade pies and cakes. Sara McCuffey for church. Complete dinner $1.50. Pie and cake extra. 11-29-1tpd.

NOTICE: Looking for something different? Come to the Christmas Bazaar on Saturday, Dec. 1. The bazaar is sponsored by the Carlisle Junior Woman's Club and will be held at the corner of Main and Locust Streets from 9 a.m. to 6 p.m. 11-29-1tchg.

FREE—Puppies, 7 female. Call Kathy Hanson, phone 289-2182. 11-29-1tpd.

NOTICE: This is to certify that I am not responsible for any debts incurred by anyone other than myself. W. J. Pryor. 11-29-3tpd.

NOTICE: For sale used furniture. See or call Billy Gaunce. Phone 289-2341 or 289-5330. 11-15-10tpd.

CARD OF THANKS: Thanks to each person who donated to the Auction at Moorefield C.W.F. 11-29-1tpd.

NOTICE: Will do appliance repair, all makes. Also will repair water heaters, pumps etc., and do electric wiring. Call Dudley Burke after 4 p.m. Phone 289-5701. 10-25-8tpd.

LEGAL NOTICE
NOTICE OF PUBLIC HEARING

On Dec. 5, 1973 at 10:00 a.m. a Public Hearing will be held at the Nicholas County Court House.

Purpose: To discuss withdrawal of designation of Licking Valley C.A.P., Inc. as the Community Action Agency to operate O.E.O. Programs for Nicholas County, to be effective February 1, 1974, and designation of Community Action Lexington-Fayette County (CALF) as the Community Action Agency to serve Nicholas County, effective February 1, 1974.

All interested persons are invited to attend this meeting to comment and ask questions regarding the proposed designation.

/s/ Floyd Clark
The Honorable Floyd Clark
Nicholas County Judge
11-22-2tchg.

CARD OF THANKS: We would like to thank each and everyone for their kindness shown us during the tragic death of our loved one, Edgar (Junebug) Waggoner. We would like to thank the hospital staff, Dr. Kingsolver, Rev. Harold Rice, Mathers-Shearer and all of the friends and neighbors for their visits, prayers, flowers, food and cards. They were greatly appreciated. The Family. 11-29-1tpd.

CARD OF THANKS: I wish to thank all who were so nice to me while I was a patient in the Nicholas County Hospital. To the hospital staff, the ministers, Dr. Kingsolver, Mathers-Shearer for their ambulance service, to those who sent cards and flowers, and to the ones who came to visit. All acts of kindness are deeply appreciated. Mrs. J.J. Wilson. 11-29-1tpd.

ADMINISTRATRIX NOTICE

All persons knowing themselves to be indebted to the estate of Edgar C. Waggoner, deceased, will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorney) for payment. Helen B. Waggoner, Administratrix, of the estate of Edgar C. Waggoner, deceased. Charles M. Cox, attorney. 11-29-3tpd.

BID FOR TRUCK

The Nicholas County Fiscal Court will receive bids until 1:00 P.M. December 8, 1973, for the following described equipment:

One new 2½-ton truck HD cab and chassis 84" CA; 24,000 GVW; 361 HD engine; 17,500 lb 2-speed axle; 5-speed transmission; re-inforced frame; HD brakes; HD front, rear and auxiliary springs; power steering; 825x20 10-ply front tires; 900x20 12-ply rear tires; 7000 lb front axle.

Truck to be used for mounting of bituminous distributor at Minneapolis, Minn. Delivery can be at Minneapolis or Carlisle, Ky.

The court reserves the right to reject any and all bids.

/s/ Floyd Clark
Judge, Nicholas County Court
11-29-2tchg.

NOTICE: Nicholas County Elementary P.T.A. Chili and Pie Supper, Monday, Dec. 3, 5:00 p.m. in lunchroom before game. 11-29-1tchg.

FOR RENT

FOR RENT: Two small upstairs furnished apartments. Utilities paid. James Hardin, phone 289-2475. 11-29-1tpd.

FOR RENT: Store room on Broadway between Garrett's Restaurant and Hartley's Pool Hall. Marguerite Graeter. 11-29-1tpd.

FOR RENT: Apartment available. Call Mrs. W.C. Campbell, 289-5363. 11-4-tfn.

WANTED

WANTED: R.N. or G.L.P.N. for 7 to 3 shift. Contact Mrs. Martha Fowler, Bourbon Heights, Inc., 2000 S. Main St., Paris, Ky., 987-5750. Equal Opportunity Employer. 11-29-2tchg.

WANTED: Farm hand to work on farm. Steady employment. Must know how to use machinery. House furnished. See or call Mrs. James Simons, phone 289-5716. 11-29-1tpd.

WANTED: Concrete work all types. Building and remodeling work. Phone 289-2518. 10-25-8tpd.

WANTED: To do lime spreading. Call Garlet Livingood, 289-2603. 11-22-8tpd.

POSTED

All persons are hereby notified not to trespass, fish, hunt, trap or shoot upon the land of the undersigned. Any person caught trespassing in violation of this notice will be reported to the Sheriff and prosecuted to the fullest extent of the law. It is necessary that we take this step to protect our property and wildlife.

Mrs. Clara McGohan, Route 1, Ewing, Property of Virgil and Addie Ritchie, Route 32, Myers Station Road. 9-20-73

O.L. Hollar estate, Route 4, Carlisle, Ky.

Concord Farm. Mr. and Mrs. W.R. Buntin Jr. 11-15-12tpd.

Old Crayton Property. 11-1-12tpd.

Shirley White, Crayton 11-22-8tpd.
Property of Brown Crawford, Pleasant Valley Section. 11-22-9tpd.
John G. Hall Farm, Headquarters Pike. 11-22-9tpd.

LOST

LOST: Strayed from Upper Jackstown Road a Polled Hereford cow, weight 850 to 900 lbs. Anyone having information call Charles Ring, 289-5672, or Badger Hovermale at 484-3308. Reverse charges. 11-29-3tchg.

Training Center sold for $1.650 million

The Kentucky Training Center, located on the Paris-Lexington Road, was sold at public auction recently for $1,650,000.

Jim Thomas, Tuckerman, Ark., was the successful bidder, only one bid being made on the center, which covers 270 acres.

The property was owned by California horseman Rex C. Ellsworth and Dr. Arnold A. Pessin, a traingin veterinarian, the sale being the result of a foreclosure suit on a claim that the company was in default of a loan and owed $1,562,324 to Kentucky Central Life Insurance Co., Lexington, a mortgage holder.

MAGICWORD by JULIE QUART

HOW TO PLAY: Read the list of words. Look at the puzzle. You'll find these words in all directions — horizontally, vertically, diagonally, backwards. Draw a circle around each letter of a word found in the puzzle then strike it off list. Circling it will show a letter has been used but will leave it visible should it also form part of another word. Find the big words first. When letters of all listed words are circled, you'll have the given number of letters left over. They'll spell out your MAGICWORD.

MUFFLE UP Sol.: 9 letters

CLUES:
B-Back; Beaver, Blankets, Body, Boots, Boys, Brisk; C-Chinchilla, Coats, Cost; F-Fake, Fall, Folds, Furs; G-Gust; H-Hats, Hoods; J-Jackets; K-Knit; L-Lady, Leopard, Longjohns; M-Mink, Mitts, Muff, Muskrat; O-Oc elot; P-Pants; Parkas; R-Rabbit, Raccoon; S- Sable, Sash, Scarf, Shirts, Skirt, Slacks, Snow, Socks, Stockings, Stoles, Sweaters; U-Underwear; V-Vest; W-Warm, Wildcat, Wool

ANSWER NEXT WEEK
Last Week's Answer: LITERATURE $1

D	R	A	P	O	E	L	O	C	E	L	O	T	P	U
R	S	N	O	W	A	L	L	I	H	C	N	I	H	C
M	A	K	F	A	L	L	B	R	I	S	K	C	O	S
L	R	E	I	S	K	O	O	A	G	V	E	S	T	S
N	M	A	W	R	L	N	O	N	S	L	S	A	T	S
O	U	S	W	F	A	I	W	G	T	H	R	D	S	
O	S	Y	O	I	E	K	C	M	E	J	I	L	R	P
C	K	O	B	K	C	D	W	K	A	H	O	E	V	A
C	R	B	N	O	S	I	N	C	S	F	T	H	R	N
A	A	I	T	T	L	A	K	U	U	A	P	E	N	T
R	T	S	O	D	L	E	H	R	E	A	V	S	S	S
E	O	L	C	B	T	O	S	W	R	A	C	F	T	T
C	E	A	A	S	O	A	S	K	E	A	F	A	O	T
S	T	C	U	D	S	D	A	B	R	U	O	K	O	I
R	K	G	S	H	Y	S	Y	F	M	C	S	E	B	M

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Amount Enclosed $_____

In counting words, any group of figures (such as phone or route numbers) count as one word. Each abbreviation counts as one word (you don't save money by abbreviating) and you make your ad harder to read.

SUSAN DUFF'S CALORIE COUNTDOWN

READERS QUESTIONS

I really enjoy receiving letters from my readers because it gives me a good idea of what diet problems and topics are of greatest interest to you. I will be answering questions which seem to be of general interest in my column and I'll try to answer other questions by writing to you directly. You can send your questions to me in care of this newspaper. Here are answers to some recent questions:

Dear Susan: Please be good enough to let me know how many calories there are in one ounce or one gram of shelled, organically grown sunflower seeds (nothing added). Thank you.—Mrs. E.G., Newport, N.Y.

Dear Mrs. G.: Those organically grown health food products are certainly popular now and I think this is a good trend in diet because it makes people more aware of nutrition. Certainly many health products are high in the nutrients we might otherwise miss in our convenience-food dominated diet, and the sunflower seeds you mention are a tasty and very nutritious snack. However, like many of these foods, sunflower seeds are quite high in calories: a normal serving of three and a half ounces, which is equal to 100 grams, contains 480 calories. To answer your specific question, one ounce of sunflower seeds contains about 137.14 calories and one gram contains 48 calories. Pumpkin seeds, which are another health food munchy, contain 441 calories per three and a half ounces or about 44 calories per gram. That's a little better than the sunflower seeds but both these snacks should be eaten in moderation by calorie counters.

Dear Susan: My husband and I are recently married and, although we're both trying to keep our weight down, I would like to be able to prepare our meals with more flair. I think if I had a better understanding of how to spice and season foods my calorie-minded dishes might be more interesting. Can you give me some information on the different seasonings and how to use them?—Mrs. M.B., St. Louis

Dear Mrs. B.: You are quite right that spices and herbs can certainly add zing to low-calorie foods and dishes, and a proper knowledge of how to use seasonings can help to make dieting less monotonous. I would suggest that you write for a U.S. Government publication called "Seasoning with Spices and Herbs." This fact folder is free and may be obtained by writing to Consumer Product Information, Public Documents Distribution Center, Pueblo, Colo. 81009. The four-page sheet lists almost all of the common spices and gives lots of tips on storing and using them.

Dear Susan: I have an overweight teenaged daughter and I am almost at my wit's end as to what I can do to make her reduce. I've tried several of the diet programs which are designed especially for teenagers but nothing seems to work. She gains back the weight she loses almost as soon as she's lost it. The doctor says she has no physiological problem which would interfere with her losing weight. What can you suggest?—Mrs. S.A., Fort Lauderdale, Fla.

Dear Mrs. A.: One of the best diets for young people which I've come across is in Dr. Irwin Stillman's book, "The Doctor's Quick Teenage Diet," published by David McKay in New York ($5.95). Check this diet out with your doctor before your daughter tries it. In the meantime, you might try to discuss with your daughter how she really feels about her weight and dieting. Many teenagers are bothered by fairly common problems of adolescence which cause them to overeat, and professional psychological help can often be the best answer for overweight youths.

((c) 1973, McNaught Syndicate, Inc.)

Conserve Energy!

Make your own colorful Christmas logs

Use old newspapers, twine and chemicals to make colorfully burning paper logs.

Roll batches of newspapers into log form and tie loosely in three places with heavy twine.

Then immerse them in chemical solution mixed in an earthen crock, wooden or plastic pails. BE SURE TO USE RUBBER GLOVES.

Use one pound of chemical to a gallon of water.

For green flames use copper sulphate;
Blue flames, copper chloride;
Orange, calcium chloride;
Carmine, lithium chloride;
Purple, potassium chloride.

Allow the logs to soak for a day or two in the solution, then dry thoroughly. Pine cones if available can also be soaked in the mixes for spectacular results.

If you want many colors, you have to have many pails or start fresh with each chemical.

OLD NEWSPAPERS 5¢ a bundle while they last.

The Carlisle Mercury