# Nursing Home news

By Virginia Smith Donovan

Mrs. Ethel McCarty had a very pleasant surprise Thursday morning when her niece, Mrs. Geneva Hill and husband, Henry, and sister, Mrs. Bess Williams, came from Muncie, Ind. came to see her.

Raymond Thompson was gone for several days with the High School band to Tennessee. He plays the drums.

Haven't said anything about the spit and chew club lately; think there are more in the club and heard they needed tobacco.

I made a mistake when I stated that Herman Shannon had 10 children. He has three boys and three girls, but the six he has makes up for 10 more!

Billy Tincher has been building milk houses. I rode out to their little farm on Scrub Grass with Wanda. The view is beautiful, trees and more trees.

Mrs. Elizabeth Bell received a nice little note from Margaret Burnaw Wilson. Margaret said she read the prayer Mrs. Bell composed, kept it in her Bible and used it each morning. She sent this quotation which she once heard and I think it's worth passing on. "Prayer is a golden river at whose brink some die of thirst while others kneel and drink."

This drew my mind back to Erlanger where we moved from. We had a neighbor, Mrs. Mary Wolf who told my mother that her granddaughter roomed with Margaret Burnaw. Might have been at Eastern. Mrs. Wolf's daughter, Natalie, lives in the same little cozy cottage. When I go back to Erlanger I'll try to find out more about Margaret's roommate.

Did you see the Shriner's pictures on the front page of the Herald about 10 days ago? One fellow was Bob Barnett, nurse Blanche Vice's brother. Helping people who cannot help themselves must be a joy to the Barnett family. Bob and Blanche are doing their part.

Do you believe in fairies? Mrs. Maude Stone and Mrs. Willia Gardner should believe, for one day they found new bedroom shoes, kleenex, and I'd be afraid to say what else in their room. Mrs. Stone's daughter, Pauline Jones, would like to know. All she knows is that Mrs. Stone and Mrs. Gardner are enjoying these nice things.

The patients and their loved ones are enjoying the calendars the Junior Woman's Club sent them. They have pictures of Nicholas County landmarks such as Carlisle City School, some of the churches and the farm at Forest Retreat.

Sunday I had a pleasant surprise. All three of my girls came and my two oldest grandsons, Chuck and Randy Black and their girl friends. I can't remember the girl's names but do remember one was a sophomore at Simon Kenton School, Independence and the other a sophomore at Lloyd High at Erlanger.

Mr. and Mrs. Tandy Henry of Mt. Sterling visited Robert Tout and Mrs. Ellen Kenney Sunday.

Mr. and Mrs. Berry Wilson of Stanford visited Emery's aunt, Miss Cordia Bell, this week. They brought her some pretty red roses in a vase.

The home has fallen heir to another big dog and the birds are around. It's just like Turner Donahue said, if it weren't for the birds there wouldn't be enough food for us. Turner saves every scrap for them and the dog. He uses his cane and puts a whole slice of bread on the end of it and puts that around in the places he can't reach.

Mrs. Hickey's daughter, Jean Rallings, and her mother-in-law came by to see us. They had been gathering wild greens. It drew my mind back to my childhood days when I used to go green picking with my mother, the late Mrs. Ida Smith. I learned the names of so many weeds and wildflowers. When I got into high school and college and was in nature study class I didn't have to learn them all over again. I moved to Kenton County before I heard about dandelion salad. Later I heard of creamed poke which is a pretty tasty dish. Don't wait until it grows up too high. When it first comes out of the ground and is young and tender is when it's best. Cream it like you would asparagus and then start eating.

The Methodist Men just after supper one night, gave us each a nice bag of fruit. We went up into the day room and they did some scripture reading and praying. The Ritchie brothers-in-law sang some specials.

I just wonder if everyone knows what the Methodist Men have done. They have restored country churches and church property. Some people did not have transportation to go to city churches and lived too far to walk. Many of the men are laymen and do a good job of preaching. Some men and some ladies play the piano or organ well and they, too, donate their services. They find something for everyone to do and it's a pleasure too.

"A friend loveth at all times." Prov. 17:17

# SALTWELL

By Mrs. Fred Hollar

Mr. and Mrs. Walter Hill and Mr. and Mrs. J.T. Dawson of Cynthiana visited Rev. and Mrs. Thomas Gaunce on Sunday. Mr. and Mrs. Thurmon Osborne of Helena also visited the Gaunces on Friday.

Mr. and Mrs. Allen Lee Gaunce and son of Indianapolis, Ind. spent Saturday and Sunday with Mr. and Mrs. H.A. Gaunce and family. Mr. and Mrs. Stanley W. Caswell of Millersburg were also Sunday dinner guests.

Mr. and Mrs. Bob Kenney and son Greg spent a few days the past week with Mrs. Gladys Kenney.

Miss Martha and Daley Kennedy visited Mr. and Mrs. Raymond Kennedy and Mr. and Mrs. Herbert Blakeman and daughter of Lexington on Wednesday.

Mrs. Strother Ellis and Mrs. Malcolm Snapp of Milford visited Mrs. Fred Hollar on Tuesday.

Mr. and Mrs. Jim Wilson were Sunday dinner guests of Mr. and Mrs. Molar Wilson of Flemingsburg.

Our community was saddened by the death of Cecil Wagoner of Johnson Road, who underwent surgery at Veterans Hospital, Lexington on Thursday. Funeral and burial was at Wagoners Chapel Church on Monday afternoon.

Mr. and Mrs. Richard Cain of Hanahan, S.C. visited Mr. and Mrs. Dickie Cain and children and Mr. and Mrs. Larry Woosley and children over the weekend.

Mike Sowell spent Sunday with Mr. and Mrs. Sterling Hollar.

Memorial services will be held at the Saltwell Cemetery this Sunday afternoon, June 3, at 2 o'clock. Rev. Woodrow Gaunce of Mt. Olivet will be the speaker. In case of rain services will be at the Saltwell Church.

Stanley Storey is a patient at Clark County Hospital, Winchester, as the result of a fractured leg he received while at work on Friday.

Mr. and Mrs. Layne Hollar, Mr. and Mrs. Sterling Hollar, and Mr. and Mrs. Fred Hollar were Friday dinner guests of Mr. and Mrs. Roy E. Snapp.

Mrs. Ida Hall and Cecil Hall spent Saturday and Sunday with Mr. and Mrs. Lloyd Hall and son of Nicholasville.

Shellie Hamilton of Lexington spent the weekend with Mr. and Mrs. Gary Hollar and children.

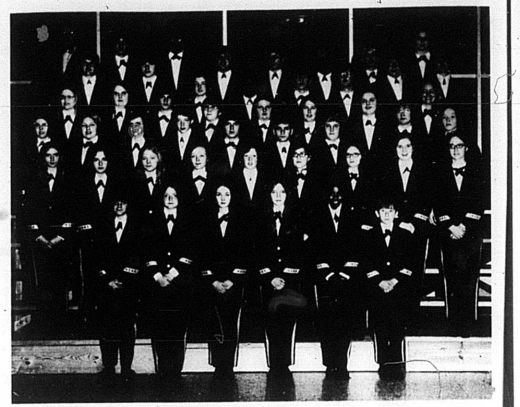
Andrew Gray remains a patient at Nicholas County Hospital after suffering a heart attack at his home several days ago.

Russel Mattox returned home on Saturday after eye surgery at Good Samaritan Hospital the past Tuesday. His condition is fair.

Paul and Strother Gaunce of Cincinnati called on Mr. and Mrs. Fred Hollar on Saturday afternoon.

Sgt. and Mrs. Kenneth McDonald and new baby son, Bruce Reynolds, of Ft. Knox spent the weekend with Mr. and Mrs. Homer Withrow and Mrs. Phyllis McDonald.

Norman Anderson of LaGrange visited Mr. and Mrs. Vaughan Mattox and Mr. and Mrs. John Glump on Friday.



## Band wins excellent rating

Nicholas County High School band won excellent ratings at the Dogwood Festival, April 16 through 18 at Knoxville, Tenn. Over 100 bands participated in contests of marching and concerts, held at Beardon High School, Knoxville, Tenn. The Nicholas County High School band won the highest award in their class, "excellent". Many local businesses and individuals contributed money and time to make the trip possible.

## Bill Hamilton receives AB degree from Eckerd

William W. Hamilton, son of Mr. and Mrs. John T. Hamilton, received his Bachelor of Arts degree from Eckerd College, St. Petersburg, Fla. He studied in the college's independent study program, Jefferson House.

Commencement ceremonies for the tenth graduating class at Eckerd were held Saturday, May 26. Speaker for the commencement was Reubin O'D. Askew, Governor of Florida.

Continued on page six

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# MEDICINE CHEST

by H. BOSWELL YORK, R. PH.

My doctor prescribes an antibiotic (tetracycline) for my acne. How does it work? — J.D.

The tetracycline group of antibiotics (like Achromycin and Terramycin) are used on a dose-a-day basis for treating acne. This dose is too small to have much of an effect in fighting bacteria. Researchers believe that the antibiotic works by degreasing the fatty acid content of the sebaceous (oil producing) glands of the skin.

Has folklore medicine ever yielded some useful medicines? — Y.P.

Yes, and one is snakeroot. It was used by Indians to cure mental illness and high blood pressure. Today it is still used to treat the same disorders. Scientists are presently studying Appalachian plants like jewelweed (for poison ivy) and poke berries (for arthritis).

I have heard that it is better to buy a small bottle of peroxide than a large one. Is this true? — D.G.

Peroxide becomes weaker when you shake it or expose it to light, heat, or air. So every time you use it, it will become weaker. If you do not use peroxide often, it is better to buy a small bottle.

Can you explain simply why two drugs should never be mixed without a doctor's approval? — S.E.

Let's say drug A changes some of your body chemistry in order to do it's work. When you take drug B, it may not work as expected because of the change in you body chemistry due to drug A. Drug B may act stronger, weaker, different or not at all. Don't risk it!

Is soft water better for shampooing than hard water? — L.S.

Yes. When hard water is used, the minerals in the water react with the soap and leave a residue on the hair which is difficult to rinse out. If you must use hard water, try a hair rinse after shampooing.

Can drugs cause a vitamin deficiency? — N.G.

Yes. A recent review indicated that some Vitamin B deficiencies had been drug induced, even though there was an adequate diet. These drugs caused the vitamins to be used up or excreted faster.

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# WOMAN'S WORKWORLD

by JULIE THOMAS PITMAN

The lodging area of the hospitality industry can provide a career home for women without husbands or dependent children. Many single, mature office workers have thought about working at a resort hotel, in or out of the Sun Belt, but are uncertain how to go about landing such a job.

Two paramount pointers from Alan S. Jeffrey, director of the Educational Institute, American Hotel and Motel Association (AHMA):

(1) Get some experience. If you can't do it full time, try for a moonlighting job with a local hotel or motel. Since inns operate 24 hours a day, 7 days a week, there's more chance for part-time evening or weekend work here than in 40 hours/week industries.

(2) Know your work. Perhaps bookkeeping or accounting is your specialty; if so, you may already know enough to gain other needed knowledge on the job. If you want insurance, however, you can enroll in AHMA's nonprofit home study course which costs $29.50 for each subject. At the rate of completing one assignment per week, each course requires 2½ months. Such subjects as "Front Office Procedure" and "Hotel-Motel Accounting" are only two of 25 courses, which together cover all areas of hotel and motel management.

Husband-Wife Team Tip. Large full-service hotel/motel chains usually won't hire husband-wife teams, but an area opening up to spouses as a management unit are the no-frills, 57 or 58 per night economy motel chains. These have no food service and often are located near several restaurants.

READER SERVICE: If you would like a free AHMA 18-page booklet, "Your Career in the Hotel-Motel Industry," send a postcard to Julie Thomas Pitman at this newspaper. Ask for booklet by title. If you also want a list of AHMA home study courses, so specify.

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ATTN. LD.: Forward requests for "Your Career in the Hotel-Motel Industry" above to Educational Institute, American Hotel & Motel Assn., Kellog Center, Michigan State University, East Lansing, Mich. 48823.

# MAGICWORD by JULIE QUART

HOW TO PLAY: Read the list of words. Look at the puzzle. You'll find these words in all directions — horizontally, vertically, diagonally, backwards. Draw a circle around each letter of a word found in the puzzle then strike it off list. Circling it will show a letter has been used but will leave it visible should it also form part of another word. Find the big words first. When letters of all listed words are circled, you'll have the seven numberOf letters left over. They'll spell out your MAGICWORD.

LET'S HAVE A PARADE — Sol.: 10 letters

CLUES:

A—Alert; B—Band; Baton; C—Cars, Celebration, Cheer, Clap, Clown, Crowd; D—Dancing, Decorations, Dolls, Doom, Drums; F—Floats, Free; G—Glory, Gone; H—Harmony, Horns; J—Joyous; L—Love; M—Masks, Music; N—Noisy; O—Occasion, Orchestra; P—People, Policemen; Q—Queen; R—Road, Roars, Route; S—Shouting, Starts, Streamers, Street; T—Traffic, Trumpet; U—Uniforms; W—Wild, W—Yell

ANSWER NEXT WEEK

Last Week's Answer: HANDICAP — 55

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| 12'x60' 2 Bedroom | $5495.00 | 4795.00 |
| 12'x65' 2 Bedroom 2 Bath, Carpet thru-out—Ceiling Beams—House Door & Storms | $7995.00 | 6395.00 |
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## KMAP benefits include emergency transporation now

Emergency medical transportation is one of the newest benefits included in health care services the state provides to those who are eligible for medical assistance.

That's why the State Department of Health's Kentucky Medical Assistance Program (KMAP) representative, Ron Carpenter, this spring is contacting directors of emergency medical transportation services in the Blue Grass Region. He's reviewing Medicare and Medicaid billing forms with them and explaining what "emergency medical transportation" means in KMAP terms.

Emergency conditions under which payment can be given through KMAP include those in which the patient:

Requires oxygen or other emergency treatment while being transported;

Requires use of a restraint;

Is unconscious or in shock;

Has had apparent heart attack or stroke that requires emergency treatment;

Is experiencing severe hemorrhage, or

Is transportated to a medical facility in an emergency run immediately following an accident.

Emergencies, then, are determined individually by the programs, using the criteria of "patient condition" and "destination." An ambulance trip for other than emergency purposes is currently is not provided for under KMAP.

More than 40 emergency medical transportation services in the state have applied for certification to provide the services to those eligible for medical assistance. Already 28 of the services have been approved to do so.

## On Dean's list

Steven R. Mitchell, Route 2, has been named to the Dean's List at Maysville Community College for the Spring Semester, 1973. A 3.5 or better standing is necessary to make the list.

Mr. Mitchell is the son of Mr. and Mrs. Richard Mitchell.

## Miss Tolson elected to Phi Kappa Phi

Carolyn Tolson, daughter of Mr. and Mrs. Fred Tolson was elected this year as a member of the Berea chapter of Phi Kappa Phi.

This honor society was founded in 1897 as a national society and Berea College has had a chapter since 1953. Its primary object is to emphasize scholarship and character in the choice of collect students of all departments and areas, to foster the significant purposes for which institutions of higher learning have been founded, and to stimulate mental achievement by recognition through elected membership. Each year the local chapter elects only 10% from the upper 12% of the senior class, students from the upper 5% of the junior class, the maximum of three faculty members and three alumni.

Carolyn is a graduate of Nicholas County High School in Carlisle.

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Corporation formed

Phase C committees on selling, packaging and production. This group formed their own corporation which involved manufacturing and selling.

Visit First National

Phase C committees on Finance, advertising and shopping. They studied a unit on New York City which is the world's center of banking and industry. In connection with the project they visited the First National Bank.

## Two Phase C elementary classes study banking and industry

Two sections of Phase C, under the direction of Dorothy Sundys and Beverly Woods, studied a unit on New York City which is the world's center of banking and industry.

In connection with this unit, these two groups took a trip to the First National Bank in order to see how a bank operates. Andy Dudley, president of the bank, welcomed them. This was followed by a tour of the bank conducted by Bill Donovan.

After returning to the school the group formed a corporation of their own which involved the manufacturing and selling of a product. Each child had the privilege of investing his money, hoping for a profit, but realizing the possibility of a loss.

Committees were developed for shopping, banking, advertising, cooking, selling and packaging. Each child had a responsibility of serving on one of the committees, knowing that his job was an important part of the success of the company.

A success it was. Both the company and our unit proved a valuable experience. The corporation pulled 100% profit but the real profit earned was the knowledge the children gained about industry, responsibility, consideration of others and the importance of cooperation in a working situation.


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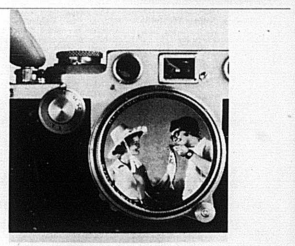


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