Cynthiana

**MYERS** 

by Mrs. Rena Crawford

amily for a few hours Saturday,
Mrs. Mabel Shrout, Mrs. Rena
Trawford and Mrs. Rosie Hurgle went to

Crawford and Mrs. Rosie Hurgle went to Cynthiana shopping last week. Mr. and Mrs. Frank Flora visited Mr. and Mrs. Billy Flora and son recently. Terry Kinder spent Saturday night with Rickie Raffitt. Miss Helen Flora and Pam Flora spent five days with Mrs. Brenda George of Levineton.

Lexington.

Mrs. Rosemary Kinder and daughter and Mrs. Kathleen Fryman and daughter were in Maysville shopping Saturday

Eastern Star of Kentucky

to hold district meet

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# MEDICINE CHEST realtors course Feditors Gourse Jewel Vice Resider successfully completed Course of the Fourth Annual Hospital Institute of Kentecky held in The Course consisted of the Casaroum town personing to the Roll Estate Resident The Course consisted of the Casaroum town personing to the Roll Estate Resident the Course of the Roll Estate Resident the Course of the Roll Estate Resident the Course of the Roll Estate the Course of the Roll Estate the Course of the Roll Estate the Roll Estate Investments, Trading and Exchanging, Investments The Roll Estate Resident The Roll Estate Th by H. BOSWELL YORK, R. PH. CHEST

How good is BCG vaccine for treating cancer? - P.M. controung this disease. Do not overeast to hope-taining headlines, but don't give up hoping. Could you please tell me what causes me to be to tried. I take blood pressure pills and have to be to emyself to do housework. Could you advise me if here are certain foods which I should eat to gain our strength?—Mrs. A.B.W.
Food is not the answer. Many blood pressure pills cam-

were you, I would see him soon.
Please send me a copy of your "Medical Expense
Record Book, 1973," listing tax deductible medical
expenses. I am enclosing a copy statement to explain
what I am paying for my mother who is in a nursing
home. She is 69 years old, (Routine service for
January was 5434.). Mrs. V.W.S.

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# by JULIE THOMAS PITMAN

Do you have a teenager who is pressuring you to bend the summer in Europe? If so, you know the frain: "All the kids are doing it. I'd get a lot out of

erfrain. "All the kids are doing in 1'd get a lod out of voter that reading my be." And so would your forcer that reading my be." And so would your forcer that some of the property of the pr

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Center Rib lb. 99

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**FOODTOWN** 

# Kay's Kitchen

- - By Kay Fisher

When meal preparation time is limited, and cook five minutes longer until cheese is melted. Makes six generous servings.

main disness that are quick and easy come in handy.

For example, this one-dish skillet meal, Noodle Con Carne, cooks in about 30 minutes. After the meat is lightly browned, all ingredients are added in

browned, all ingredients are added in layers. The dry noodles cook plump and tender in tomato juice. To complete the main part of the meal, serve with a green salad and bread. With serve with a green salad and bread. With everything cooked in one dish, clean up time is a breeze.

Births

LIVINGOOD

LIVINGOOD

LIVINGOOD

BY

Mr. and Mrs. Wayne Livingood are proud to announce the birth of their son, Derrick Wayne, on Mar. 7, 1973. He is the seven pounds and six conces.

The maternal grandmother is Mrs. Catherine Denton. The paternal grandparents are Mr. and Mrs. Roy B. Livingood.

Mr. and Mrs. Bobby Hatton agnounce the adoption of a son, Robert Joseph, born Nov. 4, 1970. Mr. and Mrs. Lacy Hatton, Sharps-burg, are the paternal grandparents. Maternal grandparents

time is a preeze.

NODIECONCAINE

1 pound lear ground beef

1 needlum enior, topped, strained

4 ources dey thin modele

1 beauthories, the "Ne "1" on whole

1 teaspon sail

1 teaspon speeder

1 teaspon sail

1 teaspon speeder

1 teaspon sail

1 teaspon speeder

1 teaspon sail

1 teasp 1/8 teaspoon seasoned salt 1/8 teaspoon pepper 1/8 teaspoon paperika Cut crusts from bread, if desired. Fit four slices into bottom of a glass square baking dish or 8-inch square cake pan Saute onion and celery in margarine until limp; sprinkle over bread in dish. Add cheese. Cover with remaining bread.

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Beat Eggs; add milk, salt, pepper an paprika, mixing well. Pour over bread i casserose. Cover and store in refrigera tor for at least 1 hour. Bake in \$50 degre preheated over for 1 hour, or until puffe and golden brown. Serve immediately. For those observing Lent the next two recipes are good hearty lunches or served with vegetables and salad or dessert make a satisfying dinner.

EASY CHEESE PUFF must stand at least one hour before baking. It works cqually well if made the night before to be baked the following evening for dinner.

It resembles a souffle and should be served immediately upon a baking. Complete the meal with a cooked green vegetable, salad and bread. 5 hard-bolded eggs
2 teaspoons prepared mustard
A cup plus tablespoon sour cream
4 teaspoons salt
2 tablespoons margarine

to announce the arrival of their daughter born March 5, 1973 at the Bourbon County

Hospital. She weighed eight pounds, five ounces, and has been named Kelly Demetries.

Demetries.
Paternal grandparents are Mr. and Mrs. Eugene Robinson. Maternal grandparents are Mr. and Mrs. Virgil Shearer of Carlisle.

2 tablespoons margarine
is, cup chopped green pepper
is, cup chopped onton
is, cup chopped onton
is, cup chopped onton
is, cup the company of the company
is, cup phredded cheddar cheese
Halve eggs lengthwise; remove yokacream and salt together. Fill whites with
yok mature. Or you may use your
favorite devided-egg mixture.
Melt margarine in one all with the company
favorite feeride cheese in one call the company
favorite feeride cheese in one call cheese
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feering EASY CHEESE PUFF slices bread 2 cup chopped onion 2 cupchopped celery tablespoon margarine or butter 2 to 1 cup grated chedder cheese eggs cups milk

Remove from heat; stir in pimento, soup and remaining sour cream. Place ½ of the soup mixture in ½ quart shallow baking dish. Arrange eggs cut side up, in single layer in dish. Pour remaining soup mixture over top; sprinkle with cheese. Bake at 350 degrees for 20 minutes or until heated through. Casserole may be assembled in advance. Refrigerate until ready to bake.

DEVILED EGG BAKE

### Wedding vows exchanged

Mrs. Becky Parker Caswell, daughter of Mr. and Mrs. Oscar Parker of Sharpsburg, and John Taylor Morford, of Dr. and Mrs. J.T. Morford of Lie, were united in marriage on Feb. 26. They are residing in Paris.

PURVIS
Mr. and Mrs. Rex Purvis, Route 4,
Carlisle, announce the birth of a
daughter, born Mar. 11, 1973 at the
Nicholas County Hospital. She weighed
eight pounces. Initiated

Miss Phyllis Atkinson, daughter of Mr. and Mrs. Orville Atkinson, has been initiated into Delta Omicron Music Fraternity at Georgetown College.

Hoorary Music Fraternity for women who are music majors, and must have a 10 index in music courses. Each year the Chapter sponsors recitals and concerts for the public. Subscribe to The Carlisle Mercury

# Surprise party given Sunday

A surprise birthday dinner was given Sunday, Mar. 11, at the home of Mr. and Mrs. Paul Ritchie honoring Jimmy and Linda Tincher and Paul Ritchie. Guests included Mr. and Mrs. Elmo Stewart of Mt. Olivet, Mrs. Mattie Ritchie and Julie Ritchie of Cynthiana, Mr. and Mrs. Larry Berry, Karen Evans, Jamie Crouch, Jeffrey Tinche, Beverly Ritchie and Mrs. Paul Ritchie all of Carliste.

# School lunch menus listed

Monday, Mar. 19: Hamburger on bur, french fires, lettuce wedge, peach half and the peach of the

### Five entrants in Woman's Club district contest

The Carlisle Junior Woman's Club, GFWC, has five entrants in the sewing, art and music contests in the eighth district contest at Morehead State University on Saturday, Mar. 24.

Sandra Cleaver, Nicholas County High School senior and daughter of Mr. and Mrs. John Cleaver, will enter the student sewing division. Services of the student sewing division. Hope the student the club in the member sewing division. Hugh Wilson, NCHS sophomore and son of Mr. and Mrs. William Wilson, will represent the club in the student pen and ink division.

Ricky Broderick, NCHS sophomore and son of Mr. and Mrs. Ronnie Broderick, will represent the club in student sculpture. Tommy Darrell, NCHS senior and son of Mr. and Mrs. Emmett Darrell, will represent the club in the student music distriction.



Max. J.R. Hamilton, Mrs. Edgar A. Darrell and Mrs. Grimes Caywood Confederate of the Leading Confedera

# to meet Monday

Marie Chapter 259 will hold its regular business meeting Monday, March 19 at 7:30 p.m. at the Masonic Temple. After the business meeting and initiation refreshments will be served in the dining room. All members are urged to attend.

### April wedding forthcoming

Mrs. Onar Michell of Route I, Ewing, annuances the engagement and forth-counting marriage of the daughter of the design of the county tips School.

Neclosia County High School.

The groom feet is a graduate of the groom deed to a graduate of the groom feet is a graduate of the groom feet is a graduate of the groom feet in groom feet in the groom feet in groom feet in

mm irees...

Phone 484-2142

day or night

Miss Roxie Sexton Miss Sexton

announces engagement

### Marie Chapter 25th anniversary observed locally

Mrs. Armintie Clinkenbeard, Mrs. Ewell Clinkenbeard and Suelyn, enter-tained Mr. and Mrs. Gene Clinkenbeard with a dhner at their home in honor of their 25th anniversary, Miss Linda Clinkenbeard was also a guest. On March 1, their son, Larry Clinkenbeard and Mrs. Clinkenbeard musenbeard

men with dinner out.
They were married on Feb. 28, 1948 at
Paris by the Rev. F.M. Tinder. They
have the two children, Larry, minister of
the Little Rock Christian Church, and
Linda, who is still at home.

### First meeting for Garden Club

The Carlisle Garden Club will hold its first meeting of the club year Monday, Mar. 19, at 2 p.m. at the First Christian Church, with Mrs. Grimes Caywood as hostess

hostess.
Mrs. Caywood will lead the members in a discussion of "New Varieties of Flowers and Plants."
Mrs. Charles Wilson, newly elected president, will preside over the business. All members are urged to be present.



Mr. and Mrs. Collis Sexton Mr. and Mrs. Collis Sexton of Sharpsburg amounce the engagement of their daughter, Roxie Kay, to Pvt. Ricky Dale Butler, soon of Mr. and Mrs. Lewis Payne of Sharpsburg. Miss Sexton is a senior at Nicholas County High School. Mr. Butler attended Nicholas County High School and is now serving in the United States Army at Fort Knox.

Wedding plans are incomplete

Saturday set

for wedding

# Grand Re-Opening of the Garden Center at Blue Star Nursery Saturday & Sunday, March 17-18

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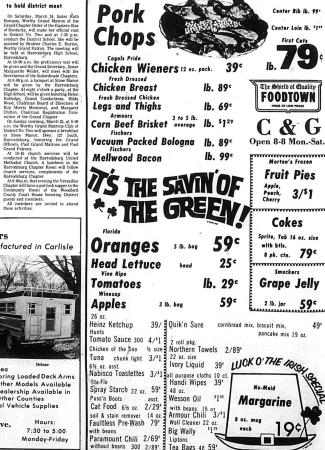
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