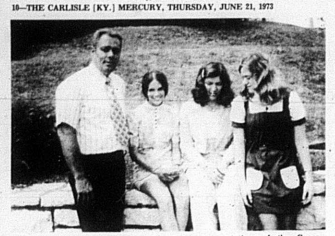

Outstanding 4-H Club

Three representatives of the Guess What's Teen 4-H Club which was judged most outstanding in Nicholas County county in the annual Kentucky Utilities Company 4-H Club Achievement Contest were honored by KU with a luncheon in Lexington and a special tour of the company's electrical facilities at Dix Dam in Mercer county. Shown here in front of the System Operations Center are [from left] Stewart Watson of KU who accompanied the group; Connie Gates, Rachel Booth, and Judy Hunter. Also on the tour were 4-Hers of the winning Harrison county club.

FARM & HOME

County extension agents
Estil J. Noffsinger
Sara Swango
Mrs. Margie Wilson

Multiplicity of dusts and sprays need not bewilder the gardener

The number of sprays and dusts available for the control of garden insects and diseases seem endless. These often appear in such bewildering array on the market that the average home gardener may feel like throwing up his hands and leaving the job to the birds like they did in the good old days.

It would be a nice thing, indeed, if birds could accomplish this feat, but they can't, they must have some help, and to help simplify the problem of what materials to buy. Only three kinds are actually needed to control most garden insects and the same number for most plant diseases.

Although sold under a variety of trade names, the main insect control materials are Sevin, malathion, and methoxychlor and for plant diseases, maneb, zineb, and captan. Whey buying "medicines" for treating the ravages of insects or diseases, read the label and be sure you are getting these ingredients.

To control diseases using fungicides, the best time to start is when plants show first symptoms of leaf spotting—they repeat at regular intervals. Insect control should be started as soon as there is evidence of plant injury.

In the application of dusts and sprays, be sure to cover the entire portion of the plant and, since some bugs never feed on the top side, give careful attendtion to the stems and undersides of leaves. Spray or dust every week or 10 days from the time the plant emerges until harvest time—oftener if there is a lot of rain.

Repeated application of control materials is necessary, not so much because rains may wash them off, but because vegetable plant is constantly putting forth new leaves, new fruit, or both. As a consequence, this new growth not hitherto covered by previous sprayings or dustings must also be protected.

we make electrical repairs

Service your TV or Radios
Contract Wiring—Call
for a FREE Estimate
DUNCAN'S
ELECTRICAL SHOP

May I take this means to thank all who supported me and worked in my behalf during the recent primary election.

Billy Clark
Moorefield, Ky.

MOBILE HOME CENTER

Hey! Lets Go To The
Watergate Sale
WHERE? ABERDEEN MOBILE HOME SALES
Aberdeen, Ohio

They are revamping their sales lot and want to move trailers. Have cut prices for this sale for 30 days only.

Example: 14 x 56, 1973 model, $5,995
12 x 44, 1973 model, $3,895
12 x 60, 1973 model, $4,995
14x66, 1973 model, two bedroom $6,995

Be sure to come see our double wides, set up on the lot for display
65 new homes on lot to choose from. Southern Ohio's largest dealer.

Bank Rate Financing on Lot — Open 7 Days a Week

Free delivery and hookup. Small down payment, 12 years to pay.

Drive a little—Save a lot.

George R. Dillon, Salesman
Phone (513) 795-2581

MEDICINE CHEST

by H. BOSWELL YORK, R. PH.

Does Compoz really help to relieve anxiety? — M.C.

No, according to Drs. Rickels and Hesbacher of Philadelphia, Pa. In their controlled study, Compoz provided no more relief from tension than aspirin or a placebo (a tablet with no medication). They concluded that further studies of daytime sedatives are needed to protect the public from medications of questionable safety and efficacy. Headache? Take aspirin. Tension? Take your doctor's advice.

What is the name of the drug which suppresses drinking? Can it be purchased without a prescription? — H.F.

No drug will directly suppress the urge for alcohol. If you take a product called Antabuse, then take alcohol, you will become violently ill within minutes. One obvious limitation to this form of treatment is that the alcoholic must cooperate and take the medicine. Often they refuse. Antabuse requires a prescription.

I am a diabetic. I heard of a product called Instant Glucose which treats insulin reactions. What is it like, and where can I get some? — A.B.

Instant Glucose comes in tubes and contains 25 grams of glucose with cherry flavoring. You place the solution in your cheek or under your tongue. It requires no refrigeration and keeps indefinitely. You can order it from the Diabetes Association of Greater Cleveland, 10205 Carnegie, Cleveland, Ohio 44106. Three tubes for two dollars, prepaid.

What vitamins make urine turn yellow? — M.F.

Just one – Riboflavin.

What's a good rule for avoiding high salt medicines? — J.C.

Generally, anything that fizzes is high in salt. They are not the only high salt medicines but if you are taking a medicine which fizzes when you add it to water, it's high in salt. Find out about the name medicines high in salt. Many are listed in my 3 in 1 Guide. For a copy send a long, self-addressed, stamped envelope, plus 50 cents to me in care of this newspaper.

MAGICWORD by JULIE QUART

HOW TO PLAY: Read the list of words. Look at the puzzle. You'll find these words in all directions – horizontally, vertically, diagonally, backwards. Draw a circle around each letter of a word found in the puzzle then strike it off list. Circling it will show a letter has been used but will leave it visible should it also form part of another word. I find the big word right. When letters of all listed words are circled, you'll have the given number of letters left over. Arrange them to spell your MAGICWORD.

HERE COMES THE BRIDE! Sol.: 9 letters

CLUES

B—Bells, Blue, Bouquet, C—Ceremony, Champagne, Church; E—Emotional; F—Fathers, Flowers; G—Gifts, Gown, Groom, Guests; H—Honeymoon; L—Lists, Love, Loving; M—Marriage, Minister, Money, Music; P—Photos, Pictures, Priest; R—Real, Reception, Relatives, Rice, Ring; S—Sentimental, Style, T—Tears, Toast, True; U—Ushers; W—Wedding, Weeping, Wines, Wise

ANSWER NEXT WEEK

Last Week's Answer: PROVIDER 58

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T	G	N	I	D	D	E	W	G	G	N	I	R	T	S
H	O	N	E	Y	M	O	O	N	R	O	L	I	E	R
S	O	T	O	H	P	T	'	T	I	F	I	I	C	U
E	R	B	E	L	L	S	E	P	A	T	S	E	Q	H
V	P	E	U	L	B	A	A	E	T	P	T	W	U	S
I	I	T	H	A	A	O	R	E	H	E	S	I	O	U
T	C	S	T	T	D	T	S	W	E	C	E	S	B	R
A	T	E	R	I	O	T	N	N	R	E	U	E	Y	E
L	U	I	U	E	'	Y	M	G	E	S	R	G	N	N	T
E	R	R	E	L	W	A	L	H	M	A	I	I	O	S
R	E	P	E	M	P	O	C	Y	I	I	F	W	M	I
E	S	V	U	M	V	R	L	R	E	N	T	T	E	N
A	O	S	A	I	U	I	R	F	W	N	S	N	R	I
L	I	H	N	H	L	A	N	O	I	T	O	M	E	M
C	C	G	C	O	M	M	N	G	O	O	M	M	C	S

UK offers courses on horses and horsemanship

Horses and horsemanship are a great tradition in Kentucky. Residents of the state are known for taking a strong interest in matters related to horses.

Horses and horsemanship also get a lot of attention at the University of Kentucky, located in the heart of the world famous Bluegrass horse farm area. The University offers a complete program of course work for students interested in learning about horses and horsemanship, according to John P. Baker, Associate Professor of Animal Sciences in the UK College of Agriculture.

At the present time UK offers seven courses in equitation. Students can start out learning the basic riding techniques and progress through advanced riding and jumping.

Four other courses are offered which cover the production, management and training of horses. In addition, courses in the Department of Veterinary Science contain information on the anatomy and physiology of horses and on disease and parasite control.

The University also maintains a small breeding herd of Thoroughbreds and Quarter Horses and conducts breeding research on horse nutrition and health care.

Visitors at the Farmers Research Information Day on June 28 at UK's Coldstream-Spindletop-Main Chance Farms will have an opportunity to learn more about UK's teaching and research program on horses. A demonstration of the teaching of breaking colts' training techniques will be given by Baker. Kob Ryen, assistant professor of Animal Sciences, will give a demonstration showing how basic equitation and advanced riding and jumping are taught at UK.

There will also be an exhibit at the field day presenting a general outline of the subjects included in the horse teaching program.

In addition, information will be presented on determining the nutritional value of feed for horses, on reproductive abnormalities in horses, on parasite control, and on diagnosing equine diseases.

Nursing home news

Continued from page eight

There is another stray dog here. He must be Shep II. The one who went home with Pansy Ritchie is Shep I. Hurschel Dampier, Jim Honaker and Turner Donahue fish here. These fellows are good to the birds too.

Raymond Booth's daughter, Jo Ann Baldwin of Frankfort, visited him one day recently. He brought her around and introduced her to some of us. No wonder he's so proud of her.

The Sunady school teacher asked her class how Noah spent his time on the ark. Receiving no response, she asked: "Do you suppose he did a lot of fishing?" "What?" replied a little boy, "with only two worms?"

Homeowners Specials — LUMBER and BUILDING SUPPLIES

You Can Go Farther
but
You Can't Buy Better

"The People We Sell Building Materials To Are Our Best References."

Ratliff Bros. Co.

Phone 289-5257 Carlisle, Ky.

WOMAN'S WORKWORLD

by JULIE THOMAS PITMAN

Are your crafts high in quality but low in sales? An innovative merchandising solution is to adapt the "party plan" of selling used by big companies. An article in a recent Redbook magazine describes a sample situation:

Two women started a small company which manufactures wooden accessories — such as Early American-style napkin caddies, spoon racks and curio shelves. Initially, the women found a single woodworker to make their products; now they have a small factory with over 30 employees. They invested their savings, $1,400, in display kits of items for home-demonstration parties.

Next they scouted for party demonstrators (saleswomen) from among friends who would line up parties and take orders for merchandise.

The demonstrator, who may work at as many as four parties a week, is paid 20% of each party's sales, which may total $150 (i.e., the demonstrator would earn $30 in this case). The hostess does not get paid in cash but receives 10% of her party's sales as credit against any merchandise she buys herself.

Problems of packing and delivery must be solved. At first, this was handled from the basement of one of the owners. This soon proved inadequate and this function was moved through a series of increasingly larger warehouse space.

Although individuals are cited in this example, the party plan of selling is particularly suited to a crafts cooperative or studio seeking to hypo sales volume.

READER SERVICE. For a just published free 14-page booklet, "A Raft of Craft Ideas," send a postcard, mentioning title, to Julie Thomas Pitman at this newspaper. Booklet is crammed with low-cost craft ideas, including bell-shaped Christmas ornaments that can be made from bottle caps.

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AFTN. Ed.: Forward postcards requesting "A Raft of Craft Ideas" above to Consumer Education Center, Johnson Wax, 1525 Howe St., Racine, Wis. 53403.

Homemakers meet

The Carlisle West Homemakers Club met on June 8 in the home of Mrs. Albert Henry with 13 members present.

The meeting was called to order by the president, Mrs. W. G. Irvine. Spiritual values were given by Mrs. Grimes Caywood.

Reading, family life and landscape reports were given by their chairmen. The lesson on "Pattern, Color and Texture" was given by Mrs. Russell Shrout and Mrs. J. R. Hamilton.

Refreshments were served by the hostess.

Mr. Farmer
Want to Save Money
on Hail insurance
in Nicholas County my rates are $5.00 for Hail & Wind
$5.70 for Hail & Fire
pay when you sell your tobacco
Joe Crouch
Nights 289-2567
day 289-5908

Our termite inspection is on the house.

Unfortunately, you may have termites now. We can let you know with an inspection that's thorough, dependable and free. Call:
TERMINIX
Phone Collect 252-8484
We'll make sure your world doesn't come crashing in on you.
All work done by—
TERMINIX
OF LEXINGTON, KENTUCKY

Bourbon DRIVE-IN
PLAY BANKO THURSDAY
At 9:15 Thurs. Only
Lee Vancleef in a Western
"Return of Sabata"
PG
At 11:45
Bill Cosby and Robert Culp
in PG
"Hickey and Boggs"
Fri. thru Wed. 9:15
For 16 yr. old Candy dying would have been easier!
Rated R
"The Candy Snatchers"
At 11:05
Blood & Guts of outlaws on wheels
"Devil Rider" R

Estate Auction

Saturday, June 30, at 1:30 P.M.

Six room house--Furniture

Located on Walnut Street, Carlisle, Ky.

For the estate of the late G. C. Townsend we will sell on above date and time a six room house, large enclosed back porch, bath, furnace, under good roof, large garage. Located on nice size lot. Property is well located to downtown, and is in a good state of repair. Good size rooms, plenty of closet space. Make a most desirable home. List of furniture to be sold: livingroom suite, 2 bedroom suites, rocking chairs, cane bottom chairs, small tables, radio and record player combination, pump organ, butch cabinet, electric fan, electric sweeper, typewriter, picture frames. kitchen cabinet, gas range, gas heater, dishes, glass jars, refrigerator, deep freeze, washing machine, quilts and pillows, lawn set, pole lights. Many other items. Look for Sign. Property shown by owner or agent. Possession of this property can be given immediately if purchaser so desires.

Estate of G. C. Townsend
Billy Hopkins, Attorney for Estate

Fightmaster Real Estate Agency

Phone 289-2470 Carlisle, Ky.

BILLY R. HUNTER, Apprentice Auctioneer

Classified ads get the job done

FOR SALE

USED APPLIANCE & FURNITURE: two 21-inch color TV's; stereo; 8 electric ranges, 2 reqrigerators, 1 upright and 1 chest freezer, 2 automatic washers, 2 wringer washers, 3 living room suites, 2 dinettes, 1 bedroom suite. Garrett's Furniture Co., phone 289-2308. 3-29-tfn.

FOR SALE: 1961 Olds. Phone 289-5264 between 6 p.m. and 9 p.m. 6-14-2tpd.

FOR SALE: Wringer type Maytag washer, like new. Used very few times. Mrs. Gayle Brady. Route 3, Carlisle. Phone 289-5683. 6-14-2tpd.

FOR SALE: House on Dorsey Avenue. After 5 p.m. call 289-3040. Mrs. Lovell Shaw. 6-21-2tpd.

FOR SALE: A good '68 Ford Pick-Up. V-8 engine with automatic transmission. See Wade Bishop at 401 Sycamore Hill. 6-14-2tpd.

FOR RENT

FOR RENT: Three room and bath upstairs apartment. Phone 289-5868. 6-21-1tpd.

NOTICE

NOTICE: Used furniture. See or call Billy Gaunce. Phone 289-2341. 5-24-4tchg.

NOTICE: Will do baby sitting in my home. Cathy Samples. Call 289-5916. 6-14-2tpd.

NOTICE: Crouch reunion Sunday, June 24, at the Cane Ridge Meeting House grounds. Bourbon county. Basket lunch. 6-21-1tchg.

WINCHESTER BEAUTY COLLEGE—Classes forming at the beautiful new location, 103 South Main, corner of Main & Lexington Ave., Winchester, Ky. Dial 744-2166. One of the outstanding schools in the nation. Call or visit us and make applications. Hours: Monday thru Saturday, 10 a.m. to 4 p.m. 6-21-4tchg.

New Shipment of Unfinished Furniture just received at Lermans. Hurry! Porch Rocker $14.00—Ladder Back Chairs $10.00, 30" Stool $5.00. Don't miss out on these and other Specials. Shop Lermans NOW. 6-21-tfn

NOTICE: Antiques, glassware, junk and so forth. Open 6 a.m. to 10 p.m. daily. Your business appreciated. Look for sign. Cassidy Creek Road. Gilbert Shrout. 6-21-3tchg.

NOTICE: CROUCH REUNION—Sunday, June 24. Cane Ridge Meeting House Grounds. Basket Lunch. 6-21-1tpd.

CARD OF THANKS: I wish to express my thanks to my friends, neighbors, ministers, doctors and nurses for their visits and kindness while I was a patient at the hospital. Mrs. R. D. Letcher. 6-21-1tpd.

ADMINISTRATRIX NOTICE

All persons knowing themselves to be indebted to the estate of Roy L. Hardin, deceased, will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorney) for payment. Katherine Wornall, Administratrix of the estate of Roy L. Hardin, deceased. Charles M. Cox, attorney. 6-21-3tpd.

ADMINISTRATOR NOTICE

All persons knowing themselves to be indebted to the estate of Estill K. Hughes, deceased will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorney) for payment. Charles M. Cox, Administrator of the estate of Estill K. Hughes, deceased. Charles M. Cox, attorney. 6-7-3t Paid

EXECUTOR NOTICE

All persons knowing themselves to be indebted to the estate of Ernest Burden, deceased, will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorney) for payment. Roger C. Womack, Deposit Bank Building, Carlisle, Kentucky. Executor of the estate of Ernest Burden, deceased. 6-7-3tPaid

ADMINISTRATRIX NOTICE

All persons knowing themselves to be indebted to the estate of Faris L. Flora, deceased, will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorney) for payment. Della Flora, Administratrix of the estate of Faris L. Flora, deceased. Charles M. Cox, Attorney. 6-7-3t paid

COMMONWEALTH OF KENTUCKY
DEPARTMENT OF
TRANSPORTATION
BUREAU OF HIGHWAYS
NOTICE TO CONTRACTORS

Sealed bids will be received by the Bureau of Highways, at its office, Frankfort, Kentucky, until 10:00 A.M. Eastern Daylight Time on the 28th day of June, 1973, at which time bids will be publicly opened and read for the improvement of:

NICHOLAS COUNTY, RS 913; The East Union (KY 1238) Road. Culverts and Approaches at North Fork of Somerset Creek, a distance of 0.129 mile. Grade, Drain and Bituminous Concrete Surface Class 1.

Bid proposals for all projects will be available until 9:00 A.M. EASTERN DAYLIGHT TIME on the day of the bid opening at the Division of Contract Procurement at a cost of $2 each. Bid proposals are issued only to prequalified contractors. Remittance payable to the State Treasurer of Kentucky must accompany request for proposals. 6-14-2tchg.

POSTED

All persons are hereby notified not to trespass, fish, hunt, trap or shoot upon the lands of the undersigned. Any person caught trespassing in violation of this notice will be reported to the Sheriff and prosecuted to the fullest extent of the law. It is necessary that we take this step to protect our property and wildlife.

Mrs. Clara McGohan, Route 1, Ewing. Property of Virgil and Addie Ritchie, Route 32, Myers Station Road. 9-20-73

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Bottle & Bulk Installations
Dependable Service
SOUTHERN STATES
Owingsville Petroleum Service
PHONE 674-6321 Owingsville

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CASH ONLY!

ORDER FORM
FILL IN AND SEND TO The Carlisle Mercury, Box 272, Carlisle Ky. 40311
Amount Enclosed $_____

In counting words, any group of figures (such as phone or route numbers) count as one word. Each abbreviation counts as one word (you don't save money by abbreviating) and you make your ad harder to read.

Hot weather brings stress problems to hogs

The arrival of hot summer weather means pork producers need to take special precautions to protect hogs from heat stress. "When the temperature is above 80 degrees, hogs are under stress," says M. D. Whitaker, Extension swine specialist at the University of Kentucky College of Agriculture.

Whitaker points out that it is hard for hogs to get rid of excess body heat because they have a thin layer of fat under the skin and because they don't sweat.

Shade can be a big help in keeping hogs cool. Whitaker recommends 8-10 square feet of shade per hog during the summer. Shades can be made of wire and straw. They should be 6-8 feet high to allow plenty of air movement underneath. A good woodlot can be an excellent source of summer shade for hogs, notes Whitaker.

Plenty of cool, clean, fresh water should be available to hogs at all times. There should be one watering cup for each four or five animals, says the UK specialist.

For hogs on pasture, waterers and feeders should be located in the shade. Hand feeding should be done in the morning or evening.

Whitaker recommends a spray system for hogs raised in confinement in buildings using natural ventilation. Spray systems can be set on a thermostat so they will come on when the temperature goes over 80 degrees. Most spray systems run for one minute out of every ten.

Heat stress can be costly to the breeding herd. "Research shows that conception rates are lower in the summer months," says Whitaker. "If summer breeding is necessary, have facilities for spraying the animals and do the breeding at night."

Recent research has shown that cooling both sows and boars with sprinklers during the mating season produces almost two more pigs per litter than providing only shade and drinking water.

Whitaker recommends observing sows in the farrowing house closely during hot weather. It may be necessary to let the sows out of the house if they get too warm inside. He says air movement of 200 cubic feet per minute per sow is needed in the farrowing house during the summer.

Heat stress can result in death losses during handling and marketing. Whitaker says if you must handle hogs in hot weather, do it in the early morning or late evening when temperatures are coolest. Don't hurry or run the animals and avoid mixing strange animals. Haul the hogs in covered trucks bedded with wet sand or straw. If you have hogs which are prone to Porcine Stress Syndrome, use extreme caution.

Each morning at 6 a.m. the National Weather Service prepares a special forecast for Kentucky stockmen giving the livestock weather safety index for the day. This forecast is made available to all radio and television stations in the state. The livestock weather safety index provides a measure of heat stress which takes into account both temperature and relative humidity. The index is divided into four categories—safe, marginal, danger and emergency.

According to the index, the danger category is reached if the temperature is 85 degrees and the humidity is 90 percent. At this point, losses during shipping can be expected to be 25 percent higher than when the index is in the safe category. In the emergency category, when temperatures are in the mid-90's, shipping losses are likely to increase by 45 percent.

Soybeans popular with small grains

Many Kentucky farmers will soon be planting soybeans in fields that now contain wheat or barley. Double cropping, or raising two crops on the same piece of ground in the same year, has become a popular practice in Kentucky. In double cropping systems in Kentucky, says Herbek, Soybeans can be planted as late as July 1 and still produce a profitable crop, although yields drop sharply when the beans are planted later than June 25.

"Double cropping after barley has a definite time advantage," says Herbek. "It is often possible to harvest barley and get soybeans planted the first week in June in western Kentucky. Planting after wheat is usually two weeks later, and may be three weeks later with some wheat varieties."

Herbek recommends midseason to full season soybean varieties for double cropping. "Early varieties just don't yield as well when planted late," he points out. "York, Dare, Mack and Hood are good varieties for the southern and western areas of the state. Farther north, Cutler, Cutler 71 and Kent are recommended."

Double cropping and no-tillage planting go hand in hand on many farms. No-till planting conserves soil moisture and saves critical time because plowing and seedbed preparation are eliminated.

With the no-till system it is necessary to apply a contact herbicide such as Paraquat before planting. The recommended rate is one to two pints plus surfactant in at least 40 gallons of water per acre. A residual herbicide is also useful for pre-emergence weed control.

Herbek recommends planting double cropped soybeans in narrow rows. "Research conducted in western Kentucky has shown a definite advantage for 20-inch rows as compared to 40-inch rows," says the UK specialist.

"Be sure not to plant soybeans more than two inches deep," advises Herbek. "And if you are planting no-till, you should increase seeding rates about ten percent over conventional planting."

The locch county Extension office can provide additional information on double cropping systems and no-tillage planting.

THE HOME GAME

by MARY FUREY CRYMES

LETTUCE LOVELY — While the fresh lettuce crop is plentiful, try the Pennsylvania Dutch favorite, wilted lettuce. Shred a large head, and crumble four strips of fried, drained bacon on top. Saute a chopped onion in the drippings, then add two tablespoons each of water and vinegar, also seasonings. Pour hot dressing over lettuce and bacon. Toss!

TEA FOR THEE — Camomile tea, sold in health food and grocery stores, makes a soothing facial mask. Steep tea leaves in hot water, strain, then pat liquid all over face and neck. Sip a hot cup of camomile while you relax.

CHEESE FREEZE — Roquefort and blue cheese lovers keep it hard frozen for salads. When needed, it can be scraped and crumbled with a knife.

PLATE SIFTER — Sift dry ingredients for a cake or pastry onto a paper plate. You can pick it up (delicately) and use as a scoop for pouring.

MASCARA MULTIPLIER — Those wand-type mascara cases are expensive, so when yours seems empty, refill it from a tube of less expensive cream mascara. Squeeze a dot into the long tube, replace wand and swish around. Keep adding the cream mascara.

PARTY PRETTIES — If you can stand the potential mess, you can create a memorable birthday party for your daughter. Provide each guest with her own birthday cake to be decorated by making the cakes in coffee cans and slicing into rounds. Provide aprons, bowls of tinted frosting and decorations, and let the girls create away. Award prizes, of course.

COLD SCENT — If the stopper of your favorite perfume sticks, put the bottle in the refrigerator. When cold, the stopper slips out easily and chilling seems to make the scent last longer.

FLOORS CAUSING FITS? — Our free floor-care booklet has the answers on how to clean and care for wood, tile and other kinds. For a copy send a postcard with your name and address to Home Game, care of this paper, and ask for FLOORS booklet.

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MEDICINE CHEST

by H. BOSWELL YORK, R. PH.

How does aspirin reduce fever? — P.K.

Aspirin exerts its fever reducing ability on a part of the brain called the hypothalamus. The hypothalmus controls body temperature — like a thermostat. When you have a fever, your thermostat is set too high. Aspirin lowers your thermostat, thus lowering your body temperature.

Other than possible potassium depletion, are there any other known side-effects noted with prolonged use of Hydrochlorril? — H.E.G.

Other side-effects listed for this drug are considered rare or apt to occur only when other diseases are present (e.g. a bad liver or kidneys). Remember, this drug (like most prescription drugs) is potent. If you feel ill between regular checkups, you should contact your physician. Your medicine could be emitting a side-effect.

Could eating large amounts of rhubarb cause blood in the urine? If so, how should it be stopped? -- Mr. H.

Yes -- it's caused by oxalic acid in the rhubarb. Stop it by not eating too much rhubarb.

Is there any cough medicine that is absolutely safe when taken by a diabetic? -- C.K.

No. But some are better tolerated by the diabetic than others. Those cough medicines which are low or free of sugar are better for diabetics. Some of these cough medicines are listed in my 3 in 1 Guide. Send a stamped, self-addressed envelope plus 50 cents to me for this unique guide.

Send your questions concerning drugs and prescriptions to Medicine Chest in care of this newspaper.

(c) 1973, McNaught Syndicate, Inc.)

WOMAN'S WORKWORLD

by JULIE THOMAS PITMAN

Big, soft and cuddly toys are good saleable items for gift shops and for church, school and hospital fairs. Or, you may want to stockpile the toys for Christmas gifts.

Best of all, you can make these toys for little cost and pleasant labor. You can even use leftover felt, woven thread, unused cardboard and drawers of old buttons.

A new how-to book, lavishly illustrated with color pictures and containing 200 understandable patterns has just been published. It's "The Big Book of Soft Toys" by Mabs Tyler (McGraw-Hill, June 1973, $8.95). Scope ranges from stuffed dice and balls that children can make to an aquarium of felt fish which will tweak the creative interest of the most talented seamstress.

Several other delightful items: a mobile merry-go-round . . . knitted teddybears . . . and a royal elephant, richly decorated and embroidered, with his prince on his back in a sequined howdah (chair). The artists group, featuring a felt penguin, a seal balancing a ball on his nose, and a polar bear and her baby, are marvelous.

The author, who among her craft activities, instructs teachers of handicapped children in the needlecraft arts, offers a list of general hints, such as the suggestion to embroider only simple designs on any small parts. A practical tip. Otherwise the kids would be too old to enjoy the toys by the time you finish your creations. This beautiful book is great for "old softies."

READER SERVICE: For a just published free 14-page booklet, "A Raft of Craft Ideas," send a postcard, mentioning title, to Julie Thomas Pitman at this newspaper. It is crammed with low-cost craft ideas.

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Louisville dairy exhibition slated

Kentucky dairy industry spokesmen recently outlined a schedule for an eight-day promotional exhibition to be held at the Oxmoor Shopping center, Louisville, as part of annual June Dairy Month celebrations.

According to state manager of the American Dairy Association, Frank Carpenter, the activities will include daily milking demonstrations of a dairy cow, a cheese eating contest, booths, displays and an appearance by the 1973 Dairy Princess. Sponsored by the American Dairy Association of Kentucky, The Dairy council of the Mid South Inc., and five local dairies, the program will be called "Dairy Daze at Oxmoor".

Each day of the exhibition will have a special designation and activity, according to Carpenter. On the opening day—which is designated as children's day—there will be a milking contest. The following day a one-ton block of cheese will be on display. Senior citizens day will feature old-fashioned butter and ice cream production. On June 23, radio personalities from the area will put together, as Carpenter said, "the world's largest sundae".

In addition to these activities, each local dairy will be designated a time to display their brand name dairy products and speak on their role in the dairy industry of Kentucky.

The Dairy Council of the Mid South Inc., the Kentucky affiliate of the National Dairy Council, will also be designated a special day at the exhibition. The Dairy Council is a non-profit nutritional research and education organization of the dairy industry. Their display will emphasize the nutritional importance of dairy products.

Kentucky float goes to Minneapolis

Kentucky will be seeking to repeat its first place winning efforts of last year with its 1973 entry in the "Parade of Stars" float competition at the United States Jaycees convention.

Kentucky's entry will be among the 51 in the line of march on Wednesday, June 27, in Minneapolis, Minn. This year's float is dedicated to the Blue Grass state's Bicentennial, to be celebrated throughout 1974.

A huge Bicentennial shield revolves in the center of the float. At the back is a tree draped with roses and two life-size reproductions of horses. A Kentucky Jaycee member, his wife, and three other Jaycee wives will ride the float.

The float was constructed by Tom Ballato of Designs Unlimited, Louisville.

Positions of Jaycee state organizations in the parade are determined by competition throughout the year. Points are accumulated by the states based on membership programs conducted by Jaycees on a state-wide level and other criteria. Announcement of the line-up is made at the opening session of the convention.

Diana Allison State FHA song leader

Karen Kaye Caldwell of Waynesburg was elected president of the Kentucky Future Homemakers of America Thursday, June 14, the final day of the organization's state conference at Eastern Kentucky University.

Miss Caldwell, 17, is a junior at Memorial High School in Barren county.

The 575 junior and senior high school home economics students attending the conference also elected these other officers:

First vice president, Jane Peterson, Lincoln county; second vice president, Debbie Smith, Harlan county; secretary, LaNetta Clark, Barren county; treasurer, Deborah Simpson, Greensburg High; historian, Nancy Deboe, Lyon County High; parliamentarian, Selwyn Schultz, Murray High; reporter, Jane Lee Winkler, Pineville High; recreation leader, Shirley McClellan, Fulton County High, and song leader, Diana Allison, Nicholas County High.

The conference deldgates also nominated Terry Lynn Carter, Mason County High School, as a candidate for historian of the national FHA. Miss Caldwell was chosen as alternate candidate.

The new president suceeds Susan Scott, Sedalia (Graves county) who presided at the business sessions of this year's conference.

The state FHA adviser is Mrs. Agnes Foster of the Kentucky Department of Education, Frankfort. Miss Jewell Deene Ellis, is director of the Department's home economics education program.

This year's meeting was the FHA's 28th annual conference. The organization held its first meeting at Eastern.

The delegates to this year's meeting represented 182 of Kentucky's 231 FHA chapters, which include about 16,000 members.