

MAGICWORD by JULIE QUART

HOW TO PLAY: Read the list of words from the puzzle. You'll find these words on all devices - horizontally, vertically, diagonally, backward. Draw a circle around each letter of a word found in the puzzle. Then, starting at the top left, circle the first letter of the word. The next letter will be the letter that has been circled. This will lead to the next letter of the word. And the big words! When you have all the words circled, you'll have the name of the town left over. You'll spot it on your MAGICWORD.

OUTDOOR COOKING See: 10 letters
CLUES
 A - Apple, B - Backyard, Barbecue, Beef, Bush, Butter, C - Candy, Charcoal, Chef, City, Corn, Country, Cuts, Cuts, Lamb, F - Fish, Fire, Fruit, G - Grill, Grunt, Ham, Hamburger, Hens, K - Ketchup, Q - Quins, P - Pan, Patty, Patis, Patis, Patis, Pork, Pot, Pot, Roasting, Roll, S - Sall, Sauce, Sausage, Scaps, Sews, Spans, Spans, Steak, T - Tongue, V - Veal, W - Winers
ANSWER NEXT WEEK
 Last Week's Answer: FIREWORKS
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S A H S K R O F S T T I M S P
 P N N S Y E I Y T I C R S C N
 Y E O I T B T B E S E H R L
 H R I E F A T S T W E O I N
 A A T E N R P C A E F I C O O B
 P L F N B O U R K N L I R U C
 O S U E U T D S R Y K P N H A
 R A C T S O P O R A A S A A M
 K U B G A A C C E N R R M P
 E C R T P L T S E C O D B S
 T E U C O I S T T O L I Z U T
 C S S P G L T A L A E V R S
 H I H N N L A L S A U A G E
 U S W O L A M H S R A M E U
 P O T S P R S N E I W E G R G

New pesticide rules effective July 13

Senator Marlow Cook, in a statement June 29, commented on new temporary emergency regulations for farmers using certain pesticides and offered advice to those who may want to formally express their views about those rules. The regulations for tobacco and fruit growers were announced officially in Washington on that day by the Occupational Safety and Health Administration. The new rules apply only to 12 of the 21 organophosphorus pesticides designated originally by OSHA. On June 15 that agency withdrew regulations it had reported May 17 were to have gone into effect June 18. The less strict regulations will be enforced beginning July 13. Cook said the major differences between the sets of regulations are that to allow a shorter time before re-entry into fields treated with such pesticides, permit employes to be orally warned of dangers, and cover pesticides. The new restrictions cover the most highly toxic pesticides and are broader in scope than the guidelines which were rescinded on June 15. Cook explained. He added that their withdrawal comes in response to overwhelming opposition from farmers and farm organizations who felt the regulations were unnecessarily strict and the emergency provision unwarranted. In addition, concern had been expressed that time had been allowed for contributions by the agriculture industry to the preparation of those regulations," he said. The temporary emergency regulations will serve as proposed rules until which any interested parties may comment. OSHA must issue new permanent regulations not later than Nov. 1 this year. Cook said any interested in this year may submit written data, views or arguments to Harry Clements, Acting Chief of the Division of Safety and Health, U.S. Department of Labor, Room 504, Building, Washington, D.C. 20210. Cook said four copies of any written comments are to be submitted by June 29. Anyone wishing to comment in person may do so at the Kentucky State University schoolhouse, 15 in Atlanta, Ga. Prior notice to Mr. Clements must be given no later than July 21 for such appointments.

LERMANS WHITE SALE
 FOR PRACTICAL GIFTS
COLORS, TOO

Reflection™ or Tea Rose™
NO-IRON PERCALE SHEETS and PILLOW CASES
 By Pacific

REFLECTION™
 FULL 3.99 CASES
 Reg. 4.99 Reg. 2.99 pr.

TEA ROSE™
 FULL 3.99 CASES
 Reg. 4.99 Reg. 2.99 pr.

Luxurious Percale in cool and fresh blues, pinks, and golds on a lighter background. 50% Fortrel® Polyester and 50% Cotton.

CANNON BATH TOWELS
 Number 1 Seconds
 Super Special \$1
 *2 to *3 Value if Perfect

POPSICLE STRIPED TOP SHEETS and PILLOW CASES
 with coordinating solid bottom sheet by Lady Pepperell

TWIN FLAT or FITTED 2 for 4.88
 FULL FLAT or FITTED 2 for 6.88

42" x 36" 2.48
 Popular multi-color stripes live your bedroom with color and pattern. Made of 100% Dacron Polyester and Cotton.

EMBROIDERED TOWEL ENSEMBLES
 CANNON, DUNDEE and PACIFIC provide the loveliest of towels.

BATH TOWEL ENSEMBLES
 by Burlington House
 Printed florals on sheared velvets.

LARGE BATH TOWEL 1.99
 MATCHING HAND TOWEL 1.19
 WASH CLOTH 59c

BIG BATH TOWEL Reg. 1.99 2 for \$3
 MATCHING HAND TOWEL \$1
 WASH CLOTH 49c

CAPE COD CURTAINS
 24", 30" & 36" 1.99
 45" & 54" 2.99
 63" & 72" 3.49
 Matching Valance 1.29

Noblequeen
 Dacron® NINON and BATISTE
SHEER CURTAINS
 These beautiful 100% Dacron Polyester curtains can be used under drapes or for tiered look. They have big 5 inch hems and come in spring fresh white and colors. E-Z care wash and dry. Little on ironing.

63" 4.49 84" 4.99 90" 5.49
 *Dacron Batiste not available only in all stores

LERMANS
 SATISFACTION GUARANTEED

SUSAN DUFF'S CALORIE COUNTDOWN
 WARM WEATHER COOLERS

During the summer season, most people seem to find themselves drinking a lot more beverages than usual. Hot days make us thirstier, and there is simply a great deal more occasion to sit down and cool off with a tall ice refresher. Now, if we drink nothing but cold water, of course, our figures would never show the difference, but variety being the spice of life, the most conscientious dieters might often find themselves tempted to indulge in something more flavorful, like a nice cold soda or beer. Chilled beverages don't have to be so dangerous for determined reprobates, however, and the following calorie counts might help you to keep your summer coolers under control.

Carbonated beverages seem to be the most ubiquitous and among the most irresistible of the summer cool-off drinks. If you like the usual kind, you're in luck—several brands contain only 1 or 2 calories per 12-ounce can, a fact which is proudly and permanently proclaimed on the label. But, if you find nothing so satisfying as a regular old-fashioned bottle or can of soda pop, the following calorie counts can help you select from among them. Ginger ale is the least calorie of all at 114 calories per 12 fluid ounces; plain carbonated soda water is, surprisingly, exactly the same as ginger ale. (It's always thought you could drink it like water without a thought to calulating calories. Not so.) Cola-type beverages are 145 calories per 12-ounce glass and root beer is a little more at 150 calories if classified. According to the U.S. Department of Agriculture, the fruit-flavored sodas are the highest of all in calorie content, about 170 calories per 12-ounce glass of orange, strawberry, or whatever, soda. The exception from among the fruity sodas is the clear, lemon-lime soda known from advertising as the uncola, which features only 146 calories per 12-ounce serving.

A can of ice-cold beer (usually 12 ounces) counts in at a consistent 150 calories no matter what you do. There are, however, one or two lower calorie brands of beer on the market and you might want to give them a taste if you really love your summer beer.

Fruit and fruit-flavored, non-carbonated drinks also proliferate during the warm months and you may be surprised to discover that most of them contain even fewer calories than soda. Canned grapefruit, for example, has 102 calories per 12-ounce glass. The usual orangeade has about 186 calories in 12 fluid ounces. That popular red fruit punch, canned or frozen, is a bit better adding up to 160 calories per 12 ounces, and commercially prepared lemonade is also somewhat lower than the other. For 12 ounces, there are 164 calories in the dairy-pack container or bottle, and 147 calories in the frozen variety. Pink lemonade adds little flavor to the regular kind and it adds a substantial number of calories. Add a little juice from the maraschino cherry jar if you really prefer it pink. Better still, if you really like lemonade, make your own. It's much cheaper and invariably less calorie. Mix lemon juice, sugar and water to taste remembering that one cup of juice squeezed from a fresh lemon has 60 calories (if you use prepared, bottled lemon juice, count 80 calories per cup), and that sugar has 60 calories per tablespoon. If you use artificial sweeteners in preparing lemonade, the calorie count will dip down still more. Make a single glass of low-cal lemonade for yourself by mixing one-third cup freshly squeezed lemon juice (20 calories), one teaspoon sugar (12 calories) and two-thirds cup water. Load it up with ice and enjoy a tangy, refreshing 20-calorie summer cooler.

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SUN BURST COUPON
 BAYER ASPIRIN
 Fast Pain Relief
 100 Tablets
 SAVE 38%
 \$1.79 Value
 Limit 1 Expires in 7 days

SUN BURST COUPON
 BAND-AID
 Sheer Strips "Value Pak"
 100 Strips
 SAVE 42%
 \$1.09 Value
 Limit 1 Expires in 7 days

SUN BURST COUPON
 LYSOL
 Spray Disinfectant
 7-oz. Can
 SAVE 42%
 \$1.19 Value
 Limit 1 Expires in 7 days

SUN BURST COUPON
 DESENEX
 Athletes Foot Spray
 6-oz. Can
 SAVE 89%
 \$1.29 Value
 Limit 1 Expires in 7 days

Carlisle Drug Co.
 THE DRUG STORE
 CARLISLE, KY.

Everyday Kroger XTRA LOW DISCOUNT FOOD STORES
DISCOUNT MEAT PRICES
 Plus Top Value Stamps!

Extra Special Price
 U.S. Gov't. Graded Choice
Sirloin Tip Roast
 1-lb. \$1.39

Extra Special Price
 U.S. Gov't. Graded Choice
Mini Meals
 3-1/2 pgs. \$1.79

Extra Special Price
 75% Beef 25% Hydrated Vegetable Protein
BURGER PRO
 1-lb. \$1.79

Extra Special Price
 Fresh
Freestone Peaches
 1-lb. \$1.99

Beef Bonus Bundle
 • 10-lb. Round Steak
 • 10-lb. T-Bone Steak
 • 10-lb. Chuck Steak
 • 10-lb. Burger Pro
 40-lb. only \$50.95

Budget Bonus Bundle
 • 7-lb. Burger Pro
 • 5-lb. Mixed Pork Chops
 • 3-lb. Gordon's Piglets
 • 5-lb. Whole Fryers
 • 10-lb. Chuck Steak
 • 4-pgs. Serve 'N Save Skinnless Wieners
 33-lb. only \$29.95

EXTRA SPECIAL PRICE
 Popular Brands
Turkeys
 16 to 18-lb. avg.
 1-lb. \$55.95

EVERYDAY DISCOUNT PRICE
 Whole Smoked
Saml's Bonoloss Ham
 1-lb. \$89.95

EVERYDAY DISCOUNT PRICE
 U.S. Gov't. Graded Choice Bone-In
Round Steak
 1-lb. \$1.59

EVERYDAY DISCOUNT PRICE
 U.S. Gov't. Graded Choice
Wieners
 12-oz. pkg. \$63.95

EVERYDAY DISCOUNT PRICE
 U.S. Gov't. Graded Choice
Country Style Store Packaged
 7 Varieties \$1.99

EVERYDAY DISCOUNT PRICE
 U.S. Gov't. Graded Choice
Sliced Bacon
 1-lb. \$99.95

EVERYDAY DISCOUNT PRICE
 U.S. Gov't. Graded Choice
Center Cut
 1-lb. \$89.95

EVERYDAY DISCOUNT PRICE
 U.S. Gov't. Graded Choice
Chuck Roast
 1-lb. \$95.95

EVERYDAY DISCOUNT PRICE
 U.S. Gov't. Graded Choice
Pork Loin
 Sliced into Chops
 1-lb. \$99.95

EVERYDAY DISCOUNT PRICE
 U.S. Gov't. Graded Choice
Center Cut Rib
 1-lb. \$139.95

EVERYDAY DISCOUNT PRICE
 U.S. Inspected 100% All Beef
Ground Beef
 In 5-lb. or more Flavor Seal Tube
 1-lb. \$89.95

EVERYDAY DISCOUNT PRICE
 U.S. Inspected 100% All Beef
Washington State Bing Cherries
 10-lb. bag \$1.99

EVERYDAY DISCOUNT PRICE
 U.S. Inspected 100% All Beef
Summer Fruits
 YOUR CHOICE
 White Seedless, Red Cardinal, or Black Grapes 1/2 bushel \$69.95
 Red Santa Rosa Plums 1/2 bushel \$69.95
 Large California Strawberries 1/2 bushel \$89.95

Discount Special
 Kroger Medium U.S.D.A.
Grade 'A' Eggs
 14-oz. plus \$57.95

Discount Special
 Banquet Frozen Cream Pies
 14-oz. plus \$4.19

Discount Special
 Clover Valley Ice Milk
 All Flavors
 12-oz. plus \$99.95

Discount Special
 Mel-O-Soft Sliced Sandwich Bread
 20-oz. loaves \$5.19

Discount Special
 Purex Liquid Bleach
 1-gal. \$39.95

Discount Special
 Biscuits
 Home-style or Buttermilk
 12-oz. plus \$7.95

Discount Special
 Catsup
 12-oz. plus \$4.19

Discount Special
 Coffee
 2-lb. tin \$1.39

Discount Special
 Detergent
 3 22-oz. lbs. \$1.99

Discount Special
 Bar-B-Que Sauce
 16-oz. \$39.95

Discount Special
 Corn-On-Cob
 3 ears \$39.95

Discount Special
 Mandarin Oranges 4 11-oz. cans \$1.99

Discount Special
 Green Beans
 4 11-oz. cans \$89.95

Discount Special
 Twin Pops
 2 2-oz. \$1.99

Discount Special
 2% Lowfat Milk
 1-gal. \$1.09

Discount Special
 Miss Breck
 13-oz. \$57.95

Discount Special
 Onion Rings
 1-lb. \$59.95

Discount Special
 Cottage Cheese
 24-oz. \$69.95

Discount Special
 Arrid
 1-lb. \$99.95

Discount Special
 Pot Pies
 Beef-Chicken-Turkey
 8-oz. \$5.19

Discount Special
 Dad's Root Beer
 16-oz. \$7.79

Discount Special
 Nu-Soft
 Public Softener
 33-oz. \$59.95

Discount Special
 Potato Chips
 9-oz. pkg. \$49.95

Discount Special
 Fritos
 32-oz. \$49.95

Discount Special
 G&W Pizza
 32-oz. \$49.95

Discount Special
 Puss 'N Boots
 Cat Food
 6-oz. \$66.95