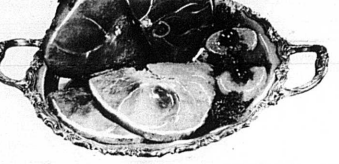


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Armour Semi-Boneless Hams



Half lb. 89¢
Whole lb. 79¢

U.S. Choice Round Steak lb. \$1⁰⁰
U.S. Choice Sirloin Steak lb. \$1³⁹
U.S. Choice Cube Steak lb. \$1³⁹
U.S. Choice T-Bone Steak lb. \$1⁴⁹

The Shield of Quality
FOODTOWN
C & G
Open 8-8 Mon.-Sat.

U.S. Choice Boneless Rump Roast lb. \$1¹⁹

8 pk. Foodtown
Hamburger or Hot Dog Buns 29¢

8 pk., 16 oz. ctn. with bottles
R.C. Cola or Diet Rite 79¢

2 lbs. Borden's Cottage Cheese
Ice Cream 79¢
1/2 gal. Foodtown ctn. **59¢**



80 ct. Baggies Sandwich Bags 2/49¢	1/2 gal. Nu-Soft Fabric Softner 99¢	Complexion Zest Soap 144 ct. 3/39¢	25 lb. Gravy Train Dog Food \$2.79
Jumbo Viva Towels 4/1	Zesta Crackers 1 lb. 19¢	10 oz. Cherrios 29¢	20 oz. Hunts CATSUP 33¢
16 oz. Pream Coffee Creamer 39¢	Folgers Coffee 1 lb. 59¢	14 oz. Comet Cleanser 10¢	12 gal. Tall Kitchen Bes-Pak Can Liners 15 ct. 39¢
Betty Crocker Frosting Mixes 3/1	12 oz. WHEATIES 29¢	Heinz Great American Soups 14 1/2 oz. 4/89¢	Post Toasties 12 oz. 19¢
Betty Crocker Cake Mixes 3/1	Giant Size Fab Detergent 59¢	Wesson Oil 38 oz. 79¢	Pillsbury X-lite Pancake Mix 2 lb. 45¢
200 ct. Scotties Facial Tissue 4/51	P-300 Bath Size Bar Soap 2/29¢	Lux 32 oz. Dish Liquid 59¢	Pillsbury X-lite Spray Starch 15 oz. 39¢

Armour Tax Pack Bacon lb. 89¢
Edwards Sausage 2 lbs. \$1.49 lb. 79¢

Wisconsin Potatoes .20 lbs. 99¢
Bananas lb. 10¢
Green Peppers, Radishes, Green Onions 2^{for} 25¢
Apple Cider .5 gal. 69¢
Cabbage lb. 10¢
White Seedless Grapefruit .40 ct. each 10¢

Florida Oranges
5 lbs. bag **59¢**

\$1 Stokely Sale!

Van Camp Beanee Weenee 8 oz. 4/\$1
Van Camp Pork & Beans No. 2 4/\$1
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School Day Green or Shellie Beans No. 2 4/\$1
Golden W.K. Corn No. 303 5/\$1
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Sliced Y.C. Peaches No. 303 6/\$1
Chunk Pineapple No. 2 3/\$1
Cushed Pineapple No. 2 3/\$1
Halves Pears No. 303 3/\$1

STOKELY SALE

Kay's Kitchen

By Kay Fisher

salmon; separate into small pieces. Cook celery, peas and carrots in small amount of salted water just until tender. Drain and reserve 1/4 cup liquid. Mix butter in saucepan, and add fish and cook until fish flakes, about 10 minutes. Serve over hot cooked rice.

DEVELOPED CHARMEAT
5 tablespoons butter
1 cup milk
2 teaspoons lemon juice
1 tablespoon minced parsley
1/2 cup soft bread crumbs
2 cups crumbled
Mix white sauce with three tablespoons of the butter, the flour, and milk. Stir in lemon juice and parsley. Fold in crumbled. Spoon into 4 individual casseroles. Mix bread crumbs with remaining 2 tablespoons butter (includes) and sprinkle over crumble mixture.

HERB BAKED FISH
1 can (1 lb.) tomatoes, broken up
1/2 cup celery flakes
1 tablespoon each, parsley flakes and instant minced onion
2 teaspoons salt
1/2 teaspoon oregano leaves, crumbled
1/2 teaspoon sugar
2 tablespoons chopped onion
8 tablespoons flour
1/2 teaspoon salt
1/2 cup milk
1 teaspoon oil
1/2 cup instant garlic powder
1 package (1 lb.) frozen fish fillets, thawed
In a medium saucepan, combine all ingredients except fish and rice. Cook to make ahead of time.

SOCIETY

Personals
The charge for all wedding and engagement pictures is \$1.50

Mrs. Willie Swartz, Elm Street, who is spending the winter with her daughter, Mrs. James Simons spent the weekend in Carlisle. On Sunday afternoon she attended the christening of her granddaughter, Amy Lynn, daughter of Mr. and Mrs. James E. Simons, at Christ the King Catholic Church in Lexington. Her surgery, for a complete left hip replacement with an artificial one, was successful. This is new surgery being done for bones diseased by arthritis.

Mrs. James Wade returned to her home in Tampa, Fla. Friday after a week's visit with her mother, Mrs. Clyde Snelling, and daughter, Mrs. Mike Buckner. Mr. Buckner and daughter Angie, Mrs. Wade was here to welcome her new granddaughter Karri Beth.

Mrs. Snelling entertains for daughter, Thursday

Mrs. Clyde Snelling entertained for her daughter, Mrs. James Wade of Tampa, Fla. Thursday evening at her home on School Avenue.

Mr. and Mrs. Bramblet entertain for niece

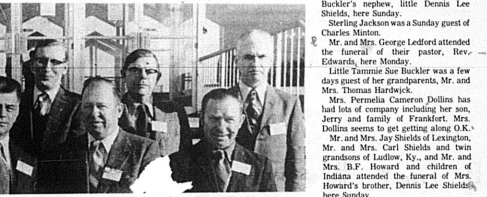
Mr. and Mrs. Henry Bramblet had as their guest the past week, their niece, Mrs. James H. McCone, the former Vala Haney, of Lafayette, Calif.

Births

DAILEY
Mr. and Mrs. Robert Lee Brewer of Route 2, are the parents of a daughter, born Jan. 19, 1973, at the Nicholas County Hospital. She weighed six pounds, two ounces.

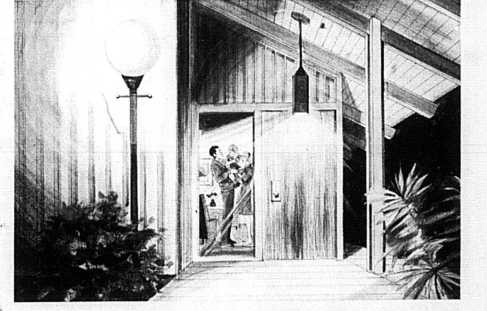
PLUMMER
Mr. and Mrs. Clyde Plummer of Route 2, are the parents of a son, born Jan. 19, 1973, at the Nicholas County Hospital. He weighed seven pounds, 10 ounces.

ELTON
Mr. and Mrs. John Elton of Route 2, Carlisle are the parents of a daughter, born Jan. 12, 1973 at the Nicholas County Hospital. She weighed seven pounds, 10 ounces.



New officers elected

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Discover all the possibilities of outdoor lighting by calling at any of our offices. No obligation for our help ever!

In Appreciation

We have been in business one year, and we'd like for you to know that we appreciate your past year's patronage, and look forward to serving our customers, new and old, in the year to come.

J & E Restaurant

Willard Tolliver of East Main Street was honored on Jan. 20, with a retirement dinner sponsored by the Theobald Club of Blue Grass Industries, Inc. in the company dining room. Mr. Tolliver was cited for his 17 years of faithful service in the maintenance department, and was presented a life preserver belt and a gift of money to be used toward the purchase of a fishing boat. Mr. Tolliver is the father of two children, Betty Tolliver and William, who are both working at Blue Grass, as well as his daughter-in-law, Barbara. This family has pitted up a remarkable record of 45 years of combined service at Blue Grass Industries. Mr. Tolliver plans to spend his retirement in Carlisle.

Hymn Sing Friday
The Blue Licks Christian Church is sponsoring The Singing Hymns of LaFollette, Tenn., at the Carlisle Christian Church on Friday, Jan. 26, at 7:30 p.m.

The group is composed of five young men with Gary Rogers playing the Gospel Drums.

Sunnyside

Estill Helphentien's daughter has been on the sick list. Mr. and Mrs. Calvin Minton was in Mt. Sterling Sunday to see Mrs. Minton's brother, Ed Crockett, in the Mary Childs Hospital there.

Mrs. Permelia Cameron Dollins has been a Sunday guest of Mrs. Helen Fisher. Bill Ledford had surgery in the Lexington hospital but is home now. Mr. and Mrs. Earl Buckner and daughter, Mrs. Paul Minton and Mrs. Tina Minton attended the funeral of Mr. Buckner's nephew, Dennis Lee Shultz, here Sunday.

Mr. and Mrs. George Ledford attended the funeral of their pastor, Rev. Edwards, here Monday. Little Tammie Sue Buckler was a few days guest of her grandparents, Mr. and Mrs. Thomas Harwick.