America's farmers feed not only cattle, hogs, and poultry, but everything else-that flies, swims, runs, or crawls on farm and ranchlands — an estimated, 80 percent of the nation's wildlife. And, says Kenneth E. Grant, administrator of the Soll Conservation Service (SSG), U.S. Department of Agriculture, his agency is end-of-theyear figures show that farmer encouragement

WAKE-UP

TO GO

when you sleep

on a

SPRING AIR

BACK SUPPORTER MATTRESS

stocking.

He points out that the 7½ million acres
of habitat improvement is only a small
part of the American farmer's aid to

In fiscal year 1972, according to Mr. Grant, SCS assisted farmers, ranchers and other landowners in improving more than 7½ million acres of land and water areas for the benefit of wildlife — a 28 areas for the benefit of wildlife — a 28
percent increase over last year.
Further, SCS reports, more than half a
million acres of other rural land was
converted from crop or range land into
wildlife and recreation airea scluring 1972.
SCS heips landowners improve food,
water, and cover for wildlife. Improved
habital, says Mr. Grant, increases
wildlife populations even faster than

conservation practices as striperopojng alalerating banks of crops and grassly building ponds, protecting wood and areas, planting, trees and improving said.

"These and many other conservation reactives indicate that American rectices indicate that American relative to the conservation relative to the conservation of the conservation of the SSS administrator.

"And with the most" for wildlife", said banks of the conservation of the conservat



Local Guardsmen work

Kentucky Guardsmen from the 201st Engineers, Carlisle, worked with the West Frankfort Optimist Club to construct a youth camp at Bridgeport. Boy Scout Troop 107 will be the first to use the camp; other youth groups in the West Frankfort area will also use the

Hospital Notes

ADMITTED: Bruce Ring, Zora ADMITTED: Bruce Ring, Zora Roundtree, George Clyde Townsend, Eva Clinkenbeard, Särah Elizabeth Bussell, Orval Fuller, Clarence Hopkins, Anna Lou Ruddell, Helen Hamilton, Carlisle; Alice Dotson, Mr. Olivet; Helen Fisher, Cynthiana; Pearl Campbell, Ewing; Frances T. Argo, Plemingsburg, DISMISSED: Roberta Farrow and babb, box Kathering. Tyres Circles baby boy, Katherine Tyrer, Cindy Hawkins and baby girl, Luther Clay,

(Rexall)

• "Health Center" provides extra shoulder-to-knee supp . No slope toward edges, no Garrett's

• Firelusive Karr flexible end

coils for firm inner support with luxurious surface comfo

George House, Addie Jolly, Burton Farris, Catherine Smart, Conway Feder, Carlisle; Margrette Jett, Sardis; Barbara Glass and baby girl, Omar Marshall, Plemingsburg; Mrs. Ray Ritchie, Barterville; Janice Emmons, Lizie Wright, Ewnig; Emmett Spurlock, Sharpsburg; Eli W. Grockett, Moore-field.

MAGICWORD by JULIE

ANSWER NEXT WEEK
Last Week's Answer: SEASONING
Copyright McNaug

ERNO LT CAFSITAS M REEYARPIISEVHOE MUFMELNGOLNGIY IQIWTDHPAONTET TCDMOMCNIUZRLUA OIKLOHOAGAREEHO NNADTMGLLEYOLSE

CHEDICEDUTITTAE

EXPLAINY ROTCIV

TADNATSESIRTLS

Kay's Kitchen

choice.

If you really want to put your best foot forward for a company dinner, you can't miss with these rolls. This recipe is one given to me by Mrs. O. H.

Lambert. at 350 degrees. Rolls should rise triple

PETITE ROLLS

Have ½ pound margarine in large bowl. Scald Leup milk and pour over margarine. When lukewarm, add 1 yeast cake or 1 package dry yeast dissolved in ½ cup lukewarm water and 1 heaping tablespoon sugar; 2 eggs beaten with 12 cup sugar and 14 teaspoon salt. Stir in 14 cups sifted

crease top lightly, cover and chill

grease top lightly, cover and crun overnight.
When ready to use, make into rolls; let rise in warm place several hours. Bake 20 minutes at 350 degree From this dough, one could make 2 small loaves #b bread. Divide into half, kneed slightly and shape into load and place in greased load pan.

For sweet rolls use above recipe Knead all of dough lightly and cut into shire, some stape about 12 meh of leas-thick, cover with brown sugar, broken pecans, butter and comnamon. Roll-dough up long way is a for pilly rolli-use water on funcer tips to seal last turn. Cut in Inch-slives and place in

- - By Kay Fisher Dy NAY INSTET I have bad quite a few requests to the ran past Kay's Kitchen columns in the record of the record of the ran past Kay's Kitchen columns in the record of the range of the ran

or more in size.

Dough will keep 5 or 6 days in refrigerator or you may make them all out-at one time, cook and freeze those not used.

THIS ONE I CALL BASIC ROLLS

Beat 1 egg, add 14 cup sugar, 12 cup shortening. Stir until smooth. Add 1 cup hot water. When lukewarm, add 1 yeast cake or 1 package dry yeast, 12 teaspoon salt. Add 4 to 5 cups of flour. You will start out working with a sturdy spoon, but end up working with a



Your first 5-piece setting of this lovely table service

Imported from Holland and hand-polished by Dutch craftsmen to a rich, soft patina that lasts. Eternal is elegant enough for formal entertaining, yet practical enough for everyday use. A five-piece place setting is yours free when you open a savings or checking account, invest in a Certificate of Deposit or secure an installment loan from iny Kentucky Group Bank.

Miss Marsha Engage

Mr. and Mrs. John E. announce the engage daughter, Marsha Ar Wright, son of Mr. and Wright of Bourbon Cod Miss Soper will be a special and elementary University of Kentucky

BIRT

Ewing, announce the bi 31, 1972 at 4:30 a.m. County Hospital. He

HAWKINS
Mr. and Mrs. Danny Hawkins of Route
2, Carlide, announce the birth of a
daughter on Dec. 29, 1972 at 8:23 pm. at
the Nicholas County Hospital. She
weighed 7 pounds, 10 ounces. GLASS

MANN
Mr. and Mrs. Kent Mann of Route I,
Danville, announce the birth of their son,
Danial Clay, on Dec. 28, 1972 at Ephraim
McDowell Memorial Hospital, Danville.
He weighed 4 pounds 11½ ounces.
The maternal grandparents are Mr.
and Mrs. George Danial Lamb, Danville. and Mrs. George Danial Lamb, Danville. The paternal grandparents are Mr. and Mrs. Clay Mann, Carlisle. The maternal great-grandparents are Mr. and Mrs. C.B. Causey, Lancaster. The paternal great-grandmother is Mrs. Victor Day, Carlisle. The maternal great-great grandfather is James Helton of Lancaster.

BUCKNER
Mr. and Mrs. Mike Buckner announce
the birth of their second daughter on Jan.
8, 1973 at the Central Baptist Hospital.
8 weighed 8 pounds 5 ounces and has
been named Karri Beth.
Maternal grandparents are Mrs.
James II. Wade of Tampa, Pls. and Paul
Guthrie of Mr. Olivet. Maternal
great-grandmother is Mrs. Clyde
Soelling of Carliston.

larry Wilson The devotional was given by Mrs. W.J. Carl. Jimmehrs and one visitor, Mrs. Bereal Lawrence, were present. The club was glad to swelmen and the same state of the club was read from Mrs. Bornel Tries. All women are welcome in one of thanks was read from Mrs. Bornel Tries. All women are welcome in creed.

Reports were given from the Crustians projects. Some date for read.

Reports were given from the Crustians projects. Some dates for Mrs. Bornel Mrs. James Harm.

Hamm.

An auction and refreshments followed.

Fllisvilla

The Ellisville Homemakers Club met at the home of Mrs. Fred Jones on Jan. 3 at 11 a.m. There were 13 members, and Home Agent, Mrs. Margie Wilson

Home Agent, Mrs. Margie witsom present.

Mrs. Thelma Fryman, president, president, president. The devottonal was given by Mrs. Jack Tincher. The Iesson, which was the Margie Hence' was present to the Margie Hence' was Anyone who would like to join our club is welcome to do so, regardless of race, color, or creed. We are always happy to have new members.

color, or creed. We are always happy to have new members. The February meeting will be held at the home of Mrs. Thelma Fryman on Feb. 7 at 11 a.m. with potluck dinner.

graphic Society report; that
many people in Austria,
tzerland, and Germany
tzerland, and Germany become depressed when a dry-mountain breeze. called the "fohn" occasionally sweep over these countries, and why,

during these periods, is there originated, were kept in a cave, such an increase in illness, and released from time to time such an increase in illness, corine, and business failures?

Likewise there is a measure of mystification as to why the scientists now have a more of mystification as to why the French Riviers sulks when a silk with a sulks with a mental problems. Scientists nature abhors a vacuum, the have formed some logical cold air, which is heavier, opinions relating to these behavioral changes when the santa Ana blows, but do not we have wind.

offer absolute proof of the Winds are wonderful, if sometimes devastating, but The formless, invisible, and who has seen them? "Neither owerful wind has long figured you nor I. But when the trees in the myths, folk-tales, bow down their heads, the winds are passing by."

HURS., JAN. 18, 1973-7 Landmark calendars

Nicholas County Landmark Calendar, a project of the Carlisle Junior Woman's Club, are on sale at the following places of business: First National Bank, Deposit Bank, Hopkins Drugs and Nicholas County Library.

Dessert bridge

Mrs. Don Hughes was hostess for dessert-bridge at her home on Cliffway Drive on Thursday, Jan. 11, starting at 7

Zachary.

Mrs. Conley won high score for the rs, comey wi



"Seems like every time his tory repeats itself, the pric doubles."—William R. Lewis

's Little House Beautu

I have purchased Roberta's Beauty Shop on Locust Street and will be open for appointments Tuesday thru Saturdays. I welcome new customers and my regular customers.

Charlotte Francas

Phone 289/5168



Featuring Kitchen Children's Package Curtain Material 28 for 49°

> Embroidery Floss Pillow Tubing Fiskars Yarn Scissors

South Central Bell Agent

QUALITY FOOD VALUES | the Whole Week Thru



TOP VALUE

and

"Rusty" Lawrence fill

YOUR NEXT **PRESCRIPTION**



Northern Towels 2/89° iumbo roll

Scott Towels 16 oz 3/\$1 Minute Maid 12 oz. size Orange Juice

Dixie Queen 2% Lowfat Milk gal. carton 99 --SMUCKERS--16 oz. Kosher Dill Candied Dill Sticks

Fresh Pack Sweet Sticks 20 oz. Heinz Ketchup

Joy Liquid Plastic Wrap

32 oz.

16 oz. 8 pk carton Cokes or (with Sprite bottles) 79

18 oz assorted Dan-Dee

Freezer Queen several varities Cooking Bags 5 oz 4/99°

18 lb. and over Tom Turkeys

Detergent King Size 99¢

- Cagels 12 oz. pkg. Chicken Wieners Ib. 39° assorted flavors Instant Breakfast 69°

Winesap **Apples**



Lb. cello pkg. Carrots 2 for 29°

Seeded 15 oz. Sun-Maid



15% oz. With Beans Armour Chili

Ajax Cleanser

Scottissue single roll 5/89°

C & G 69c Open 8-8 Mon.-Sat.

MEDICINE by H. BOSWELL YORK, R. PH. CHEST by JULIE THOMAS PITMAN

I was given Kantrex in capsules for a kidney ailmen t made me deaf. Can you tell me why? I cannot use learing aid because it will not help me. .. Mrs. A.J.

heming all teasured it will not help me. Mes. AJ.
Kanttex cappusele would not be used for a kidney
adment. The injections, however, are used for treating
kidney infections and the annual-cuter states in the
for some unknown reason this medication may attack
the meres associated with hearing and cause definess.
Like many of our powerful medicines and other
double-eigher word. Set to instruct. Annue. Me
and marked determined, and who determines then?

The M.D.R. of a vitamin or mineral represents the
amount needed to prevent symptoms of a vitamin on of a vitamin on on a vitamin on on a vitamin on the contract of the

The M.D.R. of a vitamin or mineral represents the amount needed to prevent symptoms of a vitamin or mineral deficiency. The food and Drug Administration actually sets the standards for the M.D.R. A manufacturer may also have substances in a vitamin/mineral formula which does not state an M.D.R. In these cases, the need for human nutrition has not been established.

been established.
Are expenses for sending my handicapped child to a special school tax deductible? — A.R.
Yes, if the principal reason for his attendance is the institution's resources for alleviating the handicap. New your records, complete and in order with my 1973 Medical Expense Record Book, Just and your name and address with 31 and two 3-cent shomps to me, in case of

address with 31 and 100 ovent shapes of the days available within ewapper.

I have emphysema. Are there any drugs available without a prescription that I should avoid? - C.O.

Yes. You should avoid cough preparations which have a cough suppressant (i.e. drugs which stop you from coughing). Before you buy any medicine you should ask your physician or pharmicals if it would be harmful to a cougs.

a cougsing). Before you
coughing). Before you
your physician or pharmacist it n
your condition.

((c) 1973, McNaught Syndicate, Inc.)

- WOMAN'S ---WORKWORLD

by JULE THOMAS PITMAN
The nation's indepense can be the vellering of a good job for you. Age need be no deterrent in training a condition of the property of property of the p

unleas you have the kind of experiency with as defined hospitally industry, and you the Fortierral in the hospitally industry.

Other than training available in 4-year college of the hospitally industry.

Other than training available in any 2-year insiste and community colleges and the control of the angelia and community colleges and the colleges and a community colleges and a community colleges and a control of the colleges and a college of the colleges of the

ATTN, Ed.: Forward requests for "Motels, Small Busines Bibliography 66" above to: Publications Office, Small Busines Administration, 1441 L. St., N.W., Washington, D.C. 20416.





Your Leadership Points the Way to Progress

Your efforts have helped our town grow and prosper. Your ideas and ideals have set an example for the entire community. We salute your exemplary achievements and take pride in your dedication.

The Carlisle Mercury