

WOMAN'S WORLD

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by JULIE THOMAS PITMAN

A twist on the small bathroom size is construction cleanup contracting. You can show your business for less than \$75 by adding lots of color.

When a new building — home, store, office building — is finished there are lots of little chores needed to get the building in a spotless, "walk-in" condition. For instance, there's rubbish left by workmen, windows that need scraping, protective papers that need light bulbs, a construction cleanup contractor, you do the kinds of things you would like done if you were moving into a new home. It's a dead-end job, but it's a good one before it is delivered to the customer.

You can charge by the hour, providing an advance estimate — or by the job, after you are experienced and know how to price. To gain experience and references, you might do a free job or two. All you'll need are simple handtools, such as pliers, screwdrivers, scrapers, broom, mop, bucket, rag and cleaning supplies. Builders would be asked to furnish light bulbs, or other out-of-pocket costs. Prices will vary by work done and locale, but generally, \$40-100 per house is possible. Work can be done evenings and weekends, when craftsmen are gone. If your business grows, hire others to labor while you sell.

Getting started can be accomplished by calling on builders and contractors in your area, and writing a sales letter outlining your service. Point out that your service will cut down on complaints from dissatisfied buyers and enhance a builder's reputation. Watch for letters for announcements of new building ventures. You can expand your market by contacting owners of other apartment buildings and offering to clean up after tenants move. Check city hall for business licenses and permits you need. Try profits can be made in this part-time business.

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Nursing Home News

So many of our problems are changed by a different viewpoint. —Gerald Walker
I was making my way down the hall with Mrs. Billie when she wanted to go to the piano. I was speaking to all the old men and she said, "You just flirt with me." I thought, "I thought she was for asked her over and she whispered it to me." I thought, "I thought she was for asked her to be a friend to all of them."

I believe he said he comes from Miller Nursing Home in Lexington, but is a native of Nicholasville. The Central Council of the Christian Church visited the Home.

They were here for a while but I don't want to tell you it. One day the ladies of the Harrington Methodist Church came and brought each of us a pretty card and a bag of fruit. They invited us into the day room where we heard a nice program on love. "Our own" Anna Mae Gillispie led the prayer. It meant much to the old people. Come again, they will be glad to see you without any presents.

Mrs. Elizabeth Bell looks like a "sleeping beauty" in her pretty pink night gown which was sent to her from a friend in Bloomington.

I wonder who has been so kind as to send me the Reader's Digest which I am enjoying.

One day I looked out the window and saw the faces of two old friends, Alma Boyd Davidson and her sister, Loraine. They came to look at me, smiling and to bring me a pretty handkerchief which belonged to their mother.

Mrs. Ethel Booth. This brought the tears, I had no handkerchief or tissues and I just wiped my eyes with my sleeve.

Mr. and Mrs. Clift White of Paris visited Mr. White's cousin, Mrs. Hazel Bertier.

Rev. Charles Cooper came one Sunday and had a picture for the worship service. He explained the meaning of Lent, told us the word meant "penance." The days have gotten longer now.

Barbara Hopkins, the social worker, has a picture for us most every week. These are from the Frankfort Library, sent by her for announcements of new building ventures. You can expand your market by contacting owners of other apartment buildings and offering to clean up after tenants move. Check city hall for business licenses and permits you need. Try profits can be made in this part-time business.

By Virginia Smith Donovan

green, red, and was beautiful and the dog was jumping to bloom.

Maybe I have written this before but it's worth repeating. I've attended Church and Sunday School five Sunday's straight. Thanks to Mrs. Billie Weathers' brother, Matthew Campbell. There are several talking machines here in the home which can be heard. There are wonderful for the physically "handicapped."

"Are you obeying the golden rule?" If all of us would we would be living in a different world.

W.S. McKinney III is commissioned a Kentucky Colonel at Blue Grass Industries on April 19. Wayne Shamate, company president, is shown making the presentation to him in appreciation for his outstanding contribution to the people of Kentucky during his nine years as Manager of Contract Purchasing for Personal Products Company. As well as representing his company as a buyer of the local firm's manufacturing services, he is an active participant in various personnel oriented activities throughout the year.

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MEDICINE CHEST

by H. BOWELL YORK, R. PH.

Is there anything else that fluorine does for us other than helping to prevent tooth decay? —R.C.

Fluorine may also be important for normal growth. At a meeting of the American Association for the Advancement of Science, Dr. K. Schwartz of Long Beach, Calif., reported that rats fed a fluorine-free diet failed to grow normally. By adding 25 ppm of fluorine to their diet, the rats grew increased by 20 percent and whether there are any side effects, it is harmful to wild animals — M.S.

I found a pain relieving formula consisting of aspirin, salicylic acid, and a small amount of the popular A.P.C. tablet plus a mild sedative called Valium. The sedative helps relieve tension while the A.P.C. formula relieves pain. The sedative is a barbiturate which may habit forming. Hence, prolonged use is not recommended.

I know it is not recommended to induce vomiting in a poisoned victim all the time, but I'm not sure when I shouldn't. Would you please tell me? —N.B.

If you induce vomiting if the victim is unconscious or convulsing. Do not induce vomiting if the swallowed substance is acidic; or corrosive or a petroleum distillate product.

All the facts on what to do until medical assistance arrives by sending a long, self-addressed, stamped envelope, plus 25¢ for the "Medicine Chest" card of this newspaper. I will send you the Antidote and card of this newspaper. I will send you the Antidote and card of this newspaper. I will send you the Antidote and card of this newspaper.

Free explanation what Fluoridation is and what it does for teeth. I have a 4-page flyer from infectious hepatitis. —R.E.M.

Fluoridation is similar to continue, but with fewer side effects. Medical experts believe the virus in infectious hepatitis causes an attack. It is a good idea to have a good good drug for chronic bleeding hemorrhoids? —A.G.

There isn't any. Sounds like a case for a surgeon. See in our 3000.

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Charter No. 3929 National Bank Reg No. 4
REPORT OF CONDITION, CONSOLIDATING DOMESTIC SUBSIDIARIES, OF the Carlsle

First National Bank of Kentucky AT THE CLOSE OF BUSINESS ON March 28, 1973 PUBLISHED IN RESPONSE TO CALL MADE BY COMPTROLLER OF THE CURRENCY, UNDER TITLE 12, UNITED STATES CODE, SECTION 161.

ASSETS		Dollars	Cts.
Cash and due from banks (including \$15,457.66 unreported details)	1,658	929	63
U.S. Treasury securities	475	227	60
Investments of other U.S. institutions and corporations	868	174	52
Investments of State and political subdivisions	97	187	00
Other securities (including \$ corporate stocks)	12	00	00
Real estate owned	1,300	00	00
Federal funds sold and securities purchased under agreements to resell	6	168	05
Loans	245	117	64
Bank premises, furniture and fixtures, and other assets representing bank premises	—	—	—
Real estate owned other than bank premises	—	—	—
Investments in unconsolidated subsidiaries and associated companies	—	—	—
Customers' liability to this bank on acceptances outstanding	3	029	85
Other assets (including \$ direct trust financing)	10	818	37
TOTAL ASSETS		10,818	37
LIABILITIES		Dollars	Cts.
Demand deposits of individuals, partnerships, and corporations	3	002	24
Time and savings deposits of individuals, partnerships, and corporations	2	245	77
Deposits of United States Government	2	204	69
Deposits of State and political subdivisions	2	204	69
Deposits of foreign governments and official institutions	—	—	—
Deposits of commercial banks	13	861	06
Unpaid deposits' checks, etc.	—	—	—
TOTAL DEPOSITS		15,897	244
Other liabilities	—	—	—
(a) Total demand deposits	—	—	—
(b) Total time and savings deposits	—	—	—
Federal funds purchased and securities sold under agreements to repurchase	—	—	—
Liabilities for borrowed money	—	—	—
Monetary indebtedness	—	—	—
Acceptances executed by or for account of this bank and outstanding	313	890	67
Other liabilities	9	901	135
TOTAL LIABILITIES		10,818	37
MINORITY INTEREST IN CONSOLIDATED SUBSIDIARIES			
RESERVES ON LOANS AND SECURITIES			
Reserve for bad debt losses on loans (set up pursuant to IRS regulation)	96	590	35
Other reserves on loans	—	—	—
Reserve on securities	—	—	—
TOTAL RESERVES ON LOANS AND SECURITIES		96	590
CAPITAL ACCOUNTS			
Capital notes and debentures	200	000	00
— 5% Due	—	—	—
Equity capital—total	620	653	77
Preferred stock total par value	—	—	—
No. shares outstanding	200	000	00
Common stock total par value	200	000	00
No. shares authorized	200	000	00
No. shares outstanding	200	000	00
Surplus	220	653	77
Undivided profits	—	—	—
Reserve for contingencies and other capital reserves	820	653	77
TOTAL CAPITAL ACCOUNTS		10,818	37
TOTAL LIABILITIES, RESERVES, AND CAPITAL ACCOUNTS			
MEMORANDA			
Average of total deposits for the 15 calendar days ending with call date	9	517	465
Average of total loans for the 15 calendar days ending with call date	6	169	246
Interest collected not earned on installment loans included in total capital accounts	—	—	—

Larry Hutchinson, Cashier

I, the above-named bank do hereby declare that this report of condition and the above information is true and correct to the best of my knowledge and belief.

We, the undersigned directors attest the correctness of this report of condition and declare that it has been examined by us and to the best of our knowledge and belief is true and correct.

Director

Kentucky Colonel

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