

# Kay's Kitchen

By Kay Fisher

While I have been trying to do every menu day and as possible, I know the time has come to make pickles and relishes. So while tomatoes, cucumbers, etc. are in abundance, let's get busy, hard as it may be. Besides feeling very tired, I think how wonderful these dishes are. "Extras" will taste this winter.

- LIME CUCUMBER PICKLES**
- 2 pounds cucumbers
  - 2 gal. water
  - 9 cups sugar
  - 1 teaspoon celery seed
  - 1 teaspoon pickling spice
  - 2 cups hydrated lime
  - 2 cups vinegar
  - tablespoon salt
  - 1 teaspoon whole cloves
  - 1/2 cup cucumbers thick, cover and soak in lime 24 hours.
  - 1/2 pint well and soak 3 hours in clear water. Rinse again and cover with solution of vinegar and spices. Soak pickles in this solution overnight. Boil 40 minutes and pack in jars and seal.
  - Pickles are very crisp and most tender. Handle carefully as they break easily.
  - \*Lime may be bought at drug stores. And this solution may be called for in other recipes. (Lime solution)
- BREAD AND BUTTER PICKLES**
- 2 pounds medium size unpeeled cucumbers
  - 5 cups thinly sliced onions
  - 1/2 cup coarse salt
  - 2 cups water
  - 1 1/2 cups sugar
  - 1 teaspoon mustard seed
  - 1 1/2 teaspoon ground ginger
  - 1 teaspoon turmeric
  - 3 cups distilled white vinegar
  - 2 clove garlic
  - Wash and thinly slice cucumbers; combine with onions in large container. Dissolve salt in water; pour over vegetables. Weigh vegetables down with plate about the size of container and weigh down to keep vegetables under brine. Let stand overnight. Combine

- CUCUMBER CATSUP**
- 4 tablespoons mustard seed
  - 4 medium size green peppers cut up
  - 2 cups chopped onions
  - 2 cups sugar
  - 2 cups vinegar
  - Combine vegetables, add 1/2 cup water and cook until tender. Drain off most of the liquid, add other ingredients. Cook until thick. Seal once in sterilized jars.
  - Yields 8 pints.
  - Note: Unless you have young, tender green lima beans, they should be parboiled 10 minutes before adding to vegetable mixture.
- EASY DILL PICKLES**
- 2 cups vinegar
  - 1/4 cup coarse salt
  - 2 cups hot water
  - garlic cloves
  - hot red peppers
  - dill weed
  - Boil vinegar, water, salt together for five minutes. In each quart, put 1/2 cup cucumbers, dill, red pepper, 1/2 teaspoon alum or more, and two or three garlic cloves. Seal and let ripen several weeks or a month or two before using.
- MUSTARD PICKLES**
- 1 head cauliflower
  - 3 green peppers cut in strips
  - 24 small cucumbers, cut in 1-inch chunks
  - 1 quart pickling onions
  - 2 1/2 cups fresh small lima beans
  - 1 cup sugar
  - 3/4 cup flour
  - 1/2 cup dry mustard

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# Saltwell

Mr. and Mrs. Roger Coedman and Paula of Lexington spent Wednesday with Mr. and Mrs. Roy Snapp. Harry Galbreth who has been a patient at the Joseph Hospital the past few weeks returned home the past week.

Mr. and Mrs. Walter Hollar and Janet spent a day recently with friends in Aahland.

Mrs. Gary Hollar and Tracey and Mrs. Jerry Galbreth spent Saturday with Mrs. Diane Hamilton and Shelly in Lexington.

# Wilson fakes

Joe Wilson fakes a hitch-out to No. 29 Ken Livingood and sends Ken Snood, No. 25, off-tackle for a five yard gain. Blocking on the play are No. 34, John Soper, No. 8, Dennis Berry, No. 81, Bill Allen, No. 84, Kurt Kelly... Conley pic

With no place to go is Fleming County's Dale Rice, No. 21 as Joe Wilson, No. 9, Ken Snood, No. 20 and Ken Livingood, No. 29 are closing in for the kill. Also ready to help out on the play are Kurt Kelly (partially hidden), Mitch Rice, No. 61 and Dennis Berry, No. 8... Conley pic

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**Beware of the Saddleback**

Several autumn ago, while out picking wild gooseberries, a small and suddenly fell to increase blood circulation in the tender flesh between the fingers on his right hand.

The pain grew in intensity until it became almost unbearable and the hand swelled to almost twice its normal size. After a couple of hours, the agony gradually subsided, but it was several days before the hand assumed its size.

No large marks could be found, but the father of the boy was sure at first that his son had been bitten by a copperhead snake. However, upon investigating the gooseberry bushes, he found nothing more than a fat little insect with a green body and a brownish-purple spot on the center of its back. Then he knew that he had partially stung his son. It was what some country people call a "pack-saddle".

Books on insects generally make short shrift of this caterpillar which Westley W. Gregory, UK Extension specialist in entomology, identifies as *Silbix* stimulae, the saddleback. But because of its potential for causing pain to people with sensitive skin, it is well worth knowing and avoiding.

Generally, contact with the stinging spines of this insect does not cause the extreme discomfort suffered by the small gooseberry picker, in any case, though, they are to be avoided. There is no specific remedy for the sting but bicarbonate of soda packs will help ease the pain.

The saddleback is the larva of a brown moth and is most prevalent in the fall. It is to be found most often in cogwheels, in gar-

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**By Mrs. Fred Hollar**

Mrs. Diane Hamilton and Shelly of Lexington and Miss Denise Stone visited Mr. and Mrs. Gary Hollar and children on Sunday. Mr. and Mrs. Roy J. Snapp and Edna and Paula Coedman and Lexington spent Sunday with Mr. and Mrs. Roy E. Snapp.

Rev. and Mrs. Thomas Gaunce on Sunday. Rev. and Mrs. Tommy Fryman and Norma J. Gaunce were Sunday dinner guests of Mr. and Mrs. Everett Snapp.

Mr. and Mrs. Carl Scott of Carlisle stopped home made ice cream on Sunday night with Mr. and Mrs. Raymond Kennedy of Lexington, Mr. and Mrs. James Kennedy and daughter Shannon of Detroit, Mich., and Miss Frances Barlow of Carlisle spent Sunday with Mr. J. Kennedy and Martha and Daley.

Mr. and Mrs. Sterling Hollar and Mrs. Layne Hollar enjoyed a cocktail Saturday night with Mrs. Ramona Sowell and Mike of Carlisle.

Mrs. Nancy Leonard and children of Millersburg, Mr. and Mrs. Marion Booth and children of Springfield spent Sunday with their mother, Mrs. Jimmie Taylor and Mr. Taylor and daughter, Mr. Taylor is very ill at her home here.

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