Eddie Jackson accepts Department of Education position

Eddie Jackson, son of Mr. and Mrs. Lloyd Jackson of Elizaville, has accepted a position with the State Department of Education, Division of Guidance Services as an area supervisor. .

Jackson will be working with school systems in the northwestern Kentucky area to improve their program of guidance services.

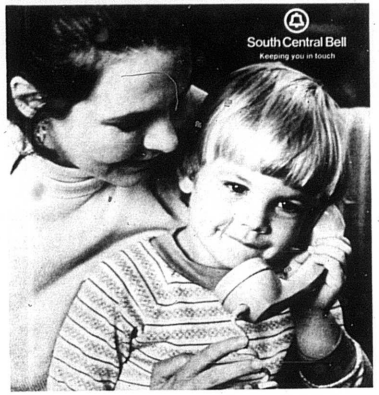
He is a 1962 graduate of Fleming County High School and received his A.B. degree from Morehead State University in 1968, and his Masters Degree in guidance and counseling in 1970.

A former teacher in the Maysville Independent Schools, he has served as a counselor for the Montgomery County school system.

Jackson is married to the former Teresa Ellington of Moorefield, who is presently a teacher at the Ewing Elementary School. They reside in the Willow Dell subdivision at Elizaville with their two sons, Michael Edward and Gregory Lynn.

Someone is waiting for you to get in touch.
Dial them long distance. Today.

Dialing direct is easy. Here's how: Just dial "1," plus the area code (if it's different from yours), plus the number. It's quicker than placing your call through the operator—more personal too! So dial long distance direct, and save.



GET YOUR $ WORTH
BY SALLY AND JIM ADAMS

CUTTING YOUR MEDICAL BILLS: III

If you keep a record of medical costs (and you should, for tax purposes), you might be surprised at how much you spend for drugs in the course of a year. Here's how you can safely cut the cost ofmedication.

* When your doctor writes out a drug prescription for you, he will most likely prescribe a brand-name drug – that is, a drug put out by a specific manufactuper under a specific trade name. But drugs also have generic, or chemical names, and in most cases a drug sold under its generic name is cheaper than its brand-name equivalent. Your doctor may prescribe the brand name because he is familiar with that particular product and has confidence in it. Also, the generic name is usually a tongue twister, hard to remember, hard to spell. For exapple, the generic name of Achromycin is a mouthful — tetracycline hydrochloride.

Some physicians (and many manufacturers) claim that the brand-name drug is likely to be purer, safer and more effective than its generic equivalent. The Department of Health, Education, and Welfare doesn't agree in all cases, noting that many hospitals, health services and military installations buy the generic-named drugs with no bad therapeutic effects. The Journal of the American Medical Association seemed to have the last word when it advised physicians that some generic drugs are as good as the brand-named version, but not all.

Thus, it's perfectly proper for you to ask your doctor to prescribe a generic drug. If he agrees, you'll save money.

Comparison shop. Whether you're buying a prescription drug or an over-the-counter item, there's no reason why you shouldn't shop around for the best buy, just as you do for clothes, food or household appliances. The price range for identical medication among drug stores is enormous. For example, a survey conducted in New York City revealed that the cost of a certain prescription drug ranged all the way from $1.25 at one store to $4 at another – for the identical item.'

* You'll generally find drug prices cheaper at discount drug stores. They also have frequent sales or specials on such items as aspirin and vitamins. And remember, it's almost always cheaper to buy in bulk.

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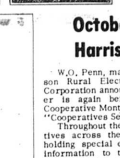
TIPS for DIETERS
By ANDREW SPRAGUE

"IN QUOTES"



FASHION 'N FABRICS By FANNIE GLEESON

CREATING THE LEATHER LOOK

Leatherlike fabrics can create a sensational look, when combined with brushed plaids and other napped surfaces. One is contrasted against the other.

Once considered a fad, imitation leather has proven it's here to stay. Two forces worked in its favor. One is the improvement in fabric. The other is wider variety and better styling of apparel patterns for home sewing.

It's wise to take note of kinds of leatherlike fabric, as each performs differently. Nylon knits, embossed to give a surface appearance of animal or reptile skins, are supple and drapable. The machine-pressed design is permanent.

Fabric that has a coating of vinyl on a cotton knit backing is heavier and stiffer. Being nonporous, it does not "breathe"; is uncomfortably warm. This fabric is better suited to home furnishings than apparel.

Polyurethane coating on a woven cotton backing is, "breathable." It has more body than nylon knits, but is sufficiently pliable for coats, separates and accessories.

When buying leatherlike fabric, check the hang-tag on the bolt for care directions. Most surfaces may be cleaned with a damp cloth, but more extensive cleaning may need to be done professionally.

Another criteria for sewing with imitation leather is to choose a simple pattern. The one illustrated is super-simple, yet it has a lot of styling in the extended shoulder of the topper. To make it really easy, the front facing is cut in one with the front of the garment.

When working with this fabric, have the wrong side up as you lay out the pattern pieces. Use tape in the seam allowance to fasten pieces to fabric. And work with a single thickness at a time. Transfer pattern markings with chalk or tracing paper on the wrong side.

Before sewing, test-stitch a 12-inch seam on a scrap of fabric. You will need medium tension and light pressure. For medium weight fabric, use a size 14 needle. For nylon knits and crushed patent, use a size 11 needle. Mercerized cotton or cotton and polyester thread are suitable.

Do not baste seams. Hold fabric pieces together with paper clips. When it is necessary to sew with the slick side against the sewing machine plate, use strips of adding machine paper between machine and fabric to prevent sticking.

As imitation leather cannot be pressed on the face side, seams may roll. To flatten them, glue to the backing of the fabric with rubber cement or with a special adhesive suitable for fabric.

Hem by picking up one or two threads in the backing. Do not pull stitches tightly. The hem could also be given a decorative binding or top stitched.

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ILLUSTRATION:
McCall's No. 3056 – top and pants.
((c) 1972, McNaught Syndicate, Inc.)

LOUIE NUNN!!!
WHAT LEADING REPUBLICANS REALLY SAY ABOUT HIM!

Because we're in a Presidential Election year a great deal of pressure will be brought upon Republican party office holders and officials alike to support the entire ticket. A sense of loyalty to the President will cause many Republicans to go along for the good of the party. What is important, however, is what these people **really think** about Louie Nunn and what they say about him when the pressure of Presidential politics is off.

Senator JOHN SHERMAN COOPER:

"Louie Nunn's campaign has had the purpose and effect of stirring up religious and racial prejudices."

"Whatever the immediate advantage might be, such a practice is contrary to our free system of government for all its citizens and damages the good name and honor of the Republican Party, the Commonwealth of Kentucky and its great people."

Senator MARLOW COOK:

"After spending an entire campaign attacking me, Jefferson County, and our entire Republican Organization, Louie Nunn now finds it necessary to attack our Senior Senator the Honorable John Sherman Cooper. The idea that he would accuse Senator Cooper of conspiring to enter into a deal is so revulsive that an answer would on its face be ridiculous."

Congressman TIM LEE CARTER:

"The ugly ideas of racism, religious bigotry and mud slinging are being exploited throughout the 5th Congressional District and the State of Kentucky. I have seen Mr. Nunn attempt to exploit these issues and I saw him lose all minority groups as a result."

Lt. Gubernatorial Candidate THOMAS RATLIFF:

"I publicly apologize to the people of Kentucky for running on the same ticket with Louie B. Nunn."

G.O.P. Candidate for Graves County ED ROGERS:

"Nunn's program has reversed the legend of Robin Hood to rob the poor and subsidize the rich."

Don't be misled by Presidential politics.

ELECT **DEE HUDDLESTON**
UNITED STATES SENATOR

Political ad paid for by the Huddleston For Senate Committee, 422 South 4th Street, Louisville, Ky. George Spalding, Elizabethtown, Treasurer

October 'Cooperative Month', Harrison RECC participates

W.O. Penn, manager, of Harrison Rural Electric Cooperative Corporation announced that October is again being observed as Cooperative Month under the theme "Cooperatives Serve".

Throughout the month cooperatives across the country will be holding special events, providing information to the news media, and conducting other activities to graphically tell how cooperatives serve their members and their communities.

Among the ways Cooperatives serve are these:

--By placing priority on people.
--By giving user-owners a business grip.
--By creating needed rural leadership.
--By working for the best interests of a large number of people.
--By providing jobs in rural communities and other areas.
--By increasing member and community income.
--By providing markets, farm supplies and services, rural electricity, rural telephones, irrigation, housing, insurance, and many other vital needs.

The National Committee has also announced it will present national awards during October in three categories: Cooperative Statesmanship, Cooperative Communications, and International Cooperative Development. Nominations will be made by the states to the Washington committee.

This national committee consists of the National Advisory Committee on Cooperatives to the U.S. Department of Agriculture. Its members are the American Institute of Cooperation, Cooperative League of the USA, National Council of Farmer Cooperatives, National Federation of Grain Cooperatives, National Milk Producer Federation, and National Rural Electric Cooperative Association.

CALL of Kentucky

The spirit and heritage of Kentucky reach around the world, calling others to come and enjoy what we have to offer in such abundance. They travel many miles to get here . . . but Kentucky's riches are here for all of us to enjoy, too.

Now, more than ever, Kentucky families are traveling in their own state. If you're not on the caravan, join in and see your own Kentucky this year!

Wendell Ford
GOVERNOR

Kroger DISCOUNT FOOD STORES

Only at Kroger do you get EVERYDAY DISCOUNT MEAT PRICES plus Top Value Stamps

Compare! Save!!

Copyright 1972, The Kroger Co. Reserved. Items & prices good in the Paris store thru Oct. 28, 1972

Extra Top Value Stamps 100 on purchase of $10 or more (with coupon and $10 or more purchase)

Extra Top Value Stamps 200 with Halloween Candy

Gold Medal Flour 5 lb. bag 43¢

Zesta Saltines 1 lb. box 29¢

Corsel Wheaties 18 oz. box 29¢

All Detergent 49¢

Fabric Softener Nu-Soft $1.19

30¢ off Tape-Tab

Kroger Tomato Soup 8¢ can

Old Key Soft Drinks 10 for 89¢

Embassy Brand Salad Dressing 29¢

Fruit Cocktail 3 303 cans $1.00
Pear Halves 3 303 cans $1.00
Green Beans 5 303 cans $1.00
Fatigue Mat $1.99

Pie Shells 3 8-in. pkgs. $1.00
Kroger Biscuits 7 10¢ cans $1.00
White Bread 4 1-lb. loaves $1.00
Angel Food Cake 49¢

Kroger Cake Mixes 41¢ pkg. 4 for $1

Variety Bread 3 for $1

Brown'n Serve Rolls

Kroger Coffee 2 lb. can $1.19

Detergent 19¢

Cake Donuts 4 for $1

Coca Cola 8 6½ oz. bottles 69¢ plus dep.

Extra Special Price
U.S. Govt. Graded Choice T-Bone Steaks lb. $1.49

U.S. Govt. Graded Choice Chuck Roast lb. 63¢

Whole Hog Sausage Sweet's 1 lb. pkg. $1.57

Pork Chops One Quarter Part Loin Sliced into lb. $1.79

Ground Chuck Fresh Lean lb. 99¢

Luncheon Meat Sara Lee Canadian 12 oz. pkg. 79¢

Sliced Bacon Country Style Store Packaged lb. 75¢

Wieners Fischer's Skinless 12 oz. pkg. 59¢

Morton Dinners 3 for $1

Coca-Cola 8 6½ oz. bottles 69¢ plus dep.

Ice Milk ½ gal. carton 99¢

Grade 'A' Eggs Kroger Small dozen 29¢

Potatoes U.S. No. 1 Genuine Idaho 10 lb. bag 89¢

Tomatoes 3 lbs. 59¢
Golden Yams 3 lbs. 99¢
Orange Juice 6 cans 89¢
Large Pumpkins 2 for 89¢
Candied Apples 6 for 79¢

Swiftning 3 lb. can 47¢

Brussels Sprouts 10 oz. bottle 39¢

Yubi Yogurt 4 8 oz. cups $1

Sherbet ½ gal. 2 for $1

Crisp Fresh Carrots 2 lbs. 25¢

Red Jonathan Apples 5 lbs. 79¢

Grapefruit 5 for 89¢
Navel Oranges 6 for 89¢
Apple Cider ½ gal. 99¢
Cucumbers 10¢
Green Peppers 10¢

Fudge Bars Fischer Fischer Ice Milk Bars, Twin Pops, 6's 2 pkgs. $1

Quik-Cut Ham US Government Graded Fischer's Fully Cooked lb. $1.97

Whole Fryers US Inspected Fresh lb. 29¢

Pork Steaks Lean & Meaty lb. 79¢

Fischer's Bologna All Meat 12 oz. pkg. 83¢

Mixed Fryer Parts 3 Drumsticks, 3 Thighs, 3 Breasts, 3 Wings Country Cut-Up lb. 33¢

Ground Beef US Inspected 100% All Beef lb. 65¢

Mellwood Bacon Fischer's Vac Pak Sliced 1 lb. pkg. $1.89

Sirloin Tip Roast U.S. Govt. Graded Choice lb. $1.09

Hosiery Sale on all regular hosiery JUBILEE BRAND Save to 50%

Ugly Duckling Panty Hose Reg. $1.50 pr. $1.00

Stockings Ugly Duckling Pr. $1.00

Opaques Smart Chick $1.50
Smart Chick Plus $1.50
Smart Chick 2 $1.00
Turtles 2 $1.00
$1.99

Budget Stockings 3 pr. $1

1125 Bonus Top Value Stamps with $25 purchase (excluding cigarettes, beer, wine, milk, bread, baby needs, prescriptions, gift certificates, Kroger products)