

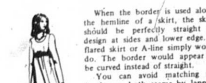
GET YOUR \$ WORTH

CUTTING YOUR MEDICAL BILLS... Medical costs are soaring into the stratosphere and there's no indication they won't continue to rise.

FASHION 'N' FABRICS

ON THE LINE WITH BORDERS... Border opens up a wonderful story in fashion. They lead a dash to long skirts, peasant dresses, tunics and pants.

If you don't have a family doctor, get one right away... Medical costs are soaring into the stratosphere and there's no indication they won't continue to rise.



You can avoid matching the border on both seams by leaving the pattern pieces on the main allowances of one side.

If you can lengthwise border prints in the crosswise direction on a skirt, you are working with the strongest yarn.

Don't be lulled into discussing fees with your family doctor... Tell him the truth about your finances and ask what he charges for various procedures.

Stripes are another simple design which constitute a big dollop of interest. They will be more stripes than you need this fall and winter.

Next week More tips on cutting medical coats... (c) 1972, McNaught Syndicate, Inc.

There are also two versions of stripes, balanced and unbalanced. A balanced stripe repeats its design from side to side.

Don't think I'll get it... I don't think I'll get it... I don't think I'll get it...

HEADLINE SERVICE... HEADLINE SERVICE... HEADLINE SERVICE...

TIPS-DIETARY... TIPS-DIETARY... TIPS-DIETARY...

"IN QUOTES" FILE... "IN QUOTES" FILE... "IN QUOTES" FILE...

WHY DO I FEEL WEAK?... WHY DO I FEEL WEAK?... WHY DO I FEEL WEAK...

Illustration of a person, part of the 'Why do I feel weak' advertisement.

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Nicholas conservation news Library Club holds first meet

By Willmer Hilsomb President Hilsomb has issued a proclamation designating the week beginning Oct. 8, 1972 as first prevention week.

The employees of the Soil Conservation Service and other departments of the USDA have the responsibility of reminding the rural and urban people to do a check on all possibilities for starting fires.

Five sites named national landmarks

"There's a little story being a Kentucky," Gov. Wendell Ford said yesterday when he announced the five sites named National Historic Landmarks.

The first business was the election of officers. Tommy Darrill, president, Candy Taylor, vice president, Karen Wilson, secretary, Sharon Yenor, treasurer, Diana Allison, song leader.

Topographical maps can be made rapidly by using them with boiled linseed oil. After this coating, rain or a good dunking will hurt them, says "The Fish Locker."

Miss Sandra Cleaver attends food conference

Sandra Cleaver, Carlisle Route 3, was a participant at the annual Kentucky Homeowner Food Conference held Oct. 5-7.

The three-day conference was attended by farmers, processors, school teachers, future homemakers, distributors, educators, clubs and Area Youth groups.

The conference was sponsored by the food industries of Kentucky, with Farm Bureau and state agencies cooperating.

Attend White House reception Oct. 10... Mr. and Mrs. John H. Wolf of Lake Country, attended a reception at the White House, Tuesday, Oct. 10.

Honor Society elects officers... The National Honor Society of the Nicholas County High School met at its first meeting Sept. 27.

Miss Adams weds Oct. 4... Mrs. Victor Langdale of Florence, announces the marriage of her daughter, Mrs. Adams, to Mr. Adams, Oct. 4, 1972.

Mrs. Mary Clark celebrates 88th birthday Oct. 1... Mrs. Mary Clark was given a birthday dinner Sunday, Oct. 1, at the home of her son, Mr. and Mrs. Elmer Davis.

Mrs. Adams weds Oct. 4... Mrs. Victor Langdale of Florence, announces the marriage of her daughter, Mrs. Adams, to Mr. Adams, Oct. 4, 1972.

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Personals

The charge for all wedding and engagement pictures is \$1.50... Mr. and Mrs. H.R. Sale of Morgantown spent on Thursday and Friday with Mrs. Sale's sister, Mrs. A.V. Allison and Mr. Allison.

Larry Wills, who was seriously injured Sept. 17 in a truck accident while on duty with the National Guard, has been moved from the Lexington Veterans Hospital, 1111 address in 10701 Ward, 2417 East Blvd., Cleveland, Ohio, to his home in Lexington.

Paul K. Darnell of Louisville visited the Rev. and Mrs. D.T. Vandenberg over the weekend. Mrs. Darnell attended the Kentucky Veterinary Medical Association Auxiliary luncheon, Sept. 30 and 10.

Miss Paula Jane Gray, daughter of Mr. and Mrs. Paul Gray, daughter of Mr. and Mrs. Paul Gray, daughter of Mr. and Mrs. Paul Gray, daughter of Mr. and Mrs. Paul Gray.

Mr. and Mrs. James Noll attended the Kentucky Veterinary Medical Association Auxiliary luncheon, Sept. 30 and 10.

Miss Paula Jane Gray, daughter of Mr. and Mrs. Paul Gray, daughter of Mr. and Mrs. Paul Gray, daughter of Mr. and Mrs. Paul Gray.

Mr. and Mrs. George Roberts returned from a business trip to San Francisco, Calif., Oct. 13-17.

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100% FREE... No minimum balance - no service charges whatsoever!... SPECIAL OFFER! 100 FREE personalized checks when you open a new account. THE FIRST NATIONAL BANK, Carlisle, Ky. and MOOREFIELD BRANCH

Kay's Kitchen... Just in case you don't know it, the persimmon season is here in spite of the fact we have had our first frost. It is a light frost before they were in. No, no, I checked with a friend of mine who has a persimmon tree in her yard and friends who like them have already had several cut. Some have fallen to the ground and there are several varieties of persimmons in this area which are a deep gold color and should be kept-flavored and sweet. If not they will really pack your mouth and lips, a sensation you will never forget. Take my word for it. I learned by bitter experience. In Florida the persimmon is non-astringent and may be eaten as soon as it is fully colored. A combination of persimmon with other fruits results in a delightful taste treat.