

MEDICINE CHEST

I have taken penicillin several times in my life. One time the directions were to take them before meals, the other times the directions did not specify why the difference.

Your doctor may have prescribed penicillin G when he mentioned "before meals." The other times he may have prescribed penicillin V. Most penicillin G is given just to your stomach when you have no food in it.

My doctor has put me on a low salt diet. Are there many drugs on the market today which contain salt? J.K.

WOMAN'S WORLD

By J. THOMAS PITMAN

Why not groom yourself to make more operating as a one-woman army? American beauty shops are becoming permanent, some no permanent. Success in this business takes taste, talent, a sales personality, physical stamina and business knowledge.

In an average beauty salon, you can reasonably expect to gross \$2,000-3,000 yearly - more if you're both an accomplished hairdresser and getting business in the U.S. It is also one of the highest future industries. Among reasons your beauty shops are especially vulnerable is because they are usually small and you are a limited and demanding clientele.

You must be licensed by the board of cosmetology in each state, after graduating from a cosmetology school. You can usually pay your school tuition on an installment basis. Start-up costs vary so much that sample investment figures are impractical without lengthy explanation.

Books that tell you how "Beauty Salons," \$1, order from Rand McNally, Dept. 3129, Box 37000, San Francisco, Cal. 94117; "Starting a Beauty Salon," free 1-page booklet, 4441 L St., N.W., Washington, D.C. 20046; "American Business Directory," \$2.50, McGraw-Hill, Dept. 3129, Box 37000, San Francisco, Cal. 94117; "Starting a Beauty Salon," \$1.75, order from Random House, Press, P. 21st St., New York, N.Y. 10010.

AGREE or NOT

By S. C. VanCuren

FRANKFORT - Melbourne Mills Jr., 41-year-old Versailles attorney resigned his \$17,725-a-year position with the Legislative Research Commission Sept. 1 to reorganize a private law practice, and wound up with personal assets totaling \$32,000 a year.

Mills has a contract with the Legislative Research Commission (LRC) for five studies ordered by the legislature to cover a one-year period for \$12,000. He has one for two months with the Department of Labor for a study over a 60-day period for \$5,000 and another with the Kentucky Crime Commission over a six-month period for \$10,000.

Mills has always wanted to establish a private law practice, but he wasn't until this year that he decided to give up a secure job to go on his own. He has put in a total of nine years with LRC at two different salaries. He is a business assistant director in charge of the legal division of LRC and it was his duty to oversee drafting of all the bills introduced in the legislature session. Some were privately drafted, but Mills had to examine them if he did not draft them in his department.

I Say What I Think

by S. C. VanCuren

with Mills when Youcum was in the House of Representatives and appreciated his knowledge of legislation and his private law practice, and wound up with personal assets totaling \$32,000 a year.

Mills probably knows more about the Kentucky Statutes than any one around," Carroll said, "because he has been drafting bills and was director of revision between sessions."

Carroll said the LRC does not plan to replace Mills since LRC has moved Norman Lawson, Mills' assistant at LRC, into doing much of the work done by Mills. Carroll also said "we hope we can get Mills to help us out during the 1974 session."



Another note on personal services contracts—Wayne Freeman of Mayfield, who was defeated in 1971 for his bid to reorganize the state Railroad Commission, has received a \$5,000 annual salary as a consultant. The Commission receives \$5,000 a year, and paid Freeman to get beat.



DREAM SWEET DREAMS ON A SPRING AIR BACK SUPPORTER MATTRESS

Garrett's

My Neighbors



"The owners have priced it for a quick sale."

FARM & HOME

County extension agents

By SARA SWANSON, Mrs. MARGIE WILSON

Each year we always have a little insecticide left over from the previous growing season. Most commonly used insecticide formulations are wettable powders and liquid concentrates.

PROMOTING HIGHWAYS—Kenny Davis, Kentucky's only representative in the 1972 Olympics, and Tom Parker, former UK basketball star, participated in a demonstration drive and rally on Friday, Sept. 29, to call attention to the Commonwealth's highway program and highway safety during Kentucky Highway Week.

COMMISSIONER BUTLER LOOKS AT Agriculture

Wish I'd Said That

Give Your Vote To Ronald McDonald For Nicholas County School Board District 1

Presenting EIGHT GREAT DAYS — OCT. 15-22 SERVICES BEGINNING AT 7:30 p.m.

Carlisle Methodist Church Charles L. Cooper, Pastor



Ky.'s Olympics athlete

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Teen 4-H club meets

The "Guess Whats" Teen 4-H Club met at the home of Mrs. and Mr. Bobby Cartwright, Sept. 28. The meeting was called to order by Eddie Ellington, president.

In Service

Army Specialist Four John R. Dunn Jr., 23, son of Mr. and Mrs. John R. Dunn, 115 Turman Avenue, Carlisle, recently was named Soldier of the Quarter by the Sixth Field Artillery Brigade in Germany.

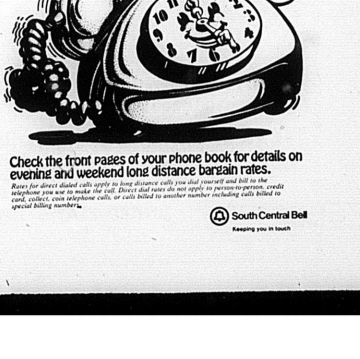
BALLARD TRUCKING COMPANY

Wishes to thank everyone who participated in the junk car clean up in Nicholas county. Especially do they wish to thank the Nicholas County Clerk's office.

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Bargain rates begin. You'll save on calls you dial direct, when you call long distance that!



MAGICWORD by JULIE QUART. HOW TO PLAY: Read the list of words. Look at the puzzle. You'll find these words...

Puzzle grid with letters for words. Includes a small puzzle titled 'Who is it?' and 'Who is it?'.

Garrett's DREAM SWEET DREAMS ON A SPRING AIR BACK SUPPORTER MATTRESS

LOUIE NUNN!!! WHAT LEADING REPUBLICANS REALLY SAY ABOUT HIM! Senator JOHN SHERMAN COOPER: "Whatever the immediate advantage might be, such a practice is contrary to our free system of government for all its citizens and damages the good name and honor of the Republic..."

Time For A Change NO Not Politics But The Weather Time To Change The Oil Time To Change The Filter Time To Change The Anti-Freeze

Give Your Vote To Ronald McDonald For Nicholas County School Board District 1 includes Barterville and Headquarters He is the Father of a second grade

Carlisle Methodist Church Presenting EIGHT GREAT DAYS — OCT. 15-22 SERVICES BEGINNING AT 7:30 p.m. Joseph Doubek