What to do in October

October is the month in Kentucky when that mythical character, Jack Frost, brings summer to an end. For gardeners this is both good news and bad. The good news: hay fever season is over and crab grass has lost its power to engulf lawns and gardens. The bad news: all tender annuals and perhaps some of the Chrysanthemums have succumbed to the power of cold.

But whether good or bad news, frost is a signal for gardeners to begin clean-up work, says Darrell Apps, horticulturist with the University of Kentucky College of Agriculture's Cooperative Extension Service. In the vegetable garden, pull out and compost all vegetables that are through for the season. In a perennial border, cut back all the old flower stems and pick up and destroy debris from plant materials that may harbor diseases and insects for another year.

Keep mowing the lawn right up into November, Apps recommends. If grass is left tall enough to "lop over," it will provide a good place for diseases and potential dead spots next spring. If there are trees on or around the lawn, the autum leaves should be raked and removed at least every week. Grass grows rapidly in fall weather, but not if the sun is kept out by leaf mulch. In most seasons, grass will continue to grow through November, making weekly leaf-raking a necessity.

Deciduous trees and shrubs can be planted in October. Transplant them when the leaves start falling. Also, all autumn-planted trees should be staked to prevent the wind from rocking and damaging the root system in winter. Newly planted or transplanted trees and shrubs will benefit from 1 two to three inch layer of coarse mulch. For further information on this subject, contact your county Extension agent, Estil Noffsinger.

October is also bulb planting time, Apps notes. Tulip planting should be delayed until late October; otherwise, they may start growth and may be damaged by winter. The gardener may consider some of the minor bulbs like Scilla Siberica, Grape Hyacinth, Crocus, and Dutch Iris. Scilla and Grape Hyacinth do will in clay soils and do not seem to be eaten off in the spring by rabbits as is often the case with Crousues. Gardeners who force bulbs for winter blooms should plant them now and place them in cool window wells or cold frames to induce the eight to 10 week cold storage period required.

The last half of October is a good time to winterize plants. Tender Chrysanthemums should be placed in cold frames. Cut back roses to 30 inches and tie them at the top to help reduce wind injury during the cold days ahead. Young maples, dogwoods, redbuds, and several other species of shade and ornamental trees should have their trunks covered with commercial tree wrap to prevent frost cracks and winter windburn. All plants need to be thoroughly watered if October turns out to be a dry month.

Indoor gardeners should assess their needs for potting soils and bring in enough from the garden to last through the winter. Gladiolus can be dug any time but wait 10 days after the first killing frost before digging Dahlias. Then, if you still have plans for a dried arrangement to carry out the autumn motif, get the plant material before the aumumn rains damage them, Apps concludes.

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Career Day today at MSU

A day devoted to career opportunities in the sciences is scheduled Oct. 11 at Morehead State University.

"Sciences in the '70's," a day-long program for selected high school students and science teachers, is a special event of MSU's Golden Anniversary Celebration.

The day begins with registration at 9 a. m. in Lappin Hall. Exhibits, demonstrations and tours are scheduled until 11 a.m.

THE HOME GAME

by MARY FUREY CRYMES

JELLY SQUIRT — Wash a plastic bottle with a pointed, screw-on top and fill with jelly or jam. Snip the point to allow free flowing and let small fry decorate their toast and biscuits. Less messy than open jars.

PET KIT — If you haven't done it, assemble a first-aid kit for the family pet and keep with your emergency kit for human accidents. Include any medicines prescribed by the vet: tape, bandages, antibiotic spray and thermometer. You'll appreciate the forethought when Fido has an emergency.

KEY KEEPING — An artist's eraser, the hard kind that doesn't leave crumbs, is great for cleaning grimy piano keys. Rub gently and wipe with a damp paper towel. Polish the ivory with a soft cloth or chamois.

LACE LOVELY — Make an attractive, floating table centerpiece with a plastic doily in a low bowl of water. Poke short-stemmed flowers and greens through the holes in the doily.

SNOW PEACHES — Use fresh peaches for a quick and luscious dessert. Peel and halve a peach for each person and remember, you can remove peel easily if you dunk first in boiling water and then in cold. Spoon currant or strawberry jelly in the halves and top with a meringue, made by whipping two egg whites until stiff and adding a tablespoon of sugar. Cover peaches and run under broiler until meringue is brown.

CUKEY CREAM — You can astound your friends by producing your own skin cream in the kitchen. Start with a pound of peeled, cubed cucumbers and a pound of cantaloupe, peeled and mashed to a pulp. Put them in a double boiler with a pound of white lard and a cup of milk. Simmer for 10 hours or so without boiling and strain through cheesecloth into a bowl. Let the cream congeal and divide it into small jars.

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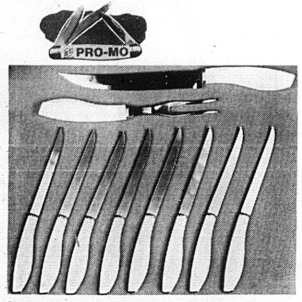

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NCHS freshmen team defeats Maysville 22-6

The Nicholas County Freshman football team picked up a big victory at the expense of the Maysville Freshmen on Monday, Oct. 2 at the Nicholas county field. The local gridders started six Seventh and Eighth graders on both the offensive and defensive units.

Clifford Thompson intercepted two passes with one going for 75 yards and a touchdown in the first period.

Gerald Thompson picked up the extra point behind good blocking.

Mayasville closed the gap in the second stanza when they recovered a Bluejacket fumble on the 15 yard line and scored five plays later.

Gerald Thompson ran five yards to widen the gap in the third period but the extra point attempt failed.

In the final quarter Anthony Williams ran 15 and Cliff Thompson added two extra points for a final score of 22-6.

The Nicholas County team had a 40 yard touchdown pass from Bill Clark to Damon Booth nullified by a penalty. Larry Young stood out defensively as did Jerry Snapp who caught the Bulldog quarterback for repeated losses. Harold Massey intercepted a pass and Jeff Roae stood out offensively along with Joe McCarty.

Students for Nunn

Former Governor Louie B. Nunn discusses plans for the college campaign with several of his student leaders. From left, Bill Sanders of Maysville; Myra Van Hoose of Lexington; Mike Duncan of University of Kentucky Law School and State Chairman of Young Kentucktians for Nixon-Nunn; former governor Nunn; Ann Gordon of Lexington; Leona Power of Transylvania College, and Masten Childers of Pikeville. Nunn is the Republican candidate for the United States Senate.

IRS promotes volunteer income tax assistance for low-income families

Lower income taxpayers may be able to receive free assistance with their returns during the coming filing season if the Internal Revenue Service enlists enough civic-minded volunteers for a unique public service program, according to Robert J. Dath, District Director for Kentucky.

The program, officially known as VITA (Volunteer Income Tax Assistance), provides an excellent opportunity for concerned individuals and groups to assist taxpayers who have fairly simple filing requirements. These taxpayers who are generally the poor, the elderly, the illiterate or persons with language problems, often have to pay for professional assistance, although they can least afford it, Dath said.

The key to the VITA program is the training of volunteer assistors who help taxpayers in their own neighborhoods to prepare returns fully and accurately, without charge.

Mr. Dath stated that assistors are invited from many areas, such as colleges and universities, community action and welfare groups, religious and governmental organizations, fraternal societies, retired citizens associations, etc.

The IRS provides free training materials for this program, enabling the volunteers to train themselves before they go out to help others. The IRS may offer training sessions for prospective assistors when requested by organizations and the number of volunteers is sufficient to make up a reasonable size class.

A committment to VITA means donating as many hours per week as the assistor wishes. Details of the VITA program can be obtained by writing the Chief, Training Branch, P. O. Box 1735, Louisville, Ky. 40201 or calling (502) 582-5377.

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