# Saltwell

By Mrs. Fred Hollar

Johnny Doyle of Harrison county and Jeffery Doyle spent the weekend with Mr. and Mrs. Bobby Brady.

Mr. and Mrs. Ronnie Gaunce and baby spent Friday with Mr. and Mrs. Freddie Gaunce.

Mr. and Mrs. Herman Gabbard and son Billy of Franklin, Ohio; Mr. and Mrs. John R. Boone visited Mr. and Mrs. Martin Feeback on Sunday.

Mr. and Mrs. Shellie Gaunce of Versailles were Saturday supper guests of Rev. and Mrs. Thomas Gaunce.

Mrs. Jerry Galbreich and Denise Stone of Carlisle and Mrs. Diane Hamilton and daughter Shellie of Lexington visited Mr. and Mrs. Gary Hollar and children on Sunday evening.

Rev. and Mrs. Tommy Fryman, Mr. and Mrs. E.V. Delaney and Mrs. Jesse T. Earlywine attended open house on Sunday afternoon at the home of Rev. and Mrs. W.R. Pope of Maysville; Rev. Pope is the new D.S. for the Maysville District.

George Ritchie visited Mrs. Martha Earlywine and Garland and Rev. and Mrs. Thomas Gaunce on Sunday afternoon.

Freddie Hollar of Carlisle spent the weekend with Mr. and Mrs. Layne Hollar.

Mr. and Mrs. Arnold Mattox of Lexington visited Mr. and Mrs. Chester Mattox and family on Sunday evening and were Sunday supper guests of Mr. and Mrs. Fred Hollar.

Mr. and Mrs. Manuel Crawford and Vicki and Donald Stone visited during the week Mr. and Mrs. Glenn Kimberling and son Steve, who is still in Floyd Hospital in Rome, Ga., recovering from injuries received in a car accident several weeks ago.

Mrs. Fred Sowell and Mike, Jim Wilson and Tracey Hollar and Freddie Hollar spent Sunday with Mr. and Mrs. Fred Hollar.

Mr. and Mrs. Bob Kenney and son of Covington spent Saturday with Mrs. Gladys Kenney.

Rev. Tommy Fryman and Billy Webber of Cynthiana spent several weeks on a fishing trip to Florida recently. They returned home Friday.

Mr. and Mrs. Stanley W. Caswell of Paris spent Sunday with Mr. and Mrs. H.A. Gaunce and family.

Rev. and Mrs. Tommy Fryman were Sunday supper guests of Mr. and Mrs. E.V. Delaney.

Mr. and Mrs. Jesse T. Earlywine, Clark Earlywine and Mrs. Edena Toadvine spent the past Sunday at Sky Bridge.

Pfc. and Mrs. Kenneth McDonald of Ft. Knox spent the weekend with Mr. and Mrs. Homer Withrow and Vicki and Mrs. Phyllis McDonald.

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Values from 15¢ to 50¢ at

1/2 PRICE

Boxes of Everyday Variety

Everyday Greeting Cards for Birthdays, Anniversary, Sympathy

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CARLISLE, KY.

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Nicholas County
TOBACCO FESTIVAL
November 14, 1972
at the Carlisle Armory

$350 in Premiums

Door Prizes--Refreshments--Entertainment

Exhibits entered -- 8 A.M. to 1 P.M.
Exhibits open to Public -- 4 P.M.
Youth judging Contest 2:00 P.M.
Night Program -- 7:30 to 9 P.M.
Ira Massie -- Speaker

Premiums Provided By The Following Warehouses

| CYNTHIANA, KENTUCKY | LOCAL REPRESENTATIVE |
|---|---|
| Pepper-Peak-Florence & Fryman Warehouses | E.V.Delaney |
| LeBus Tobacco Company, Inc. | Bobby White |
| Wiglesworth Warehouses Co., Inc. | George Gaffin, Chester Ockerman |
| LEXINGTON, KENTUCKY | |
| Virginia Avenue Tobacco Warehouse | Mike Berry |
| Farmers Tobacco Warehouses | Charles Ring |
| 4th Street Tobacco Warehouse | Edgar Allen Darrell, Lovell Hollar |
| MT. STERLING, KENTUCKY | |
| Clay Tobacco Warehouse Co. | Denny Haney |
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Crisco Pure Vegt. Shortening 3-lb. can 68¢

Assorted Colors Charmin Bathroom Tissue 4-roll pak 33¢

TableTreat Hamburger or Hot Dog Buns 8's cluster 29¢

IGA Cinnamon Rolls 33¢

DAIRY VALUES!
Soft Bowl Margarine 1-lb. can 39¢
Buttermilk Biscuits 8-count 9¢
Sour Cream 8-oz. 33¢

Aerosol Window Cleaner 15-oz. 49¢
IGA Furniture Polish 14-oz. 49¢
Non-Fat Dry Milk 16-oz. 69¢
CoffeeMate 11-oz. 59¢
Crisco Oil 48-oz. 89¢

All Varieties Brach Chocolates 1-lb. pkg. 69¢
Del Monte Fruit Cocktail 17-oz. can 29¢

Del Monte Tomato Juice 46-oz. 33¢
Early Garden Peas 17-oz. 25¢
Cut Green Beans 16-oz. 25¢
Fruit Drinks 46-oz. can 39¢
New Freedom Kolas 12-pk. 39¢

Place your order for your Holiday TURKEY

Minimum purchase may be required.

TableRite U.S.D.A. Grade 'A' WHOLE FRYERS lb. 28¢

FRYER PARTS
Breast . . . 69¢
Legs . . . . 59¢
Thighs . . . 59¢

TableRite Wieners 12-oz. pkg. 73¢
TableRite Bacon 1-lb. pkg. 87¢
TableRite Rib Steaks lb. $1.19
Boneless Rump Roast lb. $1.79
TableRite Cut-Up Fryers lb. 33¢
Sorbin Tip Roast lb. $1.29
Meats Armour Vacuum Packed 12-oz. pkg. 89¢
Pure Pork Sausage 1-lb. roll 59¢

TableRite Round Steak lb. $1.09
TableRite Ground Beef 5 lb. pkg. or more lb. 69¢
TableRite Ground Beef lesser quantities lb. 79¢

SALE PRICED TableRite Cheese Loaf 2-lb. ctn. 59¢

Golden Glow Bananas lb. 12¢

Ripe Tomatoes 35¢
Fresh Green Spinach 10-oz. carton 39¢
Fresh Green Kale 10-oz. carton 39¢

Dole Juice Pak Pineapple sliced, chunk or crushed 20-oz. can 3 for $1

Popular Flavors Duncan Hines Cake Mixes 19-oz. pkg. 34¢

Vanity Fair Regal Print Facial Tissue ASST. PRINTS 124-count pak 19¢

Domino 5-lb. Sugar FREE! with purchase of 4 Sylvania light bulbs at reg. price - (100, 75 and 60 watts)

Del Monte cream style or whole kernel Golden Corn 17-oz. can 17¢

NON-FOODS VALUES!
Pampers Toddlers 17-ct. $1.19
Pampers Daytime 30-ct. $1.49
Pampers New Born 30-ct. $1.29

FROZEN VALUES!
Frozen French Toast 8-oz. pkg. 55¢
Fried Fish Sticks 8-oz. pkg. 38¢
IGA Breaded Shrimp 10-oz. pkg. $1.00
Frozen French Fries 9-lb. bag 79¢
IGA Sliced Strawberries 10-oz. pkg. 47¢
Birdseye Cool Whip 9-oz. 35¢

Del Monte Tomato Catsup 14-oz. 25¢
Del Monte Prune Juice 32-oz. 49¢
Tomato Catsup 14-oz. 25¢
Buffet Cut Food 8-oz. can 15¢
Karo Syrup 32-oz. bot. 63¢

Al Peanut Butter 18-oz. 69¢

IGA Crisp'N Good Saltines 1-lb. box 25¢

Great American Soups veg. beef, beef noodle, chili beef, veg. with ground beef, clam chowder 16-oz. can 4 for $1

R C Colas 8-16 oz. 79¢ with bottles

Open til 8 P.M. Monday thru Friday

As you look over this ad, here's something for you to think about . . .

Super markets Shop for the best price, too

As you read over our food ad, you've already begun to shop for the best values to buy for yourself and your family. If we can offer you a better value than anyone else, then maybe we'll earn the right to serve you.

This is why a super market tries to give you the best value possible. And to bring those values to you. The super market goes shopping, too. Our shopping list is much longer than yours, of course, and we look for values all over this country and the world.

In the average super market today, there are about 8,000 separate items on the shelves. And many thousands more are introduced every year. You can see that the competition is enormous. And to show you just how strong competition really is, here's an interesting statistic: of those 8,000 super market items, about two-thirds are brand new or improved over ten years ago.

So while you're bargain hunting among all the many values on this page or in our store, remember that in bringing you these values, the super market must bargain hard, too, among all the growers, manufacturers, and supplier of the products you buy.

The super market bargains for you, bringing you the best there is for the lowest price possible. Super markets shop for the best price, too.




## GET YOUR $ WORTH
BY SALLY AND JIM ADAMS

S-T-R-E-T-C-H YOUR MILK DOLLAR

With no letup in sight in the steadily rising cost of food, give a thought to trimming your milk bill -- anywhere from a modest 15 per cent to a whopping 60 per cent. Here's how.

* If you're having milk delivered to your door, the convenience is costing you plenty. According to the Bureau of Labor Statistics, the extra cost of home delivery averages, nationwide, about six cents a quart. If you're buying three quarts a day, that's an extra $65 a year over what it would cost you at the supermarket.

* If you insist on home delivery, compare prices among competing companies. Even a one-cent difference adds up to $11 a year for a three-quarts-a-day family.

* Buying milk by the half-gallon can save as much as five or six cents a quart -- again, for the three-quarts-a-day family a bonus of $55-65 a year.

* Your biggest penny saving, however, can come by switching from regular fluid milk to instant nonfat dry milk. This is the powder that comes in packages and dissolves in water. Nonfat dry milk is obtained by removing the fat and water from fluid milk, and the reduced costs of shipping and handling are passed on to you. At three quarts a day you'll save a hefty $150 a year or more.

Many people don't like the taste of nonfat dry milk -- at least at first -- and so some families use it only for cooking. Others have licked the taste problem by mixing the dry with regular milk, gradually increasing the amount of dry milk until they get used to it. Other families find the answer in making the powdered milk somewhat richer than the label calls for -- say, mixing 15 quarts from a package instead of 20.

The U.S. Department of Agriculture says that nonfat dry milk contains all the nutritive elements of fluid milk except vitamins A and D. The department advises you to look for the USDA "Extra Grade" shield on the package, which assures you of a "sweet and pleasing" flavor and the guarantees that the product has been government inspected for quality.

Good news for weight watchers is that nonfat dry milk is not only low in cost but low in calories -- half that of fresh fluid milk.

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## FASHION 'N FABRICS
By FANNIE GLEESON

BE A CUTIE IN QUILTING

Quilted patchwork was the pioneer woman's way of being practical, ingenious and creative, all at the same time. With scraps from clothing that she sewed for the whole family, she made cozy quilts for the winter months. The patterns were often quite beautiful. The names, such as Flying Geese, Railroad, Old Maid's Puzzle, Twelve Crowns, were fascinating.

Today, quilted patchwork is an art revival. The quilting can be done with a sewing machine attachment. You can also stitch floral and scroll outlines on plain fabric, as patchwork, is only one phase for quilting. Quilting is part of the dimensional cult.

And, if you choose, you can buy lovely quilted fabric by the yard. It is available in weights light enough for comfortable garments or practical bedspreads. Many are coordinated with unquilted prints. Quilted versions are used for everything from ski suits to home decorating. The matching unquilteds are used for pants with a quilted jacket; curtains with a quilted comforter.

Select quilted fabric with close, even stitches that will not pull and break. The padding should be even, not lumpy. Polyester fiberfill is an excellent interlayer.

Butterick's semi-fitted jacket is a beautiful way to use quilted fabric. A stunning floral, plain or paisley quilting would give it a life all its own. It may be open in front, or closed with frogs, bows, or toggles. A mandarin collar is a variation from the round neckline.

When setting in sleeves of quilted fabric, or of any other fabric with a certain amount of bulk or firmness such as fake furs, imitation leather and ornament press fabric, you may want to eliminate some of the ease in the sleeve cap.

To do this, take four tucks scant one-sixteenth of an inch wide in the tissue pattern at the top of the sleeve cap. This will remove one-half inch. The sleeve cap must measure about one inch more than the armhole; and is usually shaped to provide one and a half inches of ease.

Clip the pattern on each side of the sleeve cap just above the regular notches. This will permit the pattern to lie flat. In addition, fold the pattern slightly across the widest part of the sleeve cap. This will remove the slight bubble that formed in the cap, when you took the tucks.

This procedure will take out the extra fullness, but does not reduce the length of the sleeve cap. The correct sleeve cap length is needed in order for the sleeve to fit over the arm and to hang properly.

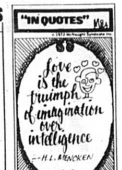
* * *

READER SERVICE: Sewing your own bedspread from purchased quilted fabric is a tremendous money-saver. Write for free information sheet, which gives complete cutting diagrams and sewing directions for making twin and double bedspreads. Send long, self-addressed, stamped envelope to Fannie Gleeson, Fashion 'N Fabrics, P.O. Box 5790, St. Louis, Mo. 63121.

ILLUSTRATION:
Butterick No. 6753, Misses' Semi-fitted Jacket.
((c) 1972, McNaught Syndicate, Inc.)

## TIPS for DIETERS
By ANDREW SPRAGUE

## "IN QUOTES"




## Remember the Turkey Game Friday Night!!

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Matching Dryer →→→ $139.00

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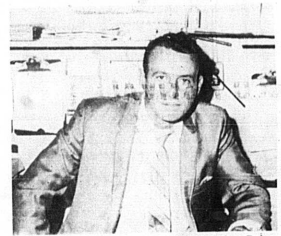
# What's Up at Standard Oil

W.B. (Billy) Parker, who has been associated with Standard Oil Company for 14 years, has announced his retirement effective Nov. 1, 1972.

On this occasion L.L. Reed Jr. of the Standard Oil Company stated, "we salute Billy for his years of friendly and dedicated service to the people of Carlisle, Nicholas county and portions of Bath, Robertson, Fleming and Bourbon counties.



Standard Oil Company announces that Bob Estep will take over the duties as Agent in these areas and entends an invitation and welcome to all customers. Mr. Estep has been Standard Oil's Agent in the Cynthiana area for a number of years and has the know-how to handle everyones petroleum needs.

Ecton Clinkenbeard

Paul Ray Ecton and Jack Clinkenbeard have served with Billy over the years and will continue to serve their customers as in the past.

Standard Oil Company

Phone 289-5350