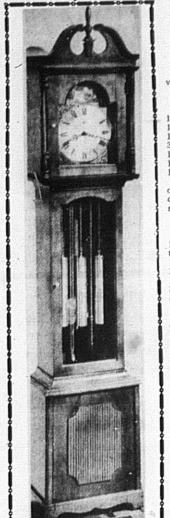


Kay's Kitchen

By Kay Fisher
Here is a variety of combinations using cheese which make excellent substitutes for meat during Lent. These recipes will add



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variety to your meals at any time.

CHEESE SALMON LOAF

1 can salmon flaked
1 cup grated American cheese
1 egg beaten
3/4 cup milk
1 tablespoon butter
1 tablespoon lemon juice
1 cup cracker crumbs
Mix lightly, shape into loaf pan or in shallow pan, put buttered crumbs on top. Bake 25 to 35 minutes in a 350 degree oven.

POTATO AND CHEESE SOUP

1 tablespoon chopped onions
tomato catsup or purée
1/2 cup milk
2/3 cup butter
1 2/3 cups grated cheese
3 pounds small potatoes
salt and pepper
Put the onions and butter in a pot with a little tomato catsup or purée. When this has browned, add the potatoes (diced), put in a little salt. When potatoes are tender, cover them with hot water, put in pepper. When potatoes are cooked, put in the milk, cheese, and more salt if needed. Serve with dash of Tabasco sauce.

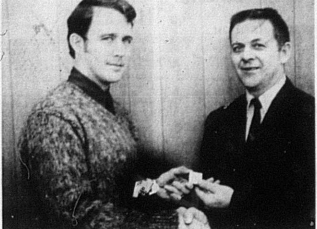
CHEESE PUDDING

8 slices of bread (remove crust and butter each slice. Cut in cubes)
1/2 pound sharp cheese (grated)
1/2 teaspoon dry mustard
dash of cayenne pepper
2 cups milk or a little more
1 teaspoon salt
3 eggs
Put bread and cheese in baking dish in alternate layers. Beat eggs and add them to milk. Pour this over bread and cheese mixture. Let stand 8 hours and bake in dish of hot water in moderate oven.

The following dessert was sent to me by Mrs. Aline Haines, Box 294 Fairview, NM 88025. This Hot Fudge Pudding is delicious and good to serve anytime.

HOT FUDGE PUDDING

Sift together into bowl:
1 cup sifted flour
2 teaspoons baking powder
1/4 teaspoon salt
3/4 cup sugar
2 tablespoons cocoa



Billy Wousley, left, was recognized at the annual 4-H Leader and Member Awards program, as one of the 1971 4-H alumni winners. Mrs. Douglas Gibson (not pictured) was selected to receive the woman alumni award. These leaders have

been former 4-H club members and have continued to contribute their time and talents for the betterment of the Nicholas County 4-H program. G.L. Cartwright, 4-H Council president, presented the alumni pins.

East Union Homemakers met
The East Union Homemakers met at the home of Mrs. J.W. Crump with 10 members and four visitors present. The meeting was called to order by Mrs. W.M. Dampier, president. The devotional was given by Mrs. Crump, reading at Kings 10:3-7 and followed by prayer.

Roll call was answered by giving the date of our birthday and birthstone. We sang "Happy Birthday" to three members who had birthdays in February. Minutes were read and the treasurer's report was given.

Continued on Page 8



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PARONIZE MERCURY ADVERTISERS



Mr. and Mrs. Ishmael celebrate 25th Anniversary

Mr. and Mrs. Kenneth Ishmael celebrated their silver wedding anniversary Tuesday, Feb. 22, with a surprise supper given at their home by their two daughters, Mrs. Bobby Harriott and Miss Patricia Ishmael.

Those who attended were Mr. and Mrs. Douglas Gibson, Mr. and Mrs. Bobby Terry and Eddie Terry, Mr. and Mrs. H. Paul Vico, Carlisle, and Mr. and Mrs. Tommy Calvert and son of Manchester, Ohio, spent one Sunday recently with Mrs. Vico's daughter and husband, Major and Mrs. W.R. Hull and children in Dayton, Ohio.

Mr. and Mrs. Paul H. Ockerman, of Annapolis, Md., announce the engagement of their daughter, Louanna, to Herr Heinz Jürgen Heubchen, son of Herr and Frau Werner Heubchen, of Grou-



Miss Louanna Ockerman

Umatoh, West Germany.

Miss Ockerman will be a June graduate in classical studies of the College of William and Mary, Williamsburg, Va. She is a member of Gamma Phi Beta, social sorority; Alpha Lambda Delta, freshman honor society; Phi Eta Sigma, classics honorary; and is a participant in Circle K service activities. Miss Ockerman is a member of Alpha of Virginia chapter of Phi Beta Kappa, academic honorary society.

Herr Heubchen will also be a June graduate in English from Giessem University, in Giessem, West Germany. He served three years as an officer in the West German army. Upon graduation, he will be employed as a teacher in Rüdthel-Bleber, West Germany.

The couple met while attending Exeter University, in Exeter, England, during the school term of 1970-71.

Miss Ockerman is the granddaughter of Mrs. W.N. Young Sr., of Carlisle, and Mr. and Mrs. J.T. Ockerman of Nelson.

They have one daughter, Mrs. James Bellamy, two granddaughters, and two great-grandsons.

PERSONALS

CALL 283-2464 THE MERCURY OFFICE WITH YOUR SOCIETY NEWS.

Personals

Tony Barton, son of Mr. and Mrs. Craig Barton returned home Saturday after undergoing surgery March 3 at St. Joseph Hospital.

Mrs. Christine Sears, Paris, has returned from a stay in Ponce de Vedra Beach and St. Augustine, Fla. She was the guest of Mr. and Mrs. G.C. Castillo.

Mr. and Mrs. Albert Mitchell of Millersburg were recent visitors to Silver Springs, Fla.

Mrs. Oliver Crump of Millersburg was a visitor Saturday of her aunt, Mrs. Grace Spears.

Mr. and Mrs. H. Paul Vico, Carlisle, and Mr. and Mrs. Tommy Calvert and son of Manchester, Ohio, spent one Sunday recently with Mrs. Vico's daughter and husband, Major and Mrs. W.R. Hull and children in Dayton, Ohio.

Suprise Birthday dinner given

Mrs. Georgia Zornes honored her mother, Mrs. Willie Tucker, Sunday, March 12 with a surprise birthday dinner at Mrs. Zornes home at Pleasant Valley. Mrs. Tucker received many nice gifts.

Some guests present to wish Mrs. Tucker a happy birthday were Willie Tucker, Mr. and Mrs. E.L. Moore, Mrs. Ewing, Mrs. Tucker and Mrs. Garry Gray, Bobby and Ricky Cowan, Mr. and Mrs. Jewell Tucker, Mark and Josy Georgetown, Mr. and Mrs. Earl Munday and Pam, Mr. and Mrs. Eddie Wagoner and Latella all of Lexington, Mr. and Mrs. Leonard Hunt, Carlisle, Mr. and Mrs. Eddie Zornes, Robby Zornes and Keith Wilcoxson all of Pleasant Valley.

50th Wedding Anniversary observed

Mr. and Mrs. Thompson Anderson of the county celebrated their 50th wedding anniversary on Wednesday, March 8.

They were married at the Carlisle Christian Church parsonage on March 8, 1922 by the Rev. R.E. Elmore.

They have one daughter, Mrs. James Bellamy, two granddaughters, and two great-grandsons.

Miss George weds Saturday

Miss Deborah Gray, daughter of Mr. and Mrs. Howard Gray of Irving and Elgin Drive, son of Mrs. Omar Mitchell of Pleasant Valley, were married Saturday night, March 11, 1972, by Rev. Frank Simons.

Michael Gray, brother of the bride, and Mrs. Mitchell were their attendants.

They will reside in Ewing.

Marie Chapter O.E.S. to meet Monday

Marie Chapter 256 O.E.S. will meet Monday, Mar. 20 at 7:30 p.m. at the Masonic Temple for their regular meeting.

All members and visitors are welcome to attend. Opal Hollar, worthy matron.



Couple to celebrate Golden Anniversary

Mr. and Mrs. Jesse T. Early, 1922 at the home of Mrs. Early-Nicholas County, will celebrate their 50th wedding anniversary on

Henry-Hawkins wedding announced

The wedding of Miss Cystelina Jane Henry and Danny Hawkins took place Tuesday, March 7, 1972 at the home of Rev. Frank Simons.

The double ring ceremony was used.

Mrs. Hawkins is the daughter of Mr. and Mrs. Lewis Henry of Carlisle.

Mr. Hawkins is the son of Mr. and Mrs. James Hawkins of Nicholas County and is employed as a construction worker at the home of Mrs. Paul Day of Bartlettville.

Engagement Announced

Mrs. Betty Adams of Paris, announces the engagement of her daughter, Deborah Jane Lowe, to George Gardner Bolding, son of Mr. and Mrs. Fred Bolding of Paris.

Miss Lowe is a graduate of Paris High School, and employed by the Paris Police Department.

Miss Bolding graduated from Paris High School, and is employed by the Paris Police Department.

Miss Lowe is a niece of Mrs. Paul Day of Bartlettville.

No. wedding date has been set.



Miss Deborah Lowe

image
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SAVE 2/29¢
Footdown Bread loaf

SAVE 45¢
reg. 59¢
Kerns Donut Glaze 12 pak.

SAVE 10¢
Zesta Crackers 2 lb. please

SAVE 59¢
reg. 69¢
Kraft Mustard 6 oz. hr or plain

SAVE 1.19
Velveta Cheese 2 lb.

SAVE 5/51
no25120 Van Camp Pork & Beans

SAVE 3/\$1
Northern Tissues 4 roll pkg.

SAVE 5/51
Milo Margarine

SAVE 23¢
Florida Celery stalk

SAVE 49¢
No. 1 Maine Potatoes 20 lb. bag 99¢
Winesap Apples 3 lb. 49¢

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SAVE 49¢
No. 1 Maine Potatoes 20 lb. bag 99¢
Winesap Apples 3 lb. 49¢

Mr. Halcomb to address Club

The Carlisle Garden Club will meet Monday, March 20, at 2:00 p.m. at Rock Haven.

Miss Mary Lee Campbell will be hostess, assisted by Mrs. C.H. Ingels.

Miss Deborah Gray, daughter of Mr. and Mrs. Howard Gray of Irving and Elgin Drive, son of Mrs. Omar Mitchell of Pleasant Valley, were married Saturday night, March 11, 1972, by Rev. Frank Simons.

Michael Gray, brother of the bride, and Mrs. Mitchell were their attendants.

They will reside in Ewing.

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