

Apprentice Jano Fisher of Carlisle plans her fall class schedule during freshman orientation at Morehead State University. More than 1,000 incoming freshmen took the opportunity to register for classes and to become acquainted with college life. The fall semester at MSU opens Aug. 21.

FRESHMAN REGISTRATION

Farm and Home

Continued from page two

and others who must spend long hours in strong sunlight. According to climatologists, from mid-June through much of July, the Northern Hemisphere receives its highest dose of sunshine of the year. About 65 percent of the sun's daily radiation—including the sun-tanning ultraviolet rays—filters through the atmosphere to scorch the hides of eager sunbathers. This period of the year is therefore a time to exercise caution while basking at the beach or soaking on a hammock in the backyard. Otherwise, instead of a suntan, the bather or basker may get a painful sunburn.

The medical opinion is that one should wear a sunburn-preventive market will protect against sunburn by screening out ultraviolet radiation. The best thing, however, is not get it at all. And how can one procure a brown-tanned suntan without a sunburn? Follow the doctor's orders and don't try to get it too fast. Take your sunbathing in short, easy doses until the doctor's tanning effects have been reached. Cover the middle section of each wick-watering system for several weeks before you plan to leave, just to make sure you have a good suntan.

Putting each plant into a polyethylene bag will also help conserve soil moisture while you are away. Don't completely seal the bags—allow for some air movement. Keep the bagged plants in bright light, but never in direct sunlight.

Advertisement for Hopkins Drug Co. featuring 'Tan With Ease' tanning aids, Coppertone oils and lotions, and Swedish Tanning Secret. Includes an image of a woman in a swimsuit and a pair of sunglasses.

Advertisement for Hopkins Drug Co. featuring Keekler Cookies and SunGlasses. Includes an image of a pair of sunglasses.

Saltwell

Mrs. Jack Dasky of St. Petersburg, Fla., and Mrs. Gertrude Lambeth of Paris visited their niece, Mrs. Freddie Gausse and Mr. Gausse on Saturday. Gausse and Mrs. Gausse spent the past week with Mr. and Mrs. Dinko Grimes and children. Mrs. Roy J. Spong of Cincinnati spent Tuesday night with Mr. and Mrs. Roy L. Spong. Mrs. Thomas Gausse entered the Nicholas County Hospital at Washington for treatment as a result of a fall at her home here. About 50 stitches were taken to close the wound on her head. Her condition is good. Mrs. Nettie Kelley and Hanson Kennedy of Dayton, Ohio spent the weekend with Mrs. Jerry Kenney and family. Their community activities contribute to the family of Mrs. Hazel Shorrock who passed away Tuesday in a Frankfort nursing home. Funeral was Friday with burial in the Pope Cemetery.

Mrs. and Mrs. Freddie Gausse visited Mr. and Mrs. Wayne Ginn on Friday night. Mrs. Wladimir Ginn of Mt. Olivet entered Harrison Memorial Hospital on Monday for treatment and remains a patient there. Mr. and Mrs. Spear Collins Jr. and Shavie and Mrs. and Mrs. C.E. Cutsinger attended the Lavendergrass horse show on Saturday night and also visited Mr. and Mrs. Belmont Cutsinger. Timothy and Daniel Ginn spent several days the past week with Mr. and Mrs. Courtney Ginn of Moorfield, Ky. Mrs. and Mrs. Bob Kenney and son Greg of Covington spent Saturday with Mrs. Gladys Kenney. Donald Gausse and son Greg of Lexington visited Mr. and Mrs. Fred Keller, Mr. and Mrs. H.L. Gausse and family and Mrs. Reynolds Gausse on Tuesday. Mr. and Mrs. Stanley W. Caswell of this spot stayed with Mr. and Mrs. H.L. Gausse.

By Mrs. Fred Hollar

The Headquarters W.C.C.F. and Methodist Men will have their meeting at the church this Thursday night with supper at 7 p.m. Merion Spong Jr. will be the speaker for the men. Mr. Friday supper guests of Mr. and Mrs. Fred Hollar. A very large crowd attended the Friday and barbeque chicken supper at the Harrison H.C.C. grounds on Saturday night sponsored by the Methodist Men of Nicholas county. Rev. Harry Wayne Gausse left on Thursday for Cincinnati, Ohio to be examined for the U.S. Army. He returned home on Friday. The Headquarters W.C.C.F. and Methodist Men will have their meeting at the church this Thursday night with supper at 7 p.m. Merion Spong Jr. will be the speaker for the men. Mr. Friday supper guests of Mr. and Mrs. Fred Hollar. A very large crowd attended the Friday and barbeque chicken supper at the Harrison H.C.C. grounds on Saturday night sponsored by the Methodist Men of Nicholas county. Rev. Harry Wayne Gausse left on Thursday for Cincinnati, Ohio to be examined for the U.S. Army. He returned home on Friday.

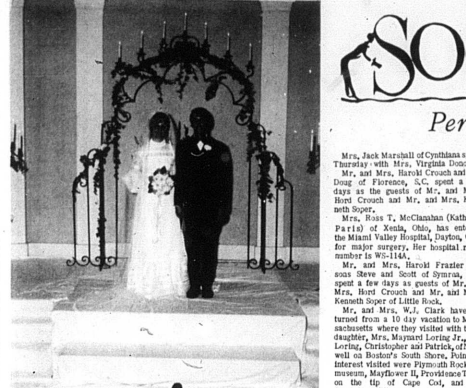
Hospital notes

Visiting hours are from 2:00 to 4:00 and 7:00 to 8:30. ADMITTED—Mabel Christie, Connie Warkling, Christine Mitchell, Joyce Dawson, Marie E. Elyking, Charles Purcell, Ruth Blount, Lydia Graves, Edith Sheen, Earl Finch Jr., Martha Taylor, Vernon Craig, Jerry Hughes, Alene Brown, Carlisle Orpha Brunson, Mrs. Oliver, Charles Hunt, Lewis, Ruth Adamson, German. VISITING HOURS—John Spencer, Nellie Hurst, Roger Downs, Maggie Jolly, William Campbell, Byron Fryman, Vernon Crate, Ruby Smart, Herman Shannon, Comby Stricker, Carlisle, Flossie Barnett, Praciella White, Bill Oliver, Brenda Harfield and baby girl, Wanda Cox, Fwing Little, Harriet Elizabeth, Royland Lawson, Milledar, Bertie Fie, Winchester.

MYERS

By Mrs. Rena Crawford

Mrs. Mable Shroat and Rosie Hughes were in Lexington, Saturday. Mrs. Rose Shroat of Covington visited Mable Shroat on Sunday last. Mrs. Clay Fryman and Delores Fryman, John Crawford were in Lexington one day last week shopping. Mr. and Mrs. Merv McCarty of Fairborn, Ohio, visited her parents, Mr. and Mrs. Otha Dean Crawford and daughter visited Mr. and Mrs. Rosie Keller for a few days in Bogansville, Ind. Mr. and Mrs. Merv McCarty of Fairborn, Ohio, visited her parents, Mr. and Mrs. Otha Dean Crawford and daughter visited Mr. and Mrs. Rosie Keller for a few days in Bogansville, Ind. Mr. and Mrs. Otha Dean Crawford and daughter visited Mr. and Mrs. Rosie Keller for a few days in Bogansville, Ind. Mr. and Mrs. Otha Dean Crawford and daughter visited Mr. and Mrs. Rosie Keller for a few days in Bogansville, Ind.



Mr. and Mrs. Allen S. Waugh. Miss Patsy Jayne Pepper weds Allen S. Waugh.

Legion Auxiliary elects 72-73 officers

The American Legion Auxiliary recently held its election and elected the following 1972-73 officers and committee: Roster Allison, president; Ernestine East, first vice president; Claudia Sapp, second vice president; Elizabeth Campbell, secretary; Blanche Shaw, chaplain; Annie Morris, sponsor; Mary Lawrence, historian; Elizabeth Hunt, public relations; Ernestine East, editor. Officers: Ernestine East, president; Claudia Sapp, first vice president; Elizabeth Campbell, second vice president; Blanche Shaw, secretary; Annie Morris, sponsor; Mary Lawrence, historian; Elizabeth Hunt, public relations; Ernestine East, editor. Officers: Ernestine East, president; Claudia Sapp, first vice president; Elizabeth Campbell, second vice president; Blanche Shaw, secretary; Annie Morris, sponsor; Mary Lawrence, historian; Elizabeth Hunt, public relations; Ernestine East, editor.

Stephens reunion August 6

The annual Stephens reunion will be held at the North Central H Camp on Aug. 6, at 1 p.m. Bartlett Smith will be in charge.

Kay's Kitchen

By Kay Fisher

Having recently been told that I suggest those who must constantly watch their diet, this week I have some recipes that are low in calories. I definitely can sympathize since I am a diet watcher. Summer is always hard because of all the increase in liquid in take and fruit juices and commercial soft drinks do contain more calories than we think.

A collection of recipes from Kay's Kitchen, including 'Chicken with Broccoli', 'Calorie-Counted Beef Steu', and 'Spaghetti with Tomato Sauce'. Each recipe includes ingredients and instructions.

Open house for Mr. Grover

Open house for C.C. Grover observing his 88th birthday, July 23, was held at his home by Mrs. Stacey Shaw and Mrs. Alice Chisholm. Mrs. Grover celebrated her birthday at her home on Tuesday, July 23. Her guests included Mrs. John Ben McCreary, Mrs. Martha Keeler, and Bobby Bell. Mrs. Grover is the daughter of the late Earl S. Prather of Cynthiana, formerly of Carlisle.

Miss Sharon Prather to wed in fall ceremony

Miss Sharon Prather of Cynthiana announces the engagement of her daughter, Sharon Ann, to William Murray Worthington, of Mr. and Mrs. James M. Worthington of Walton. Miss Prather is the daughter of the late Earl S. Prather of Cynthiana, formerly of Carlisle. Miss Prather is a graduate of Harrison County High School and is presently employed in Richmond, Kentucky University. She is presently employed in Richmond, Kentucky University. She is presently employed in Richmond, Kentucky University.

Lucerne at Spindletop

Mrs. Odette Wiggins, Lexington, entertained with a luncheon on Tuesday, July 25, at Spindletop Hall, Lexington. Present and former Carlisle residents included Mrs. Robert Coyle, Mrs. Rose Marshall, Mrs. Paul Snow, and Mrs. Ben Pumphrey Jr. Mrs. Bill Sims, Flemingburg, Mrs. Bob Hainsworth, Mrs. Wilbur Cook, Georgetown, Mrs. Bill Givens, Mrs. Bob Hainsworth, both of Stirling, Mrs. Sarah Elliot and Dr. Larkin, both of Lexington.

Births

Mr. and Mrs. Charles W. Wukals of Carlisle are the parents of a son, born July 17, 1972, at the Nicholas County Hospital. He weighed six pounds and one ounce, and has been named John Deane.

A free vinyl canopy roof

on top of a great close-out price.

Advertisement for Buntin's Garage featuring a 'Final Clearance!!! Plymouth Gold Duster'. Includes an image of a car and promotional text.

BUNTIN'S GARAGE • ELM & MARKET STS.