

# Kay's Kitchen

By Kay Fisher

Back in November when we were on vacation I was told it was a "flamingo holiday" because everywhere I went I was collecting flamingo cookies which were in Florida. Anyway since I delved into breakfast laid work, I got recipes for breakfast and here are some recipes using eggs for luncheon dishes.

**TOMATO POACHED EGGS**  
In a deep frying pan heat one can of tomato soup, diluted with about 1/2 to 3/4 can of milk; two tablespoons of margarine; salt

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## UK to hold tobacco day

The University of Kentucky College of Agriculture will hold a "Tobacco Day" next month on the UK campus. The event will be held Feb. 11 in the Agricultural Science Center Auditorium.

The program will feature speakers from the University and its sister tobacco producers and anyone interested in the tobacco industry. Although the program begins at 1 p.m., Maasie said those who are interested should come early at 10 a.m. to visit with the staff, tour the tobacco lab and see the displays arranged in the lobby.

The first speaker on the program will be Ernest B. Hillemeier, vice-president of the Park-Tobacco Company. He will talk about the 1971 burley tobacco crop and make some projections for 1972. Then William Halder, president of the Council for Burley Tobacco will talk about the organization to represent burley tobacco.

All others on the program will be from UK. Tobacco varieties and smoking will be discussed by Glenn R. Collins, associate professor of agronomy. John Sims, who is also an associate professor of agronomy, will talk about fertilization of burley tobacco. J.H. Simley, Extension tobacco specialist, will speak on tobacco diseases.

Following a break for refreshments, Richard Thurston, professor of entomology, will look at the future of tobacco insecticides. Sucker control, topping and harvesting will be the topic of W.D. Ackerson, research specialist in agronomy. George Duncan, Extension agricultural engineer, will present a break for refreshments.

The athletic committee, Laughlin is athletic director and coach is a student member of the athletic committee.

Dr. Playforth said, "We are currently screening all applications very carefully and will begin interviews within the next few days. We hope to be in position to name a new head coach as soon as possible."

Playforth said applications have been received from colleges and universities throughout the country, from high school coaches from among the current coaching staff, and from assistant coaches in the Ohio Valley Conference, the Southeastern Conference, the Southern Conference, Missouri Valley Conference, numerous independent colleges, and various other professional ranks.

Jake Hallum, who had been head coach for four seasons, resigned last week to join the coaching staff at the University of Maryland.

Do you have your high school diploma? If not, it is still possible to obtain your diploma. Register now for the adult education classes being held at the Nicholas County High School on Monday and Thursday nights at 6:00 o'clock.

There is no charge. Call 289-2264 to enroll.

**Fresh Dressed Baking Hens**

**Fischers Wieners 12 oz. pkg. 49¢**  
**Fischers Piggies Sausage lb. 69¢**  
**Fischers Mellwood Bacon lb. 79¢**  
**Fischers Vacuum Packed Bologna regular, thick, garlic lb. 69¢**  
**Swifts Canned Hams 3 lb. size \$2.98**

**Keebler Cookies German Chocolate 13 oz. Rich 'n Chips 14 oz. Pecan Sandies 14 oz. 49¢**

**Stokely Catsup 14 oz. bottle 4/\$1**

**Van Camp Pork and Beans no. 2 size 4/89¢**

**Nabisco Toastettes apple, strawberry, blueberry, cherry, cinnamon 3/\$1**

**Stokely Kraut Shredded 303 4/89¢**

**Morton Fruit Pies apple, cherry, peach 20 oz. 3/\$1**

**Heinz Ketchup 26 oz. 49¢**

**Joy Liquid King size 59¢**

**Winesap Apples 3 lb. bag 39¢**

**Carrots lb. 2/29¢**

**Golden Ripe Bananas lb. 10¢**

**Nusoft Fabric Softner 1/2 gallon \$1.29**

**Puffs Facial Tissue 200-2 ply 4/\$1**

**Purex Bleach 1/2 gallon 35¢**

**Post Toasties 12 oz. 27¢**

**Cokes with bottle 59¢**

**Delmonico Elbow Macaroni, Thin Spaghetti 7 oz. each 10¢**

**Dixie Queen 2% Lowfat Milk gallon 99¢**

**Bounty Towels jumbo roll 3/\$1**

**White Seedless Grapefruit each 10¢**

**Carrots lb. 2/29¢**

**Golden Ripe Bananas lb. 10¢**

**Shell Foodtown**



**Honored with party**  
Mrs. James Whorles of Carlisle was honored with a birthday dinner Sunday, Jan. 23. Those attending were: Mr. and Mrs. Robert Hughes, Mrs. Mrs. Robert Harden, Dayton, Ohio; Mr. and Mrs. Oliver Hughes and Delia; Mrs. Clayton Kincaid, Becky and Tom Kincaid, Myers; Mrs. Billy and Mrs. Elizabeth Ann, Elizabeth; Elizabeth Kokenfort; Mrs. James Berry and Eddie; Mrs. John Smith and Becky; Carlisle; James Whorles, Jimmie and Liz.

**Elementary menus**  
Monday, Jan. 31—Hamburger, lettuce wedge, pork and beans, pears, chocolate cookie.  
Tuesday, Feb. 1—Ham, buttered corn, pineapple and cottage cheese, cookies, rolls.  
Wednesday, Feb. 2—Chili, cheese, sandwich, orange, crackers, pickles, cookies.  
Thursday, Feb. 3—Fried chicken, mashed potatoes, buttered peas, green beans, peanut butter crackers, muffins.

**Marriage announced**  
The wedding of Miss Joyce Irene and Eddie Hill took place Saturday afternoon, Jan. 22, 1972 at the home of the Rev. Frank Simmons.

A double ring ceremony was used. Mrs. Hill is the daughter of Mr. and Mrs. Andrew Bretz of Nicholas County. She is a graduate of Nicholas County High School.

**Two local women to attend meet**  
The Kentucky Federation of Women's Clubs Mid-Winter Board meeting and conference will be held at the Executive Inn, Louisville, Jan. 25, 26 and 27. Mrs. Joseph C. Evans, president, Lexington, has announced the Conference theme to be, "Committed Open Conversations" and she will preside over the three day meeting.

**Home ec. student on dean's list**  
Nineteen University of Kentucky students from the College of Home Economics have been named to the dean's list for the 1971 fall semester.

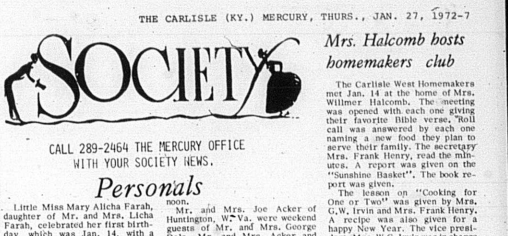
**Miss Atkinson reviews career with local ASCS**  
Miss Alma Atkinson, County Executive Director, Kentucky ASCS Office, retired on Jan. 7, 1972, after an outstanding career of 34 1/2 years with ASCS.

**Miss Earlywine on dean's list**  
Miss Linda L. Earlywine, Carlisle, had a 3.5 or better standing for the Fall Semester, 1971 and should be included on the Dean's list, according to a news release from the Maysville Community College.

**Presbyterian women to meet Tuesday**  
The Evening Circle of the Presbyterian Church will meet Tuesday, Feb. 1 at 7:30 p.m. at the home of Mrs. Morris Whiteley.

**Births**  
Mrs. and Mrs. John E. Hatton of Sharpshooter are the parents of a daughter, born at the Nicholas County Hospital on Jan. 21, 1972. She weighed seven pounds, six ounces and has been named Elizabeth Ellen.

**GRAND OPENING**  
**Saturday, Jan. 29**  
**J. & E. Restaurant**  
New owners Mr. and Mrs. J. B. Laytard  
**Everyone invited for Free Coffee and 10% discount on all Good Food Saturday**  
**J. and E. Drive-In**  
Phone 289-9147



**Persons**  
Little Miss Mary Althea Barsh, daughter of Mr. and Mrs. Licha Fardah, celebrated her first birthday, which was Jan. 14, with a family birthday party on Sunday, Jan. 16.

**Our teacher**  
Mrs. Adeline A. Shepherd, (Mrs. Walter Shepherd), is a graduate of K.P.O.C., Midway; received her A. B. and M.A. degree from Georgetown College. She teaches the second grade at Nicholas County Elementary.

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To be so honored by their dean, home economics students must attain a 3.5 academic standing or better, based on a 4.0 grading system.

Nicholas County student Elaine S. Broderick, daughter of Mr. and Mrs. Joseph F. Schandling, Carlisle, Route 3, is among those accepted only from basic life & D. persons who can furnish post office and box-number addresses outside of Jefferson County and these are delivered by town carrier service of this newspaper, and from those residents in towns in which newspaper does not maintain carrier service.

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## Mrs. Halcob hosts homemakers club

The Carlisle West Homemakers Club, Jan. 14 at the home of Mrs. Wilmer Halcob. The meeting was opened with each giving their favorite Bible verse. Roll call was answered by each one naming a new food they plan to serve their family. The secretary, Mrs. Frank Halcob, read the minutes. A report was given on the "Sunshine Basket". The book report was given.

The lesson on "Cooking for one or two" was given by Mrs. G.W. Irvin and Mrs. Frank Henry. A recipe was also given for a happy New Year. The vice president, Mrs. W.G. Irvin was in charge of the meeting.

The cream pie was served by Mrs. Halcob, and co-hostesses Mrs. Irvin and the home of Mrs. Halcob. The next meeting will be Feb. 11 at 7 p.m. at the home of Mrs. Lena Williams.

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