

Cranberries, an Indian gift

Without cranberries the traditional feast of Thanksgiving would be incomplete. For this reason, it would be pleasant indeed to see definitely that the Pilgrims ate this wonderful berry with their turkey and bear meat at the first Thanksgiving dinner over here in America. But unfortunately, there is no sure evidence that they did.

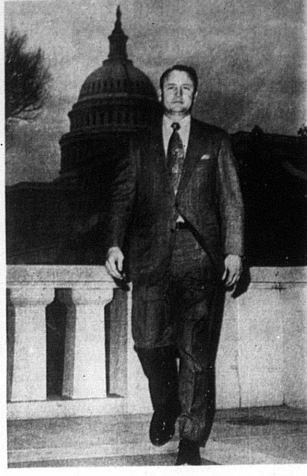
The record of their historic meal contained in a letter believed to have been written by Gov. Edward Winslow, reveals that in preparation for the event four hunters went out and, in one day, killed enough fowl to last the company a week.

Chief Massasoit and several members of his tribe joined the Pilgrims for three days and contributed three bears. Cranberries would have blended admirably with this menu, the Indians were familiar with them, and at that season of the year they should have been plentiful. They certainly were evidence does not go.

Whether or not cranberries were served at the first Thanksgiving, the Pilgrims found this delicious fruit growing in profusion in swampy areas around Plymouth Rock when they came to the New World.

At first, they found the brilliant red berries unfamiliar and bitter to their palates. Later they learned that the Indians valued the berries highly, both as a food (improbably called "Pemmican") and as a poultice for blood poisoning. The name for them was "Pim", a favorite berry," the Pilgrims, however, thought the berries were a favorite of cranes, called them cranberries, which eventually became cranberries.

The cranberry, *Vaccinium macrocarpon*, is native to eastern North America—from Nova Scotia to North Carolina and westward to Wisconsin. It grows on a stony, vineless vine, mainly in swampy areas that flood in winter and drain in summer. The coast of Massachusetts, particularly Cape Cod, was a rich center of native cranberries in colonial days; it still leads



L. Col. Ray Nutter, a native of the Sixth District, shown here recently for his capacity as the U.S. Army Liaison to Congress, where he hopes to return as Kentucky's Congressman for the Sixth Congressional District in the Dec. 4 special election.

In production today. For nearly 200 years after the Pilgrims first acquired a taste for cranberries, colonists were content to gather them from the wild. Then on his farm near Dennis, Mass., Henry Hall, a veteran of the Revolution, made an attempt

to cultivate them. His efforts were apparently successful because, in 1852, the local paper printed a story stating that Hall had yielded about 70 bushels of cranberries per acre.

Soon other farmers in Massachusetts were cultivating cranberries. A little later culture was started in New Jersey. Then it spread to Wisconsin, Michigan and Oregon. These five states produce most of the cranberries used today.

Despite the lack of documented proof that cranberries were eaten at the first Thanksgiving, tradition holds that they were and this same tradition, until recent years, held the industry back. People had a tendency to serve this fruit only during this wonderful holiday season.

Then growers and canners, producing far more berries than consumers could possibly eat at Thanksgiving, began publicity campaigns to persuade housewives that cranberries were a good thing to eat in November. They succeeded well because the cranberry industry is now a \$100-200-million business.

One undeniable fact about the cranberry is that it is a healthful, tasty, zesty fruit at any season and can be served up in any number of delightful forms. It is distinctly American and to serve it on the table is to have a part in the romance of America.

Kay's Kitchen

Time to think of Christmas cooking and that's what I am going to give you some recipes for good old English Plum Pudding. For those of you who will be fixing this for the first time, don't be discouraged. It just sounds more complicated than it really is. Since most plum puddings are steamed, I will give you instructions first.

- 1/2 tablespoon sugar
- 1/2 teaspoon salt
- 1 egg yolk
- 4 tablespoons sugar
- 4 tablespoons cream
- 1/2 cup brand or sherry
- 3 cups grated bread crumbs
- 2 egg whites, stiffly beaten
- 1/2 teaspoon salt
- 1/4 cup flour
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 1 cup milk
- 1 cup broken nut meats

Place pudding in well greased pudding mold or in any receptacle you can cover tightly with aluminum foil. One pound coffee can, well greased, makes a nice size pudding, and fill this nicely over open end. Fill mold or mold twice full. Place on a rack in a kettle of boiling water. Keep water boiling and do not jar kettle or let water diminish. Add boiling water in necessary so that more than one-half of mold is immersed all the time. This will insure a light, well-cooked pudding.

Plum Puddings should be served with Hard Sauce. We gave you that recipe several weeks ago but if you need it again, just call.

OLD ENGLISH PLUM PUDDING

- 3/4 cup sifted flour
- 1/2 teaspoon salt
- 1/4 teaspoon cinnamon
- 1/2 teaspoon sugar
- 1/3 teaspoon clove
- 1/2 pound dried currants
- 1/4 pound figs, chopped
- 2 ounces citron, chopped
- 2 ounces candied orange peel, chopped
- 1/2 cup fine bread crumbs
- 1/2 cup sugar
- 4 eggs, separated
- 1/2 pound fresh beef suet, ground
- 1/2 cup whiskey

Mix and sift flour, salt and spices; stir in fruits. Soak crumbs in milk for 10 minutes. Beat sugar into well-beaten egg yolks; add suet and soaked crumbs; stir into flour-fruit mixture. Add whiskey and mix well; fold in necessary suet egg whites. Turn into greased 1 1/2 quart mold, cover and steam 3 1/2 hours. Approximate yield: 12 servings.

PLUM PUDDING

- 1 pound suet, chopped
- 1 pound seeded raisins
- 1/2 pound currants, washed and dried
- 1/2 pound citron, chopped
- 1/2 pound figs, chopped
- 1/2 cup sugar
- 1/2 teaspoon cinnamon

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Thanksgiving

Thanksgiving is a season when we pause to thank how grateful we should be for our many blessings. All of us have been blessed by loved ones who have gone to their great reward.

May we assist you in choosing a memorial for the Thanksgiving season, a time of acknowledging our many blessings, a dedication and remembrance of our loved ones.

Blue Grass Monument
Mrs. William Conley Phone Collect-Millersburg 484-2016

Kay's Kitchen

By Kay Fisher

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- 1/2 teaspoon salt
- 1 egg yolk
- 4 tablespoons sugar
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Curlin family

Busy Bee Club meet

Friday, Nov. 19, the Nicholas County 5th grade girls were "buzzed" together.

At the meeting we passed out the booklets and elected candidates. The officers are: president, Pamela Hopkins; vice president, Paige Shumate; secretary-treasurer, Douglas Tedder; reporter, Belinda Thacker; song and game leaders are Janet Linnville and Bieta Dampier. This year there are about 40 fifth graders in 4-H.

Belinda Thacker, Reporter

Engagement announced

Rev. and Mrs. Clarence Frazer announce the coming marriage of their daughter Ruth Ellen to Garry Ray Clines of Route 1, Somerset.

The wedding will take place Dec. 3, 1971.

Celebrates birthday

Gretchen Lynn Judge, daughter of Mr. and Mrs. Charles Judge, celebrated her first birthday Sunday, Nov. 21 at her home on Cliff Drive. Ice cream and cake were served to Donna Gal, Robert and Jennifer Hughes, Lisa Moss and Chris Haney.

Attending the birthday supper besides her parents were Mrs. James Judge and Mike Judge, Carlisle, and Mrs. Lonnie Giffin and Jane Giffin, Cynthiana.

Commissioned

Carl Lehman, Route 4, was commissioned a Kentucky Colonel, Nov. 1, by Gov. Louie B. Nunn.

Elementary menu

For week of Nov. 29 thru Dec. 5.

Monday—Hamburger on bun, baked beans, slaw, peach half, chocolate cake.

Tuesday—Beef stew, fruit salad, celery strips, applesauce, rolls.

Wednesday—Ham, green beans, macaroni and cheese, jello, rolls and jelly.

Thursday—Lunch meat and cheese sandwich, pinto beans, corn, fruit.

Friday—Chili, muffin, crackers, orange, pickles.

Miss Soper joins Zeta Tau Alpha

Mrs. Barbara Ann Soper, daughter of Mr. and Mrs. John E. Soper Jr., of Carlisle Route 4, was initiated into Zeta Tau Alpha society at the University of Kentucky, Lexington.

Lillian Sperry, graduated from Nicholas County High School in 1969. She is presently a Junior at the University, majoring in Special Education.

Miss Brunker in MSU play

Vicky Brunker, Cynthiana freshman at Morehead State University, has been cast in "The Boyfriend," an MSU Theater production, in the role of "MSU" a summer theater program.

The musical comedy is being presented Dec. 2, 3, 4, 6, 7, 8 and 11 at 8:15 p.m. in the Little Theater.

Dr. William J. Layne is the director and choreographer, and Lance Blockman is the technical director. Debbie Zachary, "Loutie" freshman, is student director.

Miss Brunker is the daughter of Mr. and Mrs. Erwin J. Brunker, Cynthiana, Route 4. She participated last summer in MSU's summer theater program.

Deserters with dessert bridge

Mrs. Herb Owen was hostess for a desert-bridge at her home on Thursday evening, Nov. 18.

Guests included Mrs. Henry Peeters, Mrs. Robert Sparks, Mrs. Jack Becker, Mrs. Bobby McFarland, Mrs. Billy Clark, Mrs. Billy Keen Anderson and Mrs. Jack Conley.

High score was won by Mrs. Billy Clark.

Send the Thanksgiving for Thanksgiving

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Baptist Church to hold Prayer for Foreign Missions

A week of Prayer for Foreign Missions will begin at the Carlisle Baptist Church on Sunday, Nov. 28, at 7 p.m.

Mrs. Lee Peters will be in charge of a mission study book to be taught "New Drums Over the Church" at church for one week as follows:

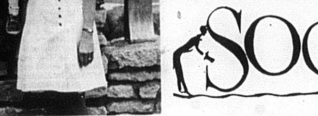
Monday, Nov. 29, 7:30 p.m.—Mission Friends, Crisis Auxiliary and Actena will present program of music and play "It Can Not End at Kobe."

Tuesday, Nov. 30—Baptist Young Women Day Group presenting program at 2 o'clock, "Meet William Carey," leader, Mrs. Mary House.

Wednesday, Dec. 1, 7:30 p.m.—church business meeting. Rev. Sugg presenting thoughts on topic for week, "Expect From God."

Thursday, Dec. 2, 12:00 noon—at church for one week. This program will be furnished by the program will be Mrs. Estell Nesher and Mrs. Betty Clark. "Mission Needs in South America."

Friday, Dec. 3, 7:30. Baptist Young Women will be in charge of the program, "Mission Needs in Africa."



Miss Karen Vice Couple plans Dec. wedding

Mrs. Carroll S. Vice of Moorefield, announces the engagement of her daughter, Karen Vice, to Terry Lee Smith, son of Mr. & Mrs. O. B. Smith of Sharpburg. A December wedding has been planned.

Miss Sherl Alyce Hunt Betrothal announced

Mrs. and Mr. Kenneth H. Hunt, announce the engagement of their daughter, Sherl Alyce, to Dennis Clyde Dent, Carlisle, grandson of Mrs. John Hillander.

Miss Hunt is a graduate of Nicholas County High School, and is attending Mayfield Community College.

Mrs. Dent attended Nicholas County High School and is employed in Lexington.

The betrothal was announced at a dinner given at the home of Mrs. Dent.

Local students attending ECU

A total of 24 students from Nicholas County are attending Eastern Kentucky University this semester.

They are James Barton, Anne Brock, Francis Brien, James Cleaver, Vickie Crawford, Doris Darrill, Rodney Hattson, Kay Hughes, Rita Livingson, Claudia Marshall, Vernon Murrell, June Small, Richard Snapp, Laura Sparks, Larry Trussell, Deborah White, Donna Wynn, Billy C. House, Mary A. Mitchell, all of Morefield, and Mary S. Caldwell, William R. Caldwell, both of Paris.

Hospital notes

Nov. 13, 1971 to Nov. 20, 1971.

Visiting hours are 2:00 to 4:00 and 7:00 to 8:30.

ADMITTED: Della Ring, Rev. Charles Cooper, John Spencer, Ben Glass, Pansy Beatty, S.T. Minton, Lillian Elyman, Miss Marie Flora, Bertha Tucker, Pansy Robinson, Bonnie Glass, Carlisle; Lillian Hunt, Edw. Gray, Ewing, Betty Higgins, Florence Moore, Mr. Oliver.

DISMISSED: Teddy Cartwright, Imogene Mann, Clarence Hopkins, Howard Noble, John Sylvia, White, Natalie Watkins, John Spencer, S.T. Minton, Shell Morris, Ben Glass, Vernie Hartman, Lillian Hunt, Jackie Mitchell, Ewing, Margaret Gadd, Florida Moore, Mr. Oliver; Margie Bailey, Mitterburg; Clifton Kenney, Moorefield; Florence Dixon, Brooksville.

IRS to assume new responsibilities

Starting Monday, Nov. 15, 1971, Internal Revenue Service officers assumed new responsibilities formerly assigned to officers under the President's Economic Stabilization Act of 1970, according to Robert J. Dath, IRS District Director of Kentucky.

Within guidelines issued and approved by the Civil Liberties Council, the Price Commission and the Pay Board, the IRS will act on requests for interpretations and on appeals of adverse determinations. In addition, the IRS will continue to provide information to the public, investigate complaints and monitor compliance with stabilization guidelines.

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