

# Kay's Kitchen

By Kay Fiske



Every once in a while you meet someone who really enjoys cooking and it isn't always a woman. Sometimes it's a man and Everett Beers of Owensboro is just such a person. When we were there several weeks ago, conversation naturally got around to cooking. He started telling me about his favorite Bar-B-Q Dip. So I asked him to write it down and send it to me. Instead of that, later on he wrote to work, he sent the following recipes to me at the home.

Since this is Memorial Day weekend and most people will be cooking out, I thought it a good time to publish them. Here they are just as they came to me.

"From the Desk of 'Buddy Beers'"

**BAR-B-Q-DIP**  
For Poultry and Fish

1 stick margarine  
1 lemon (juice and pulp)  
1 tablespoon Worcestershire Sauce  
1 teaspoon black pepper  
1 teaspoon Accent  
1 teaspoon House of Herbs  
Herbuc  
1/2 teaspoon garlic powder  
1 squirt hot sauce (Frank's or Tabasco)

Melt margarine, pour rest of ingredients into it, bring to rapid boil, stirring constantly. When foam disappears it is ready to brush on meat.

To use for red meat, make the following changes in the foregoing recipe: Use 10 tablespoons margarine or lard grease. Instead of margarine; use 5 tablespoons of Apple Vinegar instead of the lemon juice.

Now for the vinegar and oil dressing that is a must for that Spring salad to serve with the Bar-B-Q.

**VINEGAR AND OIL DRESSING**

1/4 cup Apple Vinegar  
1 teaspoon celery seed  
1/4 teaspoon garlic salt  
1/4 teaspoon salt  
1/4 teaspoon pepper  
1/4 cup salad-oil cooking oil  
Stir until creamy.

**BARBECUED CORN**

Half number of ears of corn needed. Wash them lightly with barbecue sauce and wrap individually in foil. Bake in a slow cook about 30 minutes, turning often.

## Nicholas County Students On U.K. Dean's List

Forty-seven University of Kentucky students from the Elizabethtown area of the Commonwealth have been named to the Dean's List in the College of Arts and Sciences for the fall semester of 1970.

To be honored by College of Arts and Sciences Dean Winberly C. Boyter, students must have attained an academic standing of 3.0 or better on a 4.0 grading scale for the semester.

The students in Nicholas County are: Gary Blaine Broderick, sophomore pre-law major, 412 Second S Street, and Paul Allen Hardin, senior music education major, 373 East Main Street, both of Carlisle.

## Elementary School Co-ordinators

County, May 4 and explained the new reading series to be used in elementary grades.

On May 5 School Superintendent D.P. Parsley, Rev. Dallas Sugg, principals Charles Wilson and W.S. Webb, and the co-ordinators visited each elementary school, which is built in much the same pattern as Nicholas County's new school.

Mr. Parsley, Mr. Wilson, and Mr. Webb, board members N.S. Wille Jr. and Ray Waggoner Jr., and co-ordinators visited the schools.

The six co-ordinators and other administrators in the school system were consulted with book companies which have visited schools with similar programs in recent months. They have observed classes in session and discussed the programs with other teachers in these schools.

The co-ordinators have assembled the information and decided what would be most beneficial to the students. They have explained to the other elementary school teachers what the new program will involve.

The co-ordinating group is composed of Mrs. Jack Becker (first grade), Mrs. Herbert Owen (second grade), Miss Marie Flora (third grade), Miss Edna Huddleston (fourth grade), Mrs. W.J. Clark (fifth grade), and Mrs. J.S. Wilson (sixth grade).

It is noted in some of the activities of the co-ordinators were: A visit to Garden Springs Elementary School in Hartsville, Ky. April 30 where the principal explained their program.

A consultant from Lippincott Book Company came to Nicholas County, May 4 and explained the new reading series to be used in elementary grades.

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