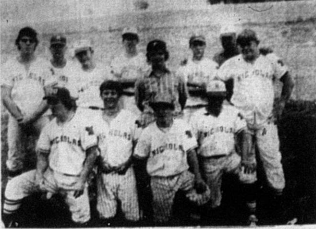


Kay's Kitchen

By Kay Fisher



Since most garden vegetables are in abundance now you may want to try some new and different taste. Fresh green cabbage can be boiled and served with butter, scalloped, fried, made into slaw and is the "heart" of most congealed vegetable salads. Now here is a recipe for Cabbage-Cheese Relish. You can use this instead of a salad and can be made up in tightly covered container. Good with chili, hamburgers and hot dogs. You may vary it some by adding shredded carrots and diced celery.

eight small ones unpeeled and cut into 1/2 inch slices. Sauté in mixture of 1/4 cup butter, 2 teaspoons water and one crushed garlic clove, 1/2 teaspoon salt and pepper. Cook about 10 minutes until tender. Serve hot with parmesan cheese.

ZUCCHINI WITH TOMATO
2 slices bacon
1/2 cup diced onion
1/2 cup unpeeled sliced zucchini
1-1/2 oz. can tomato sauce
1 teaspoon celery seed
1 teaspoon mustard seed
1 teaspoon salt

from pan, add onions and cook until golden add remaining ingredients; cook covered until tender and sauce is absorbed. When ready to serve sprinkle crisp bacon over top.

VEGETABLE SALAD TO FREEZE
Mrs. Glenn Hardin
1 large head of cabbage; chopped fine
3 green peppers, chopped
2 onions, chopped
2 cups sugar
5 cups vinegar
1 teaspoon celery seed
1 teaspoon mustard seed
1 teaspoon salt



CABBAGE RELISH
Make a marinade of:
1/2 cup vinegar
1/2 cup water
1/4 cup sugar
1/2 or more teaspoon salt
1 teaspoon celery seed.
Pour over about 4 cups of finely chopped cabbage and cover tightly with cellophane. Mix well and cover and chill.

BAKED CREAMED CABBAGE
This is a very thick scalloped cabbage, a little more seasoned. 1 medium head of cabbage
1/2 cup butter
3 tablespoons of butter
3 tablespoons of flour
1/2 teaspoon salt
1/2 cup milk
1/2 teaspoon Worcestershire sauce
1/2 medium onion diced thinly
grated parmesan cheese
Shred cabbage very fine and cook in boiling salted water until just tender. Drain well. Place in buttered baking dish. Melt butter in saucepan, add onion and cook until limp but not brown. Stir in flour, Worcestershire sauce and milk, mix gradually stirring until mixture is smooth and thickened. Taste the sauce to be sure it is well seasoned. You may want to add a dash of onion. Pour sauce over cabbage, put bread crumbs over top and sprinkle generously with parmesan cheese. Bake 325 degrees-35 degrees until heated thru and crumbs are browned.

Reports Sales
The Fighntmaster Hunt Estate Agency reports the following sales:
A house and lot located in Douglas Court for Mr. and Mrs. Walter Wyck to Mr. and Mrs. Stanley Rose, Possession August 1.
A house and lot located on Broadway for the Mildred Carpenter Estate, Mr. and Mrs. G. L. Myers, Possession August 1.
A house and lot in Liberty Hills for Mr. and Mrs. Hays Henon

to Dr. James A. Noll and wife, Immediate possession.
A house and lot on Archdemon Avenue for Mr. and Mrs. Luann Smith, Possession Aug. 20.
A farm of 47 acres located on Locust Grove Road for Mrs. Virginia Jackson to James T. Hitt, of Lexington, Ky, Immediate possession.

1971 HAS BEEN A FORD YEAR

WE'RE CLOSING OUT ALL OUR 1971 FORDS.

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Hopkins Drug Co.

ZUCCHINI AND SUMMER YELLOW SQUASH
Zucchini and summer yellow squash, my favorite summer vegetables, are delicious simply cooked until tender with salt and pepper. However, there are many special uses, all good.

SQUASH SOUFFLE
2 lbs. small yellow squash
1 tablespoon chopped onion
1/2 teaspoon salt
2 eggs beaten
1/4 lb. sharp cheddar cheese
1/4 cup cracker crumbs
1/4 cup butter
Paprika
Fresh ground black pepper
Wash and onion in salted water until just tender. Drain off water, cool, add beaten eggs and mix well. Put in baking dish and add sauce. Put cracker crumbs on top and dot with butter. Sprinkle with paprika and fresh ground black pepper. Bake 350 degrees about 20 minutes or until browned.

The Spirit of Quality FOOTOWN

HOOD OF LOW PRICES

C & G

Pork Chops

First Cuts lb. 59¢
Center Rib lb. 79¢
Center Loin lb. 89¢

Chuck Roast lb. 55¢
Kahn's Bacon lb. 69¢

Chuck Steak lb. 69¢
Shoulder Roast lb. 79¢
Ground Chuck lb. 79¢

Spare Ribs 1/2 Gallon Meadow Gold Sherbert lb. 69¢

Borden's Yogurt 3/89¢

Bananas lb. 10¢
Yellow Corn 29¢

Green Apples 3 lbs. 49¢
Cukes & Green Peppers each 10¢

Thompson White Seedless Grapes 49¢

Faultless Spray On Starch 22 oz. 49¢
Camay Beauty Soap 3 1/2 bar 11¢

Nabisco Fig Newtons Waffle Cremes 2/89¢
Pacific Isle Pineapple 20 oz. Whole slices 25¢

Wisk Heavy Duty Detergent 64 oz. \$1.39
Johnson Regard For Wood Paneling 14 oz. \$1.59

Viva Towels 39¢
Baggies Food Wrap 25 fl. 2/39¢
Ajax Detergent Giant Size 59¢
Spic & Span King Size 89¢
Post Tens 39¢
Safeguard Bath Soap size 3/49¢
Baggies Trash Bags 49¢
Instant Maxwell House Coffee 19 oz. \$1.19
Gain King Size 99¢
Ivory Liquid 22 oz. 39¢
Maxwell House Coffee 1 lb. 59¢
White Dove Flour 49¢
Wheaties 12 oz. 29¢



Miss Webb Earle Clay Randle Earle Clay

The marriage of Miss Mary Haaha Webb, daughter of Dr. Genevieve Webb and the late Mr. John Elbert Webb of Shapensburg, and Randle Earle Clay, son of Mrs. and Mrs. G. W. Clay of Shapensburg, was solemnized at 3:00 p.m. Saturday, July 24, at the Shapensburg Christian Church.

C.H.S. Class Of '56 Holds 15th Reunion

The Carlisle High School Class of 1956 held its 15th Reunion at a local restaurant.

Eastern Star Meet Set For Monday

Maria Chapter No. 259 Order of Eastern Star will meet Monday, Aug. 16 at 8:00 p.m. at the Masonic Temple for a regular meeting.

Out Of State Guests Honored At Picnic

Mrs. and Mrs. Howard McCann and daughter Barbara of Ann Arbor, Mich., Mrs. Charles Rose and son Chris and Tim of San Antonio, Texas were honored guests at a picnic dinner at Blue Licks Park, Sunday.

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PERSONALS

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Personals

Mrs. Nannie Smoot and daughter Nancy O'Brien visited their cousin, Mrs. Ida Vinson, Sunday afternoon. Mrs. Vinson is convalescing at the home of her daughter and son-in-law Mr. and Mrs. Ora Gilvin near Mt. Sterling. Other visitors were Mr. and Mrs. Tommy Jones Vinson and children, Mr. and Mrs. Ray Martin and children and Mrs. and Mrs. Clarence Vinson and Jack Vinson.

Attend Conference In Hardinsburg

Mrs. Ralph Taylor and Mrs. Tom Metcalf, advisers, Madeline Cleaver, district vice president, FHA and Kathy Green, assistant for the year, were in Hardinsburg, Ky. for the annual meeting of the National Federation of Homeowners of America Leadership Conference at Hardinsburg, July 26-28.

Vows Spoken In Louisville

Miss Anne Westfield, daughter of Mr. and Mrs. Gilbert Westfield, of Louisville, was the bride of David Lynn Moore, son of Mr. and Mrs. W. E. Lyon, on Saturday, July 10, at the home of the bride's parents, Mr. and Mrs. Robert Vico.

Reunions

Ring Shields Reunion
The annual Ring Shields family Reunion will be held at the Fish and Game Club in Nicholas on Sunday, August 15.

Attend Reunion

The Hughes reunion was held at Blue Licks State Park Sunday. A highlight was when Mr. and Mrs. Tessa Hughes were commissioned Kentucky Colonials which were obtained by the efforts of Mrs. E. A. Smith and Mrs. Mrs. Eugene Rose their youngest daughter. Also present were Mrs. and Mrs. Hughes and a mother ring with 14 stones to Mrs. Hughes a gift from her 26 grandchildren, they will celebrate their 72nd wedding anniversary Nov. 29.

Wesley Chapel Will Observe Homecoming

Wesley Chapel CMC Church will observe the annual Homecoming on August 15. There will be services each evening at 7:30 beginning Aug. 17. The following ministers will participate: The Rev. Charles Cooper of the United Methodist Church, Tuesday evening; The Rev. CMC Church, Lexington, Wednesday evening; The Rev. Dallas Scott of the Carlisle Baptist Church, Thursday evening; The Rev. Fugate Normal, member of the Catholic Church, Friday evening.

Nicholas Youth Rally To Hold Song Festival

A song festival sponsored by the Nicholas County Youth Rally will be held at the Nicholas Christian Church Sunday, Aug. 22 at 7:30 p.m.

BGI Thorbreds Club Hold Annual Picnic

Blue Grass Area Industries Thorbreds Club held their annual picnic Saturday evening August 7 on the lawn of Blue Grass Industries cottage on Lake Carnon at 7 p.m.

Cassidy Church Homecoming Set

The Cassidy Methodist Church will hold a Homecoming on Sunday, August 22, Pastor Rev. Cayland Gillette will be the morning speaker, Hyrm Sign in the afternoon by the Busby family and others. A basket lunch will be served at noon. Everyone invited.

FHA Project Day Scheduled For Aug. 17

The Nicholas County Chapter of the Future Homemakers of America invited all incoming freshmen girls to attend their annual "Project Day." It will be held Tuesday, August 17, at 1:00 p.m. in the C.H.S. Home Economics Department.

CHS Alumni Meeting

The Carlisle City School Alumni Association will hold its annual meeting and dinner at Rock Haven Restaurant, Friday at 7 p.m. Aug. 13.

Moorefield VBS August 9-14

The Moorefield Methodist and Christian Churches will hold their Vacation Bible School from Aug. 9-14 at the Boardman County Hotel, night. The Annual Vacation Bible School and the entire congregations of both Churches will have their annual Bible school picnic on Saturday, Aug. 14.

Wives Exchanged

Miss Patricia Howard, daughter of Mr. and Mrs. James Howard and Tommy Lee, son of Mr. and Mrs. Willie T. Lee, both of Nicholas County, were united in marriage Friday, August 6, 1971 at the home of Rev. Frank Simons, Rev. Simons officiated using the double ring ceremony.

Mothers Fund Deadline Nears

Mrs. Lovell Hollar will be in the Courthouse to accept Mothers Educational Fund applications on the following date: 14 and 17, from 9:00 a.m. to 5:00 p.m.

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★ group of shoes
★ swim suits
★ pant suits
★ hats & bags

Group of shoes for quick clearance originally to 112\$

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Miss Margie Phather Couple To Wed August 14

Mrs. and Mrs. Ernest Phather of McAArthur, Ohio, announce the engagement of their daughter Margie Phather to David William Booth, son of Mr. and Mrs. Glenn Booth of Carlisle.

Mrs. Booth is a junior at Morehead State University. The wedding will take place on Saturday, August 14 at 4:00 p.m. at McAArthur.