

### It's Nothing To Be Sneezed At!

"Abundant it may be, but re-  
sistant it is not," says Anne  
Dowden. Her subject is the Solidago Canadensis (Goldenrod), to you, and  
about as common as the yellow  
glowing yellow mass that is the  
Kentucky state flower, Mrs. Dow-

den's painting of the Goldenrod  
has been accepted by the Frame  
House Gallery, Inc., as one of its  
limited edition collector's prints,  
making it an asset in printed form  
as well as in the fields.  
For those who might doubt the ver-  
acity of referring to the Golden-

rod as an "asset," Mrs. Dowden  
says this lovely wildflower is  
deserving of the name. It is the  
hayfever misery rarely caused by  
the inconspicuous ragweed, whose  
wind-carried pollen is flying just  
when the Goldenrod is brightly in  
flower. Goldenrod is heavy and

sticky and is carried only by in-  
sect.

Far from being a menace to  
health, Goldenrod has a long tra-  
dition as a healing herb. Used first  
by country people, it was later  
included in medical botany, and its  
Latin name comes from "in  
"I make wounds whole," "through  
my goldenrod," "goldenrod pla-

gma-copia," says Mrs. Dowden.  
Goldenrod is a talm to the spirit  
and a stimulant to the eye."  
WORLD MAKE NATIONAL  
NATIONAL FLOWER

With good reason, the Goldenrod  
has been suggested as the national  
flower for the United States; it is  
one of the most American of all  
American plants, and every state  
has some representative of the  
85 North American species.

In the bright parade of Golden-  
rods, one of the most common  
species throughout eastern United  
States is the regal Solidago Cana-  
densis. It makes a dramatic state  
flower for Kentucky, even though,  
legally, any of the state's 51 coun-  
ties can be used as its floral em-  
blem. Europe has only one of two  
native species, and the varieties  
cherished in gardens there are all  
imported American wildflowers.

Goldenrods are particularly diffi-  
cult flowers to depict and Mrs.  
Dowden's minutely detailed artistry  
does real justice to this king  
of the wildflowers. The Goldenrod  
belongs to the Composite fam-  
ily, which also includes sun-  
flowers, dandelions, and hundreds  
of other "clusters of very small  
flowers grouped together tightly in  
a head." In Goldenrods, the florets  
are so tiny that only a strong lens  
can show their individual shape.  
Mrs. Dowden has captured the  
overall effect, and, though en-  
largement of the delicacy of the  
individual flower. Every Goldenrod  
plume is made up of thou-  
sands of small heads, and each  
head is composed of a dozen or  
more minute flowers. Each flower  
makes use of a parachute similar to  
that of a dandelion seed, but contrary to  
the dandelion, they are not to be  
sneezed at.

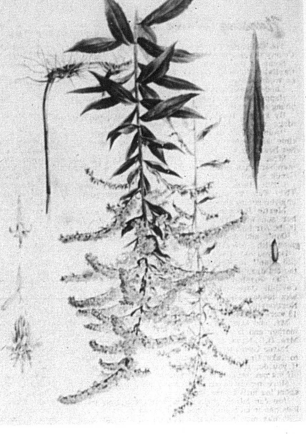
It is Anne Ophelia Dowden  
"When a name becomes linked  
with those of Ray Harms, Don  
Richard Eckenberry, Guy Cole-  
beck and Charles Harper as one  
of the nation's leading wildlife  
artists, it has to be good," says  
Woodham St. president of  
Mrs. Dowden's work has been  
exhibited in many galleries among  
them Carnegie Institute, the  
Metropolitan Museum of Art, the  
Cooper Union Museum, the Brook-  
lyn Botanic Garden and the Hunt  
Botanical Library in Pittsburg.  
Under her maiden name, Ann  
Ophelia Todd, she is well known  
as the researcher-illustrator of

**REPEAT SAVE on Famous Quality SPRING AIR**  
EXTRA FIRM **Ultrapedic Deluxe**  
New **DIAMOND QUILTED**  
**Innerspring MATTRESS**  
That \$69.95... But Only  
**\$59.95**  
**Check The FEATURES**  
1 - All-Season Cover and Quilted Top  
2 - "Hush" Noiseless Springs  
3 - "Hush" Noiseless Springs  
4 - "Hush" Noiseless Springs  
5 - "Hush" Noiseless Springs  
6 - "Hush" Noiseless Springs  
7 - "Hush" Noiseless Springs  
8 - "Hush" Noiseless Springs  
9 - "Hush" Noiseless Springs  
10 - "Hush" Noiseless Springs  
11 - "Hush" Noiseless Springs  
12 - "Hush" Noiseless Springs  
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**SPRING AIR Back Supporter**  
The world's most famous Mattress  
Still only \$79.95  
Made by the Makers of the famous BACK SUPPORTER Mattress  
Another Great SPRING AIR Vajaj  
"Spine-Ayd" Innerspring MATTRESS  
That \$59.95... But Only  
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## KEEP UP THE GOOD WORK FOR CENTRAL KENTUCKY

**✓ CHECK HIS RECORD ON:**  
Support to tobacco, livestock and poultry  
Successfully fought attempted minimum taxes on tobacco, produc-  
tion influenced deficit of efforts to end production control and price  
support - fought unfair acreage cuts in Barley - authored legislation  
- influenced internal Revenue policies on livestock - originated  
legislation to protect Blue Grass poultry farmers from unregulated  
competition.  
**Economic development**  
Originated move to couple \$6 billion reduction in Federal spending  
to recent tax surcharge - supported receding uniform appropriation of  
\$8 billion - numerous other economy cuts.  
**Law and order measures**  
Supported passage of D.C. Crime Bill - Safe Streets legisla-  
tion - other measures to strengthen law enforcement.  
**Health, housing, education**  
Supported general legislation dealing with better health, housing,  
and education - influenced special appropriations to support this in  
Central Kentucky.  
**Pollution and conservation**  
Supported passage of National Environmental Policy Act - expansion  
of Clean Air Act - appropriation of funds for sewage treatment  
plant construction - introduced legislation encouraging industry to  
construct anti-pollution facilities - supported legislation expanding  
national parks.  
**Individual service**  
Congressman Watts performs hundreds of individual services for  
Central Kentucky citizens with worthwhile projects and requests. His  
office is always open to ALL he represents - republicans, democrats, and  
independents.  
If you are a newcomer and new voter in the  
Sixth Congressional District, ask about and look  
into the outstanding record of Congressman Watts.  
It's his record - not promises - that he is  
proud to run on.  
If you who know his diligent and faithful  
work in Washington... vote Tuesday to keep  
Congressman Watts on the job working for all  
the people of Central Kentucky.

**VOTE FOR JOHN C. WATTS**  
TUESDAY, NOVEMBER 3  
**DEMOCRAT FOR UNITED STATES REPRESENTATIVE**  
Paid for by Watts for Congress Committee, W.P. Curfin, Treasurer



### Kentucky State Flower

The Frame House Gallery, Inc.,  
Louisville, "Anne Ophelia Dow-  
den is the first woman to achieve  
this honor." The Frame House  
Gallery commissions only the best  
wildlife studies, reproduces them  
in limited editions, then destroys  
the plates, thus making every  
painting it accepts a collector's  
item. "They have to be the best,"  
says Hannah.  
Anne Ophelia Dowden grew up  
in the foothills of the Rocky Moun-  
tains, playing with plants and bugs  
instead of dolls. After graduation  
from Carnegie Institute of Tech-  
nology, she went to New York to  
study at the Art Students League  
and the Beaux Arts Institute of  
Design. She has lived there ever  
since, teaching at Pratt Institute  
and, for over 20 years, has headed  
the Art Department of Manhattan  
ville College.  
Mrs. Dowden's work has been  
exhibited in many galleries among  
them Carnegie Institute, the  
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Under her maiden name, Ann  
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**BREAKTHROUGH!**  
**NEW HOMELITE**  
EZ-250 AUTOMATIC  
**WORLD'S FIRST CHAIN SAW**  
WITH AUTOMATIC CHAIN TENSION!  
Check these Pro Features:  
• New V-Tec motor  
• Automatic chain tensioner  
• "Free-Flow" sprocket  
• New "Soft-Touch" super-quiet  
• New cushion grip handle bar  
• New die-cast aluminum  
• New oil cap  
• New oil cap  
• New oil cap

**Clark County Riding Club**  
**Club Visit Sky View Ranch**  
Sunday  
Twenty-seven riders from the  
Clark County Riding Club enjoyed  
the beauties of Nicholas County at  
Sky View Ranch Sunday. The farm is  
the property of Steve Brown,  
Lexington.

**LUM BURR SAYS:**  
**PAINT-UP!**  
**PAINTS MIXED TO AN ORDER**  
If you have a certain col-  
or in mind for your home or  
office, we'll be glad to  
make it up. For all your  
painting needs, see us.  
Our prices are low, but  
the quality is very high.  
See us today. IMAGE PAINT  
Guaranteed  
**Reid & Vice Builder Supply**

### Nursing Home News

The Columbus Day favors were made by the  
County Future Homemakers -  
Some of the members of the Central County of  
the Carlisle Christian Church visited friends at the home  
on Wednesday.  
Lillian Stewart is still studying the Blue Back Speller.  
Happy Birthday George Oct. 19th Wendell how  
young she really is!  
By looking inside our hearts, and counting our ben-  
efits we can start the morning with a smile.  
"Aunt Coo's" Gauce says she has spent her long life  
and wants to thank everyone from the depth of  
her heart for what they have done for her.  
Mrs. Liza Ockerman, with a little help, can re-  
member when Chester broke his arm at the Taylor's  
Creek School.  
Lizzie Battif and her family went driving one day.  
They went up around Winchester and Lexington  
and enjoyed seeing the beautiful colors of autumn.  
Mertie Jones said she received her first letter from  
her son who arrived in Vietnam on Sept. 17. He is  
in the Air Force, carries supplies to the front lines.  
Don't add sugar to peas. It is more tasty to cook  
peas with a few of the empty green pods.  
Do you old timers remember the story of a "Good  
Old Man" in McCutty's second reader? Where was  
the children's father?  
The worship service of Oct. 12 was given by the  
Carlisle United Methodist Church. Mrs. Andrew Grey,  
was leader with Mrs. Ted Allison at the piano. Rev.  
Norworthy read the 95th Psalm and gave a short talk,  
13 were present.  
Mr. and Mrs. Allen Clay of Mayvillite visited their  
mother and father, Mrs. and Mr. J.P. Navar of Paderborn, MO visited them.  
Nurse Lyons said if she ever left the home she would  
take Uncle Tom Jackson with her. "Now, Vivian  
if you do, you'll have to walk, so Uncle Tom can show  
off his new house shoes." They are nice.  
More money is spent for dog food in one day than it  
is spent for milk in one hour - Children in the home.  
You can hardly make a friend in a year, but you can  
lose one in an hour. - Children in the home.  
It was nice to talk to a 92 year old Carlisle citizen  
who said life wasn't a bed of roses, that no one ever  
saw any kind of rose but what had some thorns.  
Mr. and Mrs. Guy Craig of Robertson County  
visited Guy's mother, Mrs. Pearl Craig Wood. "Doc"  
Abbeon on Tuesday. They were attending the  
Herman Conyers and others have been attending the

### USO Fund Drive To Be Held Nov. 12

Residents of the Nicholas County  
area are now being asked to sup-  
port the USO Campaign through  
their financial contributions.  
These donations will go to support  
the USO and its work for  
Armed Forces personnel through-  
out the world.  
Mayor William Power has ap-  
pointed as Campaign chairman,  
Mrs. Charles Fay. We urge every  
resident to give generously. It is  
the least we can do to show our  
servicemen that "out of sight" is  
not necessarily "out of mind."

**MISTER... YOU'RE LIVING IN DODGE CITY**  
**YOU'RE GUNNA LIKE THE SAVINGS HERE.**

**Buttin's Garage**  
**Southern States FOOD FREEZER SPECIALS**  
Prices cut as much as 22% for a limited time only. The season for  
freezing fruits, meats and garden vegetables will soon be here. Be  
ready... and eat better for less. Installment terms. Come in soon.

**Unico 15 Cubic Foot Chest Freezer**  
PRICE CUT TO ONLY **\$1990**

**Unico 19 Cubic Foot Chest Freezer**  
PRICE CUT TO ONLY **\$2190**

**Unico 23 Cubic Foot Upright Freezer**  
PRICE CUT TO ONLY **\$2590**

**USO Fund Drive To Be Held Nov. 12**  
Residents of the Nicholas County area are now being asked to support the USO Campaign through their financial contributions. These donations will go to support the USO and its work for Armed Forces personnel throughout the world. Mayor William Power has appointed as Campaign chairman, Mrs. Charles Fay. We urge every resident to give generously. It is the least we can do to show our servicemen that "out of sight" is not necessarily "out of mind."

**Del-Monte Sale**  
**PINEAPPLE GRAPEFRUIT JUICE** 46 oz. 3/51  
**PINEAPPLE ORANGE JUICE DRINK** 46 oz. 2/82  
**CUT GREEN BEANS** #303 4/89  
**SPINACH** #303 4/89  
**SWEET PEAS** #303 4/89  
**CATSUP** #303 4/89  
**PINEAPPLE JUICE** 46 oz. 2/81  
**TOMATO JUICE** 46 oz. 3/51  
**PINEAPPLE sliced, crushed and chunk** #2 3/51  
**MEDIUM PRUNES** 6 pak 39c  
**RAISINS** #303 2/59  
**APRICOT HALVES** #25 2/79  
**FRUIT COCKTAIL** #25 2/89  
**PEAR HALVES** #25 2/89

**Unico 15 Cubic Foot Chest Freezer**  
Wonderful value! Stores up to 65½ pounds of frozen food at the peak of flavor and freshness. This quality freezer gives you the same outstanding features and construction as the KH-15 above - in a slightly larger capacity cabinet. (KH-19)  
**PRICE CUT TO ONLY \$1990**

**Unico 19 Cubic Foot Chest Freezer**  
Wonderful value! Stores up to 65½ pounds of frozen food at the peak of flavor and freshness. This quality freezer gives you the same outstanding features and construction as the KH-15 above - in a slightly larger capacity cabinet. (KH-19)  
**PRICE CUT TO ONLY \$2190**

**Unico 23 Cubic Foot Upright Freezer**  
Big in value, big in food capacity. Holds 809 pounds. Provides stand-up convenience in loading and unloading. Your money buys a bonus magnetic door lock - key lock - hard knock Bottom door. Built-in defroster. Freezer compartment. Interior light... sure seal lid gasket... adjustable dividers... inner compartment divider... "power on" signal light... sealed refrigeration system. No. KH-23.  
**PRICE CUT TO ONLY \$2590**

Nov. 12 will be Collection Day. Committees will be named later. Anyone who brings money to the USO telephone facility in Salgo, or a special personal message chain, notified through the USO to the local radio ham, or they may have received a taped letter in the voice of the serviceman, recorded at a USO Club. They may also have received a letter written in the hand of a USO staff member taking dictation from the bedside of the ser-

**Buster Atkinson Says:**  
Change Now to Snow Tires  
Before Bad Weather Sets In!  
We have New and  
**SHELL Re-Capped Snow Tires**  
Buster Atkinson

**Rex & Paul's Service Station**  
**Pork Chops** Rib Cut lb. **79c**  
Loin Cut Pork Chops lb. 89c  
End Cut Pork Chops lb. 59c  
Fischers Melwood Bacon lb. 69c  
Kahns Wieners lb. 69c  
Club Steaks lb. \$1.19  
Webbers Sausage 2 lbs. \$1.29 lb. 69c

**Del-Monte Sale**  
**MELBA HALVES, Y.C. HALVES**  
**Peaches 3/\$1**  
Y.C. SLICES #25

**Breaze giant 59c**  
**MUSSELMAN #303**  
**Applesauce 2/35c**  
**LUX 4 pak**  
**Bath Soap 53c**  
**YELLOW 3 lb. bag**  
**Onions 29c**  
**WINESAP 3 lb. bag**  
**Apples 39c**  
**SWEET 3 lbs.**  
**Potatoes 35c**  
**Towels 43c**  
**Liquid 10c off giant**  
**Dove 49c**  
**KLEENEX twin pak**  
**AD EFFECTIVE**  
Oct. 29-30, 31,  
Nov. 23  
OPEN NIGHTS  
8:30 SATURDAY  
9 p.m. FRIDAY  
NIGHTS  
**C & G**  
**FOOD STORES**