

**STUPENDOUS**

**IGA THE GREATEST SHOW ON WORTH!**

we reserve the right to limit all quantities / minimum purchase may be required

**FIRST BIG WEEK!**

Tabletite Winners... 69¢  
Sliced Bacon... 79¢

**VALUE PRICED**

**Coffee \$1.98**

**Tabletite U.S.D.A. Grade 'A' Fryers 27¢**

**Cake Mixes 4 for \$1**

**IGA Frozen Dinners 29¢**

**IGA Frozen Orange Juice 77¢**

**Pure Vegetable Crisco Oil 69¢**

**Red or Golden Delicious Apples 49¢**

**IGA Crisp 'n Good Saltines 19¢**

**Peter Pan Pink Salmon 69¢**

**Green Giant Sweet Peas 18¢**

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**THERE IS A CARNIVAL OF VALUES IN EVERY DEPARTMENT!**

**Frozen Values!**

**Cheese Values!**

**Bakery Values!**

**IGA Crisp 'n Good Saltines 19¢**

**Peter Pan Pink Salmon 69¢**

**Green Giant Sweet Peas 18¢**

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**IGA Coatney's FOODLINER**

**CLIP-A-COUPON**

**Folger's Coffee \$1.98**

**Total Cereal 47¢**

**Betty Crocker Cake Mixes 4 for \$1**

**Spic & Span 69¢**

**Camay Face Soap 13¢**

**Kay's Kitchen**

By Kay Fisher

The Foshun has come and gone and is now just a happy memory. For those who attended the Burgoo Supper and are wondering just what was cooking in those big black kettles, here is the recipe for that delicious Burgoo. Not that you will need to prepare for 225 people very often! However, if you are a good mathematician, you can cut this down to serve a reasonable number.

**BURGOO**

22 pounds of diced beef  
15 pounds of diced pork  
15 pounds of hamburger  
Soup bones, cut (4 packages)  
Suet, sliced (4 packages)  
18 cans of No. 2 tomatoes for fresh tomatoes  
18 cans of No. 2 whole kernel corn  
10 cans of No. 2 Great Northern Beans  
8 large heads of cabbage—divide into kettles  
30 pounds of potatoes—divide into kettles  
12 packages of carrots, diced  
Red peppers  
Salt and pepper  
4 bottles of A-1 Sauce  
4 boxes of Pearl Barley  
16 large onions  
8 cans of tomato puree (large cans)  
2 stalks of celery, diced  
2 bottles of Worcestershire Sauce  
6 cans of No. 2 green beans  
6 cans of No. 2 lima beans  
6 cans of No. 2 peas

**PROCEDURE**

- Use 4 kettles—divide meat, bones and suet.
- Cover well with plenty of water.
- Cook until tender (about 1 1/2 hours).
- Add barley, more water and sauces (A-1 and Worcestershire).
- Add corn, beans, other vegetables, cabbage, onions, tomato puree, salt, celery.
- Add red pepper—slow heat—simmer with bubbles continuously.
- Sitr constantly and use water often. This burgoo should be between beef stew and vegetable soup consistency.
- Add potatoes and carrots (carrots should be added at least one-half hour before the potatoes).
- Sitir and add salt and pepper to taste (sample frequently)—red pepper is added all at once.
- Carrots are cut 2/3 inch.
- Barley should go in at the end of first hour or at 3:30.
- For first 1 1/2 hours keep contents at boiling point, so as to cook meat.
- The vegetables should be tender and flavorful, but not cooked to pieces. That is why the potatoes and carrots are added last.
- The A-1 Sauce should be added before the potatoes and carrots are added last.
- Ingredients should be divided into equal parts so as to have two kettles ready at the same time.
- Use plenty of water as burgoo must not be too thick, paaty or lacking in liquid. It will have a tendency to get thick—just add water. (If a large number of people appear, just add more water and stir and stir).
- Sitir continuously—do not let mixture burn!
- This recipe should feed 225 people, or more.

For those who are dieting here is another good recipe.

**ITALIAN OREGANO GREEN BEANS**

This one is especially good for those watching their calories or who cannot have grease. 21 calories per 8 ounce cup.

1 medium can green beans  
1/2 cup chopped celery  
1/4 cup green pepper  
1 cup chopped tomatoes  
2 tablespoons diced onions  
1/4 teaspoon oregano  
1 1/2 cups water

Bring to a quick boil, turn heat down and simmer until celery and onions are tender. When I don't have fresh tomatoes, I use a can of tomatoes and omit the 1/4 cup water.

Elaine Anderson

**Maxwell House Instant Coffee 14 oz. \$2.19**

**Nabisco Premium Saltines 37¢**

**Nabisco Oreo 19 oz**

**Creme Sandwich Cookies 57¢**

**Nursing Home News**

By Virginia Smith Donagan

**Happiness Cake**—One cup good thoughts; one cup kind deeds; one cup concentration; two cups self-sacrifice; three cups forgiveness; two cups all beaten flour; one cup prayer and add tea, joy, sorrow and sympathy. Flavor with love and kindly service. Bake in the oven of prayer and faith. After pouring all this into daily life, bake well with the heat of human kindness. Serve with a smile anytime to satisfy hunger.

Mr. and Mrs. Guy Craig from Mt. Olivet visited Mr. Craig's mother, Mrs. Pearl Craig. "Miss Pearl" loves to see her children or anyone else. It doesn't matter how far they are, she is known for her kindness.

It's nice that Mrs. Craig can go into the day room and play on the piano. She likes to play "Beyond the Sunset," Her niece, Lilly Wells Caswell, came and took her for a ride on Sunday afternoon.

Leroy Cooper's folks from Mayville were up to see him recently.

"Some people talk too much and some don't talk enough," Virginia Wells, who helps keep things so neat and clean, had had surgery at Joseph Hospital, Lexington, but has been off from work about two, and one-half months. Now we are glad she's back. When Oct. 23 comes around, Virginia will have worked at the home five years.

Mrs. Maggie Hammond says she just can't work as fast as she used to any more on account of her feet.

Mrs. Gilbert Duncan has gone back to live at her home on East Union Road.

Mr. and Mrs. Tony Stowers and daughter, Caroline, of Shrapburg, came Sunday to see

Continued on Page 8

**Enroll Now**

Applications Taken Daily 8:30 a.m. to 4:30 p.m.

Become A Skilled Beautician, Train With The Best, Under Qualified Instructors.

**New Fall Classes Forming**

Make Your Application By Coming To The Winchester Beauty College

67 So. Main St. Winchester, Ky. or Call 744-2126

**VOTE FOR An Independent Man**

**Marion Sims**

Member of County Board of Education District 3

**November 3, 1970 Election**

**John Smoot Says:**

"Don't Fiddle Around 'Till The Last Minute"

Let Us Winterize Your Car

\*We do minor tune-ups

\*Check battery, terminals, cables, generator, voltage regulator

\*Inspect the windshield wipers. Fill reservoir if so equipped

\*Inspect the cooling system, put in anti-freeze

\*Install snow tires.

**Shell**

**John Smoot**

**Agree or Not**

Continued from page 2

alleviate this some, but not enough to be of much value.

The legislators also have indicated they want the onus taken off their backs by authorizing the Legislative Research Commission to make a study of the school, financial situation and report recommendations to the 1972 General Assembly.

One legislator frankly said, "I want the local officials to be in a position to take some criticism" instead of it all being directed at the legislature.

The 100 per cent fair cash value assessment option of the Court of Appeals is what set off the problem that led to the rollback law. While fair cash value assessments haven't been achieved in all counties, Revenue Commissioner James E. Luckett said it is nearly complete and should be completed this year.

There are seven counties in the state that haven't had their assessments approved yet by the Revenue Department. The state office must approve all local assessments before tax bills may be sent out.

Three counties, Union, Graves and Putland, are expected to complete hearings of their boards of tax appeal soon and submit their assessments to the Revenue Department, Luckett said.

The Revenue Department has taken over assessments in Rowan County and has a team there now trying to complete the job.

The three other incomplete counties are Harrison, Carter and Lawrence where the tax assessors have challenged the state's right to enforce the 100 per cent fair cash value assessments. Their assessments were challenged but the tax assessors refused to reassess to meet approval of the Revenue Department. They are waiting decisions from the court.

Shelby County had been among the group but that assessment was approved Oct. 7 after evaluation had been changed upward on several pieces of property.

The legislator said hopefully last week the courts will decide the matter for us" in the Fayetteville case. Regardless of what the courts do, the legislature is going to have to face the problem.

In 1972, Reason, if the court does throw out the rollback law, what happens then? Do the tax rates then revert to the old statutory maximum of \$100 per \$100 for school purposes and the bond rates established for counties and cities?

The court can't set a new rate since that is a matter the legislature must deal with.

If the rollback law is held valid by the courts, the financial cramp on schools will have to be dealt with.

The solution for the legislature lies in establishing higher local rates to keep school people from demanding more money from the state.

Even now, there is nothing to hamper local districts from voting higher rates, but it seems no local school board wants that problem. They still had rather the legislature be the willing boy.

**KEEP UP THE GOOD WORK FOR CENTRAL KENTUCKY**

**John Watts is Your Strong Voice in Congress**

In the 19 years John Watts has represented you in Congress, he has indeed done a great job.

From his post as third-ranking member of Congress' single most important committee... Ways and Means... he is in a unique position to best represent the interests of Central Kentucky.

When Watts speaks out on Kentucky's behalf, his fellow Congressmen listen. They know that he speaks with an authoritative voice on the needs of the farmer, the businessman and the working people of his District.

If you are a homeowner and new voter in the Sixth Congressional District, ask about and look into the outstanding record of Congressman Watts. It's this record... not promises... that he is proud to own.

To you who know his diligent and faithful work in Washington... vote Tuesday to keep Congressman Watts on the job working for all the people of Central Kentucky.

**John Watts is Your Strong Voice in Congress**

**Check His Record On:**

Support to tobacco, livestock and poultry

Successfully fought attempted ruinous taxes on tobacco production... influenced defeat of efforts to end production control and price support... fought unfair acreage cuts in Burley... authorized legislation correcting unearned Internal Revenue policies on livestock... originated legislation to protect Blue Grass poultry farmers from unregulated competition.

Economy in government

Originated move to couple \$6 billion reduction in Federal spending to recent tax surcharge... supported rescinding unneeded appropriation of \$8 billion... numerous other economy cuts.

Law and order measures

Supported passage of O.C. Crime Bill... Safe Streets legislation... other measures to strengthen law enforcement.

Health, housing, education

Supported general legislation dealing with better health, housing, and education... influenced special appropriations to support this in Central Kentucky.

Pollution and conservation

Supported passage of National Environmental Policy Act... expansion of Clean Air Act... appropriation of funds for sewage treatment construction... introduced legislation encouraging industry to construct anti-pollution facilities... supported legislation expanding national parks.

Individual service

Congressman Watts performs hundreds of individual services for Central Kentucky citizens with worthwhile projects and requests: introduced legislation encouraging industry to construct anti-pollution facilities... supported legislation expanding national parks.

**Vote For John C. Watts**

TUESDAY, NOVEMBER 3

**DEMOCRAT FOR UNITED STATES REPRESENTATIVE**

Paid for by Watts for Congress Committee, W.P. Curdin, Treasurer

**Agree or Not**

Continued from page 2

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**THE CARLISLE KINDERGARTEN** is in full swing! Top left photo shows that playtime is the best time. In right photo the day is started with opening songs. The bottom left photo shows the children learning to count by hanging out their wash. In bottom right photo the children display their puppet friends.

**LAST DAY - SATURDAY - REXALL SALE**

**Carlisle Drug**

Mercery Classifieds Get Results!

**Goblins 'N' Witches need the Extra Protection of a Security Light!**

A few well placed Security Lights mean a lot to goblins, witches and grown-ups too. They reduce accidents and keep your yard, barn and out-buildings well lighted so you can get more things done... even after the sun sets.

The Security Lights automatically turn on at dusk; off at dawn. This discourages unwanted prowlers, both the protected... automatically... from dusk to dawn.

Yet a Security Light costs only one price a day.

SPECIAL: One month's free service if ordered during October or November.

**Your Fleming-Mason Rural Electric Cooperative**

Flemingsburg, Kentucky