

# GENERAL MOBILE SUPER BUYS!

**Soft Golden Margarine 29¢**

**TabletRite Pork Steaks 69¢**

**TabletRite Pork Roast 59¢**

**Chuck Roast 55¢**

**Ground Beef 59¢**

**Sugar 38¢**

**Jello 25¢**

**Bacon 87¢**

**Large Eggs 00¢**

**Watermelons 79¢**

**Instant Coffee 98¢**

**Fruit Drinks 19¢**

**Ice Cream 58¢**

**Pepsi Cola 88¢**

**Buttermilk Biscuits 9¢**

**Extra Light Biscuits 9¢**

**Hunt's Tomato Ketchup 44¢**

**Frozen Features! 89¢**

**Bakery Features! 29¢**

**TabletRite Hamburger 29¢**

**TabletRite Bread 33¢**

**TabletRite German Choc. Cake 59¢**

### Kay's Kitchen

By Kay Fisher

Clip and file these recipes. They are all for vegetables to serve when you have guests and want to put your best foot forward. I suggest you save the recipe for your family or close friends to get the "feel" of preparing it, then when you want to serve that dish you will be familiar with it making it easier.

#### GOURMET CAULIFLOWER

1 medium head of Cauliflower  
2 tablespoons butter  
1 can sliced mushrooms (3 or 4 ounce)  
1 can condensed consommé  
1/2 2 tablespoons cornstarch  
2 tablespoons pimiento strips

Remove outside leaves from cauliflower, leaving tender, green ones attached. Also remove top of center core. Cook base down, covered for 20 minutes. Test for tenderness at base of Cauliflower. Meanwhile, melt butter in small skillet; add drained mushrooms and cook about 5 minutes. Blend consommé and cornstarch in small sauce pan and cook over medium heat, and pimiento.

Drain Cauliflower, place in serving dish; pour sauce over top. This should serve 4. This is not only good but makes a pretty dish.

#### GOLDEN CARROT RING

3 cups grated raw carrots  
4 eggs  
2 cups milk  
2 cups soft bread crumbs  
1/4 teaspoon pepper  
1/2 teaspoon sugar  
1 1/2 teaspoon lemon juice  
1 cup shredded toasted almonds  
1 1/2 tablespoons butter

Cook the shredded carrots lightly in a small amount of boiling salted water. Drain. They should be a shade less than raw.

Combine milk with bread crumbs and let stand until the crumbs are soaked, then beat until smooth. Add eggs and beat well. Add carrots and other ingredients except butter. Spread the batter evenly over the inside of a 1 inch ring mold and bake in moderate oven at 325 degrees for 40 to 50 minutes or until crumb mixture firm.

Turn out on chop plate and fill center with baby lima beans. You can use peas but the beans, I think, are better. Cook according to directions. When you drain them be generous with the butter. Serves 10 to 12.

This will be some comfort to you. I have miss judged my serving time and found that it bore up well baked and then exploded by glacing it over on a pan of 16 water.

#### HERB RICE

3 tablespoons butter  
1 cup chopped onions  
1/2 cup sliced mushrooms  
1 teaspoon Rosemary  
1/2 teaspoon Marjoram  
1/2 cup water  
2 1/2 cup water

Melt butter in 2 quart heavy saucepan. Add onions and sauté until onion turns yellow and nice begins to brown. Add other ingredients, but not the water. Stir for 5 minutes. Add water, turn heat low as possible. Cover and leave over low heat for 15 minutes. Remove from heat and leave covered 10 minutes before serving.

#### Nursing Home News

By Virginia Smith Donovan

When there is love in the heart, there are rainbows in the eyes, which cover every black cloud with purposeful hues.—Henry Ward Beecher.

Since Harvey Ellison's return from the hospital there have been visitors galore. Sunday the visitors came from Robertson, Pendleton, Bourbon, Nicholas and Mason counties. They brought well filled baskets, too.

Access is being made that you pay; happiness is wanting what you get.

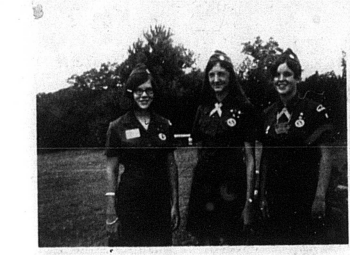
A fine is a tax you have to pay for doing wrong. A tax is a fine you have to pay for doing all right. Modern mother, to neighbor: I always wanted a child with long hair, but I was hoping it would be a girl.

Uncle Tom Jackson loves to talk about his family; said his wife died in 1935 and he was left with seven children said he took care of them with help from his neighbors.

Just one person in one thousand lives to be 90 years old.

We forgot to state in last week's news that Robert Wesley's seven-month-old son, Robert Jr., visited the home on the 4th of July, and Mrs. Maggie Hammond said that the one who got the most miss, misaid something pretty, "Miss Maggie" was right to be so.

Paul Crouch of Bourbon County was over to see his mother, Mrs. Nanette Crouch. Mrs. Crouch claims she says she has tried to change her roommate and sister-in-law, Mrs. Pearl Craig, she says it can't be done in any



MISS JANE SCHELLY, Orfield, PA (left) and Miss Cynthia Lynn Davidson (right), Creston, IA spent a period of home hospitality in the home of Miss Barbara Kingolover prior to their departure Sunday to attend a 14 day Folk Arts program at Berea College which ends on July 26.

## Miss Kingsolover Attends 14 Day Folk Arts Program

Miss Barbara Kingolover has been selected to attend a National Folk Arts Program at Berea College, Ohio. She is the author of "Fire on the Mountain."

"Visitors' day will be July 27, 10 a.m. until 3 p.m. Civil Scouts and their families will have the opportunity to see the program in operation as the girls demonstrate the skills they have learned. Several troops from Carlisle will visit the event on that day.

Miss Barbara Kingolover is a national writer, poet, and playwright. She is the author of "Fire on the Mountain," which was published by the University of Kentucky Press. She has been staying with the Kingsolovers during a period of home hospitality prior to their departure Sunday for Berea.

130 Senior Girl Scouts from across the United States and four international guests are attending the 14 day Folk Arts program from July 16-29 at Berea College.

This national event is sponsored by the Wilderness Road Girl Scout Council. Among the skills studied by the girls will be guitar, folk singing and dancing, art, recorder, woodcraft, poetry and weaving. The purpose of the program is to teach girls from our own state and other places the culture of our region and thereby help to preserve it.

A highlight of the 14-day program will be a concert Sunday, July 19, at 8 p.m. in the school cafeteria.

Those attending, including his wife, Patricia, and children, Richard, Lisa, and Cathy, were in Berea, Ohio, and Mrs. Kingolover, Mrs. Nadine Ritchie, Mrs. Shirlene Mitchell, Charles Politt, Mr. and Mrs. Robert Hampton and Teresa, Addie Ritchie, James, Terry, Jeff, Doug and Donnie Hampton, Brenda, Vance, Debbie and Paul Robinson, and Ben Ritchie.

## Moorefield School Reunion August 2

The 31st annual meeting of former students of Moorefield School will be held Aug. 2, 1970 in the school cafeteria.

Everyone interested in this group should attend as the school building for the reunion is being moved to Carlisle next year.

Please tell everyone of this meeting. For lunch dinner will be served as usual.

### LYRIC Theatre

Luther Hollar, Owner

The International Stage triumph blossoms on the scene!

WALTER MATTHEW HARRINGTON  
CANDICE FLOWERS

FRIDAY 8:00 PM  
SATURDAY 8:00 PM

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On All Summer Merchandise

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"Home of Better Clothes and Samsonte Luggage"

## Miss Clay Sets August 16 Date

Mr. and Mrs. Glenn W. Clay of Sharpsburg, announce the engagement of their daughter, Elizabeth Ann, to James DuPont McPhail, the son of Mr. and Mrs. G.B. McPhail of Irvine.

Miss Clay was graduated from the University of Kentucky in May, 1970 where she was member of Alpha Xi Delta Sorority and Phi Kappa Phi Honor Society. She is a member of the Phi Kappa Phi Honor Society and the Phi Kappa Phi Honor Society.

The wedding will take place Aug. 16, five o'clock in the afternoon at the home of the bride's parents. All friends and relatives of the couple are invited.

## Medicare Premium Rises In July '70

In July 1970, the basic monthly premium paid by people enrolled for the medical insurance part of Medicare will go up from \$4.70 to \$5.30 reflecting the rising costs of medical care in the country.

The increase is necessary to keep the medical insurance program on a pay-as-you-go basis, according to Ray Colver, social security district manager in Lexington.

The \$4 basic premium rate has been in effect since April 1968, actual cost of the program, however, has risen to \$5.30.

"Even though the premium rate is going up, Medicare medical insurance is still a bargain for older people," said Mr. Colver. "Purchasing comparable coverage through a private insurance company would be many times more expensive."

Medical insurance under Medicare costs twice the amount beneficiaries pay. The premium of participants cover half the cost of the program. The other half is paid out of general Federal revenues.

Medical insurance pays for doctor services, a certain medical equipment, hospital care, and certain laboratory and X-ray services. The medical insurance part of Medicare is financed on a short-term basis. Under this system, the Secretary of Health, Education, and Welfare must determine each December the premium rate that will begin during the next July 1. The rate is based on the estimated cost of benefits and administrative expenses in the coming year.

## Fire Scheduled Through July 25

When you see a fire on a mountain, your natural response is to run for the action. In such a response will be natural for the Pioneer Playhouse at Dinner Theatre's production of "Fire On the Mountain."

Wheeler's other abilities of singing, acting and song writing. Wheeler has written such songs as "Jackson" recorded by Nancy Sinatra and Lee Hazlewood, "Song of the Road" recorded by the Kingston Trio and Hank Snow.

So, if you don't mind "pitchin" a little wood, and "guzzling" a little corn whiskey, keep your suspenders and "git along with" the Pioneer Playhouse at Dinner Theatre in Danville, Ky. It's the "one-supper musical" you may ever have the chance to see. "Fire" is presented at the Dinner Theatre by Jim Varney, Lou Beckert, Constance C. Phelps, Robert Michel, Kelly Bellout, Dan Barbary, Vic Gross and Sharon Klaff, is directed by David Rovine.

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## Births

**SMOOTH**  
Mr. and Mrs. Gary Smooth, Florence, announce the birth of a baby Todd on July 15, 1970, at the Elizabeth Taylor Hospital in Covington. He weighed eight pounds, 13 1/2 ounces.

Mr. Smooth is the son of Mrs. Ruby E. Smart, Locust Street, Carlisle.

**GARRETT**  
Mr. and Mrs. Ronald B. Garrett, announce the birth of a son, Charles H. Garrett, on July 22, 1970, at the Elizabeth Taylor Hospital in Covington. He weighed eight pounds and broke his leg.

Mr. and Mrs. Marion Sims Jr. and Mrs. John Morford spent the weekend visiting their husbands who are in the National Guards summer camp in Central City.

## Blue Grass

Free Grandstand Shows at 6:45 p.m.

FRIDAY, JULY 24—Lester Flat Show, and Ben Shakers and the Blue Grass Band.

SATURDAY, AUG. 1—DANNY FLENNOR HARBOR HALL DRIVEN.

MON. & TUE. JULY 27, 28—DANNY FLENNOR HARBOR HALL DRIVEN.

WED. JULY 29—Myron Fleenor, Sandi & Sall; Bobby & Cindy, of the Lawrence Walk Show.

THURS. JULY 30—The Blue Grass Band, The Anderson Show.

FRI. JULY 31—The Willis Brothers, Anthony Armstrong Jones.

SAT. AUG. 1—The Kentucky Folk Festival, 4-H Horse Show.

Every night... Joseph Park String Band.

Admission:  
Adults \$1.50 Children (6-12) 25c  
Plus Hundreds of Free Attractions

Every night... free for the whole family! Danny Flat, 10:00 p.m. to 1:00 a.m. Free News Singers, Antique Car Show, Live Radio Shows, Young America Rock Show, Wonderful World of Music, 11:45 A.M. Radio, Ky. Wildlife and Natural Resources Exhibit, Junior Pro Basketball, plus many, many more!

Plenty of Free Parking



MISS CLAY

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## Miss Judith Gardner Weds James Feaback

Miss Judith Gardner, daughter of Mr. and Mrs. Garland Jordan of Paris, and James Feaback of Bourbon County were united in marriage Friday night, July 17, 1970, at the home of Rev. Frank Simons. A double ring ceremony was used by Rev. Simons.

Mr. and Mrs. Gano Daltrey were their attendants.

Mr. and Mrs. Feaback are both employed in Lexington where they will make their home.