

Farm & Home

COUNTY EXTENSION AGENTS
Estell J. Noffsinger, Sara Swango
Mrs. Margie Wilson

AIDS TO GOOD GROOMING

Let's look briefly at the word "grooming." Grooming is a long word. It stretches from the top of one's head to their polished slipshoes. Therefore, the aids to good grooming must likewise stretch the entire length of the body and be useful for many purposes.

Life today is still hectic and hectic for the modern girl, and she has limited time to herself. However, the aids to good grooming have helped her to relax in the luxury of a beauty routine.

We divide our good grooming into categories for personal care equipment. One of these categories would necessarily be that of SKIN. Under the care of skin we would then find, the facial massage, the face make-up, the sunlamp, the shave, the lighted make-up mirror. These appliances were not even available on the market a few years back.

CARE OF HAIR

Again we have come a long way. About every manufacturing company puts out a hair dryer. It is air, (a) and the hard bonnet, (b) table, (c) stand, and soft bonnet. One manufacturer is putting out the dryer with the "fashion mist" feature.

The electric hair curlers are a big selling item. Several manufacturers made their debut in the appliance dealer's show just recently. There is hardly a small appliance manufacturer that does not have a unit in his line of appliances.

Perhaps the newest innovation of the hair curler is that which is attached to the iron for heating. The heating plate slides over the cold plate of the iron making the iron the thermostat for the curling iron. These slides indicate various kinds and styles of the hair dryer and the hair curler.

CARE OF TEETH

Here we have the electric toothbrush which is the plug-in or the cordless type. With this you may make your selection as to which style of brushing you want. It's done automatically, providing gentle strokes up to 1,800 per minute. It does a better, faster job, takes care of the teeth and the gums and leaves them refreshingly clean. The electric toothbrush comes in wall style suitable for all families, and the travel kit is so essential to those of you who travel.

One of the newer grooming aids is that of the oral irrigation device, or one of those "Water awashers" gadgets. It does an efficient job in cleaning between the teeth, the natural pockets for decay, washes away food particles which are often missed by the tooth brush, and is particularly helpful for the young people with braces.

FIGURE CONTROL

Under this we would have the jogger, the exercise bag, the belt massager, the rolling massager, and the rowing machine. The newest device you see there we spoke of earlier—the facial brush and body brush which may be cold or hot pack for facial massages.

Perhaps one of the largest categories in good grooming is that of CARE OF CLOTHING. Under this comes the iron, both the dry and the spray steam iron, and the travel iron; then of course the electric clothes brush, the steam wrinkle remover; the steam crease edge presser; the shoe polishers, the plug-in and the portable.



Soil Stewardship Week May 3-10

Edgar Allen Darrell, (center) Chairman of the Nicholas County Soil and Water Conservation District Board of Supervisors, conferred with County Judge Floyd Clark (left) and Carlisle Mayor William Power as they signed proclamations declaring May 3-10 as SOIL STEWARDSHIP WEEK. Judge Clark's proclamation stated, in part—WHEREAS, through the ages man has been conscious of the need to give thanks to Almighty God for His bountiful blessings and WHEREAS, in the spring when the fields are becoming green and there is promise of a good harvest prayers and processions to the fields are a reminder to feeble man to turn with humility and confidence to the Giver of all good; and WHEREAS, it is a custom fold to implore the mercy of God during Rogation days to give to the plants of the field an increase; NOW, THEREFORE, I Floyd Clark, Judge of the County of Nicholas, do call upon all citizens of Nicholas County to observe the period of May 3-May 10 inclusive as SOIL STEWARDSHIP WEEK. Mayor Power's proclamation stated, in part—WHEREAS, during this period the Soil STEWARDSHIP WEEK in cooperation with the churches; and WHEREAS, the Governor of the Commonwealth of Kentucky has proclaimed the period beginning with Rogation Sunday, May 3, 1970, and continuing through May 10, 1970, as Soil Stewardship Week; NOW, THEREFORE, I Wm. Power, Mayor, City of Carlisle, Kentucky do call upon all citizens of the City of Carlisle, Kentucky to observe the period of May 3-May 10 inclusive as SOIL STEWARDSHIP WEEK and request all persons and religious organizations to unite in an effort during this period to offer supplications to God for the promise of a bountiful harvest and to ask for continued blessings from our fertile fields; and further urge Soil Conservation District Supervisors to increase their efforts in offering wholehearted assistance to the churches in reaching the greatest number of citizens in our City on this occasion.

Social Security Requires Proof Of Age and Identity

Each person applying for social security must prove his age and identity to establish his eligibility to the benefit he is claiming according to LaFawn Horn, Field Representative, from the Lexington Social Security Office.

A public record of birth or a church record of birth or baptism established before the person's fifth birthday must be submitted as proof of age if it is available. Other documents such as census records, school records, employment applications, and insurance policies are acceptable if a birth certificate or baptismal record does not exist.

If you are nearing retirement, you should check with the social security office to determine just what proofs will be required. The office is located at 1506 Lexington Road, Room 338, Bahauss Building, Lexington, Ky. 40505.

Student Loans

MOREHEAD—Morehead State University's Student Council believes in taking care of its own. The group has established a \$2,000 emergency loan fund to provide MSU students with no-interest loans for up to six months. Already approved by the Board of Regents, the fund will be administered by the university's directors of student financial aid. Assets of the program were transferred Monday.

"Student Council created the fund to help students who have temporary financial problems," said Council President Bill Bradford, Russell senior. "The money comes from our administrative fund which is provided by students through their enrollment fees."

#1700 Latex Semi-Gloss combines the ease of brushing of a latex paint with the scrubability of the finest alkyd enamel. The acrylic resin base gives an enamel that is superior to any oil based product. Walls in kitchens and bathrooms are easily cleaned with detergent and water. Woodwork throughout the house is assured of resistance to staining, marking and chipping. There is no "painty" odor so rooms are ready for use within 1/2 hour after application. Beautifully finishes all interior surfaces such as wood, plaster, wallboard, metal and wallpaper.

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ROY FRITZ, MGR.
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209 Siltco St. Deposit Bank Bldg.
on Tuesdays

image
LATEX SEMI-GLOSS

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Sunnyside

Miss Sherry Moaley was a day or so gone last week of her aunt, Mrs. Joe Richardson and family of Winchester.

Mrs. Jackie Pettit and children and Miss Mary Trussell of Paris were Saturday morning guests of their mother, Mrs. Roger Trussell and family.

Mr. and Mrs. Earl Buckler and children and friends of Lexington were Saturday guests of Mr. and Mrs. Elva Davis and girls and Mr. and Mrs. Sterling Jackson and Mr. and Mrs. Paul Minton and boys.

Rev. and Mrs. Joe Richardson and daughter of Winchester were Sunday guests of Mrs. Richardson's mother, Rev. Don Mosley and family of the Carlisle Wesleyan Church. Rev. Richardson held the night service.

Mr. and Mrs. Sterling Jackson were last Sunday guests of Mrs. Johnnie Shelde and son.

Lynn and Lester Trussell were weekend guests of their sister, Mrs. Jackie Pettit and family of Paris.

By Mrs. Bessie Jackson
Billy Trussell was weekend guest of Billy Bennett of Saltwell, Paris.

INSPECTION PERIOD FOR THE PROPERTY TAX ASSESSMENT ROLL

The Nicholas County property tax roll will be opened for inspection from May 4 through May 8, 1970. Under the supervision of the property valuation administrator or one of his deputies, any property owner may inspect the tax roll to check the assessment of his property and compare it with the assessment of comparable property to determine whether it is equitably assessed. The tax roll may not be inspected for any other purpose.

This is the January 1, 1970 assessment on which state, county, and school taxes for 1970 will be due on September 15, 1970.

The tax roll is in the office of the property valuation administrator in the county courthouse and may be inspected between the hours 8:30 a.m. and 4 p.m.

G. J. Bell
Property Valuation Administrator

Nichols
County
Lexington, Ky.

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Golden Cream Style
White Cream Style
Sweet Peas 303 4/89¢
Spinach 303 5/81
Catsup - 14 oz. 4/89¢
Fruit Cocktail 303 4/81
Pear Halves 303 3/81
Prune Juice 32oz. 47¢
Peaches 2 1/2 size 2/49¢
Melba Halves and Sliced
Medium Prunes 1b. 3/81
Mandarin Oranges
11oz. 4/81
Zesta Crackers 1b. 28¢

Folger's Instant Coffee
10-oz.
\$1.29

Carrots
1 lb. cell 10
2/15¢

New Red Florida Potatoes
3 lbs. **29¢**

Reid & Vice Builder Supply

Opinion Poll

It has been suggested that the Mercury conduct a Reader's Opinion Poll occasionally concerning subjects which may be of current interest to our readers.

The staff of the Mercury has agreed to give it a try during the month of May to permit you to decide if you would favor such a poll.

Your answers to the following questions should be submitted to the Mercury office no later than Thursday, April 30, and will be printed in the May 7 issue.

1. Do you think an opinion poll would be of interest to Mercury readers? Yes No Undecided
2. Are you in favor of Arnold Heights being annexed into the City of Carlisle as is under consideration by Council? Yes No Undecided
3. Do you think a County supported dump would help eliminate trash accumulation on our County roads? Yes No Undecided